Pokégnek Yajdanawa

gon gizes [snow moon] February 2020

Page 2
Check out this month's Chairman's Corner.

Page 6
Don't miss out on these Education programs.

Back page
Kick off the sugar season with us.

Youth Council keeping busy with travels and service

Pokagon teens and young adults on Youth Council have been staying busy with their many activities lately. Whether it is adopting a highway, helping with the elders dance, hosting karaoke nights, or assisting with trick or treat in Édawat, the youth are engaging with their community and culture.

In December, ten Pokagon youth attended Native Wellness Institute's youth leadership conference in San Diego. According to co-advisors Rebecca Williams and Polly Mitchell, the sessions focused on healing, historical trauma and resiliency, and identity development. The gathering provided opportunities for the kids to develop contacts and exchange cultural teachings with other youth from tribes across the nation.

"I was taught to take care of the people around me by helping them live in a healthy way," said attendee Abagail Hodge. "I was also taught some strategies to help with my personal healing and growth as well, because if I am not living in a good way myself, I cannot be an example for those around me."

"California is an experience I will never forget," said Kayla Gillan. "I shall be forever grateful that [my ancestors] were strong. We visited the La Jolla beach to observe the animals and the cliffs. My first time seeing the ocean it was definitely a good experience. I learned ten times more than I thought."

Please turn to page 9

Pokégnek Bodéwadmik
POKAGON BAND OF POTAWATOMI

Pokégnek Bodéwadmik • Pokagon Band of Potawatomi
Box 180 • 32487 Moewe
Dowagiac, Michigan 49047

PRSRT STD
U.S. POSTAGE
PAID
Milford, IN
Permit No. 2

Chairman's Corner

As I sit here in the early morning hours reflecting on joys of this past Christmas and New Year holiday season, I consider with a positive attitude the challenges that face our nation, Council, and citizens in 2020. I mentioned in the previous article that we are coming off a good year. We hosted the ribbon cutting for the new Justice Center which houses our Tribal Court, Peacemaking Center, and our Tribal Police headquarters. In addition, we paid off the loan for phase one of our health clinic and moved into phase two earlier in the fall. These improvements give us the ability to provide additional and enhanced services to our citizens which is important to the Council. The pillars that were agreed to many years ago still exist: healthcare, education, and housing. Job opportunities still exist but it is the responsibility of the citizen to apply for work at any of our businesses. To continue the success will require revenue. As our citizenship grows Council has the task of finding addition revenue to support and sustain that growth. Council is vetting several ideas which appear to have great promise. We will provide additional information as Council continues to advance the concept of a development authority.

At the January citizens meeting, Council took the opportunity to honor one of our young citizens, Jordon Brewer. Jordan is the son of Rich and Jennifer Brewer and the nephew of Scott Brewer. Jordan was a multi-star athlete at St. Joseph High School in Michigan, and was scheduled to be a preferred walk-on with the University of Michigan football team coached by Jim Harbaugh. Unfortunately, Jordan suffered a shoulder injury that forced him to change sports, football was no longer an option. Jordan enrolled at Lincoln Trail Community College, Illinois, and played baseball, where he was First Team All-Conference and Region. Jordan, with the help of his coach, was introduced and then recruited by the University of Michigan as a baseball player. Jordan had an outstanding first year at Michigan, being named Big Ten Player of the year, First Team All-Conference, First Team All-American selection, leading his team to the finals of the College World Series. This was the first appearance for the University since 1984. Despite the runner up finish, Jordan entered the baseball draft where he was selected in the third round by the Houston Astros. Jordan has signed and is now member of a professional major league baseball team. This was not the direction Jordan originally thought when he graduated high school, but Jordan was resilient, he did not let adversity dampen his desire to be the best he can be with the gifts he has received from the creator. Jordan is a great example of Norman Vincent Peale's quote, "It's always too early to quit."

I had asked Jordan if would offer a few comments of encouragement to our Youth Council at the meeting. Without hesitation Jordan spent over 30 minutes, unplanned, talking and taking a photo with each of them and the framed Michigan World Series jersey Council presented to him. I would like to offer a quote from one of our greatest presidents, Abraham Lincoln, "Your own resolution to succeed is more important than any other." More truth has never been spoken. The Pokagon Band is very proud of Jordan and we wish him great success in his mission to succeed. We look forward to his return visits and a quick ascension to the "big dance."

As I have mentioned several times, the tribe and our citizens are facing a time of major decisions as we continue to work to find additional resources to help improve the lives of our citizens. These are not always easy decisions but that is why we signed up to represent our tribe. I personally am very excited about the options that we face and appreciate the work of many on our Council in their desire to move our tribe forward.

The efficiency study is almost complete. The study team will begin this week to finalize their report and it will be presented in the near future. This is a very important piece for us to consider in our search to be better in our fiduciary responsibility.

One last item of interest is to alert you to some new communication efforts. Part of our strategic initiative is communication. To that end I have been working with our public relations specialist, David Gutierrez, Paige Risser, and Jody Osbon on changes to a more efficient way to get information to our citizens. Timing is important or, in my opinion, the information is stale. I hope we can roll this out shortly after the new year. I will be very interested in your feedback.

As always, I appreciate the suggestions that have been provided, I take all input seriously, and I hope it continues. Remember, it is a great day to be a Pokagon, my door is always open, and my phone is always on. I return all my phone calls.

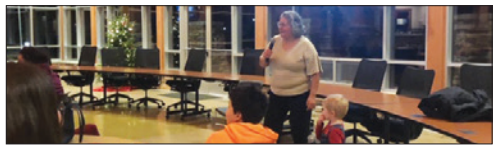
Thanks,

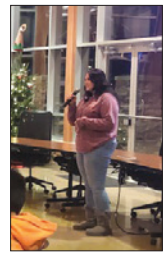
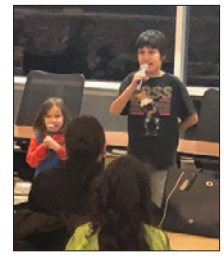
Matt

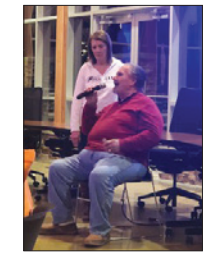
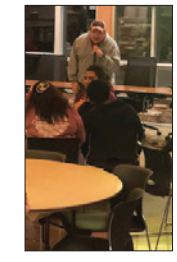
One weekend, two great events

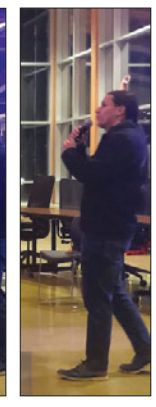
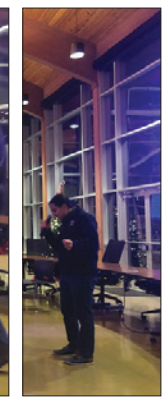
The Language & Culture Department hosted a Community Karaoke Night on a Friday evening in December, then the Round Dance the following night, making for one packed weekend of community togetherness.

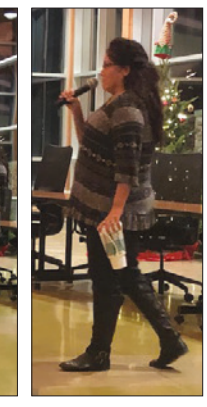
Karaoke night was well attended by community members from young children to elders. DJ Nay provided music and words for everyone to sing to, and we even had a special community member who used his harmonica while he sang. Many community members also attended the annual Pokagon Wawyéwgawen (Round Dance).





Sink Road Bridge project wins award

Thanks to resourcefulness, dedication, and persistence, the Sink Road Bridge replacement project won the 2019 Graham Woodhouse Intergovernmental Effort award from the Southwest Michigan Planning Commission in December. The award is presented annually for projects that exemplify cooperation between and among governments, non-profits, and private entities. It was established to recognize and reward the partners who execute complex, regional problem solving that optimizes the use of limited resources. The partners involved were deemed deserving. The award was presented to the in Pokagon Township, Cass County, Mich.

The 2019 Graham Woodhouse award was given to: Pokagon Township, Cass County Road Commission, Michigan Department of Transportation, the Pokagon Band of Potawatomi, Michigan Department of Natural Resources, the U.S. Bureau of Indian Affairs, and Wightman

Look out for the summer 2020 College Internship Program application

Summer internships are opportunities for current full-time students looking to gain working experience in the tribal government. Possible placements include the following departments, but not limited to: Communications, Education, Finance, Health Services, Housing, Human Resources, Facilities, Information Technology, Language & Culture, Natural Resources, Social Services, Enrollment, Tribal Court, Pokagon Gaming Commission, Pokagon Fund and Tribal Police. Qualified applicants must be eighteen years old by June 1, 2020 to participate.

What is provided:

1. Housing stipend $400/month. Housing available at Southwestern Michigan College.
2. Gasoline stipend of up to $225/month.
3. Clothing stipend $250 Total.
4. Travel assistance up to $500 through Special Request Funding.
5. Wages range from $12.00 to $13.50/hr.

If interested please visit the Careers Opportunities link located at the bottom of the Pokagon Band website by May 8, 2020. Interested students should be prepared to upload the following supporting documents:

- Resume
- Cover letter indicating degree and department interested in
- Unofficial college transcript

Important dates for the Summer Internship Program:

- Applications open February 1 to May 8, 2020
- Welcome luncheon – Friday, May 29, 2020
- Program starts – Monday, June 1, 2020
- Last work day – Thursday, July 30, 2020
- • Intern Banquet – Friday, July 31, 2020

If you have any questions or need assistance in the process please contact:
Polly Mitchell
Higher Education Resource Specialist
(269) 462-4294 or polly.mitchell@pokagonband-nsn.gov

Living with wildlife: groundhogs

The groundhog, or woodchuck, is a mammal that can be found living near humans and in areas where there are human developments. Groundhogs are a rodent, the largest member of the squirrel family. Groundhogs like grasslands, pasture fields, forest edges, and yard where food is available. If you live in an area where there are food opportunities or fields and water sources, then you may encounter a groundhog.

Groundhogs are primarily herbivores that eat many types of greens from dandelions and clover, to mulberry leaves and wild lettuces. Groundhogs also l ike many types of plants that are found in a typical orchard or garden including berries, apples, cherries, carrots, corn, peas, beans, sunflowers, and lettuces.

Make sure that you are not inadvertently feeding groundhogs. Gardens should be fenced and protected to prevent groundhogs from entering or applications of cayenne and garlic can be used to help repel groundhogs from areas you want them to avoid. When the weather turns cold a groundhog will go into hibernation and for up to 150 days without eating.

When groundhogs are near human developments, they will dig a burrow under most structures (sheds, barns, garage/home foundations), potentially weakening structural integrity. The best way to make sure a groundhog doesn't dig under a barn is to have a concrete rodent curtain installed around the edge of the barn which prevents groundhogs from digging underneath. Another option is to watch for new signs of holes being dug and prevent a full burrow from being dug or use groundhog repellents to try and deter them from digging in an area. By reducing access to food sources and eliminating potential burrow areas groundhogs are less likely to cause damage and encounter humans or pets.

Groundhogs can carry diseases that are transmittable to humans. The disease of most concern is rabies, but groundhogs can also carry tularemia and are hosts to groundhog ticks. Groundhog ticks can carry Lyme disease and are capable of biting humans and pets. By having an environment that is not attractive to groundhogs, you and your pets are less likely to encounter them and have any potential problems with them.

Help keep groundhogs safe and wild, if you see a groundhog observe it from a distance. Let's help keep wildlife wild by doing our part to remove attractive food and housing for these large rodents.

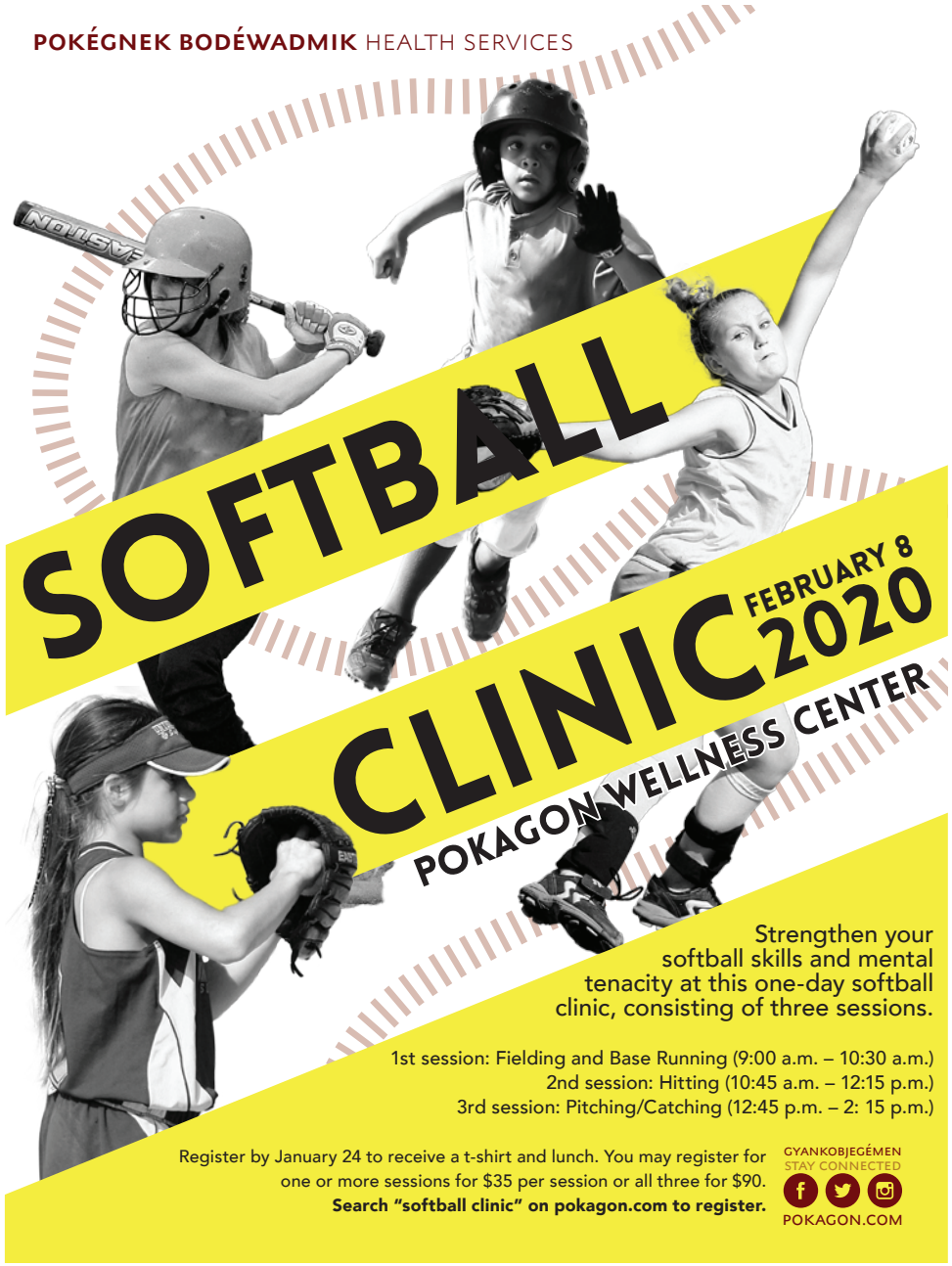
Pokagon Veteran & Spouse Dinner

Friday, February 28 | 6:00 p.m.

Buffet Private Dining Room at Four Winds New Buffalo

RSVP by February 21 to Ann Morsaw-Banghart

(269) 462-4450 or ann.morsaw-banghart@pokagonband-nsn.gov



Education programs available for high school seniors

Each academic year $500 is available for high school seniors to help in completing your senior year and in preparing for college in the following ways:

- Academic testing
- Graduation gown reimbursement (basic cap, gown, tassel)
- Application fees, graduate school entrance fees, and exams
- Pre-requisite courses required to enter programs
- Special supplies such as nursing shoes, specialized equipment, and uniforms
- Mandatory parking fees for college students

There are funds available through the Educational Excellence Initiative (EEI) by having a completed Educational Excellence Initiative pre-application (to be submitted with grades and attendance for entire school year; if letter grades are not given, then a grading scale needs to submitted). Seniors need to submit a high school diploma before they can receive a check (only seniors receive a check), ACT/SAT test scores (must not have submitted scores for EEI before; only one ACT and one SAT will be accepted). Graduation honor cords will be available at the Education office and are available to be mailed out. Be on the lookout for information on the Graduation Banquet for June 2020. The Department of Education will also provide additional financial aid to eligible Pokagon Band citizens that are enrolled in higher education at an accredited institution, through the High Education Assistance Program (HEAP).

*Note that the EEI program for grade submission will begin June 2020 and end October 1, 2020, past deadline dates are subject for denial.

For more information on any of these services, please contact the Department of Education at 1-888-330-1234, 269-782-0887, or by e-mail at marisela.goodrich@pokagonband-nsn.gov.

Citizens birth through 12th grade may now participate in Enrichment Program

The Enrichment Program, overseen by the tribe's Department of Education, has expanded to include Pokagon kids from birth–12th grade. Previously, the program was not available to Pokagon kids until they entered Kindergarten.

The Enrichment Program is designed to provide opportunities for Pokagon youth anywhere in the United States to participate in enrichment programs. Types of activities included are band camps, art camps, science camps, sports camps, career camps, workshops, pre-college classes, summer school, conferences, or life skills programs such as drivers training, music lessons, musical instruments, and more.

Check out the Enrichment Program webpage for details on how to apply. Just search "Enrichment Program" on pokagon.com.

What's that edible/medicinal species? Groundnut *(Apios americana)*

American Groundnut or wild potato (Apios americana) is a climbing vine that can be found in the eastern half of the United States. This plant species can grow up to 20 feet in length winding around nearby plants for support. American groundnut is typically found in wetlands or is closely associated with wetland habitats.

Leaves of the plant grow alternate along the vine and are compound, containing five to seven leaflets. The pea-like flowers on the American groundnut are maroon or reddish-brown and clustered, producing a seedpod following pollination.

Typically, the tubers on this plant are used like you would a baking potato. The flavor of the tuber is a bit nuttier than a potato and these tubers contain up to three times the protein of a potato. The tubers need to be cooked prior to consumption, as they contain protease inhibitors that break down when cooked. The American groundnut is a good source of carbohydrates, protein, calcium, iron, and has antioxidant properties. As with any new edible or medicinal, ensure that you have a positive identification and use in small quantities at first to make sure there are no allergic or adverse reactions.

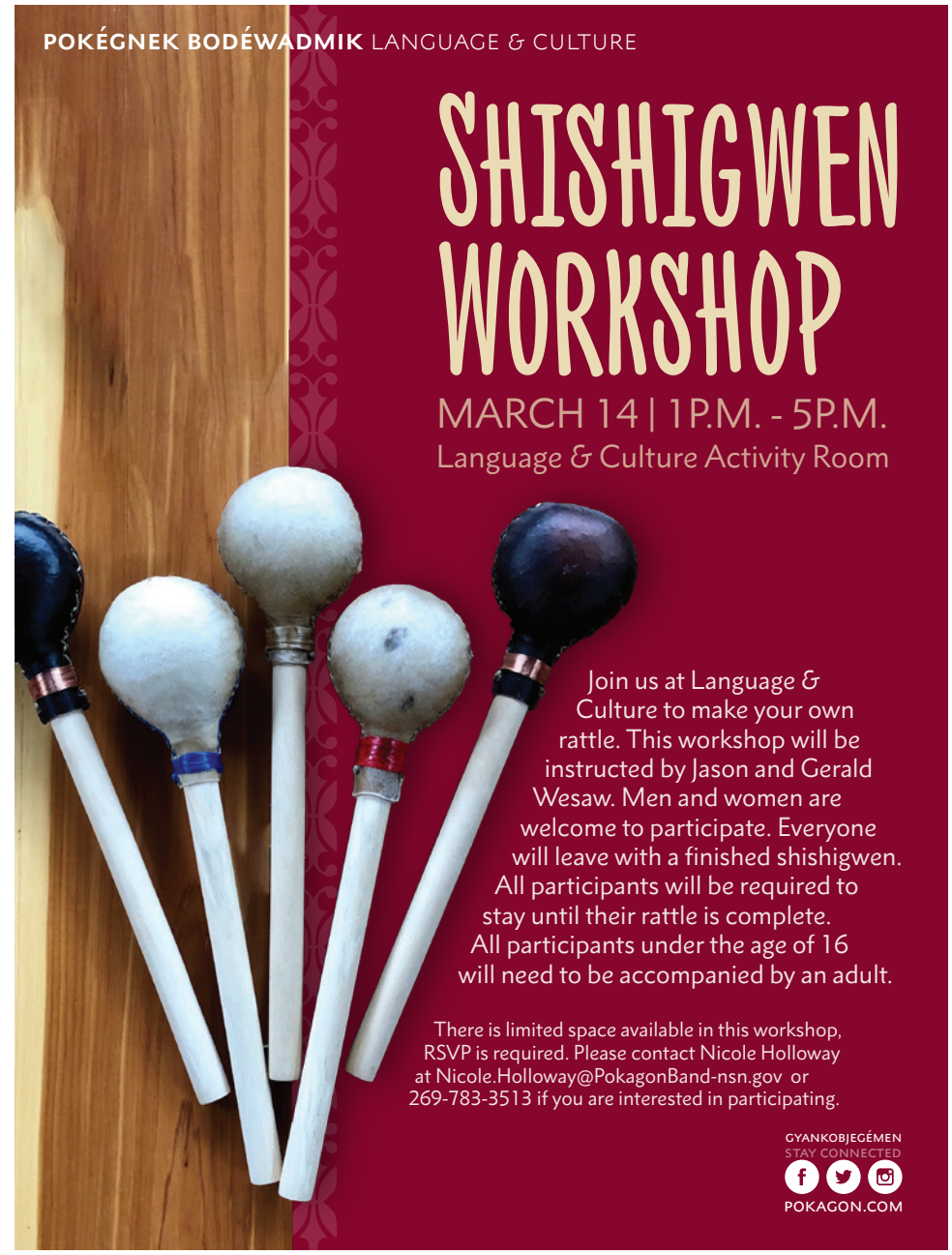
What's that invasive species? Canada Thistle *(Cirsium arvense)*

Canada thistle (Cirsium arvense) is an invasive plant native to southeastern Europe and the eastern Mediterranean region. This invasive thistle is currently found across almost all of Canada and most of the Unites States, except for half a dozen state in the deep south, including Texas, Florida, Georgia, and Hawaii.

Canada thistle spreads rapidly due to its ability to reproduce via root clones and through massive seed dispersal. The clonal nature of the plant results in monocultures where native species are outcompeted. Canada thistle is able to colonize many habitat types including prairies, meadows, dunes, roadsides, and pastures.

This thistle is a perennial that grows one to five feet in height and can grow an extensive root that is up to six feet deep, making it extremely difficult to remove once established. Canada thistle can have a negative impact in farming and pasturing practices, reducing yields, being host to agricultural pests, and reducing gracing options.

This thistle has lobed leaves with spiny teeth and lavendar, pink or white flowers. The way to tell this thistel apart from the native swamp thistle is habitat location, the colonal nature of the Canada thistle and the flowers of the native are a deeper purple. If you believe you have identified Canada thistle, please take as many pictures as possible, contact the Pokagon Band Department of Natural Resources and report where it was located.



Pokagon Band after school programs kick into gear

This year the Pokagon Band has added two new programs to its after-school offerings. The first is a partnership with the YMCA of Greater Michiana called Y-Club. It is for Zagbëgon students ages 3-5 years old, runs each Monday through Thursday, 2:30 p.m.- 6:00 p.m., and meets at the Pokagon Family Activities Center and at Zagbëgon. Students enjoy creative movement, cultural activities, and age-appropriate enrichment. Please contact Jessica Brady at (269) 783-2469 or Jessica.Brady@pokagonband-nsn.gov if you would like more information.

On Thursdays from 4 p.m. – 6 p.m., youth ages 5-11 years old can participate in weekly activities that focus on seasonal teachings, language, wellness, nutrition, and outdoor activities. This program, called Gdedésêk or Little Otters, includes dinner and limited transportation. If you have questions, please contact Rebecca Williams at (269) 462-4296 or Rebecca.Williams@pokagonband-nsn.gov or Susan Doyle at (269) 462-4229 or Susan.Doyle@pokagonband-nsn.gov.

Continuing, but with a new name, is the current after school program for youth ages 12-17 on Tuesdays 3:30 p.m.-5:30 p.m. at Language & Culture. Now called Mbesniyêk, or People of the Lake, kids focus on seasonal teachings, language, and outdoor activities. Limited transportation is available for the Dowagiac, Cassopolis, and Niles area. Please contact Daniel Stohrer at (269) 462-4225 or Daniel.Stohrer@pokagonband-nsn.gov.

These programs are collaborations between the departments of Language & Culture, Education, Tribal Police, PHS's Behavioral Health and Wellness, and Tribal Court.

Spacious rental home available in South Bend

Citizens: a four bedroom family home is available for rent in South Bend, Indiana. The home features two full and two half baths, a large yard, and a two-car garage.

Please contact Megan Rick, Rental Property Manager, for more information at (269) 462-4251.

Youth Council keeping busy with travels and service,
continued from page one

While the youth participated in their activities, their chaperones received training on curriculum for adults working with native youth.

Soon youth will travel to the UNITY (United National Indian Tribal Youth) mid-year conference where they can work on social, physical, and cultural wellness and get info on career readiness.

POKÉGNEK BODÉWADMIK
LANGUAGE & CULTURE + HEALTH SERVICES + EDUCATION

Gdedésêk
Little Otters

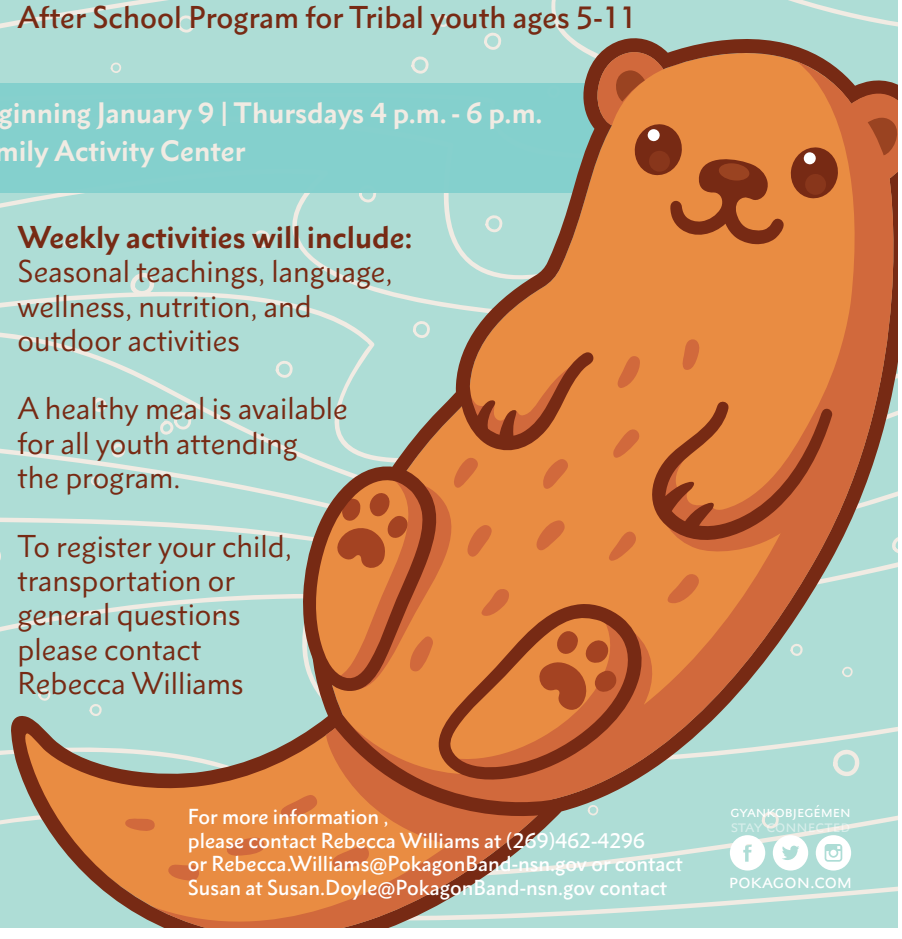
After School Program for Tribal youth ages 5-11

Beginning January 9 | Thursdays 4 p.m. - 6 p.m.
Family Activity Center

Weekly activities will include:
Seasonal teachings, language, wellness, nutrition, and outdoor activities

A healthy meal is available for all youth attending the program.

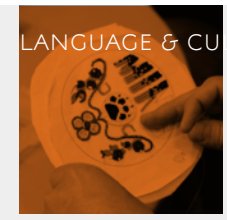
To register your child, transportation or general questions please contact Rebecca Williams



For more information , please contact Rebecca Williams at (269)462-4296 or Rebecca.Williams@PokagonBand-nsn.gov or contact Susan at Susan.Doyle@PokagonBand-nsn.gov contact

GYANKOBJEGÉMEN
STAY CONNECTED
POKAGON.COM

POKÉGNEK BODÉWADMIK LANGUAGE & CULTURE



Let's Make Regalia

Kë Wzhetomen Mizhathëwen

Please join us at this year's series of regalia making workshops. The instructors focus on assisting participants in making traditional regalia for men and women while sharing the necessary regalia teachings on how it should be worn and cared for. We have a limited supply of sewing machines, irons, and materials. Everyone is encouraged to bring their own sewing machines and materials if possible. There will be instructors available to assist with sewing and measuring to create patterns.

No RSVP is required.
Meals are potluck, so please bring a dish to pass.

Classes will be held at the
Language & Culture Activity Room: 12 p.m. - 5 p.m.

January 12 and 26
February 9 and 23
March 8 and 22
April 5 and 19
May 3 and 10

Tribal Citizens, Spouses, and Parents/Guardians of Tribal Children are welcome to attend.
**Please refer to the Indian Arts and Crafts Act regarding the federal laws that protect Native American artisans and the penalties for violating them.

Please contact Nicole Holloway at 269-783-3513 (desk), 269-783-6131 (cell) or Nicole.Holloway@PokagonBand-nsn.gov for any questions.

GYANKOBJEGÉMEN
STAY CONNECTED
POKAGON.COM

gon gizes [snow mo

Nëm'e gizhëk SUNDAY	**Ngot gizhëk** MONDAY	**Nizh gizhëk** TUESDAY	**Aptë gizhëk** W
26	27 Language at L&C with Christine Morseau Day Language with John Winchester Elders Health & Wellness Language with Kyle Malott Youth Language with Shannon Snay	28 Mbesniyêk (People of the Lake) Afterschool Program Wellbriety Language with Shannon Snay Dowagiac Language with John Winchester	Elders Health & Welln Language with Carla C
2	3 Love is Not Abuse Language at L&C with Christine Morseau Day Language with John Winchester Elders Health & Wellness Language with Kyle Malott Youth Language with Shannon Snay	4 Mbesniyêk (People of the Lake) Afterschool Program Wellbriety Language with Shannon Snay Veterans Talking Circle Dowagiac Language with John Winchester	Elders Health & Welln Language with Carla C
9 Paddle & Spoon Workshop Kë Wzhetomen Mizhathëwen (Let's Make Regalia)	10 Love is Not Abuse Day Language with John Winchester Language at L&C with Christine Morseau Elders Health & Wellness Youth Language with Shannon Snay Language with Kyle Malott	11 Mbesniyêk (People of the Lake) Afterschool Program Wellbriety Language with Shannon Snay Dowagiac Language with John Winchester	Elders Health & Welln Language with Carla C Neshnabé Mbokén
16	17 Love is Not Abuse Language at L&C with Christine Morseau Day Language with John Winchester Elders Health & Wellness Language with Kyle Malott Youth Language with Shannon Snay	18 Mbesniyêk (People of the Lake) Afterschool Program Wellbriety Language with Shannon Snay Dowagiac Language with John Winchester	Elders Health & Welln Language with Carla C
23 Youth Lock-In Kë Wzhetomen Mizhathëwen (Let's Make Regalia)	24 Love is Not Abuse Language at L&C with Christine Morseau Day Language with John Winchester Elders Health & Wellness Youth Language with Shannon Snay Language with Kyle Malott	25 Mbesniyêk (People of the Lake) Afterschool Program Wellbriety Language with Shannon Snay Dowagiac Language with John Winchester	Elders Health & Welln Language with Carla C

Please check the website for the latest updates on any ca

oon] February **2020**

WEDNESDAY	**Nyéw gizhëk** THURSDAY	**Nyano gizhëk** FRIDAY	**Odankè gizhëk** SATURDAY
29 ness Collins	30 Zagbëgon Winter Formal Community Scanning Night South Bend Language with Christine Morseau Déwégéwen (Drum Class) Language with Kevin Daugherty	31 Elders Health & Wellness	1
5 ness Collins	6 Elders Council Business Meeting PALS (Play and Learn Social) Gdedésêk (Little Otters) Afterschool Program South Bend Language with Christine Morseau Language with Kevin Daugherty	7 Elders Health & Wellness	8 Softball Clinic Paddle & Spoon Workshop
12 ness Collins	13 Gdedésêk (Little Otters) Afterschool Program South Bend Language with Christine Morseau Language with Kevin Daugherty	14 Elders Health & Wellness	15
19 ness Collins	20 PALS (Play and Learn Social) Elders Social Gdedésêk (Little Otters) Afterschool Program South Bend Language with Christine Morseau Déwégéwen (Drum Class) Language with Kevin Daugherty	21 Elders Health & Wellness	22 Youth Lock-In
26 ness Collins	27 Gdedésêk (Little Otters) Afterschool Program South Bend Language with Christine Morseau Déwégéwen (Drum Class) Language with Kevin Daugherty	28 Elders Health & Wellness	29

ncellations due to inclement weather. Visit www.PokagonBand-nsn.gov/calendar or call (800) 517-0777 for more details on these events.

Jason DeMeyer promoted to president of D.A. Dodd

Effective January 1, Jason DeMeyer will serve as D.A. Dodd's president. He has been with the company for 11 years, hired as an intern in 2008. He's progressed in the company from assistant project manager, project manager, operations manager and executive vice president. Each of the roles Jason has been in has expanded his experience in many aspects of D.A. Dodd. Jason stated, "I have a passion for the business and our team. My time at Dodd has been a great experience, and it is an honor to be a leader of this successful team as Dodd continues to prosper."

At a young age, Jason knew he wanted to pursue a construction career. Growing up on a farm meant that he was always around hands on projects. He liked putting in a hard day's work and seeing his progress. He hadn't planned on pursuing college because he wanted to get into a trade, but once he learned about construction management, he knew it was right for him.

Jason is married to his wife Kristina and they have three children. He likes to stay involved in his community by taking on roles with St. Joe Valley MCA, as a school board member for New Prairie United School Corporation, and a member of the LaPorte County Beef Committee.

He likes working for the tribe because a lot of the foundational principles of the tribe align with both his personal and professional philosophies. "Being owned by the tribe means that we have leadership that is thinking ahead for years to come to set their businesses up for success in the future," he said.

Jason is excited for many things in the upcoming year. D.A. Dodd has many opportunities for larger construction projects, and he looks forward to gaining more of the market share with service and other specialty sectors. Lastly, he is looking forward to implementing several new technology solutions and the growth of their fabrication facilities.

As the President of D.A. Dodd, Jason will ensure the good path to good business. Please help us congratulate Jason on this new chapter with D.A. Dodd.

POKÉGNEK BODÉWADMIK PHS + DNR + EARLY CHILDHOOD EDUCATION

Please join us for the annual

Baby Celebration

Saturday, April 25 · 11a.m.-1:30p.m.
Pokagon Family Activity Center
at Pokagon Health Services

The Departments of Natural Resources, Education and Pokagon Health Services invite you to honor the newest members of our tribe at our annual Baby Celebration.

Families that have welcomed babies between January 2019 and March 2020 are asked to RSVP by April 12. Babies, mothers and fathers will receive a small gift followed by a community feast in their honor.

Search "baby celebration" on pokagon.com to RSVP, or call Autumn Laraway at (269) 462-4327. RSVP is required to attend.

GYANKOBJEGÉMEN
STAY CONNECTED
POKAGON.COM

DEPARTMENT OF HEALTH SERVICES

Breastfeeding & Breast Cancer Awareness Shawl Workshop | Regalia Workshop

at Language & Culture

Join us in creating your own shawl to bring awareness to the importance of breastfeeding and breast cancer awareness. These shawls will be danced at Pokagon Band's pow wows. We will make our shawls as part of Language & Culture's ongoing regalia making workshops beginning in January and continuing through May.

Join us at noon to 5pm :
January 12 and 26, February 9 and 23,
March 8 and 22, April 5 and 19, May 3 and 10

Shawl and appliqué materials will be provided. For more information, contact Nicole Holloway at (269) 783- 3513 office or email Nicole.Holloway@PokagonBand-nsn.gov. For additional questions, please contact Elizabeth Leffler at (269) 462-4406.

GYANKOBJEGÉMEN
STAY CONNECTED
POKAGON.COM

How much are your habits costing you?

CHI ISHOBAK

A great exercise is track how much you spend on certain habits daily, weekly, monthly, and annually. Habits take a while to develop and often become a part of your regular routine. If you're trying to reach a specific financial goal, it is smart to cut out or reduce some costly habits. Here are five habits you can give up to save more money.

1. Outsourcing Everything

Sure, outsourcing can be helpful in saving time. However, you can take things too far if you start depending on other people to do everything for you.

2. Shopping For Fun

Some people find retail therapy important. How is this helping your wallet? Probably not at all. Try to plan your shopping trips for specific purposes as opposed to going to the mall because you're bored. You can find cheaper hobbies that aren't going to cause you to have a house full of stuff.

3. Smoking

Smokers and non-smokers alike know that it's a costly addiction for your health, the environment, and your wallet. If you smoke a pack a day, you're likely to spend $177 a week on cigarettes, which is over $9,200 each year. Imagine what you could do with an extra $9,000 per year. You could pay off your debt, take a nice vacation, or start investing money and possibly retire earlier than you thought. Plus, you'll be lowering the risks of having costly medical issues when you get older.

4. Daily Coffee Runs

Buying expensive coffee drinks daily is a habit that adds up over time. Instead, make your own coffee at home or drink coffee at your workplace if they provide it.

5. Depending On Credit Cards Instead of Budgeting

If you always pull your credit card out of your wallet when making an unplanned or everyday purchase, it's likely that you will lose money in the long run. Using your credit card as back-up money is not a good idea because it's unlikely that you're going to be able to pay off your bill in full if you didn't budget for the purchase in the first place.

Keeping a balance means you'll have to pay interest and credit card interest rates are high. Credit cards should be used as a tool to improve your credit score. If you can start using them wisely by planning out your purchases in order to pay off the bill in full each month, you'll avoid interest charges and save a lot of money.

Call Chi Ishobak today at (269) 783-4157 or visit our website at www.chiishobak.org

PHS WELLNESS CENTER

3-on-3 Basketball Tournament

To register, contact the Wellness Center or email Dean.Orvis@PokagonBand-nsn.gov.

When
March 14 at 9:00 a.m.

Where
Pokagon Band Family Activity Center

Who
Open to everyone

Entry Fee
This tournament is free for members of the Healthy Lifestyle Campaign, and $10 for individuals from the general population or $30 per team.

Scoring
Teams will play games that reach 15 points or 20 minutes, whichever comes first. You may have up to five players on your roster.

Divisions
Choose your preferred division: Mixed youth, Men's, Women's, Coed, Elders, and Generational, and winners of each division will receive prizes.

GYANKOBJEGÉMEN
STAY CONNECTED
POKAGON.COM

POKÉGNEK BODÉWADMIK LANGUAGE & CULTURE

Native Nations Youth Council

Do you want to be more involved with your tribe? Have you considered joining the Youth Council?

We meet at 10 a.m. the second Saturday each month in the Community Center.

Pokagon Citizens ages 12–24!

Develop future tribal leaders

Promote and develop Potawatomi culture, language and identity

Raffles at every meeting

Team building

Provide a voice for Pokagon youth

Community service projects

For more information or to join, please contact Rebecca Williams at (269) 462-4296 or Rebecca.Williams@PokagonBand-nsn.gov or Polly Mitchell at (269) 462-4294 or Polly.Mitchell@PokagonBand-nsn.gov.

GYANKOBJEGÉMEN
STAY CONNECTED
POKAGON.COM

February is American Heart Month

Nearly one in three American adults have high cholesterol which puts you at an increased risk for heart disease and stroke. Heart disease can happen at any age and is becoming more frequent in the younger population (ages 35-64). Half of all Americans have one of the top three risk factors for heart disease (high blood pressure, high cholesterol, smoking). 2018 statistics show heart disease as the leading cause of death among American Indians and Alaska Natives.

There are two types of cholesterol: LDL cholesterol which is knowns as "bad" cholesterol & HDL cholesterol which is referred to as "good" cholesterol. There is also a fat in your blood called triglycerides. High triglycerides in combo with having too much LDL or not enough HDL will increase your risk that fatty cholesterol will build-up in the walls of your arteries. These hard, fatty plaque build-ups make your blood vessels less flexible and can ultimately block the blood flow from your heart to other organs.

Several factors play a role for increased risk of high cholesterol. Many are improved with lifestyle changes however some are uncontrollable such as your genetics, age, gender & family history. Having health conditions such as type II diabetes, high blood pressure and obesity will increase your risk for heart disease. Smoking, lack of physical activity, excess weight, and a diet high in saturated and/or trans fat are also contributing risk factors for heart disease. Around 25 percent of all deaths from heart disease and stroke are preventable by making necessary lifestyle modifications to improve your overall health.

How can you help prevent or improve high cholesterol?

- Follow a balanced diet including whole grains, fruits and vegetables, beans, nuts, and lean proteins
- Limit saturated fat from animal products (cheese, dairy, fatty meat)
- Limit refined carbohydrates (sugar, sweets, high sugar beverages)
- Maintain a healthy weight
- Participate in regular physical activity
- Quit smoking
- Limit alcohol

Since high cholesterol has no signs or symptoms it is important to see your healthcare provider regularly to get your cholesterol levels checked and your 10-year heart disease risk factor assessed.

Do you have old family photos that you would like digitized?

The Department of Language and Culture is looking for old photos of Pokagon families to add to the Pokagon Language, History, and Culture Archives. Select photos may be placed for display in local museums, tribal government buildings, or other places as well as uploaded online at Wiwkwébthëgen (www.pokagon.libraries.wsu.edu). If you are interested, please contact Blaire Topash-Caldwell at the Department of Language and Culture at (269) 782-4882. Appointments can be made with Blaire to have the photos digitized on site at L&C as well as have your digitizations copied to a CD for your personal use.

Guidelines for *Pokégnek Yajdanawa* Submissions

Enrolled citizens of the Pokagon Band are encouraged to submit original letters, stories, pictures, poetry, and announcements for publication in *Pokégnek Yajdanawa*. Submissions shall be the views and product of the submitting member. Submissions written by or to a third-party, such as the governor or a congressman, and copied to *Pokégnek Yajdanawa* are not original.

Anonymous or "name withheld" submissions will not be published. Members shall include their tribal enrollment number, full name, and mailing address with all newsletter submissions. Tribal enrollment number and mailing address will be used for verification purposes and will not be published, unless member specifically requests to have it published.

Newsletter staff will contact members should any reason arise that may delay or prevent posting of newsletter submissions. To ensure timely communication with members regarding their newsletter submissions, members may choose to provide additional contact information such as a phone number or e-mail address. Phone numbers, e-mail addresses, and other provided contact information will not be published, unless member specifically requests to have it published.

Not all submissions are guaranteed publication upon submission. Newsletter staff reserves the right to refuse submissions based on the following criteria;

1. False, misleading, or defamatory;
2. Discriminatory, sexist, racist, demeaning, insulting, or otherwise offensive to another;
3. Threatening, harassing, intimidating, or otherwise may tend to produce fear;
4. Profane, obscene, pornographic, indecent, or patently offensive to the average user;
5. Disruptive to the office, undermining of the Band's or a supervisor's authority, or impairing of working relationships; and
6. Absolutely no political campaigning is allowed.

November 1, 2019 through April 1, 2020

Pokagon Band Elders

SNOW REMOVAL REIMBURSEMENT APPLICATION FORM

Name: _____ Address: _____

City: _____State& Zip Code: _____

Phone No: _____ Tribal ID: _____

THIRD PARTY SNOW REMOVAL SERVICE PROVIDER INFORMATION

Name: _____ Address: _____

City: _____ State & Zip Code: _____

Phone No: _____ Business Name: _____

Pokagon Band Elders anywhere in the U.S may be reimbursed for snow removal services provided to their residence by third party service providers. The maximum reimbursement an Elder may receive over the entire season is $200 per household.

You are responsible for finding your own third party snow removal service provider. You will not be reimbursed if you are the person who removed snow from your own driveway. Except for those residing at Phase ll (Rent to Own), those residing at Pokagon Band Housing are ineligible for reimbursement, as the Pokagon Band already provides snow removal.

To be eligible for reimbursement, you must complete and return this application. Additionally, you must include the invoice(s) or receipt(s) from third party service provider. All invoices or receipts must be from the third party service provider and not the Elder. We may contact your third party snow removal provider for verification. Incomplete applications, applications without invoice(s)/receipt(s), and applications received after April 15th 2020 will not be processed.

The completed application with accompanying invoice(s)/receipt(s) must be returned to:

Elders Council / P.O.Box 180 Dowagiac Michigan 49047. Any questions call Elders Hall

(800)-859-2717 or (269)-782-0765

By my signing below, I certify that all information provided on this application is true/correct.

Signature of Applicant: _____ Date: _____

Print Name: _____

Elders Lunch Menu | gon gizes | snow moon

february

monday	tuesday	wednesday	thursday	friday
3 language Vegetable Soup Egg Salad Sandwich Veggie & Pickle Tray Yogurt	**4** Smokey Applewood Salmon Rice Pilaf Asparagus Garden Salad Whole Grain Roll	**5** Artisan Mac n' Cheese Brussels Sprouts Garlic Bread Coleslaw Fruit Cocktail	**6** business meeting Sloppy Joe's Tater Tots Baked Beans Baked Chips Veggie & Pickle Tray Cake/ Snacks	**7** Pizza Day
10 language Bean Soup Ham or Turkey Sandwich Veggie & Pickle Tray Applesauce	**11** Chicken, Broccoli, & Cheese Casserole Brussels Sprouts Coleslaw Whole Grain Roll	**12** Italian Beef Sandwich with Au Jus Asparagus Sautéed Peppers Garden Salad	**13** Salad Bar	**14** Valentine's Party Alfredo with Cavatappi Noodles French Style Green Beans Bruschetta Garden Salad Red Velvet Cake Snack
17 language Broccoli & Cheddar Soup Ham or Turkey Sandwich Veggie & Pickle Tray Cookie	**18** Elder's Talking Circle 10 a.m. - 2 p.m. BBQ Pulled Pork Baked Beans Baked Chips Veggie & Pickle Tray	**19** Chicken Pot Pie Pasta Biscuits Brussels Sprouts Garden Salad Peaches	**20** Ham & Au Gratin Potatoes Mixed Vegetables Tomato Salad Fruit Cocktail Whole Grain Roll	**21** Italian Rustic Cod Rice Pilaf Green Beans Garden Salad Whole Grain Roll
24 language Chicken Noodle Soup Egg Salad Sandwich Veggie & Pickle Tray Yogurt	**25** Tortilla Crusted Tilapia Mixed Vegetables Wild Rice Garden Salad Whole Grain Roll	**26** Taco Bar	**27** Breakfast	**28** Beef Roast Seasoned Red Potatoes Green Beans Broccoli Slaw Whole Grain Roll

Attention
The Business Meeting will be held at the Community Center starting at 10 a.m.

The Valentines Day party will also be held at the Community Center starting at 11a.m. Please do not arrive before a.m. Thank You.

PLEASE CALL THE DAY BEFORE if you are not a regular attendee for meals. (269) 782-0765 or (800) 859-2717. Meals subject to change. Meal service are held at the Community Center and service begins at 12:00 Noon. Note: milk, tea, coffee, water, and Crystal Light beverages served with every meal. Also, lettuce, tomato, pickles, and onions served with sandwiches. Bread/rolls and butter are also included.

Per Capita News

The Enrollment Office needs the following individuals to update their addresses so that these payments can be mailed. If there is an X in the column(s) by your name, you have either a Christmas check and/or per capita payments due to you. Please contact the Enrollment Office at (269) 782-1763 or the Finance Department at (269) 462-4209.

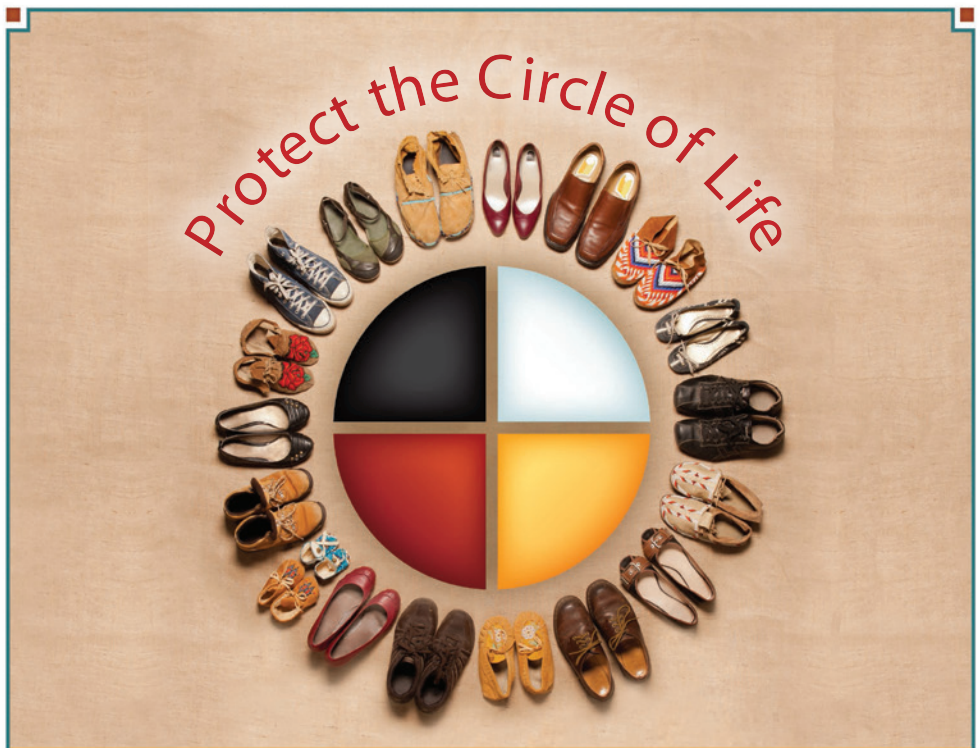
Name	Christmas 2018	Monthly Per Cap
Bobby M. Haynes		x
Carlin M. Elrod		x
Jeffery S. Morseau	x	x
Scott A. Brewer Jr		x

You can update your address on the PokagonBand-nsn.gov website under Citizens > Enrollment or phone (269) 782-1763 for an address form by mail.

Per Capita Important Dates

Deadline to receive changes/updates/additions	Checks mailed out on	Check date Direct deposits in accounts
Wednesday, January 15	Thursday, January 30	Friday, January 31
Friday, February 14	Thursday, February 27	Friday, February 28
Friday, March 13	Monday, March 30	Tuesday, March 31
Wednesday, April 15	Wednesday, April 29	Thursday, April 30
Friday, May 15	Thursday, May 28	Friday, May 29
Monday, June 15	Monday, June 29	Tuesday, June 30
Wednesday, July 15	Thursday, July 30	Friday, July 31
Friday, August 14	Thursday, August 27	Friday, August 28
Tuesday, September 15	Tuesday, September 29	Wednesday, September 30
Thursday, October 15	Thursday, October 29	Friday, October 30
Friday, November 13	Tuesday, November 24	Wednesday, November 25
Tuesday, December 15	Wesnesday, December 30	Thursday, December 31

* Please note the November deadline for changes is November 8. This is due to time limitations on all the events that occur at this time of the year.



Your Flu Vaccine Protects Me My Flu Vaccine Protects You

Pokagon Health Services FLU SHOTS | Beginning in October

Pokagon Band Citizens/Native American established patients and household members, and employees are eligible. Please bring any insurance information.

Flu shots are available while supplies last beginning in October **by appointment** Monday through Friday 8:00 a.m.–12:00 p.m. and 1:00 p.m. – 4:00 p.m. You can also get your vaccine at your regularly scheduled appointment. Community Outreach nurses will give flu vaccines at the monthly Elders Business Meeting at the Community Center in November.

Call (269) 782-4141 to schedule yours today

Learn more at www.cdc.gov/flu
or call 1-800-CDC-INFO

POKÉGNEK BODÉWADMIK DEPARTMENT OF EDUCATION

Kë Nadmadmen Let's Help Each Other

Department of Education Tutoring Program

Student Eligibility Requirements

- Pokagon citizens and Title VI students in Pre-Kindergarten–12th Grade
- Pokagon citizens working toward a GED
- Pokagon Elders ages 55 and over
- Four Winds employees (Pokagon citizens and spouses or custodial parents of Pokagon citizens) wanting to improve and refine academic skills
- Four Winds employees (Pokagon citizens and spouses or custodial parents of Pokagon citizens) working toward a GED

Tutoring Options

AUXILIARY TUTOR
Certified teacher (individual with a current teaching certificate) or

Individual with Bachelor's Degree with academic area of focus or

College student currently enrolled in Bachelor's Degree program and has successfully completed 60 or more credits

Pay for Auxiliary Tutors is $40 per one-hour tutoring session

ACCREDITED LEARNING CENTER
Facilities which employ certified teachers or certified tutors to work with students on core academic areas, study skills, or test preparation

Program Funds
$2,500 per School Year

Time Frame
August 1 – July 31

For more information, please contact Kristie Bussler at (269) 462-4222 or Kristie.Bussler@Pokagonband-nsn.gov.

GYANKOBJEGÉMEN
STAY CONNECTED
POKAGON.COM

Tribal Council February Calendar of Events

3 Gaming Authority Closed Session, Four Winds New Buffalo, 10 a.m.
4 Tribal Council Special Session, Administration, 10 a.m.
8 Tribal Council Citizen Meeting, Community Center, 10 a.m.
10 Gaming Authority Closed Session, Four Winds South Bend, 10 a.m.
11 Tribal Council Special Session, Administration, 10 a.m.
17 Gaming Authority Closed Session, Four Winds New Buffalo, 10 a.m.
18 Tribal Council Special Session, Administration, 10 a.m.
24 Gaming Authority Closed Session, Four Winds South Bend, 10 a.m.
25 Tribal Council Special Session, Administration, 10 a.m.

Tribal Council March Calendar of Events

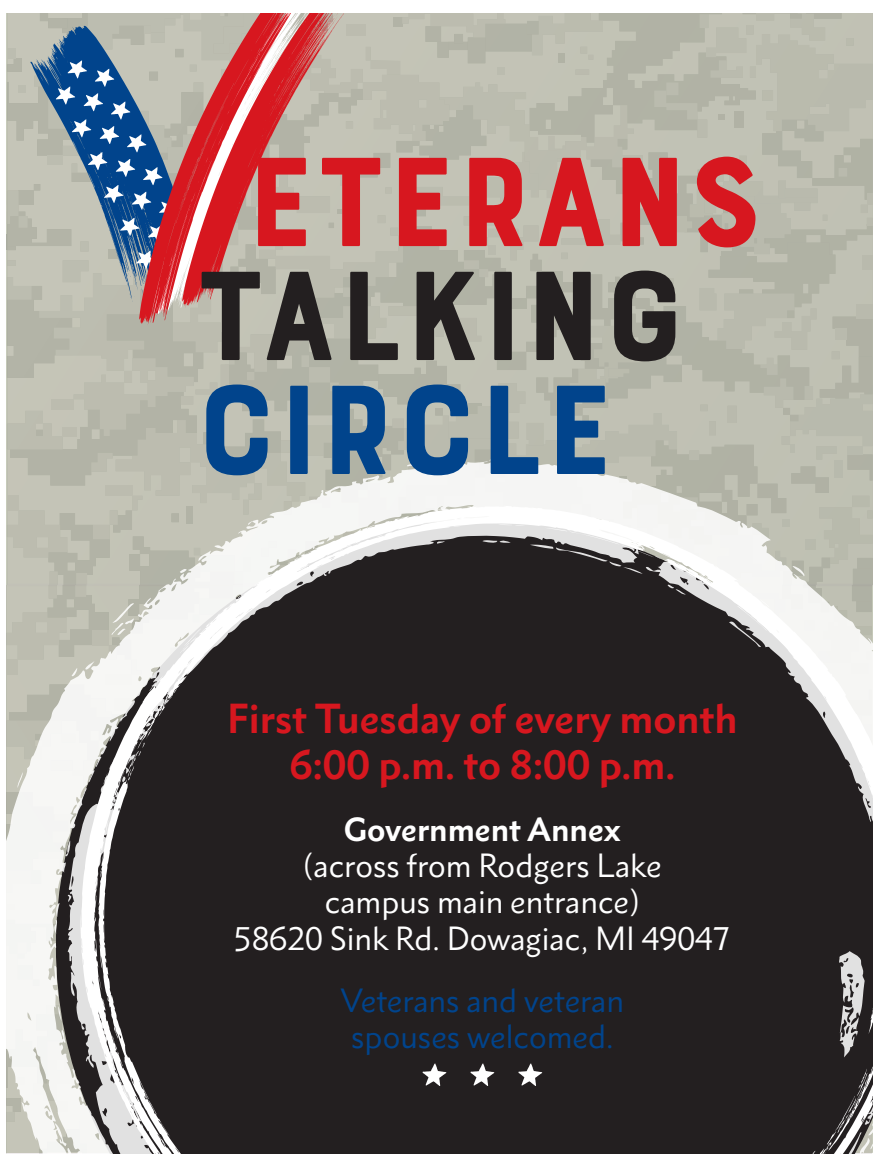
2 Gaming Authority Closed Session, Four Winds New Buffalo, 10 a.m.
3 Tribal Council Special Session, Administration, 10 a.m.
9 Gaming Authority Closed Session, Four Winds South Bend, 10 a.m.
10 Tribal Council Special Session, Administration, 10 a.m.
14 Tribal Council Citizen Meeting, Community Center, 10 a.m.
16 Gaming Authority Closed Session, Four Winds New Buffalo, 10 a.m.
17 Tribal Council Special Session, Administration, 10 a.m.
23 Gaming Authority Closed Session, Four Winds Hartford, 10 a.m.
NO GAMING AUTHORITY MEETING DUE TO TRAVEL
24 Tribal Council Special Session, Administration, 10 a.m.
28 Tribal Council Annual Meeting, Pokagon Family Activity Center, 10 a.m.
30 Gaming Authority Closed Session, Four Winds New Buffalo, 10 a.m.
31 Tribal Council Special Session, Administration, 10 a.m.

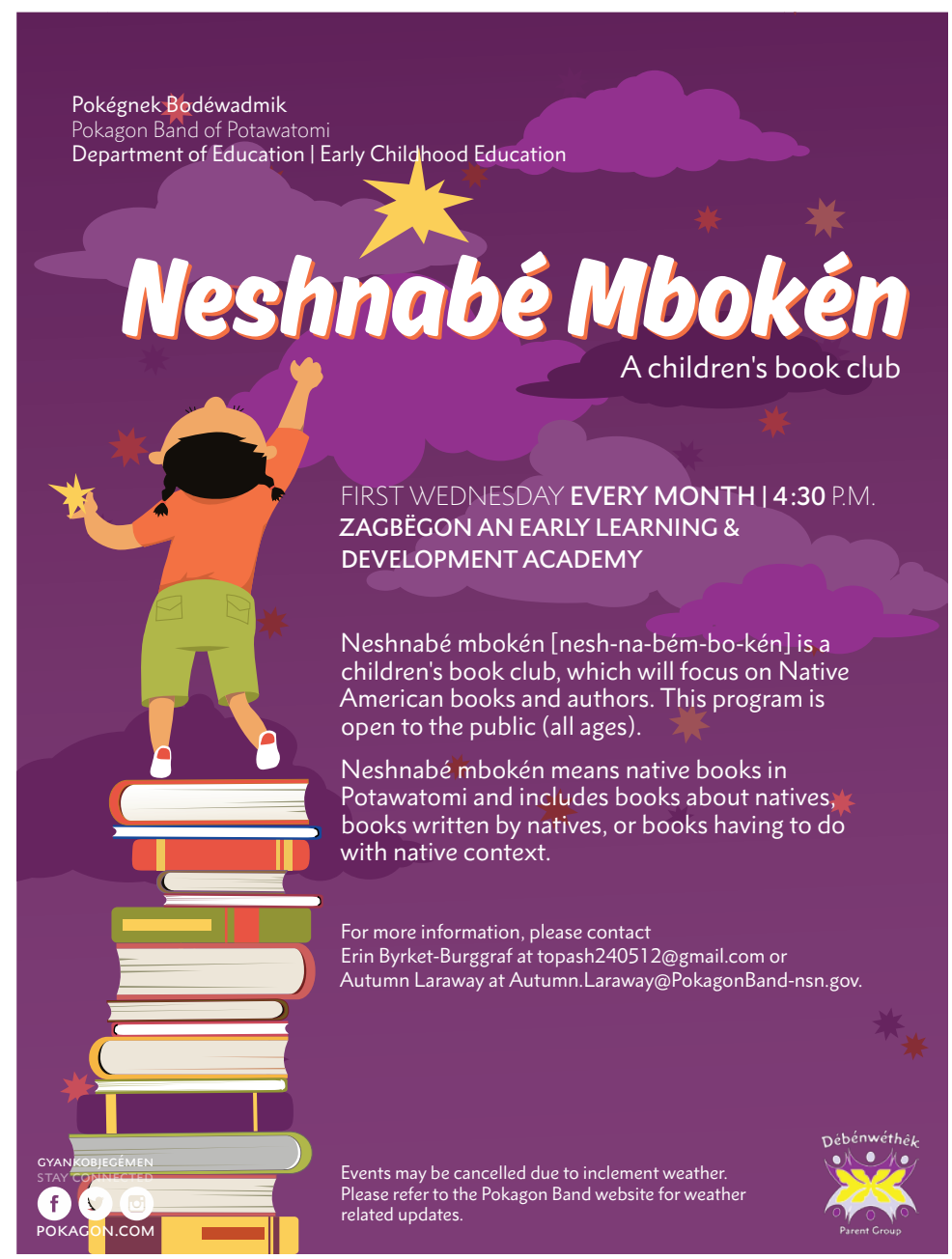
Please check the website, www.pokagonband-nsn.gov, or call (888) 782-2426 before attending to confirm that a meeting has not been cancelled.

Pokégnek Yajdanawa

Pokégnek Yajdanawa is the monthly voice of Pokégnek Bodéwadmik, the Pokagon Band of the Potawatomi. Citizens are encouraged to submit original letters, stories, pictures, poetry and announcements for publication in *Pokegnek Yajdanawa*. Submissions are subject to the established guidelines. The deadline for submissions for the newsletter is always the 14th of each month. Please send items for publication to:

Pokégnek Yajdanawa
Box 180, Dowagiac, MI 49047
Pokagon.Newsletter@PokagonBand-nsn.gov





Tribal Office Directory

Administration
58620 Sink Road
(269) 782-8998
Toll Free (888) 281-1111

Commodities
(269) 782-3372
Toll Free (888) 281-1111
Fax (269) 782-7814

Communications
58620 Sink Road
(269) 782-8998

Compliance
58620 Sink Road
(269) 782-8998

Chi Ishobak
27043 Potawatomi Trail
(269) 783-4157

Education
58620 Sink Road
(269) 782-0887
Toll Free (888) 330-1234
Fax (269) 782-0985

Elders Program
53237 Townhall Road
(269) 782-0765
Toll Free (800) 859-2717
Fax (269) 782-1696

Elections
58620 Sink Road
(269) 782-9475
Toll Free (888) 782-9475

Enrollment
58620 Sink Road
(269) 782-1763
Fax (269) 782-1964

Facilities
57824 East Pokagon Trail
(269) 783-0443
Fax (269) 783-0452

Finance
58620 Sink Road
(269) 782-8998
Toll Free (800) 517-0777
Fax (269) 782-1028

Housing & Community Development
57824 East Pokagon Trail
(269) 783-0443
Fax (269) 783-0452

Human Resources
58620 Sink Road
(269) 782-8998
Fax (269) 782-4253

Information Technology
58620 Sink Road
(269) 782-8998
Toll Free (800) 517-0777
Fax (269) 782-6882

Language & Culture
59291 Indian Lake Road
(269) 462-4325

Mno-Bmadsen
415 East Prairie Ronde Street
(269) 783-4111

Natural Resources
32142 Edwards Street
(269) 782-9602
Fax (269) 783-0452

Pokagon Health Services
58620 Sink Road
(269) 782-4141
Toll Free (888) 440-1234

Social Services
58620 Sink Road
(269) 782-8998
Toll Free (800) 517-0777
Fax (269) 782-4295

South Bend Area Office
3733 Locust Street
South Bend, Indiana 46614
(574) 282-2638
Toll Free (800) 737-9223
Fax (574) 282-2974
(269) 782-8998

Tribal Council
58620 Sink Road
(269) 782-6323
Toll Free (888) 376-9988
Fax (269) 782-9625

Tribal Court
58620 Sink Road
(269) 783-0505
Fax (269) 783-0519

Tribal Police
58155 M-51 South
(269) 782-2232
Toll Free (866) 399-0161
Fax (269) 782-7988

Zagbëgon
58620 Sink Road
(269) 783-2469
Fax (269) 782-8680

Tribal Council Directory

(888) 376-9988

Chairman
Matthew Wesaw
(269) 462-5379
Matthew.Wesaw@pokagonband-nsn.gov

Vice Chair
Andrew Bennett
(269) 479-6224
Andrew.Bennett@PokagonBand-nsn.gov

Treasurer
James R. Olds
(269) 479-6184
James.Olds@pokagonband-nsn.gov

Secretary
Kelly Curran
(269) 591-0604
Kelly.Curran@pokagonband-nsn.gov

Member at Large
Alex Wesaw
(269) 462-1170
Alex.Wesaw@pokagonband-nsn.gov

Member at Large
Andy Jackson
(269) 783-9340
Andy.Jackson@pokagonband-nsn.gov

Member at Large
Gary Morseau
(269) 259-1554
Gary.Morseau@pokagonband-nsn.gov

Member at Large
Anita Morales
(269) 479-6285
Anita.Morales@PokagonBand-nsn.gov

Member at Large
Mark Parrish
(269) 479-6283
Mark.Parrish@PokagonBand-nsn.gov

Member at Large
Steve Winchester
(269) 591-0119
Steve.Winchester@PokagonBand-nsn.gov

Elders Representative
Colin Wesaw
(269) 259-1555
Colin.Wesaw@PokagonBand-nsn.gov

Executive Secretary
Melissa Rodriguez
Office (269) 462-4203
Cell (269) 591-9521
Melissa.Rodriguez@PokagonBand-nsn.gov

Elders Council Directory

Elders Hall (800) 859-2717 or (269) 782-0765

Chair
Judy Winchester
(269) 462-1578
Judy.Winchester@PokagonBand-nsn.gov

Vice Chair
Julie Dye
(269) 462-1004
Julie.Dye@PokagonBand-nsn.gov

Secretary
Judy Augusta
(269) 783-6304
Judy.Augusta@PokagonBand-nsn.gov

Treasurer
Rhonda L. Keene
(269) 519-6224
Rhonda.Keene@PokagonBand-nsn.gov

Member at Large
Cathy Ford
(269) 783-9380
Cathy.Ford@PokagonBand-nsn.gov

Notice of Open Positions

The following Boards, Committees and Commissions are looking to fill open positions. Please see the Pokagon Band website or the ***Legislative Edition*** for more information.

- Curriculum Committee
- Development Authority, Board of Directors
- Ethics Board
- Ggatenmamen Gdankobthegnanek Pow Wow Committee
- Health Advisory Board
- KBMK Pow Wow Committee
- Land Use Board
- Rights Board
- Salary Commission

POKÉGNEK BODÉWADMIK DEPARTMENT OF SOCIAL SERVICES

LOVE IS NOT ABUSE

February is Teen Dating Violence Awareness Month. To bring awareness, the For Kids' Sake Program is offering a limited 4-week special Teen Dating Program.

Love is Not Abuse is a weekly after school program for Pokagon Youth ages 13-17 who have experienced family violence or have been victims of domestic violence. Youth are able to meet with a small group of peers with similar experiences to learn about healthy relationships and teen dating violence awareness. Topics range from dating abuse, power and control, and digital dating abuse. All services are confidential.

If you have any questions, contact Samantha Hickok at (269) 462-4442 or Samantha.Hickok@PokagonBand-nsn.gov.

Deadline to sign up is January 29. Limited transportation is available; please call for additional information.

GYANKOBJEGÉMEN
STAY CONNECTED
POKAGON.COM

Congratulations to citizen Daniel Dick, a junior in Michigan State's horticulture program, who left recently for New Zealand for a highly-coveted internship with an international robotics firm working on a robotic apple harvester.

POKÉGNEK BODÉWADMIK LANGUAGE & CULTURE

Paddle and Spoon Workshop

RODGERS LAKE PAVILION

February 8 + 9 | 12 p.m. to 4 p.m.

Join us this 2020 sugar season and make your own sap stirring paddle or sugar spoon.

A light lunch will be provided. Participants must be 12 years old or older, and anyone under 18 will need to be accompanied by an adult. The class will require you to use carving tools and all participants (or the minor's parent or guardian) must complete a participation waiver.

This class is limited to 10 participants. RSVP is required. Please contact Nicole Holloway at (269) 783-3513 or Nicole.Holloway@PokagonBand-nsn.gov to RSVP.

GYANKOBJEGÉMEN
STAY CONNECTED
POKAGON.COM

LANGUAGE & CULTURE

Zisbakwtokéwen - Making Maple Sugar

Please join our sugar leads and the Department of Language & Culture at the Rodgers Lake campground for the 2020 community sugar bush.

We will be collecting sap and making syrup and sugar through the season.

Volunteers are always needed. the sugar bush hours of operation will vary because the weather determines when the sap will be flowing.

Please contact Nicole Holloway

at (269) 783-6131 or Nicole.Holloway @PokagonBand-nsn.gov before stopping by to see if we are operating at that time. If you are interested in receiving notifications via text, email, or by phone regarding the hours of operation and workshops, please notify Nicole of your preferred contact information.

Minors must be accompanied by and adult. All volunteers will be asked to complete a participation waiver. A sex offender registry background check will also be required for frequent volunteers in accordance with our Child Safety Zone policy.

GYANKOBJEGÉMEN
STAY CONNECTED
POKAGON.COM