

Pokégnek Yajdanawa

damno gizes [active deer moon] October 2019



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October is Domestic Violence Awareness Month.

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Want to know if you're in the Michigan tax agreement area?

Page 17

Take care around mosquitoes.



Pokagons host hundreds of tribal leaders at consultation with Department of Justice

Each year the tribal nations of the United States meet with their counterparts from the U.S. Departments of Justice, Health and Human Services, and Interior, to discuss federal administration of tribal funds and programs established under the Violence Against Women Act. This year the Pokagon Band was chosen to host the consultations, one of the few times the event was held in the Midwest.

The 14th annual government-to-government consultation, held August 21-22 at Silver Creek Event Center at Four Winds New Buffalo, gave tribal leaders a chance to make recommendations on enhancing safety and strengthening federal law enforcement efforts to the crimes of domestic violence, dating violence, sexual assault, stalking and sex trafficking of American Indian and Alaska Native women, and administering funds and programs for tribal governments established by VAWA. Indian women and girls are subject to violence at a greater rate than women of other ethnicities, and tribal leaders spoke strongly about the need for the federal government to meet its treaty responsibilities, strengthen protections, and deliver justice to victims. It is especially difficult to prosecute non-native offenders.

Please turn to page 14

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Box 180 • 32487 Moewwe
Dowagiac, Michigan 49047

Pokégnek Bodéwadmik
POKAGON BAND OF POTAWATOMI



Chairman's Corner



Hello everyone,

I need to start out with my fond saying, "It is a great day to be a Pokagon!" September has been a great month for our tribe. On August 24 we held a citizen meeting at the Dowagiac Middle School to outline what Council/PGA believed to be our next step regarding our South Bend property. There were no dissenting comments and on September 9 the PGA voted unanimously to move forward with the expansion. On September 11 we held a press conference and ground breaking. The event was very well attended, and we identified a new 317 room hotel, conference space, spa, and additional

potential gaming space. Work has begun and we hope to be completed in 20-24 months. Our next step is selecting a general contractor which we hope to accomplish at during our meeting on September 23.

In addition, as I am sure many of you are aware, we contacted the Governor of Indiana for the purposes of negotiating a Class III gaming compact. Talks have not begun yet, but I expect things to move shortly. It is unknown, in my opinion, how quickly this process may be completed do the necessity of the compact being approved by the legislature which only meets for short periods of time in the beginning of each year.

On September 21 we celebrated Sovereignty Day with many of the folks who attended the White House Oval Office signing. Stories were shared by Jeannie Mollett and Judy Winchester. A great lunch was provided by native chefs utilizing traditional foods. Thanks to Councilman Gary Morseau for contacting the chefs. A reminder why it is a great day to be a Pokagon. There has been a lot of work done by many citizens who are no longer with us to make this happen and we owe them a great debt of gratitude. We also owe those who have served since for their work to help us continue to grow in a good way. My personal thanks to all who have taken a part in our history, and success.

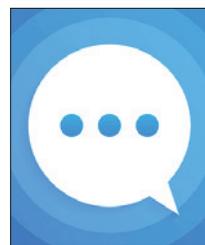
During the recent National Indian Gaming mid-year conference and expo September 17-19, I had the opportunity to sit on a panel to discuss the importance of getting the native vote out. This was an important topic as it appears there may be six states that can be impacted if native voters turn out and exercise their right to vote. Michigan is one of those states, along with Minnesota, Nevada, North Carolina, and Wisconsin. Regardless of your affiliation, if you have one, it is important that we get out and vote for the individual who will stand up for the native platform. It is hard to imagine that it was well into the 1970's before all Native Americans could vote and even today, natives around the country face significant barriers to get to the polls. This is one big reason we should exercise our right and help put the right people into office, regardless of party. We need to continue to break down the barriers we face across the board. Please exercise your right and participate in your government.

On September 26 during their annual gala dinner the South Bend History Museum is honoring the Pokagon Band of Potawatomi Indians 25th Anniversary of reaffirmation. The program is being developed and presented by our Language and Culture Department. I know it will be a great presentation, thanks to Marcus Winchester and his team. They have been doing a yeoman's job in sharing our culture and traditions with our neighboring community.

In closing, I encourage you to continue to bring your ideas to the meetings or you can also schedule a personal meeting; my door is always open, and my phone is always on. I return all my phone calls. I take all input seriously, and I hope the involvement of citizens continues. You can reach me at (269) 462-5379.

Migwëthh,

Input sought for Long Range Transportation Plan



The Pokagon Band Community Development team is currently updating the Band's Long Range Transportation Plan (LRTP) to identify long term improvements to the road network that serves the Pokagon Band, including proposed roads. The proposed roads are in the vicinities of Dowagiac and Hartford, Michigan and South Bend and North Liberty, Indiana.

The LRTP is a 20-year planning document that does not commit the Band to specific improvements but identifies a fiscally constrained listing of potential projects that may be added to the Tribal Transportation Improvement Program (TTIP) later. The TTIP serves as the capital budget for federally funded transportation projects for the Pokagon Band.

The draft LRTP update will be available for review by citizens and others during the month of October and will be brought to the Tribal Council for approval during November 2019.

For further information, please contact Robert Torzynski, AICP, Tribal Planner at (269) 462-0688, or search for "IRR Program" at www.pokagon.com.

POKÉGNEK BODÉWADMIK DEPARTMENT OF NATURAL RESOURCES

Q & A

THURSDAY OCTOBER 10 | 5:30 P.M. – 8:00 P.M.
COMMUNITY CENTER

The Department of Natural Resources is seeking citizen input on current and future projects. The session will include brief presentations from DNR staff on current projects and time for citizens to ask questions and voice environmental and natural resource related concerns. Dinner will be provided. Topics will include:

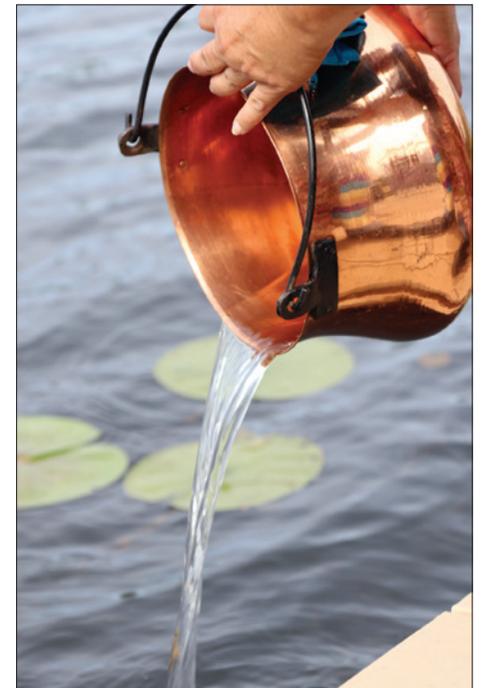
Hunting | Fishing & Gathering | Climate Change | Water Quality
Trails | Composting & Recycling | Prescribed Burns
Dowagiac River Re-meander Project

For more information, contact DNR at
DNR@pokagonband-nsn.gov or call (269) 782-9602.

GYANKOJECÉMEN
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Women walk for water

For the twelfth year Pokagon women and others who care about protecting water gathered for ceremonies, prayers, and a 13 mile walk from one Pokagon lake to another. The group seeks to bring awareness to issues about protecting water from pollution and keeping water sources clean for future generations. The idea for the walk began after a group of native women stopped in Dowagiac during their walk around the Great Lakes to call attention to keeping the lakes clean. Today, the Women's Water Walk has become a traditional kick off to pow wow weekend.



34th Annual
KEE BOON MEIN KAA
2019 **POW WOW**



The sun shone and the crowds gathered to celebrate the huckleberry harvest and indigenous culture at Rodgers Lake for the Kee-Boon-Mein-Kaa Pow Wow August 31 and September 1. More than 350 dancers and singers from dozens of native nations competed for prize money in several categories and divisions. On Sunday Norell Wright and Chelsy Olson were crowned Lil Mr. and Miss Pokagon after exhibiting their leadership and knowledge of Potawatomi language and culture to the committee. They and their families joined the head male and female dancers for an honor song afterward.



October is Domestic Violence Awareness Month

October is Domestic Violence Awareness Month. It is a time to shine a light on the abuse that impacts too many of our families and to let those who are suffering in silence know that help is available when they are ready.

Thanks to research completed by the National Institute of Justice in 2016, we know that 55.5% of Indigenous women will experience domestic violence at some point in their lives, and 56.1% will be sexually assaulted. While these statistics are grim, the everyday impact can be hard to understand if we don't experience it ourselves. This month, we honor the memory of those we have lost and celebrate the victories of those strong survivors who have broken free from their abusers.

Citizen Joyce Noble came to the Domestic Violence Program in November 2015. Even through the chaos of an abusive partner, she maintained a sunny disposition, a kind heart, a sense of humor, and the resilience to get out of the situation when she knew the time was right. She has this to say about her time working with the program:

“Looking back on the person I was when I first contacted the Domestic Violence Program is not easy. However, I am doing so for anyone who may need the same kind of help, so others can know there is hope even when they don't believe it, and there is most definitely help, even though it may be difficult to ask.

“There are no adequate words to describe the value of what I gained through participating in the tribe's Domestic Violence Program. The practical assistance that freed me from depending on an abusive partner for basic human needs and the emotional support that led me to see my own worth quite simply saved my life. Four years ago, I was so broken and so afraid. I dreaded waking up each morning. I was wholly convinced that I didn't deserve anything better. Casey helped me to see things from a new perspective, a vantage point that allowed me to see how much I have to offer and how much I deserve.

“This month I am celebrating a year of freedom from my abuser, enjoying a quite happy home with my daughter, and looking forward to obtaining my bachelor's degree in psychology/counseling next year. The guidance, support, and compassion I received from this program empowered me not only to end the bad things in my life but to make the good even better! I am forever grateful for this program!”

Joyce is also a skilled writer. On the next page you can read some of the poetry she has written about her experiences with her abusive ex.

If you or someone you know is experiencing violence, help is available. Contact Casey Kasper at (269) 462-4324 or casey.kasper@pokagonband-nsn.gov. Services are confidential and free of charge.

You aren't alone.

Domestic violence can happen to anyone at any time. However Native American women experience some of the highest rates of violence:

**More than
56%**

of Native American women will experience physical violence from an intimate partner (a spouse or significant other) at some point in their lives.

56%

will experience sexual violence, according to the National Institute of Justice.

78%

of Native American/Alaska Native women who identify as lesbian, bisexual, or two spirit experience some form of physical assault.

85%

of Native women who identify as lesbian, bisexual, or two spirit report sexual violence, according to the National Indigenous Women's Resource Center.

5,712

American Indian/Alaska Native girls and women were reported missing to the National Crime Information Center in 2018.

Creating a community free from violence



October 4

Beadwork Workshop

October 9

Building Strong Role Models for Boys & Men

October 12

Quiltmaking Workshop with Julie Farver

October 18

Awareness Shawls Workshop

October 19

Quiltmaking Workshop with Julie Farver



The End

unpublished work
by Joy Noble 2018

a room once filled with laughter
silent
cold
devoid

its walls groan with the burden
of hidden things
we both avoid

a heart once wrapped in laughter
empty
barren
broke
beaten by the storm
of angry words
time can't revoke

a spirit once poised in beauty
ugly
bloated
sick
begging for the ending
to come
and to come quick

Love Should Not Hurt

She

Copyright 2019 Joy Noble
unpublished work

As little girls we all grew up
listening to the story
of damsels in distress
and their quest for love & glory.
Bit by bit we painted,
with exaggerated strokes,
a picture-perfect prince
complete with armor, steed, and cloak

Year after year we watch for him
with tender heart in hand;
waiting for our rescuer
to arrive on golden sands,
'til time erodes the fantasy
and hope begins to fade -
unraveling the image
our hungry spirits made

In desperate haste we give ourselves
to the swindler and the thief,
so anxious for the fairy tale
yet finding 'naught but grief.
Imprisoned by a wall of words
disguised as certain failure,
we surrender all our power
to the jester become jailor

'Til desperation shocks our mind
with a thought we never trusted
and resurrects the pieces of our heart
though worn and busted.
Could this wounded spirit
be the one of whom we dreamed?
The long-awaited rescuer
who slays the silent screams?
Who dances in the moonlight
unencumbered
unashamed
and marches past the boundaries
that fear and pain once claimed?

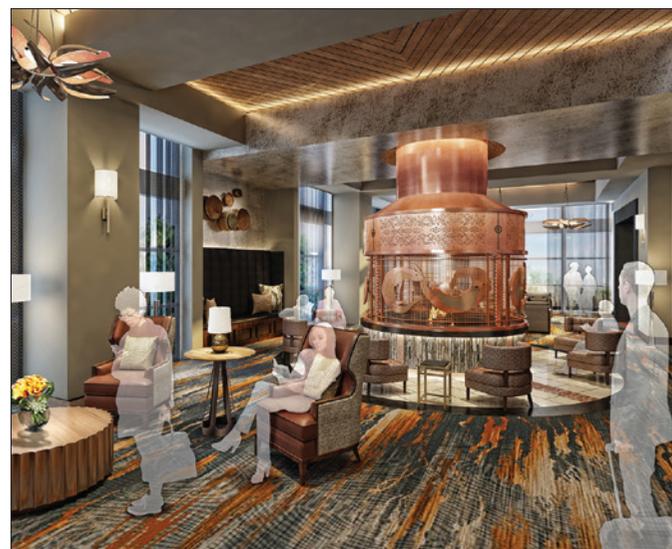
Donning her own armor,
the spirit of a queen
bathed in pristine colors
the rainbow has never seen,
stands within the afterglow
that follows every storm
crafting her own thunder;
from which great faith is born.

She humbly releases
the fantasies of youth
and lovingly embraces
the discovery of truth -
that a real knight needs no armor
nor riches to entice
but only a courageous heart
to discover paradise

The happy ever after
We thought could not be found,
revealed within the mirror
and built on solid ground.
The power of a Higher Love;
permission to be free,
discovering our rescuer
is here
is now
is she

*Dedicated to every woman
who has made the mistake of thinking
she is less than she truly is!*

Gégo wëyé bgednakén èwi mtheshë'gwëyen



Expansion planned for Four Winds South Bend

The Pokagon Gaming Authority announced recently the expansion of its fourth and most recent property, Four Winds Casino South Bend. The details of the expansion were highlighted during a press conference and a groundbreaking ceremony at the property.

The expansion of Four Winds South Bend will feature a 23-story hotel tower with 317 rooms, including 83 suites. There will also be a spa, convention area, meeting space, a ballroom, lounge, bar & grille, an outdoor roof-top swimming pool, and terraces with spectacular views. Construction will take approximately 24 months.

“We’ve been very pleased with the response from the community and the performance of Four Winds South Bend since it opened in January 2018. The expansion will bring to life a variety of exciting features and amenities we envisioned during our original planning process,” said Matthew Wesaw, Tribal Council Chairman and President of the Pokagon Gaming Authority. “Not only is this expansion an important milestone for all Pokagon citizens, but it also demonstrates our ongoing economic commitment to support the South Bend community including the creation of more than 400 temporary construction jobs and approximately 100 permanent new jobs to support our ongoing operations.”

“For the past twelve years, the Pokagon Band and its Four Winds Casinos have established a standard for excellence, not only in the Midwest, but also nationally. Our casino resorts have consistently been ranked among the best in the country, and we believe these enhancements will make Four Winds South Bend unrivaled in the State of Indiana,” said Frank Freedman, COO of Four Winds Casinos. “From the design, use of materials and the finish work, Four Winds South Bend will offer a premium resort-style feel and amenities you’ll find at top resorts in the country.”

Four Winds South Bend currently has 140,000 square feet of gaming space and includes more than 1,400 games, four restaurants, a players lounge, a coffee shop, three bars, a retail outlet, and approximately 4,500 parking spaces including an enclosed parking structure.

POKÉGNEK BODÉWADMIK LANGUAGE & CULTURE

Déwégaskéwen



HAND
DRUM
MAKING

Instructed by
Gerald Wesaw & Jason S Wesaw

November 9
12 p.m. to 4 p.m.
L&C Building

We are inviting the men and boys of the community to make their own hand drum. All the materials and supplies will be provided. You will learn the process from Pokagon Elder, Gerald Wesaw, and his grandson Jason S Wesaw.

You will need to stay for the duration of the workshop to complete your drum: no materials will be sent home with anyone who leaves early. A light lunch will be provided.

The first 10 people to RSVP will receive a spot in the workshop, men and boys only. All minors under the age of 16 must be accompanied by an adult.

Please RSVP to Nicole Holloway at (269) 783-3513 or nicole.holloway@pokagoband-nsn.gov.

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October is Mental Health Awareness Month: Beat the Blues

Looking for a blue mood pick-me-up? Don't crawl back into bed with the sheets over your head. Check out our top ten ways to beat the blues.

- 1. Unload your schedule** Work overload can cause depression. Prioritize.
- 2. Laugh more** Laughter really is the best medicine. Studies show that simply smiling will send serotonin levels soaring, making you feel better physically and putting you in a happy mood.
- 3. Avoid alcohol** Alcohol is actually a central nervous system depressant.
- 4. Accentuate the positive** Focus on the good things in your life, especially when you feel buried under stress and worry.
- 5. Food, glorious food** Certain vitamins and nutrients, like omega-3 fatty acids, change the brain chemistry that affects your mood. Foods such as salmon, sunflower seeds, oranges, and leafy green vegetables will help to maintain a happy mood.
- 6. Don't deny grief or loneliness** Acknowledge that you're missing someone and share your feelings with a trusted friend or family member. Find a way to connect to your absent loved one and celebrate their memories.
- 7. Try an alternative approach** Some natural treatments or approaches may help to manage the blues such as aromatherapy or acupuncture.
- 8. Know your symptoms** If you're still having trouble beating the blahs, and have at least six of the following symptoms:
 - Persistent feelings of sadness, anxiety or emptiness
 - Decreased appetite and weight loss
 - Insomnia, waking up early, or oversleeping
 - Restlessness
 - Fatigue or less energy
 - Feelings of hopelessness and pessimism
 - Feelings of worthlessness, helplessness, or excessive guilt
 - Loss of interest or pleasure in once-enjoyable activities
 - Difficulty concentrating, remembering and making decisions
- 9. Talk to a doctor** A doctor can determine if medication is right for you.
- 10. Talk to a counselor** Therapy helps resolve the problems that led to the depression and teaches us how to prevent future episodes. Please call PHS Behavioral Health Services at (269) 783-2476 for more information.

Elders invited to technical training classes



Elders, have you ever wanted to learn more about technology but never had the opportunity to learn? The Department of Education would like to give you (and your spouse) that chance. Come learn about subjects like using browsers, searching the web, passwords, cybersecurity, phone security, and operating Windows. The classes will be held at the Department of Education's Training Room at 3:00 p.m. on these dates:

October 24 - **Passwords**

November 7 - **Cyber Security Awareness**

November 21 - **Cell Phone Security**

December 5 - **Windows 10: Start Menu and Desktop**

December 19 - TBD

Please contact Donald Summers at (269) 462-4237 with questions.

Pokagons attend Western Michigan land acknowledgement



Western Michigan University became the latest institution to acknowledge its place on historically indigenous land when its Board of Trustees approved a public statement at a recent meeting.

Such statements, known also as a land acknowledgement, ask people to consider and reflect upon the historical occupants of the land they currently inhabit and have become a trend among universities, museums, and other

organizations in recent years. WMU's statement reads:

"We would like to recognize Western Michigan University is located on lands historically occupied by Ojibwe, Odawa, and Bodewadmi nations. Please take a moment to acknowledge and honor this ancestral land of the Three Fires Confederacy, the sacred lands of all indigenous peoples and their continued presence."

Graduate students at Western started the process that led to the statement. The students worked with the Pokagon Band of Potawatomi, Match-E-Be-Nash-She-Wish Band of Pottawatomi (Gun Lake Tribe), and the Nottawaseppi Huron Band of the Potawatomi. Representatives from each tribe attended, including Julie Dye of the Elders Council and Sam Moreseau and Donald Summers of the Education Department, and gifted WMU President Edward Montgomery with a blanket at the meeting.

The university plans to read the statement at commencement ceremonies, convocations, and post the statement to its website.

Pokégnek Bodéwadmik Pokagon Band of Potawatomi



Student Eligibility Requirements

- Pokagon citizens in Pre-Kindergarten – 12th Grade
- Pokagon citizens working toward a GED
- Pokagon Elders ages 55 and over
- Four Winds employees (Pokagon citizens and spouses or custodial parents of Pokagon citizens) wanting to improve and refine academic skills
- Four Winds employees (Pokagon citizens and spouses or custodial parents of Pokagon citizens) working toward a GED

Tutoring Options

AUXILIARY TUTOR
Certified teacher (individual with a current teaching certificate) or
Individual with Bachelor's Degree with academic area of focus or

College student currently enrolled in Bachelor's Degree program and has successfully completed 60 or more credits

Pay for Auxiliary Tutors is \$40 per one-hour tutoring session

ACCREDITED LEARNING CENTER
Facilities which employ certified teachers or certified tutors to work with students on core academic areas, study skills, or test preparation

Program Funds
\$2,500 per School Year

Time Frame
August 1 – July 31

For more information, please contact Kristie Bussler at (269) 462-4222 or Kristie.Bussler@Pokagonband-nsn.gov.

Check out our new interactive tax agreement locator

Citizens may now use our new online, interactive map tool to determine if an address sits inside or outside of the tax agreement area. This interactive map will live on our website, and citizens may access it at any time.

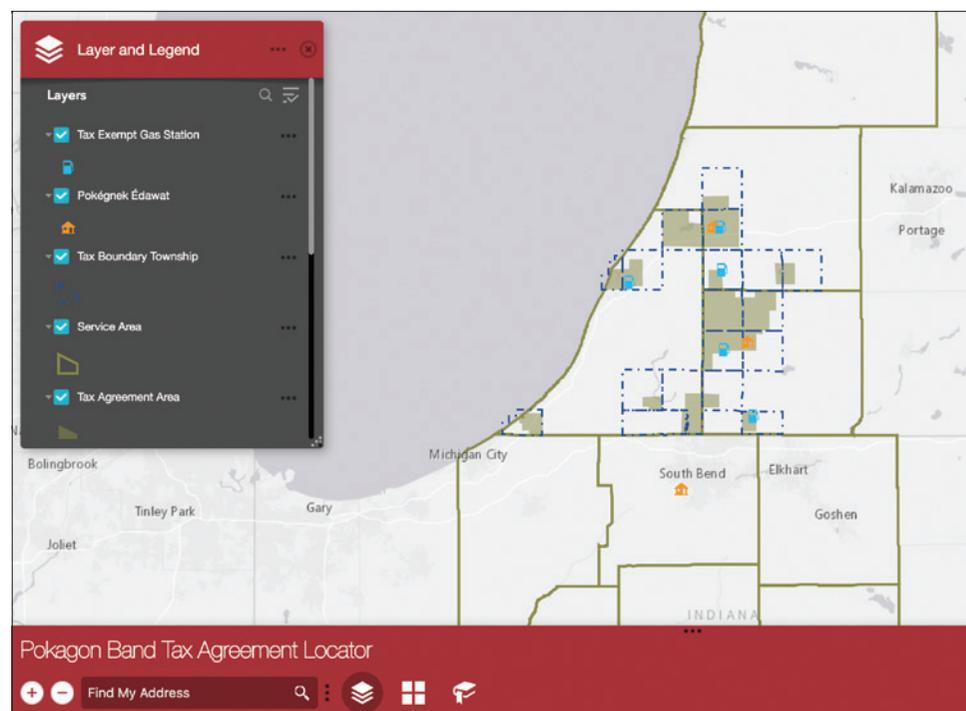
This map also outlines the ten county service area and the tax boundary township, as well as marks the tax exempt gas stations and Pokégnek Édawat villages.

Search “tax agreement” on Pokagon.com, which will show you the Michigan Tax Agreement Benefits page. Once you are on the page, click the link titled “Pokagon Band Tax Agreement Locator.” This will take you to the map where a short disclaimer will first appear, and you can click “OK.”

Now you’ll see a map with the ten-county service area outlined in green and other highlighted areas. In a box on the left, each of the symbols found on the map are listed with what they represent.

Finally, along the bottom is where an address can be typed into the search box then viewed on the map. Once you’ve typed in the address, hit enter on your keyboard or click the spyglass. The address will then be marked on the map, and the map will zoom into where the address is located. If the address lands within a green block, for example, then it is within the tax agreement area.

If you have any question about using this tool, please contact Julie Rodriguez at (269) 462-4210 or julie.rodriguez@pokagonband-nsn.gov.



"A Day of Networking and Immersion to Empower You for Business and Career Success"

Saturday, October 26, 2019
Four Winds Casino Resort - Silver Creek Event Center

Keynote Speaker
Gary "Litefoot" Davis- Actor, Musician, Businessman

Pokagon Band is rich with economic opportunities available through Mno-Bmadsen, affiliated businesses, Chi Ishobak, tribal government, and entrepreneurship. Pokagon families and community members are invited to the Pokagon Economic Gathering (PEG) designed to showcase the many economic opportunities available within the Pokagon community. PEG will feature a trade show with Native American-owned businesses as well as breakout sessions focusing on small-business ownership, Pathways career guidance, youth leadership, and more!

THIS IS A FAMILY-FRIENDLY EVENT. CHILDCARE WILL BE OFFERED FOR CHILDREN AGES 0-12. SPACE IS LIMITED.

Registration is now open!
www.pokagoneconomicgathering.com



MNO • BMADSEN

Trick-or-treat safely with these tips and recommendations from our Tribal Police

By Tribal Police Officer Abigail Shanahan



Halloween is coming! I remember as a kid loving to dress up and going trick or treating in our neighborhood. After trick or treating, I would go through all the candy and trade with my siblings for the best candy. Now, a lot of local business and churches host trick or treating so the children don't have to go house to house to trick or treat. This allows the children to be in a safe, local and controlled environment.

Below are some safety tips and a few safe, local trick-or-treating options.

Safety Tips:

- A responsible adult should accompany children
- Do not use masks, as this makes it hard for children to see what is going on around them, including seeing cars.
- Give children a flashlight, fasten reflective tape to their costumes and bag, or give them a glow stick.
- Trick-or-treat at homes that you know and at homes that have a porch light on. If there are no lights on, don't approach the home.
- Never enter a stranger's home or vehicle.
- Do not eat anything that appears to have been opened or tampered with. If it is a homemade treat, do not eat unless you know the person giving it out.
- Look over your children's treats before allowing them to eat them.

Have fun and be safe. Happy Halloween from your Pokagon Tribal Police!

Safe Trick-or-Treating Options:

- Fall Festival and Trunk or Treat
Hidden Acres | 50582 Pleasant St. Dowagiac, MI 49047
Saturday, October 19 | 1:00 p.m.–4:00 p.m.
free; \$5 carnival after
- Halloween Make-and-Take
200 N. Phelps St. Decatur, MI 49045
Saturday, October 19 | 9:00 a.m.–3:00 p.m.
free
- Boo at the Zoo
Washington Zoo | 115 Lake Shore Dr. Michigan City, IN 46360
Saturday, October 19 | 11:30 a.m.–5:30 p.m.
\$0–\$5; should purchase tickets ahead of time
- Friendly Trick-or-Treat
A-Mazing Acres | 18430 U.S. Highway 12 Edwardsburg, MI 49112
Friday, October 25 | 5:00 p.m.–6:30 p.m.
\$0–\$10

- Niles Safe Downtown Trick-or-Treat
333 N 2nd St. Suite 303 Niles, MI 49120
Saturday, October 26 | 4:00 p.m.–5:00 p.m.
free
- Halloween Carnival
Hartford Bible Church | 65418 Red Arrow Hwy Hartford, MI 49057
Saturday October 26 | 1:00 p.m.–3:00 p.m.
free
- Halloween Parade Trick-or-Treat
33 N. Thompson St. New Buffalo, MI 49117
Sunday, October 27 | 2:30 p.m.–4:30 p.m.
free
- Cops & Goblins
Four Winds Field | 501 W South St. South Bend, IN 46601 (enter through Gate D)
Monday, October 28 | 5:00 p.m.–7:30 p.m.
free
- Kid's Trick-or-Treat
Michigan Maritime Museum | 260 Dyckman Ave. South Haven, MI 49090
Thursday, October 31 | 4:00 p.m.–6:00 p.m.
free
- Halloween Trick-or-Treat
Downtown St. Joseph | 301 State St. Joseph, MI 49085
Thursday, October 31 | 4:30 p.m.–6:00 p.m.
free

JOIN THE POKAGON BAND OF POTAWATOMI
TO RAISE DIABETES AWARENESS IN OUR COMMUNITY ON

FRIDAY, NOVEMBER 1
SOUTHWESTERN MICHIGAN COLLEGE
58900 CHERRY GROVE ROAD, DAILEY ROAD ENTRANCE, DOWAGIAC, MI

**LIGHT THE WAY
5K**

6:30 P.M.
EVENT CHECK-IN, PACKET PICK UP, FACE PAINTING BEGIN

7:15 P.M.
WALK/RUN BEGINS

A FAMILY-FRIENDLY, NON-COMPETITIVE RUN/WALK 5K
THIS WILL BE A NIGHT RUN, AND THE COURSE WILL BE LIT WITH FLASHING LIGHTS FROM EMERGENCY VEHICLES AND OTHER BRIGHT LIGHTS.

REGISTRATION OPENS SEPTEMBER 3
SEARCH "LIGHT THE WAY" ON POKAGON.COM

REGISTER BY OCTOBER 17 TO GET A SHIRT. QUESTIONS? CONTACT
MARCY HERBERT AT MARCY.HERBERT@POKAGONBAND-NSN.GOV.

SPONSORED BY THE POKAGON BAND OF POTAWATOMI,
THE CONGRESSIONALLY ESTABLISHED SPECIAL DIABETES
PROGRAM FOR INDIANS, NATIONAL INDIAN HEALTH SERVICES,
AND SOUTHWESTERN MICHIGAN COLLEGE.

GYANKOJEGEMEN
STAY CONNECTED

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Nëm'e gizhëk SUNDAY	Ngot gizhëk MONDAY	Nizh gizhëk TUESDAY	Aptë gizhëk WEDNESDAY
29	30	1	
		Afterschool Program Wellbriety Big Kids Language Class Dowagiac Language Class	Elders Health & Wellness Neshnabé Mbokén Znëget 2 Language Class
6	7	8	
	Open Language Class Day Language Class Elders Health & Wellness Kids Club Auricular Acupuncture Language Level 1 + 2, Znëget 2 & Kids Language Classes	Afterschool Program Wellbriety Big Kids Language Class Dowagiac Language Class	Elders Health & Wellness Building Strong Role Models for Boys & Men Znëget 1 Language Class
13	14	15	
	Open Language Class Day Language Class Elders Health & Wellness Auricular Acupuncture Language Level 1 + 2, Znëget 2 & Kids Language Classes	Afterschool Program Wellbriety Big Kids Language Class Dëbënwëthëk Parent Group meeting Dowagiac Language Class	Elders Health & Wellness Healthy Lunch Znëget 1 Language Class
20	21	22	
	Open Language Class Day Language Class Elders Health & Wellness Auricular Acupuncture Language Level 1 + 2, Znëget 2 & Kids Language Classes	Afterschool Program Wellbriety Big Kids Language Class Dowagiac Language Class	Mkedékëwen (to fast) Elders Health & Wellness Znëget 1 Language Class
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Mkedékëwen (to fast)	Mkedékëwen (to fast) Open Language Class Day Language Class Elders Health & Wellness Auricular Acupuncture Language Level 1 + 2, Znëget 2 & Kids Language Classes	Mkedékëwen (to fast) Afterschool Program Wellbriety Big Kids Language Class Dowagiac Language Class	Elders Health & Wellness Znëget 1 Language Class

Please check the website for the latest updates on any ca

er moon] October 2019

WEDNESDAY	Nyéw gízhëk THURSDAY	Nyano gízhëk FRIDAY	Odankè gízhëk SATURDAY
2 ess ass	3 PALS (Play and Learn Social) Potawatomi 201 South Bend Language Class	4 Elders Health & Wellness Beadwork Workshop	5 Harvest Day
9 ess Models ass	10 Potawatomi 201 South Bend Language Class Q&A	11 Elders Health & Wellness	12 Tribal Council Meeting Quiltmaking Workshop with Julie Farver
16 ess ass	17 PALS (Play and Learn Social) Débénwéthëk Parent Group meeting Potawatomi 201 South Bend Language Class	18 Elders Health & Wellness Awareness Shawls Workshop	19 Quiltmaking Workshop with Julie Farver
23 ess ass	24 Mkedékéwen (to fast) Blood Drive Cooking Class Elders Technical Training Potawatomi 201 South Bend Language Class	25 Mkedékéwen (to fast) Elders Health & Wellness	26 Mkedékéwen (to fast) Pokagon Economic Gathering
30 ess ass	31 Potawatomi 201 South Bend Language Class		

Cancellations due to inclement weather. Visit www.PokagonBand-nsn.gov/calendar or call (800) 517-0777 for more details on these events.

Pokagons host hundreds of tribal leaders at consultation with Department of Justice,

continued from page one



“We do not have parity when it comes to justice. We have to rely on others for that,” said one tribal leader during his testimony. “When I’m not able to do that regarding non-natives, it’s frustrating. There is much work left to do.” Tribal representatives spoke about how, despite VAWA’s trust responsibilities to assist tribes, there is a lack of funding and a need for increased access for criminal law enforcement databases.

“We struggle every year at every meeting with what seems like common sense, yet we go through this same process every time,” testified another native leader. “We ask that DOJ support expanding our jurisdiction and urge the Senate to support it. We’re asking you to be that federal trustee and help us protect our people.”

Tribal Council member Andy Jackson testified on behalf of the Pokagon Band, advocating for VAWA reauthorization, especially on behalf of smaller tribes with limited budgets who could not be present at the consultation.

“We need you to have open ears. Indian women are preyed upon at a higher rate than other populations,” she said. “We are limited in our ability to address this and this has to stop. It is time for our people to stop being preyed upon.”

Sink Road bridge officially opened and dedicated

Two weeks ahead of schedule the Sink Road bridge construction project ended with a dedication ceremony September 24. The \$1.16 million project was the result of almost a decade of work between the Pokagon Band, the state of Michigan, Cass County, and Pokagon Township and exemplifies how good government-to-government relationships can result in projects that are beneficial for everyone.

The former Sink Road bridge was several decades old and not designed to current Michigan Department of Transportation requirements. The Pokagon Band has access to funding via Bureau of Indian Affairs’ Tribal Bridge Program, and thanks to a land swap was able to apply that funding for this project.

Improving the bridge meant encroaching on the Michigan Department of Natural Resources’ canoe launch parcel, southeast of the bridge. To eliminate a public launch site, MDNR must replace it with a like site close to an existing site.

The Band owns property a mile away at Peavine Road, so Tribal Council proposed a swap of a less than one acre parcel on Peavine Road for the four acre MDNR parcel at Sink Road.

MDNR agreed to this swap. The Band keeps the MDNR land which runs along both sides of Dowagiac River, adjoining Rodgers Lake campus. MDNR is building a new canoe launch on Peavine Road on the land deeded over to them by the Band in the swap.

The Pokagon Band received \$751,402 from the Bureau of Indiana Affairs Tribal Bridge Program for the Sink Road project. Michigan Department of Transportation, Cass County, and Pokagon Township also contributed funds.

“The project was a win-win for all parties,” said Chairman Matt Wesaw. “The Band’s funding paid for 80 percent of the cost, public safety is improved, and the community will have a safer, more convenient canoe launch with dedicated parking and a rustic restroom.”



Perform routine maintenance on your vehicle and save money



CHI ISHOBAK

Many Chi Ishobak clients who get auto loans tend to come back to us for a loan for auto repair. You can prevent an unexpected auto repair cost by performing these 12 routine maintenance tasks.

1. Check the battery and charging systems. Hot and cold weather are hard on a battery. Battery connections should be clean, tight, and corrosion free. Batteries don't always give warning signs before they fail, if your battery is over three years old consider replacing it.
2. Belts, hoses, and filters should be free of fraying, cracking, or leaking. Replace them if necessary and make sure all filters—oil, gas, air, and cabin air—are in good condition.
3. Use a carnauba-based product to wax the body your vehicle to help protect the paint from road salts and other winter weather grime.
4. Have your brakes inspected to make sure they are in proper working order. Avoiding brake repair is extremely dangerous especially in winter conditions. Also, putting off brake repair could damage rotors which is considerably more expensive to repair.
5. Check your owner's manual for the proper coolant mixture. Make sure the antifreeze is at the proper level. Check radiator hoses and replace or tighten if needed.
6. Your vehicle should always contain a roadside emergency kit: jumper cables, flares, ice scrapers, road salt, flashlights, flares, blankets, first aid materials, and snacks are all good to include in your kit.
7. Keep the gas tank at least half full. This will limit condensation in the tank which can freeze in the fuel line in cold conditions and ensure you don't end up stranded.
8. The heater and defroster work off the cooling system, so while you are checking your radiator hoses, inspect the heater hoses and clear the ducts of any leaves and debris.
9. Check your oil level; change your oil around every 5,000 to 6,000 miles.
10. Keep your tires properly inflated. Replace worn tires as soon as possible. Don't forget to check your spare. Also, practice fitting snow chains before you head into winter conditions.
11. Consider getting a tune-up, especially if it has been around 30,000 miles since your last one. Visually inspect your distributor cap, rotor, spark plugs, and wires.
12. Check that all exterior lights are working. Check that your wiper blades are in good condition. Consider using winter/snow blades. Also, make sure your washer fluid reservoir is full and use a fluid formulated for winter.

Chi Ishobak exists to help you manage your financial resources in today's world. From business consulting and small business loans to consumer loans and financial wellness coaching, we are ready to assist. Call us today at (269) 783-4157.



Call Chi Ishobak Today! (269) 783-4157 | www.chiishobak.org

Do you have old family photos that you would like digitized?

The Department of Language and Culture is looking for old photos of Pokagon families to add to the Pokagon Language, History, and Culture Archives. Select photos may be placed for display in local museums, tribal government buildings, or other places as well as uploaded online at Wiwkwébt̃hēgen (www.pokagon.libraries.wsu.edu). If you are interested, please contact Blaire Topash-Caldwell at the Department of Language and Culture at (269) 782-4882. Appointments can be made with Blaire to have the photos digitized on site at L&C as well as have your digitizations copied to a CD for your personal use.



Andy Jackson recognized as Michiana Women Leader

On each Women's Equality Day (August 26) since 2014, the Michiana Women Leaders project has spotlighted women in the region who have blazed new trails, been relentless advocates, guided the community through changes and dedicated their lives to caring for others. Organizers had observed that the local historical record doesn't adequately represent the contribution of women and were seeking to change that.

This year Andy Jackson, Tribal Council member at large, domestic violence awareness advocate, and one of the originators and organizers behind the Band's annual women's water walk, was among the dozen honorees.

An exhibit featuring photographs of and stories from each of the honorees will be on display at the Civil Rights Heritage Center in South Bend for the next few weeks.

POKÉGNEK BODÉWADMIK DEPARTMENT OF SOCIAL SERVICES

BEADWORK

WORKSHOP

FRIDAY, OCTOBER 4 · 5 P.M.-9 P.M.
LANGUAGE AND CULTURE

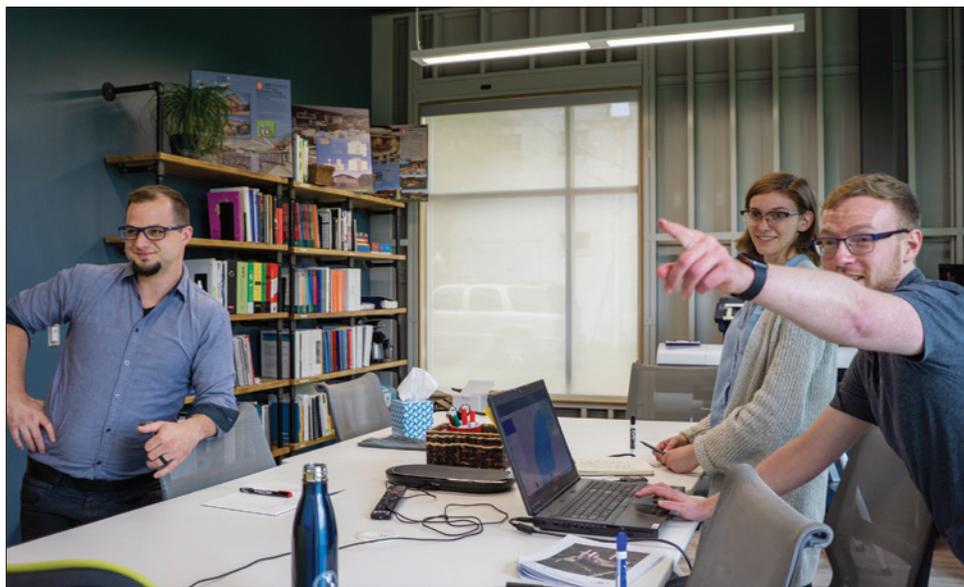
Learn how to make a beaded ribbon skirt pins. These pins will be purple and red to raise awareness for Domestic Violence and Missing and Murdered Indigenous Women.

All supplies will be provided, and no experience is necessary. Childcare will be available for any parents wishing to attend. Please bring a dish to pass for dinner.

If you have any questions, or would like to register, contact Casey Kasper at (269) 462-4324 or Casey.Kasper@pokagonband-nsn.gov.



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Meet Seven Generations Architecture + Engineering, a Pokagon-owned business

Seven Generations Architecture + Engineering (7Gen A+E) is a proud member of the Mno-Bmadsen Family of Companies. It was founded in 2012 and is a tribally-owned, 8(a), small disadvantaged, HUBZone business owned entirely by the nongaming investment arm of our tribe. Seven Generations A+E was created and established to support the growing need for design services within the tribe's geographic and economically controlled land development.

One of the core values of the company is sustainability, an ecological concept that urges the current generation to live sustainably and work seven generations into the future. The company's motivation goes beyond design and engineering, and they continue to incorporate their core values each day. Every service they provide is created with a dedication to environmental stewardship.

7Gen A+E specializes in federal, state, municipal, commercial and tribal markets, and is located in Kalamazoo, Michigan. They collaborate with clients to execute efficiently and responsibly through architecture, planning, virtual design, energy modeling and research and consultation services.

This tribally-owned architecture and engineering firm has done a lot of work on Pokagon projects. Some of the projects they have designed are phase two of the Wellness Center, the Language and Culture Building, and they're in the process of completing the Tribal Justice Center, among other projects.

7Gen's passion is "Where tradition fuels innovation," which is observed through the extreme attention to detail and hard work they put into their designs. To learn more about Seven Generations A+E, visit <https://7genae.com/>.

Fasting Camp coming soon, Rodgers Lake campgrounds closed during Camp

The Language and Culture Department and traditional healer Keith Smith are hosting our seasonal fasting camp this month. The Rodgers Lake campground area will be closed to those not participating in the camp from 7 a.m. October 23 through 5 p.m. October 29.

Anyone interested in attending, participating, or fasting this October, please reach out to Rebecca Williams at rebecca.williams@pokagonband-nsn.gov.

Interested fasters should schedule a time to meet with Keith Smith before our fall fasting camp.

Take advantage of sports ware discounts at Wellness Center



The Wellness Center is uniting with two major sports distributors to offer you exclusive discounts. We have teamed with Nike and Eastbay, two of the world's top athletic distributors, to offer you deals on athletic apparel. This partnership is only available as part of the Native American fitness collaboration and orders must be placed in person at the Pokagon Band Wellness Center. There are some limitations and the discounts vary on select items.

The Nike items average 50 percent off the retail price and include footwear, apparel, backpacks, and some equipment. All available Nike items can only be viewed by using the computer in the Wellness Center. The Eastbay items have a smaller discount, but their items can be found at www.eastbay.com. The site has a large array of items available for the Native American discount. However, discounts are only given when you place your order at the Pokagon Band Wellness Center. There is a small shipping charge on all items.

These discounts are for personal items only which will not be resold. Quantities are limited based on your family size and the frequency of items ordered. Items must be paid for at the time of purchase. The Wellness Center accepts credit cards, debit cards, personal checks, and money orders. No cash will be accepted. Items usually arrive within five business days of your order. You will be contacted when your order arrives and is available for pickup at the Wellness Center.

Stop by the Wellness Center and ask our staff how you can take advantage of this amazing opportunity.



MKEDÉKÉWEN

FASTING

A RITE OF PASSAGE

FOR YOUNG BOYS, GIRLS, WOMEN & MEN

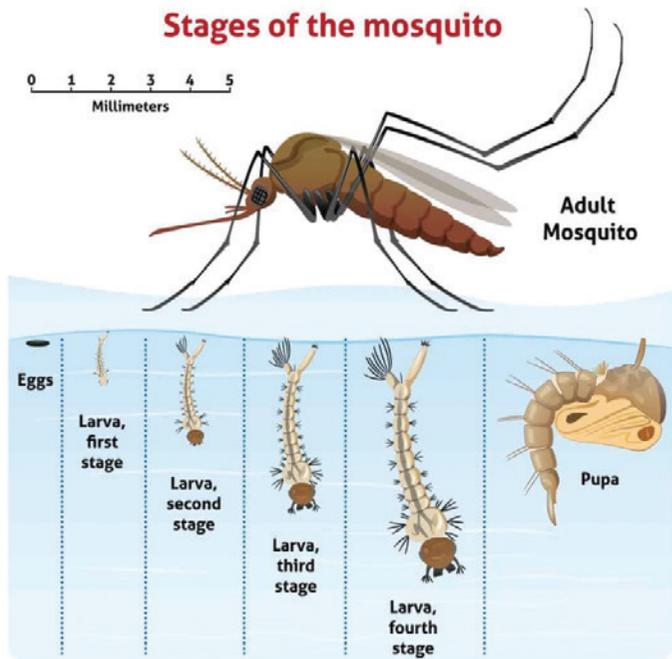
The Department of Language & Culture and traditional healer Keith Smith invites citizens and their families to participate in Mkedékéwen for a rite of passage.

If you or your child are interested in participating, please contact Rebecca Williams at Rebecca.Williams@PokagonBand-nsn.gov or (269) 462-4325.

OCTOBER 23-29, 2019
RODGERS LAKE CAMPGROUND

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Living with Wildlife: Mosquitoes



There are more than three thousand species of mosquitoes throughout the world, some of which are present in your backyard. Mosquitoes are adaptable and can live in almost any environment if there is some source of water. Mosquitoes have a slender, segmented body, a single pair of wings, six legs, antennae, and elongated mouthparts. The mosquito life cycle consists of egg, larva, pupa, and adult.

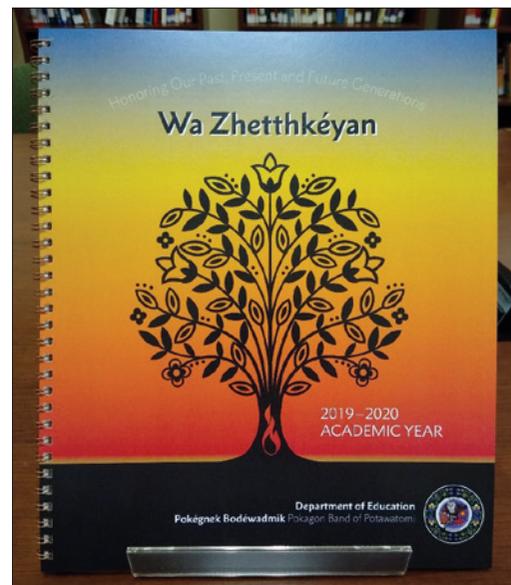
Mosquitoes need water in order to lay their eggs. The eggs then hatch into larvae that feed on aquatic algae and organic materials in the water. Following hatching, mosquitoes typically live two to four weeks.

Adult male mosquitoes lack the mouth parts necessary for biting, so only female mosquitoes use specialized mouthparts for biting. Mosquitoes use exhaled carbon dioxide, body odors, temperature, and movement to find their host to bite. Adult female mosquitoes feed on blood of various hosts. The female mosquito inserts two tubes into the skin, one for injecting an enzyme to inhibit blood clotting and another for sucking the blood out of the host and into their body. In addition to blood, female mosquitoes, as well as males, feed on nectar and other plant sugars.

Mosquitoes are vectors of multiple diseases and cause millions of deaths worldwide every year. Eastern equine encephalitis has recently been identified in southwestern Michigan and northern Indiana and has resulted in several deaths. Other diseases that are transmitted by mosquitoes include Zika virus, West Nile virus, malaria, filariasis, yellow fever, dengue, chikungunya, and others.

The best way to reduce the number of mosquitoes in or near your yard is to remove all water sources or change water sources regularly if you need to have them outside. Mosquito larvae thrive in stagnant water, so removing these types of water sources (old tires, flower pots, buckets, etc.) helps. Mosquito traps can also be set to help reduce the number of females present in the area. Further, biological or chemical treatment may be used if large populations or waterbodies are present. Additionally, you can enhance your yard to attract mosquito predators, such as dragonflies, to help keep mosquito numbers down.

If you go outdoors, it is recommended that you apply a repellent that contains at least ten percent DEET or picaridin and lemon-eucalyptus oil. Further, permethrin treated clothing can help to keep mosquitoes from biting. By having an environment that is not attractive to mosquitoes and taking precautions when outdoors, you are less likely to encounter mosquitoes and have any issues that result from their bites.



2019-2020 Wa Zhetthkéyan academic planner now available

Stay on top of the school year and discover cultural information at the same time with the latest academic planner. If you live within the ten-county service area, please stop by the Pokagon Band Department of Education to get your complimentary copy. If you are outside of the service area, e-mail Kristie Bussler at Kristie.Bussler@Pokagonband-nsn.gov to have your planner sent by mail.

POKÉGNEK BODÉWADMİK
EARLY CHILDHOOD EDUCATION + SOCIAL SERVICES

Harvest Day

Saturday, October 5 | 10 a.m. - 1 p.m.
at the Dowagiac Middle School

The Early Childhood Education program and the Department of Social Services welcome citizens and staff to a day of family fun, including movies, crafts, activities, pumpkins, and more! Lunch is provided.

Wear your costume for a chance to win a prize.

Pumpkins limited to the first 50 children to arrive.

DV education and awareness will also be offered to participants at this event.

Please register by searching "Harvest Day" on www.pokagonband-nsn.gov. For more information, contact Autumn Laraway at (269) 462-4327 or Casey Kasper at (269) 462-4324.

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Café opens in Pokagon Health Services

Next time you're at Pokagon Health Services for an appointment or to work out, check out the new PHS Café. It officially opened Monday, September 23 offering a limited menu to begin with: breakfast and lunch items along with snacks and drinks. Hours are 7:30 a.m. to 3:30 p.m. Payment is by credit card only. No cash or checks.



What's that Edible/Medicinal Species? Berkeley's Polypore (*Bondarzewia berkeleyi*)



Berkeley's Polypore (*Bondarzewia berkeleyi*) or stump blossom, grows in large circular clusters with many fleshy white to pale yellow fan-shaped shelves. The color of this polypore darkens as it ages. This fungus is typically found at the base of oaks and other hardwood stumps. Following rain events from July to September, this fungus may pop up on the forest floor.



This polypore, unlike black staining polypore, does not stain black when pressure is applied or when the fungus is damaged. If this polypore is cut off near the base, it will continue to grow back in the same spot over multiple years. The best time to harvest Berkeley's polypore is when it is young and fresh. The outer edges of the individual caps are the most appealing for harvest. This polypore has been known to grow up to 40 pounds in a single specimen.

There are many ways to prepare this fungus. The fungus can be sliced thin and fried like potato chips, sliced thick, marinated, and grilled, braised, or dried and ground to a powder that can be used in a variety of ways. This polypore can also be dipped in egg and flour and fried, or, if a bit older, it can be used in soups and stews. As with any new edible or medicinal, ensure that you have a positive identification and utilize in small quantities at first to make sure there are no allergic or adverse reactions.

What's that Invasive Species? Giant Knotweed (*Fallopia sachalinensis*)



Giant knotweed (*Fallopia sachalinensis*) is an aggressive non-native plant from northeastern Asia, northern Japan, and parts of Russia. This plant has been detected in several locations in Michigan but has not yet become widely established, unlike its close relative, Japanese knotweed.



Two key characteristics that differentiate giant

knotweed from Japanese knotweed are height and leaf size. Giant knotweed is a perennial plant that can grow up to 13 feet tall each season with leaves as large as 15 inches long and 11 inches wide. It has small white flowers that develop in branching clusters late in the summer. This plant is

commonly misidentified as a member of the bamboo family due to the look of the stem and it being hollow inside.

This aggressive plant spreads quickly by the roots and can establish readily through cuttings as small as a fingernail. Giant knotweed will crowd out any other species, create a monoculture, and spread quickly. The roots of this highly invasive species can cause damage to foundations and have been known to allow for growth through pavement, reducing property values wherever it spreads. If you believe you have identified giant knotweed, please take as many pictures as possible and contact the Pokagon Band Department of Natural Resources to report where the giant knotweed was located.

POKÉGNEK BODÉWADMIK DEPARTMENT OF SOCIAL SERVICES

Awareness Shawls Workshop

Friday, October 18 | 3 p.m. - 6 p.m.
Community Center 27043 Potawatomi Trail

Join the Domestic Violence Program for an afternoon of drop in sewing. Materials will be provided to make a Purple (Domestic Violence), Teal (Sexual Assault), Red (Missing/Murdered Indigenous Women), or Blue (Child Abuse) shawl. Feel free to bring a sewing machine if you have one. If not, there will be a few extras on hand. We will have light refreshments, so bring a dish to pass if you can.

If you have any questions, contact Casey Kasper at (269) 462-4324 or casey.kasper@pokagonband-nsn.gov.

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POKÉGNEK BODÉWADMIK SOCIAL SERVICES + LANGUAGE & CULTURE

Quilt Making Workshop
WITH JULIE FARVER

OCTOBER 12 & 19 | 10 A.M. - 3 P.M.

The Departments of Language & Culture and Social Services invite community members who have some experience sewing and using a sewing machine to a quilting workshop.

Limited to the first 10 people to sign up. Please attend both sessions and bring a dish to pass.

To register, contact Casey Kasper at (269) 462-4324 or Casey.Kasper@pokagonband-nsn.gov.

GYANKOBEJÉMÉN STAY CONNECTED
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monday

tuesday

wednesday

thursday

friday

Oct

1

Tomato Soup
Grilled Cheese Sandwich
Veggie & Pickle Tray
Cookies

2

Salisbury Steak
Mashed Potatoes & Gravy
Peas
Garden Salad
Whole Grain Roll

3

business meeting

Buffalo Chili
Asparagus
Cornbread
Garden Salad
Fruit Salad
Tiramisu / Snacks

4

Pizza Day

7

language

Swedish Meatballs
Mashed Potatoes
Brussels Sprouts
Garden Salad
Whole Grain Roll

8

Elder's Talking Circle
10 a.m. - 2 p.m.

Chicken Fajitas

9

Buffalo Stuffed Peppers
Rice Pilaf
Broccoli & Cheese
Italian Pasta Salad
Whole Grain Roll

10

Chicken Broccoli Alfredo
Seasoned Red Potatoes
Garlic Bread
Garden Salad
Fruit Salad

11

Bean Soup
Fish Sandwich
Veggie & Pickle Tray
Fruit

14

language

Vegetable Soup
Ham or Turkey Sandwich
Veggie & Pickle Tray
Yogurt

15

Tuna Casserole
Green Beans
Tomato Salad
Whole Grain Roll

16

BBQ Pork Chops
Baked Potatoes
Peas
Garden Salad
Whole Grain Roll

17

Buffalo Macaroni
Garlic Bread
Mixed Vegetables
Garden Salad

18

Salad Bar

21

language

Buffalo Pot Pie Pasta
French Style Green Beans
Biscuits
Garden Salad
Melons

22

Ham & Scalloped Potatoes
Broccoli
Garden Salad
Whole Grain Roll

23

Mexican Casserole
Mexican Rice
Tortilla Chips
Fruit Salad

24

Beef Roast
Mashed Potatoes & Gravy
Carrots
Tomato Salad
Whole Grain Roll

25

Broccoli & Cheddar Soup
Ham or Turkey Sandwich
Veggie & Pickle Tray
Yogurt

28

language

Chicken & Wild Rice Soup
Egg Salad Sandwich
Veggie & Pickle Tray
Cookies

29

Pork Roast
Red Potatoes
Carrots
Broccoli Slaw
Whole Grain Roll

30

Breakfast Bar

31 Halloween Social

Buffalo Burgers & Hot Dogs
Baked Beans
French Fries
Veggie & Pickle Tray
Dessert / Snacks



PLEASE CALL THE DAY BEFORE if you are not a regular attendee for meals. (269) 782-0765 or (800) 859-2717. Meals subject to change. Meal service are held at the Community Center and service begins at 12:00 Noon. Note: milk, tea, coffee, water, and Crystal Light beverages served with every meal. Also, lettuce, tomato, pickles, and onions served with sandwiches. Bread/rolls and butter are also included.

Per Capita News

The Enrollment Office needs the following individuals to update their addresses so that these payments can be mailed. If there is an X in the column(s) by your name, you have either a Christmas check and/or per capita payments due to you. Please contact the Enrollment Office at (269) 782-1763 or the Finance Department at (269) 462-4209.

Name	Christmas 2018	Monthly Per Cap
Bobby M. Haynes		x
Carlin M. Elrod		x
Jeffery S. Morseau	x	x
Scott A. Brewer Jr		x
Virgle O. Edwards		x
Alexander Arnold		x
Thomas Mix		x
Patricia Topash		x
Danielle Knight		x

You can update your address on the PokagonBand-nsn.gov website under Citizens > Enrollment or phone (269) 782-1763 for an address form by mail.

Per Capita Important Dates

Deadline to receive changes/updates/additions	Checks mailed out on	Check date Direct deposits in accounts
Tuesday, October 15	Wednesday, October 30	Thursday, October 31
Thursday, November 14	Tuesday, November 26	Wednesday, November 27
Friday, December 13	Monday, December 30	Tuesday, December 31

* Please note the November deadline for changes is November 8. This is due to time limitations on all the events that occur at this time of the year.

Pokégnek Yajdanawa

Pokégnek Yajdanawa is the monthly voice of Pokégnek Bodéwadmik, the Pokagon Band of the Potawatomi.

Citizens are encouraged to submit original letters, stories, pictures, poetry and announcements for publication in *Pokégnek Yajdanawa*. Submissions are subject to the established guidelines.

The deadline for submissions for the newsletter is always the 14th of each month. Please send items for publication to:

Pokégnek Yajdanawa
Box 180, Dowagiac, MI 49047
Pokagon.Newsletter@PokagonBand-nsn.gov

Pokégnek Bodéwadmik
Pokagon Band of Potawatomi
Department of Education | Early Childhood Education

Neshnabé Mbokén

A children's book club

FIRST WEDNESDAY EVERY MONTH | 4:30 P.M.
ZAGBĒGON AN EARLY LEARNING & DEVELOPMENT ACADEMY

Neshnabé mbokén [nesh-na-bém-bo-kén] is a children's book club, which will focus on Native American books and authors. This program is open to the public (all ages).

Neshnabé mbokén means native books in Potawatomi and includes books about natives, books written by natives, or books having to do with native context.

For more information, please contact Erin Byrket-Burggraf at topash240512@gmail.com or Autumn Laraway at Autumn.Laraway@PokagonBand-nsn.gov.

Events may be cancelled due to inclement weather. Please refer to the Pokagon Band website for weather related updates.

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Débénwéthêk
Parent Group

DEPARTMENT OF EDUCATION
EARLY CHILDHOOD EDUCATION

Débénwéthêk Parent Group

In Potawatomi, Débénwéthêk means the ones who take care of others. The goal of Débénwéthêk Parent Group is to develop opportunities for Pokagon families to spend quality time with one another and create meaningful experiences together.

Débénwéthêk Parent Group is composed of parents and caregivers of children under 8 years of age and meets every third Thursday of the month. Childcare is provided.

2019

January 17	April 18	July 18	October 17
February 21	May 16	August 15	November 21
March 21	June 20	September 19	December 19

5:30 – 7:30 pm | Zagbëgon: An Early Learning & Development Academy

Events may be canceled due to inclement weather. Please refer to the Pokagon Band website for weather related updates.

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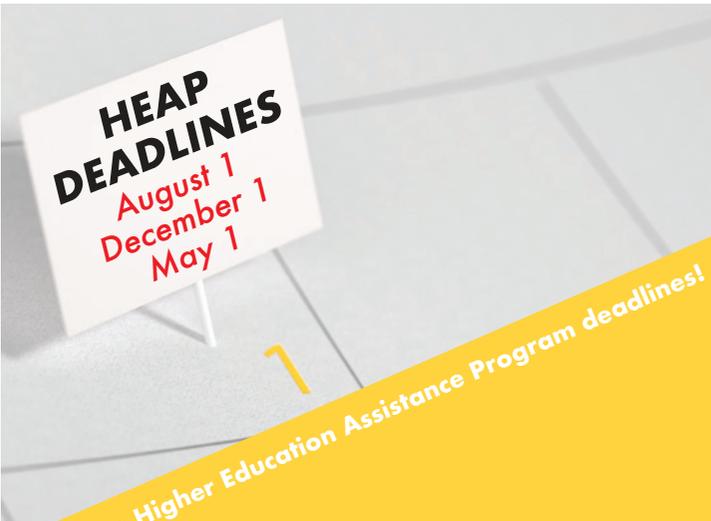
Tribal Council October Calendar of Events

- 1 Tribal Council Special Session, Administration, 10 a.m.
October 1 Meeting Canceled due to Tribal Council Travel
- 7 Gaming Authority Closed Session, Four Winds New Buffalo, 10 a.m.
- 8 Tribal Council Special Session, Administration, 10 a.m.
- 12 Tribal Council Meeting, Community Center, 10 a.m.
- 14 Gaming Authority Closed Session, Four Winds South Bend, 10 a.m.
October 14 Meeting Canceled due to Tribal Council Travel
- 15 Tribal Council Special Session, Administration, 10 a.m.
October 15 Meeting Canceled due to Tribal Council Travel
- 21 Gaming Authority Closed Session, Four Winds New Buffalo, 10 a.m.
- 22 Tribal Council Special Session, Administration, 10 a.m.
- 28 Gaming Authority Closed Session, Four Winds South Bend, 10 a.m.
- 29 Tribal Council Special Session, Administration, 10 a.m.

Tribal Council November Calendar of Events

- 4 Gaming Authority Closed Session, Four Winds New Buffalo, 10 a.m.
- 5 Tribal Council Special Session, Administration, 10 a.m.
- 9 Tribal Council Meeting, Community Center, 10 a.m.
- 12 Tribal Council Special Session, Administration, 10 a.m.
- 18 Gaming Authority Closed Session, Four Winds New Buffalo, 10 a.m.
- 19 Tribal Council Special Session, Administration, 10 a.m.
- 25 Gaming Authority Closed Session, Four Winds South Bend, 10 a.m.
- 26 Tribal Council Special Session, Community Center, 10 a.m.

Please check the website, www.pokagonband-nsn.gov, or call (888) 782-2426 before attending to confirm that a meeting has not been cancelled.



HEAP DEADLINES
August 1
December 1
May 1

Know the Higher Education Assistance Program deadlines!

HEAP deadlines will be strictly enforced for the 2019-2020 academic year.
To receive Higher Education assistance:

FALL 2019 applications must be submitted by **August 1**
WINTER or SPRING applications must be submitted by **December 1**
SUMMER applications must be submitted by **May 1**

A full application packet is required for each semester. Call (269) 782-0887 for more information. **Migwêthh!**



Pokagon Band of Potawatomi
Department of Education | Early Childhood Education

PALS

Play and Learn Social

Every first + every third Thursday
9:30 am - 11 am
PHS Multi-Purpose Room

Join other parent and children ages 0-8 for an opportunity to engage with one another in play and learning activities.

Contact Rachel Orvis at drorvis@gmail.com for more information.
March, July, September, and December dates vary. Please contact Rachel Orvis for details.

Débénwéthék
Parent Group

Events may be cancelled due to inclement weather.
Please refer to the Pokagon Band website or Facebook page for weather related updates.

POKÉGNEK BODÉWADMIK HEALTH SERVICES



SOFTBALL CLINIC

FEBRUARY 8
2020

POKAGON WELLNESS CENTER

Strengthen your softball skills and mental tenacity at this one-day softball clinic, consisting of three sessions: batting, pitching, and fielding/base running, broken up with nutrition education and physical/mental conditioning. You may register for one or more sessions for \$35 per session or all three for \$90.

Early registration for citizens opens Dec. 1, then employee children may register starting Dec. 25, and the general population may register on Jan. 1. This clinic is limited to the first 30 participants of each session.

GYANKOJEGÉMEN
STAY CONNECTED
f t i
POKAGON.COM

Tribal Office Directory

Administration

58620 Sink Road
(269) 782-8998
Toll Free (888) 281-1111

Commodities

(269) 782-3372
Toll Free (888) 281-1111
Fax (269) 782-7814

Communications

58620 Sink Road
(269) 782-8998

Compliance

58620 Sink Road
(269) 782-8998

Chi Ishobak

27043 Potawatomi Trail
(269) 783-4157

Education

58620 Sink Road
(269) 782-0887
Toll Free (888) 330-1234
Fax (269) 782-0985

Elders Program

53237 Townhall Road
(269) 782-0765
Toll Free (800) 859-2717
Fax (269) 782-1696

Elections

58620 Sink Road
(269) 782-9475
Toll Free (888) 782-9475

Enrollment

58620 Sink Road
(269) 782-1763
Fax (269) 782-1964

Facilities

57824 East Pokagon Trail
(269) 783-0443
Fax (269) 783-0452

Finance

58620 Sink Road
(269) 782-8998
Toll Free (800) 517-0777
Fax (269) 782-1028

Housing & Community Development

57824 East Pokagon Trail
(269) 783-0443
Fax (269) 783-0452

Human Resources

58620 Sink Road
(269) 782-8998
Fax (269) 782-4253

Information Technology

58620 Sink Road
(269) 782-8998
Toll Free (800) 517-0777
Fax (269) 782-6882

Language & Culture

59291 Indian Lake Road
(269) 462-4325

Mno-Bmadsen

415 East Prairie Ronde Street
(269) 783-4111

Natural Resources

32142 Edwards Street
(269) 782-9602
Fax (269) 783-0452

Pokagon Health Services

58620 Sink Road
(269) 782-4141
Toll Free (888) 440-1234

Social Services

58620 Sink Road
(269) 782-8998
Toll Free (800) 517-0777
Fax (269) 782-4295

South Bend Area Office

3733 Locust Street
South Bend, Indiana 46614
(574) 282-2638
Toll Free (800) 737-9223
Fax (574) 282-2974
(269) 782-8998

Tribal Council

58620 Sink Road
(269) 782-6323
Toll Free (888) 376-9988
Fax (269) 782-9625

Tribal Court

58620 Sink Road
(269) 783-0505
Fax (269) 783-0519

Tribal Police

58155 M-51 South
(269) 782-2232
Toll Free (866) 399-0161
Fax (269) 782-7988

Zagbëgon

58620 Sink Road
(269) 783-2469
Fax (269) 782-8680

Tribal Council Directory

(888) 376-9988

Chairman

Matthew Wesaw
(269) 462-5379
Matthew.Wesaw@pokagonband-nsn.gov

Vice Chair

Andrew Bennett
(269) 479-6224
Andrew.Bennett@PokagonBand-nsn.gov

Treasurer

James R. Olds
(269) 479-6184
James.Olds@pokagonband-nsn.gov

Secretary

Kelly Curran
(269) 591-0604
Kelly.Curran@pokagonband-nsn.gov

Member at Large

Alex Wesaw
(269) 462-1170
Alex.Wesaw@pokagonband-nsn.gov

Member at Large

Andy Jackson
(269) 783-9340
Andy.Jackson@pokagonband-nsn.gov

Member at Large

Gary Morseau
(269) 259-1554
Gary.Morseau@pokagonband-nsn.gov

Member at Large

Anita Morales
(269) 479-6285
Anita.Morales@pokagonband-nsn.gov

Member at Large

Mark Parrish
(269) 479-6283
Mark.Parrish@pokagonband-nsn.gov

Elders Representative

Colin Wesaw
(269) 259-1555
Colin.Wesaw@pokagonband-nsn.gov

Executive Secretary

Melissa Rodriguez
Office (269) 462-4203
Cell (269) 591-9521
Melissa.Rodriguez@pokagonband-nsn.gov

Elders Council Directory

Elders Hall (800) 859-2717 or (269) 782-0765

Chair

Judy Winchester
(269) 462-1578
Judy.Winchester@pokagonband-nsn.gov

Vice Chair

Julie Dye
(269) 462-1004
Julie.Dye@pokagonband-nsn.gov

Secretary

Judy Augusta
(269) 783-6304
Judy.Augusta@pokagonband-nsn.gov

Treasurer

Clarence White
(269) 876-1118

Member at Large

Cathy Ford
(269) 783-9380
Cathy.Ford@pokagonband-nsn.gov

Notice of Open Positions

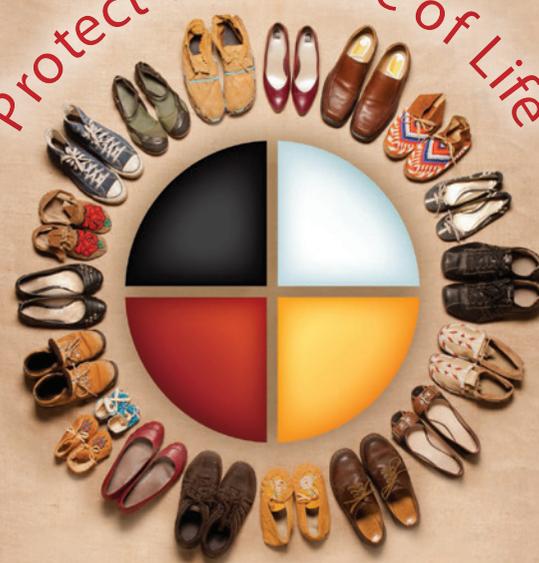
The following Boards, Committees and Commissions are looking to fill open positions. Please see the Pokagon Band website or the **Legislative Edition** for more information.

- Curriculum Committee
- Enrollment Committee
- Ethics Board
- Family Welfare Commission
- Ggatenmamen Gdankobthegnanek Pow Wow Committee
- Health Advisory Board
- KBMK Pow Wow Committee
- Land Use Board
- Rights Board
- Salary Commission
- Tribal Art Committee
- Youth Council



Penelope Trela was born May 7, 2019.
She is excited to be a part of the tribe.

Protect the Circle of Life



Your Flu Vaccine Protects Me My Flu Vaccine Protects You

Pokagon Health Services FLU SHOTS | Beginning in October

Pokagon Band Citizens/Native American established patients and household members, and employees are eligible. Please bring any insurance information.

Flu shots are available while supplies last beginning in October by appointment Monday through Friday 8:00 a.m.–12:00 p.m. and 1:00 p.m. – 4:00 p.m. You can also get your vaccine at your regularly scheduled appointment. Community Outreach nurses will give flu vaccines at the monthly Elders Business Meeting at the Community Center in November.

Call (269) 782-4141 to schedule yours today



Learn more at www.cdc.gov/flu
or call 1-800-CDC-INFO



DEPARTMENT OF SOCIAL SERVICES

BUILDING STRONG ROLE MODELS FOR BOYS AND MEN

Wednesday, October 9 | 5 p.m. - 9 p.m.
Community Center



Domestic violence is not our tradition. Men and boys play a very important role in ending domestic violence in our communities. Join Aldo Seoane from Wica Agli, an organization that works with Native men and boys to end violence against women, to discuss how we can develop strong role models among our men and boys and help end violence in our community.

Dinner will be provided at 5 p.m., as well as a raffle and prize for the person who brings the most guests with them.

If you have any questions or would like to attend, contact Casey Kasper at (269) 462-4324 or Casey.Kasper@PokagonBand-nsn.gov.



POKÉGNEK BODÉWADMIK HEALTH SERVICES



TO THE SLOPES

OCTOBER 1 - NOVEMBER 27

Track your miles on the Wellness Center elliptical machines to reach our local ski slopes!

You can earn a lift ticket, rental equipment, and even a hotel stay! Prizes awarded for Swiss Valley when you log at least 27 miles on the elliptical and 57 miles for Bittersweet or Timber Ridge.

Come into the Wellness Center to find out more.

