



# POKÉGNEK YAJDANAWA

## THE POKAGONS TELL IT

Nmébne Gizses March 2013

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### Circle of Families Event Provides Support to Parents and Kids

Staff at the Department of Education had been noticing lately that parents were asking lots of questions about challenges they were having with their kids. And it seemed that many people had the same questions.

“So we decided that we needed to let people know that most families are having these issues, whether it’s bullying, not minding, substance abuse or other parenting challenges,” said Kristie Bussler, K-12 resource specialist.

The Department created an event that gave parents the opportunity to gather, hear from experts and discuss strategies for making tough parenting calls. Bussler said that they had to narrow down the topics to cover, so the event, called Circle of Families, focused on positive parenting, bullying, drug education and the need for Pokagon foster families.

Thirty-one kids and adults came to the Community Center January 19 to participate. While the parents listened to the speakers and discussed the subjects, kids worked on a wall hanging illustrating the Seven Grandfather Teachings and had their own talk about age-appropriate conflict resolution and bullying. They also made leather tobacco pouches while discussing the traditional use of tobacco for prayer. “We tried to make the kids’ activities mirror what the parents’ discussions were,” said Bussler.

Presenter Diane Kopp spoke about a positive parenting approach called Parenting with Love and Logic and led the attendees through some role playing activities.

“The program is about giving the child choices and responsibility, so the parent isn’t the bad guy, it’s the choice that’s to blame,” explains Bussler. “Kids learn that with their choices come natural consequences. It gives the kids a safe place to make a mistake.”

Community Resource Officer Matt Myers discussed bullying and cyber bullying with the parents, and Jennifer Ervin from Pokagon Behavioral Health spoke about drug abuse. Other tribal government departments distributed information at tables, while Cass and Van Buren school districts provided brochures on services they offer.

In a fitting way to end the day, Jason S. Wesaw and Clarence White offered a pipe ceremony.

“The topics felt heavy, and the ceremony reminded us of the hope we have and the good things in life,” said Bussler. “Kids and parents came back together in a group, bringing in unity and support. Even the younger ones could feel it; as soon as we gathered and the ceremony started, they got silent.”

The Department of Education would like your input on this and other events. Be on the lookout for a survey asking for suggestions and feedback.



Kathleen McKee, Indian child welfare worker, talks to a young friend at the Circle of Families event. The Department of Social Services was one of the government departments that provided information to event attendees.

## Understanding Seasonal Affective Disorder and Seasonal Depression

**By Liz Leffler, community health nurse**

If you feel a little down during the winter months, you may have Seasonal Affective Disorder, or SAD. SAD is a type of depression that is tied to seasons of the year. It is a disorder that happens the same time each year and usually begins in the winter months and ends in the spring to early summer. It is often called winter depression. A rare form of SAD also called summer depression begins in the late spring to early summer months and resolves in winter. This SAD is less common and not as understood. Seasonal Affective Disorder is more common in women, but it can also affect men. It is more common in North America with the higher prevalence the further north you live. SAD can have devastating effects on one's life. The exact cause is unknown although there are some theories on this condition:

- Chemical changes in the brain caused by changes in the amount of sunlight are probably involved. Risk factors for SAD include living in geographical locations that are dark or cloudy during the winter.
- A tendency to have SAD may run in some families.
- Low levels of vitamin D seem to be a risk factor for developing a number of mood disorders, including SAD.
- One theory is that decreased sun light causes a decrease in serotonin in the brain. In turn this causes the SAD.

The result of the lack of serotonin caused individuals to feel depressed, fatigue, causes carbohydrate cravings, and weight gain. Some of the signs and symptoms are listed below.

Winter Seasonal Affective Disorder signs and symptoms:

- Decreased levels of energy
- Difficulty concentrating
- Fatigue
- Increase in appetite
- Increased desire to be alone
- Increased need for sleep
- Weight gain

Summer Seasonal Affective Disorder signs and symptoms:

- Decreased appetite
- Trouble sleeping
- Weight loss

The good news is that there is help. Treatments for SAD vary based on the severity of the signs and symptoms and if an individual have other depression and/or bipolar disorders. Many providers will recommend that you get outside early in the morning to increase your exposure to natural light. If this is impossible for you depending on where you live you can be put on depression medications or try light therapy (phototherapy). Some individuals will notice a change in a couple days after being treated with light therapy, but others may take longer. Again check with your provider before making any treatment decisions.

Below are some suggestions to help prevent SAD:

- Try to spend some amount of time outside every day, even when it's cloudy. The effects of daylight are still beneficial.
- Begin using a light box when fall starts, even before you feel the effects of winter SAD.
- Eat a well-balanced diet, including sufficient amounts of vitamins and minerals as recommended by the FDA. This will help you have more energy even if your body is craving starchy and sweet foods.
- Try exercising for 30 minutes a day, three times a week.
- Stay involved with your social circle and regular activities. Social support is extremely important for those with mood disorders, especially during winter months.

If you are experiencing any of the symptoms of SAD make an appointment with your primary care provider for an examination and diagnosis. Don't try to diagnose yourself with SAD. Proper diagnosis is important to be sure you are receiving the appropriate treatment regimen.



Sorting through the new books is the first step in filling the expanded shelves in the Pokagon Band's library for education associates Rachel Orvis and Susan Doyle.

## Martin Opens Bicycle Gallery and Body Art in Downtown South Bend

If you've been in the tribe's Administration Building or the Silver Creek Event Center in Four Winds New Buffalo, chances are you've seen David Martin's work. The Pokagon artist is a painter, tattoo artist and regalia maker. Now he can add gallery owner to his list of titles. Martin opened his gallery in November 2012, and the body art area of the business will open with a ribbon cutting Friday April 5.

Located at 127 West Washington Street, (interior photo, below) right in the heart of downtown South Bend, Martin brought the idea for uniting an art gallery and tattoo business from other larger metropolitan areas.

"This goes on a lot in other cities, like Chicago. The tattoo business brings in everyday foot traffic, and I think it's going to be a good combination."

The gallery displays many other artists work besides Martin's.

"We have everything from street art to native art," he said. "We plan to do a multi-artist show in the future. I'm trying to make this an art gallery where artists can display their stuff without having to worry about what's going to sell. We want to take some of the pressure off, and be a place of freedom of expression."

Martin has had a lot of success during South Bend's First Friday events. Downtown businesses host special events on the first Friday evening of every month, offering special hours and promotions. He said the crowd in the gallery was standing room only.

"The city and the art community have been very supportive," he said. "It's going to be a good thing as long as we can keep the momentum going."

He got the idea for the gallery name from what he calls a perfect invention: the bicycle.

"It gives you the freedom of being able to go places quicker than on foot, it requires no fuel other than your own body to operate, it does not pollute to use and it actually makes you healthier to use it. The idea represented me gaining my freedom to open my own business. It's a metaphor for me."

On the horizon, Martin hopes to develop a special exhibit for native artists. One of his tattoo works is featured below.



## Pokégnek Yajdanawa

*Pokégnek Yajdanawa* is the monthly voice of Pokégnek Bodéwadmik, the Pokagon Band of the Potawatomi. Citizens are encouraged to submit original letters, stories, pictures, poetry and announcements for publication in *Pokégnek Yajdanawa*. Submissions are subject to the established guidelines.

The deadline for citizen submissions for the newsletter is always the fourteenth of each month. Please send items for publication to:

*Pokégnek Yajdanawa*  
Box 180  
Dowagiac, MI 49047  
newsletter@PokagonBand-nsn.gov

## Tribes Oppose Law Adding Wolf to Michigan Game List

The Michigan legislature recently passed a law to allow a wolf hunt for sport in Michigan, and many tribal citizens and organizations are raising their voices against reinstating the hunting of wolves. Leaders of the Little River Band of Ottawa Indians, the Little Traverse Bay Bands of Odawa Indians and the Chippewa Ottawa Resources Authority--among others--have each submitted resolutions or declarations opposing the recreational hunting of gray wolves.



Photo by Anders Illum

Several Michigan Indian tribes have joined the Keep Michigan Wolves Protected coalition, which hopes to collect more than 225,000 signatures of Michigan voters by March 20 to place a referendum on the ballot. If successful, a proposal will appear on the Michigan statewide ballot in 2014 that would allow voters to choose whether or not to enact the legislature's wolf hunting law.

According to the group, there are fewer than 700 wolves in Michigan and their numbers are only now starting to recover after decades spent bringing the wolf back from the brink of extinction. The coalition reports that number is not enough to warrant a legal hunt. Opponents argue that there hasn't been enough research on the population to know if it could tolerate a hunt. Much of the argument in support of the newly legalized hunt has been from farmers who say their livestock is in danger of these animals.

"Mii'angin | *wolf* is sacred to our tribe and to our members," said Aaron Payment, chair of the Sault Ste. Marie Tribe of Chippewa Indians. "We are deeply concerned with legislation that seeks to minimize Gray Wolf encounters. We implore the state to seek legitimate methods to deal with habituated wolves that will not infringe on our right to sacred encounters with mii'angin."

Jessica L. Koski of the Keweenaw Bay Indian Community in Baraga urged state lawmakers to respect and consider the beliefs and concerns of its first peoples.

"We have very special ties to ma'iingan | *wolves*. Our teachings say that what happens to Anishinaabe, happens to ma'iingan, and what happens to ma'iingan, happens to Anishinaabe. We are concerned with the long-term survival of wolves in the state, which is truly believed to signify the fate of our survival."

Those interested in helping gather signatures should sign up at [www.keepwolvesprotected.com](http://www.keepwolvesprotected.com) or by calling the campaign office at (517) 993-5201.

It's an

## Afternoon Pajama Party

**Saturday March, 23, 2013**  
**2:00 - 4:00 p.m.**

Administration Building  
Department of Education Office

**Wear your pj's, bring your blanket or pillow, and get ready for some reading fun!**

**Snacks, crafts, and story time, too.**

**Come explore the wonderful world of reading and celebrate National Reading Month.**



**For information or to preregister, please call Connie at (269)782.0887 or 1(888)330.1234.**



**Separate activities for K-5 and 6-12.**  
**This event is sponsored by the Pokagon Band Department of Education for Pokagon families and families of children registered in the Pokagon K-12 program.**  
**Children must be accompanied by an adult.**

## Fourth Annual Oshke-Kno-Kewéwen Traditional Pow Wow 2013

Hosted by the Pokagon Band of Potawatomi Indians  
Honoring the new community eagle staff

**Saturday & Sunday of Memorial Day Weekend**  
**May 25 & 26, 2013**

Rodgers Lake, Dowagiac, MI

**Grand Entries:**  
**Saturday - 1PM & 6PM**  
**Sunday - 1PM**

**Ceremony and feast honoring the eagle staff and veterans:**  
**TBA**

**Head Veteran:**  
**George Martin**  
**Head Male & Female Dancers:**  
**TBA**

**Invited Drums:**  
**TBA**

**Emcee: TBA**  
**Arena Director:**  
**TBA**

Oshke-Kno



Kewéwen

For Pow Wow Information contact Kevin Daugherty at  
269-591-1230 or 269-462-4200

*This is a family event. No drugs, alcohol, firearms, or tribal politics.  
No pets in Pow Wow area.*

### Oshke-Kno-Kewéwen Traditional Pow Wow Set for May 25–26

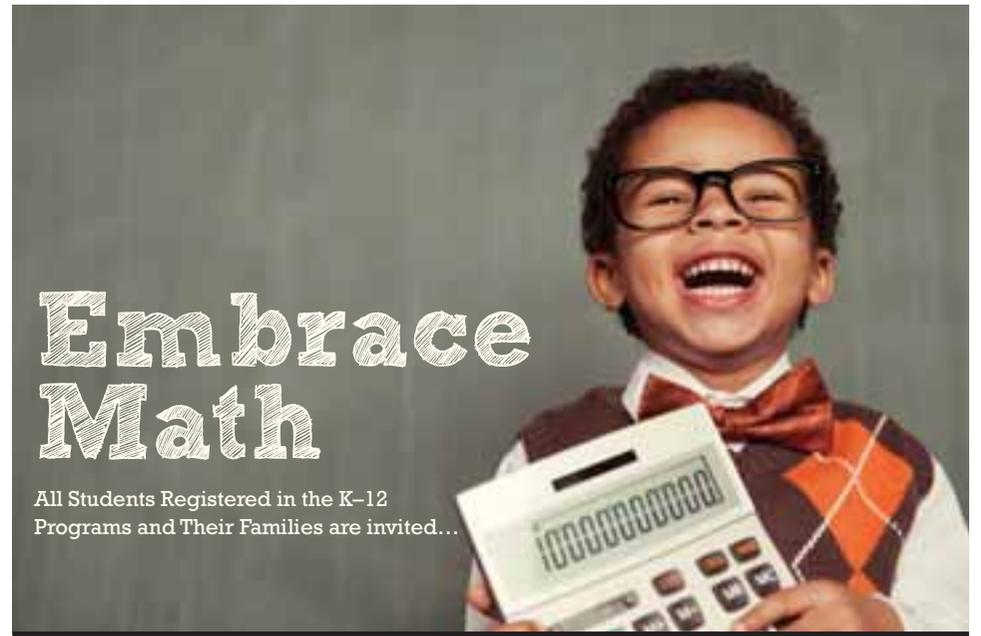
Preparations are underway for the 2013 Oshke-Kno-Kewéwen Traditional Pow Wow, to be held the Saturday and Sunday of Memorial Day weekend, May 25 - 26 at the Rodgers Lake pow wow grounds. The Pow Wow is named in recognition of the Pokagon Band community eagle staff carried by the Pokagon Band veterans, and the Pow Wow includes activities to honor all the veterans of the Pokagon Band community, as well as traditional dancing, singing, and crafts.

#### Caterer Needed for Saturday Meal

The Oshe-Kno-Kewewen Pow Wow Committee is seeking catering bids for the Pow Wow weekend. Needed services include:

- Community feast and potluck, Friday evening, May 24: Provide main meat dish plus two side dishes for 200 people
- Coffee on both Saturday and Sunday, May 25 and 26: five gallons of coffee and fixings for the committee booth and the emcee's stand each day
- Evening meal for dancers, singers, and vendors, Saturday, May 25: Provide full meal for 500 diners
- Breakfast on Sunday morning, May 26: Provide continental breakfast for 200 people

Please indicate a suggested menu with your bid. Be creative, and traditional dishes are appreciated. The caterer is responsible for all shopping, preparation, serving, and clean-up. Interested bidders should provide costs for labor, food, and supplies to [kevin.daugherty@pokagonband-nsn.gov](mailto:kevin.daugherty@pokagonband-nsn.gov). For questions or more information, call (269) 591-1230.



## Embrace Math

All Students Registered in the K-12 Programs and Their Families are invited...

Saturday, April 20, 2013  
2:00 p.m.–4:00 p.m.  
Community Center

### Come and enjoy a day of hands-on math activities!

Hands-on Fun! To register, call the Department of Education at (269) 782-0887.

#### Event Schedule

- 2 p.m.–2:30 p.m. Math Careers
- 2:30 p.m.–3:45 p.m. Hands-on Activities
- 3:45 p.m.–4 p.m. Closing

Enjoy an afternoon of family fun!

Pokégnek Bodéwadmik  
POKAGON BAND OF POTAWATOMI



### Practice Your Potawatomi

Welcome to the language corner. Look here for learning opportunities for all ages and levels from beginner to advanced. And try your hand at some contests! Check out the activity, send in your answer, and you will be entered into a drawing to win a \$25 gift card.

E-mail, fax, or mail your answer to:

Department of Language and Culture  
Pokagon Band of Potawatomi  
58620 Sink Rd.  
Dowagiac, MI 49047  
Fax: (269) 782-1817  
[Rhonda.Purcell@pokagonband-nsn.gov](mailto:Rhonda.Purcell@pokagonband-nsn.gov)

### Using the Potawatomi Alphabet to Spell

This month's language activity is using the Potawatomi alphabet to spell your own name: Use the Potawatomi letter chart below to guide you:

Potawatomi Letter	English Word
e	fish
é	bat
ë	but
a	father
i	feet
o	Rome
g	green
j	jolly

Example	
English spelling	Potawatomi spelling using the Potawatomi alphabet
George	Jorj

## Chi Ishobak Announcements and Updates

Chi Ishobak is excited about the upcoming months. With the continued support of our Board of Directors, Tribal Council, and the Pokagon Band government, Chi Ishobak is proud to launch its consumer program and the related products and services that accompany it. Following are the consumer products and services that will be available to Pokagon citizens:

### Automobile Loans

Payday loan companies make loans to individuals in financial distress and charge APR's ranging from 250% – 1,000%. Pokagon Band citizens have an alternative; loans from \$500 to \$10,000 may be obtained for automobile purchases. This program not only addresses immediate transportation needs, but offers a long-term solution to financial hardship in the form of financial wellness education. This program offers guidance and instruction in the areas of budgeting and managing credit obligations. It is the intent of the program to increase the financial literacy and to build credit worthiness of its participants.

### Credit Builder Loans

The Credit Builder Loan is designed for those who are first time borrowers or those with past credit problems. This loan program offers Pokagon citizens a first step on the road to improving their credit score and establishing or reestablishing good credit. Loans are available for terms from 12–18 months.

### Financial Wellness and Individual Financial Coaching

Chi Ishobak has structured a Financial Wellness Program that is unique for Pokagon Band citizens. We are here to help you conquer financial problems and improve your financial habits. Individual coaching sessions and workshops are provided by Chi Ishobak and will provide you with the tools necessary to manage your finances effectively. The atmosphere is positive and relaxed; the solutions are practical and relevant. The first series of workshops will take place April 3, 10, 24 & May 1, 8. There will be a workshop at 1:00 p.m. to 2:00 p.m. on each date as well as an evening session from 6:00 p.m. to 7:00 p.m. on each date in an attempt to accommodate more participation. All workshops will be held at the Community Center in Dowagiac. Check out page 11 for all the details.

### Youth Transportation Individual Development Account (IDA)

This program helps to provide Pokagon Band youth between the ages of 13 to 17 the opportunity to save for a period of 12 to 48 months, then have those funds matched 1:1 by Chi Ishobak for the purchase of an automobile. Program participants will also attend Financial Wellness workshops designed to promote sound budgeting practices and fiscal self-discipline. This program helps our youth create a pathway to financial well-being, establish banking relationships, and accomplish goals.

This new program will accompany our existing Commercial Program which is designed towards small-business development for our Pokagon entrepreneurs from start-up to expansion. This program provides micro- and small-business loans, business development services, and a small-business Individual Development Account (IDA).

### Chi Ishobak Annual Meeting notice

Chi Ishobak had a successful year in 2012 and sharing information with citizens is important to our Board of Directors. Chi Ishobak's Annual Meeting is scheduled for March 16 immediately following the tribe's, at the Dowagiac Middle School. This is an open meeting for any citizen who would like to attend and learn more about our organization and our progress.

If you have any questions or would like any further information on any of the Chi Ishobak products and services or the Annual Meeting, please contact Sean Winters, Executive Director at (269) 783-4157 or [sean.winters@chiishobak.org](mailto:sean.winters@chiishobak.org).



Pokagon Band of Potawatomi Department of Language and Culture

## Language Events | March

### Basic Language Classes

The class will be taught every Tuesday at the Community Center with **Carla Collins** and **John Winchester**. The class will focus on learning the Potawatomi vowel system, past/present/future tense markers and basic verbs and nouns.

**Date:** March 5, March 12, March 19, March 26  
**Time:** 6:00 – 8:00 pm  
**Location:** Community Center, Training Room

### Intermediate Language Classes

Intermediate Language Class is taught every Thursday at the Community Center. The current class is learning conjunct sentence structure and incorporating new verbs.

**Date:** March 7, March 14, March 21, March 28  
**Time:** 6:00 – 8:00 pm  
**Location:** Community Center, Training Room



### Language Workshop | Jeopardy

Teams of two will compete in a round of Jeopardy that will review basic and intermediate Potawatomi language.

**Date:** March 27  
**Time:** 6:00 pm – 8:00 pm  
**Location:** Community Center, Training Room

### Elders Language Classes

Elders Language Class is a beginner level class that is held every Monday with **John Winchester**. New learners are welcome.

**Date:** March 4, March 11, March 18, March 25  
**Time:** 10:00 am – 12:00 pm  
**Location:** Elders Hall

### Early Start Language Class | Pre-K to Grade 5

Children, Pre-K to Grade 5, who are interested in learning our Potawatomi language are welcome to attend the Early Start Language Class.

**Date:** March 5, March 12, March 19, March 26  
**Time:** 6:30 pm – 7:30 pm  
**Location:** Pokagon Band Headstart Building

### Quarterly Shishibe Game

Playing Shishibe (Bingo) is a fun way to learn new Potawatomi language vocabulary. It's also a great time to socialize with community members and have fun!

**Date:** March 10  
**Time:** 2:00 – 4:00 pm  
**Location:** Community Center

### Upcoming Programs

Starting in April, a 12-week Basic Potawatomi Language Course will begin for those interested in learning the very basics of our Potawatomi language. Please contact Rhonda Purcell, Language Coordinator, for more information.

**For more information, contact:** Rhonda Purcell, Language Coordinator, (269) 462-4255 office or (269) 783-9027 cell  
E-Mail: [Rhonda.Purcell@PokagonBand-nsn.gov](mailto:Rhonda.Purcell@PokagonBand-nsn.gov)

Everyone is invited! If you are interested in learning Neshnabe life ways, then you are welcome to attend. These events are not exclusive to Pokagon citizens. **Children must be accompanied by an adult.**

## Department of Education Announcements and Updates

### March and April Events for Family Fun!

March 16 – The Pokagon Band Annual Meeting is being held at 10 a.m. at Dowagiac Middle School. Stop by the Department of Education tables to see what we are up to!

April 20, 2 to 4 p.m. – K-12 students and families, we will have great day discovering that math is fun at the Department of Education.

### Pokagon Band Summer School

It is time to start thinking about Pokagon Band Summer School! Our summer school is for Pokagon children and children registered in the K-12 Program who are entering Kindergarten through sixth grades in the fall 2013. This great opportunity to keep students' minds active and to spend valuable time together occurs Monday through Thursday from July 8 until August 1. Classes and activities are held in the Pokagon Head Start Building, as well as around the Rodgers Lake property, and we will even include a field trip. We will be learning about "Where We Live" through the academics, Potawatomi language, and culture. Limited transportation is available. Please visit the website or contact Connie Baber, administrative assistant at (888) 330-1234 for an application. The deadline is April 15.

### 2012 Reading Program Update

We are almost there! Our goal to reach 4,509 books, which was the tribal citizen count at the end of October 2012, is only 673 books away. If you have a list of books that you have not turned in, please do so quickly so that we can schedule our party.

### Are you looking for a great way to work with the kids this summer?

The Pokagon Band Department of Education's K-12 Program is searching for a school bus driver/cook and classroom teachers for our Summer School. We hold our Summer School for children entering Kindergarten through sixth grade on Mondays through Thursdays from July 8 until August 1. The driver must have appropriate licensing. The teachers must have certification and will team-teach with the Education Associates on our staff. Both positions will require passing the tribe's background check and drug screening. For more information and to request an application, please call Penny Brant, (269) 782-0887. Application deadline is March 29.

### Summer Youth Internship Program

Calling all Pokagon youth, 14-18 years old, attending middle school or high school in the fall of 2013. This is a paid internship that runs Monday through Thursday, July 8 through August 1 and places students within the government's offices and programs during that time. Applications, which are available through the Department of Education, will be followed by interviews. The deadline for the completed applications is Monday, April 15. Contact Connie Baber for more information (888) 330-1234.

### Graduating? Great!

If you have or will be completing your bachelor's degree or higher, please complete the College Graduate Gift application, attach it with the copy of your diploma, and submit them to the Department of Education. The application can be found on our web site.

### Annual Title VII Hearing

The Pokagon Band Department of Education's K-12 Program is holding the Annual Public Hearing for Title VII Grant for the 2013 – 2014 school year Tuesday, May 7 from 5:30 – 6:30 p.m. in the Department of Education Offices. We will discuss the services offered through this grant. Please call (888) 330-1234 for further information.

### Save this Date for High School Senior Awards Banquet

The Banquet is set for Friday, June 21, 6:00 – 8:00 p.m. at the Community Center. More information is coming your way. Seniors, letters about the evening have been mailed out, so if you haven't received a letter, call Diana Smith at (269) 782-0887. This banquet is open to everyone — come join us as we honor the graduates, their families, and their achievements!

### Tutoring News

The first semester grades are now out. If your K-12 student is struggling with schoolwork, please contact us. We have tutoring services available, including for students outside of the ten county area. Call Kristie Bussler at (269) 782-0887 or email her at [kristie.bussler@pokagonband-nsn.gov](mailto:kristie.bussler@pokagonband-nsn.gov) for details.

### We have great kids all over the place!

And we have the opportunity to get that word out – in this newsletter! Call the Department of Education (888-330-1234) to get the "Academic Excellence" and the "Extra-Curricular Excellence" forms. Nominate your own child, a relative, a friend – this is a fun opportunity to show support to a child and share with the rest of the community about what awesome kids we have!

### GOAL

Get Organized and Ahead for Life: we are beginning this program for 7th – 12th grade students and families. With the informative assistance of Jeorge Fierro from WMU, we held a discussion about preparing for college. There is more to come. In the meantime, GOAL resources are available in person and from a distance! Feel free to contact Penny Brant (269) 782-0887 or [penny.brant@pokagonband-nsn.gov](mailto:penny.brant@pokagonband-nsn.gov) for more information.

### Volunteers

Volunteering – what an awesome way to get involved with the tribe's youth. You would assist in long-term activities, short-term activities, or single events. Volunteers will go through the Tribe's background check, including drug screening. Duties will vary depending upon the event. A possible involvement could be working with the LEGO League as it grows. What a great way to make a difference and have a fun time!

### Stumped Students

Students (and parents!) can get stumped on a task or math problem and not need a continual tutoring arrangement. We can help! Give us a call for help over the phone, email us, or set up an appointment to come in.

### Magazines for You!

This is just a reminder that we have Parent and Child magazines, a delightful magazine focused on children and family. Please stop by the Department of Education to get your copy. Several other Pokagon Band offices have them as well.



# March 2013 Department of Language and Culture

Director, Conrad Church (269) 462-4254, Cultural Specialist, Andy Jackson (269) 462-4261,  
Language Coordinator, Rhonda Purcell (269) 462-4255

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Elder's Lan- guage Class	5 Basic Language Class Early Start Lan- guage Class	6 Ladies Drum- ming	7 Intermediate Language Class	8 Jr & Sr Youth Council Meet- ing	9 Jr & Sr Youth Council Meet- ing
10 Youth Basket- ball Team Quarterly Shishibe	11 Elder's Lan- guage Class Native Healing	12 Basic Language Class Early Start Lan- guage Class Native Healing; Co-ed Sweat Lodge	13 Men's/Boy's Drumming w/ John T Warren Native Healing	14 Intermediate Language Class MSU College & Powwow Visit	15 MSU College & Powwow Visit	16 MSU College & Powwow Visit
17	18 Elder's Lan- guage Class	19 Basic Language Class Early Start Lan- guage Class	20 Men's/Boy's Drumming w/ Jason S Wesaw	21 Intermediate Language Class	22	23
24 Youth Basketball Team	25 Elder's Lan- guage Class; Trad. & Rep. Meeting	26 Basic Language Class Early Start Lan- guage Class	27 Men's/Boy's Drumming w/ Jason S Wesaw	28 Intermediate Language Class	29	30 Easter Egg Hunt 3on3 Basketball Tourney

## Culture—

- 2/23 | Family Teachings w/ Lillian Rice, Gage Street, Dinner Provided, 1-7pm,
  - 2/24 | Domestic Violence Shawl Project, Community Center, 1-5pm
- MARCH IS SUGAR BUSH TIME Contact Andy Jackson for information on how to Volunteer**

## Drumming—

- 3/6 | Ladies Drumming, Gage Street, Pot Luck Dinner, 6-8pm
- 3/13 | Men's/Boy's Drumming w/ John T Warren, Rogers Lake Teaching Cabin, 6-8pm
- 3/27 | Men's/Boy's Drumming w/ Jason S Wesaw, Hartford Middle School Choir Room, 6-8pm

## Language—

- 3/10 | Quarterly Shishibe Game, Community Center, 2p-4p
- Mondays | Elders Language Class, Elders Hall, 10am-12pm
- Tuesdays | Basic Language Class Community Center, 6-8pm
- Tuesdays | Early Start Language Community Center, 6:30p-7:30pm
- Thursdays | Intermediate Language Class Community Center, 6-8pm
- 2/5 | Early Start Language for Children, Community Center, 6-8p
- 2/21 | Monthly Language Workshop w/ Lillian Rice, Community Center, 6-8p

## Native Healing—

- 3/11—3/13 | Jake Pine, Teaching Cabin, 9am-12pm & 1-5pm
- 3/12 | Co-ed Sweat Lodge with Jake Pine, Teaching Cabin, 6pm

## Youth—

- 3/9 | Jr Youth Council Meeting, Community Center, 12p-1:30p
- 3/9 | Sr Youth Council Meeting, Community Center, 1:30-3:30pm
- 3/10 & 3/24 | Pokagon Youth Basketball Team, Contact Dean Orvis at 269-783-6971
- 3/14-3/16 | MSU College & Powwow visit, MSU High School
- 3/30 | Easter Egg Hunt, 2:00p-4:00p, Hartford High School
- 3/30 | 3on3 Basketball Tourney, 5:00p-7:00p, Hartford High School

## Traditions and Repatriation Committee—

- 3/25 | Monthly Meeting, Admin. Bldg., Finance Conf. Rm., 6-9pm

## Honor Shawl Project Planned

Domestic violence is a serious concern for Native American communities, as Native American women and girls are at a greater risk of becoming victims of domestic and sexual violence than non-natives.

The Domestic Violence Team will be hosting Honor Shawl Project workshops on March 24 and April 28, 2013 from 1:00 p.m.–5:00 p.m. at the Community Center. The goal of the Project is to honor the memory and experiences of domestic violence survivors through making dance shawls. The Honor Shawl Project will provide a safe space for community members of all ages to participate in traditional teachings as a way of healing.

Workshop participants do not have to have experienced domestic violence to attend. We will be having a potluck luncheon and ask that participants bring a dish to pass, if possible. If you have any questions please contact Casey Kasper at (269) 783-9256, Andy Jackson at (269) 462-4261, or Katy Morseau-Rader at (269) 782-8998.

If you or someone you know is being abused and would like help, please contact Casey Kasper, victim services manager/case worker at (269) 783-9256.

## Wellbriety House of Recovery

The Wellbriety House of Recovery meets at the teaching cabin at Rodgers lake, 58620 Sink Rd., Dowagiac, MI. Call Mingo for more information at (269) 462-5061 or (269) 462-9552.

Weekly Meetings:

- Tuesday, 5:00–6:00 pm.  
The Red Road to Wellbriety Elders Way
- Friday, 5:00–8:00 pm.  
A/A and N/A open meeting
- Saturday, 6:00–8:00 pm.  
The Red Road to Wellbriety Elders Way
- Sunday, 6:00–8:00 pm.  
A/A and N/A open meeting

## Congratulations!

Congratulations to Sean West of Pokagon Behavioral Health Services for passing his Advanced Alcohol and Drug Counselor (AADC) Examination!

## Native Foster Parents Needed

Our traditions tell us the most sacred beings among our Anishnabe people are our children and our Elders. Our children have just come from being with the Creator in the Spirit World, and our Elders are facing the West on their way to the Spirit World to be with the Creator again.

As a Tribal nation, we recognize our responsibility “to provide for the welfare, care and protection of the children,” through our Child Protection Code.

“The care and custody of the Pokagon Band children are vital to the continued existence and integrity of the Band, as such the welfare of its children is of paramount importance to the Band” says our Family Welfare Commission Ordinance.

There are no words in the Potawatomi language for the term “foster parents.” Native people have had to adapt, and the use of this term is now a necessity. Sometimes within our family framework there is

turmoil and our children suffer. Some of our children need care and protection. Do you have in your spirit and your home a place for a child who needs a temporary family? Have you ever thought about being a foster parent? We realize you will have many questions about foster parenting and we urge you to contact our Social Services Department at (269) 782-8998 and ask for Mark Pompey, Director, or Kathleen McKee, our Indian Child Welfare Worker.

Pokégnek Bodéwadmik  
POKAGON BAND OF POTAWATOMI

## Train Together for the Family Olympics

**What:** Michigan Indian Family Olympics, something for all ages. All Michigan Tribes participate

**When:** Summer, 2013

### Training Schedule:

#### March 2013

Mar 16 | Hopkins Gym | 3:00p.m.–5:00p.m.

Mar 23 | Discovery Middle School, Granger, IN | 3:00p.m.–5:00p.m.

Mar 30 | Hartford High School Gym | 3:00p.m.–5:00p.m.

#### May 2013

May 4 | Hopkins Gym | 3:00p.m.–5:00p.m.

 May 11 | Hartford High School Gym | 3:00p.m.–5:00p.m.

May 18 | Discovery Middle School, Granger, IN | 3:00p.m.–5:00p.m.

Each participant must attend at least 2 of the 8 sessions that will be offered to qualify to participate in the Olympics. We will count a school sport as 1 session. Each member and or member's guardian must fill out the assumption of risk, release, waiver, covenant not to sue and indemnity agreement form.

**Win a pair of Nike tennis shoes!** To be eligible for the drawing, pre-register the training session and attend the event that you pre-registered for.

Participants must be there and registered/signed in by no later than a half hour after the event time starts.

**To reserve your spot, or for more information contact:**  
Conrad.Church@pokagonband-nsn.gov or call (269) 462-4254



 new or rescheduled date

## Artists' Designs Wanted for Pokagon Pendleton Blanket

The Pokagon Promise Committee is currently seeking artwork to design a custom made community Pendleton blanket. The Pokagon Pendleton blanket will be used in honoring tribal citizens, gifting visiting dignitaries, and will be available for purchase by Pokagon citizens. The committee encourages artists to use our culture and history for inspiration in designs. Potential themes could be "Potawatomi: Keepers of the Fire" or "Neshnabek Women: Protectors of Water."

For examples of custom designed blankets currently made by Pendleton for other tribal communities, please visit their website at <http://www.pendleton-usa.com/category/Home-Blankets/Native-American-Inspired/1823/pc/1816.uts>.

The committee requests art work be formatted in .jpeg or .pdf files and sized to 8 inches x 10 inches at 300 dpi. Designs should be emailed to Jason S. Wesaw, the Pokagon Promise Chair, at [jason.wesaw@pokagonband-nsn.gov](mailto:jason.wesaw@pokagonband-nsn.gov) by Friday, April 12. Artists may submit as many designs as they like. The artist of the chosen design will receive \$500 in compensation and a Pendleton blanket with their design on it.

The Pokagon Promise Committee looks forward to reviewing many great designs!



Pokagon Band of  
Potawatomi  
Department of  
Language and Culture

Hartford High School  
115 School St. Hartford, MI

All 3 events are being Held in Hartford.

Saturday March 30

1:30—3:00 Easter Egg Hunt

3:00—5:00 Family Olympic Training

5:00—7:00 3 on 3 Basketball Tournament

You must pre-register by calling Conrad Church 269-783-6773 for all three events.

Minor Children must be accompanied by parent or guardian

## Becoming a Foster Parent: Help Pokagon Children in Care Stay Connected to Tribe

Contact a licensing worker to arrange an orientation:

Kathleen McKee, Pokagon Band Social Services, (269) 462-4276

or

Cass County Department of Human Services, Foster Care Licensing

Tammie Peffley, (269)-445-0215

Kristen Williams, (269)445-0268

or

Van Buren County Foster Care Licensing

Tiffanni Mielke (269) 621-2852

Rachel Poole (269) 621-2904

**Pokagon Band of Potawatomi**

**3-on-3 Family Basketball Tourney**

**March 30 2013**     **Hartford High School**  
**5:00 PM-7:00 PM**     **115 School St. Hartford, MI**

This event is open to the whole family. Free T-shirts for the first 25 teams that pre-register.

Register for 4 categories:

-  12 and under
- 18 and under
- 19-34
- 35 and over

To register call Conrad Church:  
(269) 783-6773 or (269) 462-4254 office  
or email [conrad.church@pokagonband-nsn.gov](mailto:conrad.church@pokagonband-nsn.gov)

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Everyone is invited! If you are interested in learning Neshnabe life ways, then you are welcome to attend. These events are not exclusive to Pokagon citizens.



POKAGON BAND OF POTAWATOMI  
DEPARTMENT OF LANGUAGE AND CULTURE

## Youth Cultural Events | March

### Youth Council Business Meetings

**JUNIOR YOUTH COUNCIL** [ages 12–18] Unity will be in Los Angeles, California this year. To be eligible for this trip you will have to be a youth council member (we always welcome new members), have attended at least 50% of business meetings and have log in 75 hours of tribal community service as prescribed by the department, attending culture camp will count as 32 hours if you attend the whole session. Please join us at our next business meeting; we are always taking new members, so if you are interested please call Conrad Church at (269) 783-6773.

**Date:** Saturday, March 9  
**Time:** 12:00 pm – 1:30 pm

**Location:** Community Center

**SENIOR YOUTH COUNCIL** [ages 18–24] Please join us at the Tribal Council Meeting as the Youth present to Tribal Council on their experience to NCAI in Washington DC. Judge Petoskey will be presenting to the youth council on various changes that will be happening with the tribe. There are many youth already involved from students actively pursuing their educational goals, career professionals, business owners, and those who just want to give back to their tribe. Please join us at our next business meeting. If you have questions please feel free to contact Collin.Church@pokagonband-nsn.gov.

**Date:** Saturday, March 9  
**Time:** 1:30 pm – 3:00 pm

**Location:** Community Center

### Pokagon Youth Basketball Team

Youth will have an opportunity to get some exercise, and learn valuable skills such as teamwork, dedication to a team, listening, respect, and discipline. Games are on Sunday March 10, and 24. If you are interested, please call Coach Dean Orvis at (269) 462-4290 or his cell (269) 783-6971. Or you can email him at Dean.Orvis@pokagonband-nsn.gov.

**Date:** March 10 and March 24  
**Time:** TBA

**Location:** Courthouse Athletic Center  
Byron Center, MI

### Michigan State University Pow-wow and College visit

Youth will have an awesome opportunity to experience campus life as well as indulge in their indigenous culture at the Pow-wow of love sponsored by Michigan State University. Youth will have an opportunity to attend the Michigan Indian Education Councils critical issues conference, where they will be staying in the Marriott Hotel across the street from the campus. The conference has a youth track dedicated to high school youth exploring their options for college and careers. You will have an opportunity to meet other youth from various tribes. This will be a first-come first-serve basis, so don't delay, please call today. Conrad Church at (269) 783-6773.

**Date:** March 14–16  
**Time:** TBA

**Location:** East Lansing, MI

### Boys Drum Group

Jason S. Wesaw will be the instructor for this event. He says, "Singing is a gift that was given to me, and I always try to use it in the most positive, respectful way. Many people helped me along the way, so when I sing, I think of that as a way of passing on what has been shared with me. I am humbled whenever people ask me to sing. Sometimes, it is for happy occasions, sometimes it is when people are sad. But, it is always an honor for me to help." If you are a youth or youth at heart, please come out and join us. For more information, call Conrad Church at (269) 783-6773.

**Date:** March 27  
**Time:** 6:00 pm – 8:00 pm

**Location:** Hartford Middle School  
Hartford, MI

### 2nd Annual Pokagon Band 3 on 3 Basketball Tournaments

This event is open to the whole family. There will be 4 categories: 12 and under male/female, 18 and under male/female, 19–34 male/female and 35 and older male/female. Free T-shirts for the first 25 teams that pre-register. To register, go to pokagonband-nsn.gov or like us on Facebook Pokagon Band Youth Program. Print off the registration form and waivers and send it back to Conrad Church 58620 Sink Road, Dowagiac, MI 49047. Or you can email me at Conrad.Church@pokagonband-nsn.gov

**Date:** March 30  
**Time:** 5:00 pm – 7:00 pm

**Location:** Hartford High School  
Hartford, MI

### Community Easter Egg Hunt

This event is open to the whole family, please join this fun filled event sponsored by the Jr. Youth Council. There will be games, food, fun and a giant Easter Egg Hunt. For more information please call Conrad Church at (269) 783-6773.

**Date:** March 30  
**Time:** 1:30 pm – 3:00 pm

**Location:** Hartford High School  
Hartford, MI

For more information, contact Conrad Church | (269) 462-4254 | Conrad.Church@PokagonBand-nsn.gov



## FINANCIAL WELLNESS SERIES

Chi Ishobak and the Pokagon Band Department of Housing have collaborated to introduce a new financial education program for Pokagon Band citizens. More than just information, this program is designed to identify financial behaviors and the cultural relevance associated with them. A series of five classes will address the basic aspects of personal financial management and provide participants with the tools and processes to take control of their financial health. Two classes are available on each date in an attempt to accommodate more participation.

### SAVINGS IS COMMON CENTS

This segment introduces the importance of saving, the purposes of saving, and how saving is culturally tied to us.

**Date:** Wednesday, April 3  
**Time:** 1:00 pm – 2:00 pm  
6:00 pm – 7:00 pm

**Location:** Community Center  
27043 Potawatomi Trail, Dowagiac MI

### A MARRIAGE WITH MONEY

Whether you are married or single, your financial decisions and activities must have checks, balances, and accountability.

**Date:** Wednesday, April 10  
**Time:** 1:00 pm – 2:00 pm  
6:00 pm – 7:00 pm

**Location:** Community Center  
27043 Potawatomi Trail, Dowagiac MI

### A PLAN FOR CASH FLOW

Knowing exactly where your money goes and why will allow you to have an effective, purposeful spending plan.

**Date:** Wednesday, April 24  
**Time:** 1:00 pm – 2:00 pm  
6:00 pm – 7:00 pm

**Location:** Community Center  
27043 Potawatomi Trail, Dowagiac MI

### TACKLING DEBT

This segment will introduce a proven method to prioritize debts and gain traction in eliminating them for good.

**Date:** Wednesday, May 1  
**Time:** 1:00 pm – 2:00 pm  
6:00 pm – 7:00 pm

**Location:** Community Center  
27043 Potawatomi Trail, Dowagiac MI

### LET THE BUYER BEWARE

By understanding how large companies compete for your money, you may identify necessary and significant purchases.

**Date:** Wednesday, May 8  
**Time:** 1:00 pm – 2:00 pm  
6:00 pm – 7:00 pm

**Location:** Community Center  
27043 Potawatomi Trail, Dowagiac MI

**Contact Information:** Sean Winters, Executive Director  
[Sean.winters@chiishobak.org](mailto:Sean.winters@chiishobak.org) (269) 783-4157

Chi Ishobak, Inc.  
415 E. Prairie Ronde St., Dowagiac MI

## Notice of Open Position | Curriculum Committee

The Pokagon Band Tribal Council is seeking letters of interest from Pokagon Band citizens to fill positions in the newly created Pokagon Band Curriculum Committee. The positions of Chairperson, Secretary, Treasurer; (2) members and (2) alternates are vacant. The Curriculum Committee is responsible for establishing a tribally operated daycare and school(s) with culturally based academics and extracurricular activities. The Curriculum Committee should expect to meet once a month in a location to be determined. Including meeting preparation and other time spent at meetings, members will spend approximately five hours per month to fulfill responsibilities.

**COMPENSATION.** Curriculum Committee members are compensated per the Committee Handbook. In addition, Curriculum Committee members are entitled to reimbursement for mileage when using personal vehicles to attend meetings.

**APPOINTMENT PROCESS.** Curriculum Committee members are appointed to office by the Tribal Council. There are currently seven vacant seats on the Curriculum Committee that will be filled by Tribal Council appointment for a one year term of office.

**HOW TO APPLY.** Please submit letters of interest along with a current resume to: Kelly Curran, Tribal Council Executive Secretary  
P.O. Box 180  
Dowagiac, Michigan 49047  
or email Kelly Curran at Kelly.Curran@PokagonBand-nsn.gov

Questions concerning the Curriculum Committee may be directed to Jason S. Wesaw at Jason.Wesaw@pokagonband-nsn.gov.

**ETHICS REQUIREMENTS.** As a Public Official, Curriculum Committee members are subject to the Pokagon Band Code of Ethics. A copy of the Code of Ethics may be obtained by contacting Kelly Curran, Tribal Council Executive Secretary at (888) 376-9988 or by visiting the Band's website, www.pokagonband-nsn.gov.

**DEADLINE.** This position shall be open until filled.

## Inspectors Needed for April Boxing Event at Four Winds New Buffalo

The Silver Creek Event Center at Four Winds New Buffalo is hosting a professional boxing event on April 12, 2013. Among the bouts to be featured will be a match with Andrew Campbell, a Pokagon Band citizen who will be making his professional debut. The Pokagon Band Tribal Council has engaged the Department of Athletic Regulation for the Mille Lacs Band of Ojibwe to serve as the Pokagon Band's regulatory agent for the boxing event. A total of ten Inspectors will be needed to assist with the regulation of the event, up to six of which the Band hopes to fill with Pokagon Band citizens. This is a temporary position, no experience is necessary. Inspectors will be paid a flat fee of \$100 for their services. The duties of the Inspectors include:

- witnessing hand wrapping
- securing locker room areas
- escorting boxers to the ring
- witnessing gloving of boxer
- checking boxer's equipment
- assisting with drug testing
- observing treatment of boxer in the corner between rounds
- keeping order in the corner during the round
- securing the ring following each bout
- observing boxers for lingering injuries after they return to the locker room

All Inspectors will be required to participate in a three hour training program to be held prior to the boxing event. The training is currently planned for April, 10, 2013.

Please respond with letters of interest to:

Pokagon Band of Potawatomi Indians  
c/o Kelly Curran  
P.O. Box 180  
Dowagiac, MI 49047

## Treasurer Position Open on Senior Youth Council

Duties include:

- Keep a full and accurate account of receipts and disbursements in books belonging to the Senior Youth Council;
- Pay out and disburse the funds of the Senior Youth Council as may be ordered by the Senior Youth Council, in accordance with applicable Pokagon Band government policies and procedures;
- Render to the Senior Youth Council, at each regular meeting or as otherwise required, a financial statement with an account of all transactions and of the financial condition of the Senior Youth Council, provided that an Advisor shall co-sign all properly reconciled financial statements before they are submitted to the Senior Youth Council;
- Develop an annual Senior Youth Council budget to submit to Tribal Council in accordance with tribal budgeting procedures;
- Preside at all duly called meetings of the Senior Youth Council in the absence of the Chairperson; and
- Perform such other duties as may be directed by the Youth Council or the Tribal Council.

Must be a Pokagon Band citizen between the ages of 18–24 and be a Senior Youth Council member.

Please submit a written declaration on the form provided by the Department of Language and Culture. Deadline to apply is March 15 at 5:00 p.m. If you are interested, please contact Conrad Church at (269) 783-6773 or Conrad.Church@pokagonband-nsn.gov

## Interested in Employment with the Pokagon Band?

If you are a Pokagon citizen or the spouse of a Pokagon who is interested in working for the Pokagon Band, including tribal construction projects, you must have your application in the talent pool. Heather Farver, human resources generalist for the tribe, will be the initial point of contact for registering for the talent pool.

There are two ways to register for the talent pool. You can do so online at [www.pokagonband-nsn.gov/Career\\_Opportunities.aspx](http://www.pokagonband-nsn.gov/Career_Opportunities.aspx) and you will

need to submit a resume. You may also call Heather and make arrangements to fill out a registration form at the Department of Human Resources in the Administration Building at 58620 Sink Road, Dowagiac, MI. She will generate the lists that are sent to the hiring managers or contractors when they request additional staff. She will handle all updates to your profile and contact information.

Please remember to update your profile as you gain more experience

or obtain certifications. In addition, please remember to let us know if your contact information changes. If you are using a cell phone, give us an alternate number in case something happens to your cell phone or you run out of minutes. If the tribe or contractor is unable to contact you, you obviously will miss out on an opportunity to work.

We often have only a short window of time to fill a labor request. Occasionally, a contractor could submit

a request and need a worker to report to the site within the hour. Availability, hard work, and excellent attendance are the keys to obtaining and maintaining employment. All hiring decisions are made by the departments or the contractor. Human Resources has no say in who works on a particular job.

### Contact Information

Heather Farver  
human resources generalist  
(269) 462-4267 office  
[heather.farver@pokagonband-nsn.gov](mailto:heather.farver@pokagonband-nsn.gov)

### Updated Contact Information Needed for Efficient Communications

To maintain effective communications, it is critical that citizens keep their addresses—and those of their children—updated. Many addresses currently in our system are out of date or undeliverable. If you move, please let the enrollment office know as soon as possible, and have your and your dependent's address updated. If your bank account is closed, we mail a live check to you in the next Per Capita check run. If your address is undeliverable, you will not receive this check until you have updated your address.

Contact enrollment coordinator Beth Edelberg at (888)782-1001 to change your address.

### Per Capita News

The Enrollment Office needs the following individuals to update their addresses so that these payments can be mailed. If there is an X in the column(s) by your name, you have either a Christmas check and /or per capita payments due to you. Please contact Beth Edelberg in the Enrollment Office at (269) 782-1763 or Barb Vincent in the Finance Department at (269) 462-4209.

Enrollment #	Name	Christmas 2009	Christmas 2010	Christmas 2011	Christmas 2012	Monthly Per Cap
83	John Dylan Watson	x	x	x	x	
406	Michael Lynn Hewitt	x	x	x	x	x
630	Veronica Jackson				x	
857	Peter John Ramirez	x	x	x	x	
1446	Bobby Marcus Haynes	x	x	x	x	
1986	Cristian M Cobb			x	x	
2509	Karra Barr				x	
2595	James Hamstra				x	
4227	Scott Brewer Jr		x	x	x	x
4319	Crystal Pokagon			x	x	x

Please note - you must have a deliverable address on file.

### Attention 18- to 20-Year-Olds | Per Capita Information

Attention all high school seniors who are graduating from high school or individuals who may be completing their G.E.D. If you are at least 18 years old and have achieved either of these you are now eligible to receive your monthly per capita checks. All you have to do is send a copy to the Enrollment office. You may either mail or fax this. The address to mail to is:

Pokagon Band of Potawatomi  
 Attn: Enrollment Office  
 P O Box 180  
 Dowagiac, MI 49047  
 OR fax to: (269) 782-1964

The document must be received by March 15 in order to make it on the April check run. Anything received after March 15 will be processed on the check run for May. If you have any questions please call the direct per capita phone line at (269) 462-4209 or (269) 462-4200 or toll free (800) 517-0777.

### Per Capita Important Dates

Deadline to receive Changes/updates/additions Received by Finance Department	Checks mailed out on	Check date Direct deposits in accounts
Tuesday, December 15, 2012	Thursday, December 29, 2012	Friday, December 30, 2012
Tuesday, January 15, 2013	Wednesday, January 30, 2013	Thursday, January 31, 2013
Friday, February 15, 2013	Wednesday, February 27, 2013	Thursday, February 28, 2013
Friday, March 15, 2013	Wednesday, March 27, 2013	Thursday, March 28, 2013
Monday, April 15, 2013	Monday, April 30, 2013	Thursday, April 30, 2013
Wednesday, May 15, 2013	Thursday, May 30, 2013	Friday, May 31, 2013
Friday, June 14, 2013	Thursday, June 27, 2013	Friday, June 28, 2013
Monday, July 15, 2013	Tuesday, July 30, 2013	Wednesday, July 31, 2013
Thursday, August 15, 2013	Thursday, August 29, 2013	Friday, August 30, 2013
Friday, September 13, 2013	Tuesday, September 26, 2013	Friday, September 27, 2013
Tuesday, October 15, 2013	Wednesday, October 30, 2013	Thursday, October 31, 2013
<b>Friday, November 1, 2013*</b>	<b>Tuesday, November 26, 2013</b>	<b>Wed, November 27, 2013</b>

\*Please note that in November the deadline to receive changes is November 1, this is due to time limitations on all the events that occur at this time of the year.

### Per Capita Direct Deposit & Tax Withholding Forms

For those tribal citizens receiving per capita checks in the mail and who do not have direct deposit, enclosed with your check you will find a direct deposit and a tax withholding form. These will be included with your check every month until we achieve 100% direct deposits.

The tribe is currently having mandatory direct deposit for per capita checks. In the case of individuals not being able to set up a bank account, the tribe is offering a cash card on which the per capita checks will be loaded onto every month. We are making efforts to give everyone a chance to set up a bank account of your choice and on your own.

As always, the tax withholding form is not mandatory although highly suggested as per capita payments are subject to federal and state taxes. The tribe only withholds federal taxes with a completed form, state taxes are the responsibility of the citizen.

If you have any questions, please call the direct per capita phone line at (269) 462-4209 or (269) 462-4200 or toll free (800) 517-0777. The per capita phone line and my extension both have lengthy messages listing various per capita information. Please leave a message and I will return your call as soon as possible. Both of the above stated forms are available online at [www.Pokagonband-nsn.gov](http://www.Pokagonband-nsn.gov)

Once you turn in a direct deposit form and as long as I receive it by the 15th of the month, the information will be entered into the system and the first month is always a test run to the bank, so the check will still be mailed to you. The following month, as long as I do not receive any errors from the bank, will be direct deposit. As earlier stated, you will continue to receive the two forms in with your checks every month. If you have completed a form, no need to fill out another one.

monday

tuesday

wednesday

thursday

friday

# march

4 **language**

Buffalo Meatballs in Spaghetti  
Sauce and Noodles  
Green Beans  
Garden Salad  
Garlic Bread  
Yogurt and Fruit

11 **language**

Pork Chop  
Scalloped Potatoes  
Asparagus  
Garden Salad  
Apple Pie  
Cornbread

18 **language**

Corned Beef  
Red Potatoes  
Carrots and Cabbage  
Jell-O W/ Fruit  
Rye Bread

25 **language**

Lentil Soup  
Tuna Sandwich  
Relish and Veggie Tray  
Dessert

5

Sliced Ham  
Mashed Sweet Potatoes  
Brussels Sprouts  
Cottage Cheese and Pineapple  
Cornbread

12

Turkey, Mushroom, and Swiss  
Burger  
Baked Fries  
Cucumber Salad  
Sliced Melon

19

Buffalo Stew  
Cottage Cheese and Peaches  
Mini Carrot Cupcake  
Biscuits

26

BBQ Pork Chop  
Au Gratin Potatoes  
Peas  
Tomato Salad  
Applesauce  
Roll

6

Cream of Chicken w/Wild  
Rice Soup  
Egg Salad Sandwich  
Broccoli Salad  
Brownie

13

Buffalo Meatloaf  
Mashed Potatoes and Gravy  
Garden Salad  
Corn  
Fruit  
Roll

20

BBQ Chicken  
Mashed Potatoes and Gravy  
Brussels Sprouts  
Garden Salad  
Dessert  
Bread

27

Salisbury Steak  
Mashed Potatoes and Gravy  
Broccoli and Cauliflower Salad  
Corn on the Cob  
Dessert  
Bread

7 **business**

Shredded Pork BBQ Sandwich  
Red Skin Potato Salad  
Veggie Trays  
Fruit  
Birthday Cake

14 **social**

Potato Soup  
Ham and Cheese Sandwich  
Veggie and Relish Tray  
Strawberries and Blueberries

21

**Bring your Famous  
Chili in for the Chili  
Cook Off Contest**

28

Baked Chicken  
Baked Potato  
Garden Salad  
Carrots and Broccoli  
Dessert  
Roll

8

Cod Filet  
Wild Rice  
Tomato Salad  
Broccoli  
Roll

15

Salmon Patty  
Macaroni and Cheese  
Green Beans  
Coleslaw  
Dessert  
Roll

22

Sea Bass  
Sweet Potato  
Garden Salad  
Banana Pudding  
w/ Nilla Wafers

29 **closed | good friday**



photo by jplpagan



photo by maurice koop

**PLEASE CALL THE DAY BEFORE** if you are not a regular attendee for meals. (269) 782-0765 or (800) 859-2717. Meals subject to change. Meal service begins at 12:00 Noon.  
Note: milk, tea, coffee, water, and Crystal Light beverages served with every meal. Also, lettuce, tomato, and onion served with sandwiches and burgers.  
**Business meetings are held at the Community Center.**

## Tribal Office Directory

Administration Information Technology 58620 Sink Rd. (269) 782-8998 Toll Free 800-517-0777 FAX 269-782-6882	Housing & Facilities 27043 Potawatomi Trail (269) 783-0443 FAX (269) 783-0452
Commodities (269) 782-3372 Toll Free (888) 281-1111 FAX (269) 782-7814	Human Resources 58620 Sink Rd. (269) 782-8998 FAX (269) 782-4253
Communications 58620 Sink Rd. (269) 782-8998	Language & Culture 32142 Edwards St. (269) 782-9602 FAX (269) 783-0452
Compliance 58620 Sink Rd. (269) 782-8998	Natural Resources 32142 Edwards St. (269) 782-9602 FAX (269) 783-0452
Education and Training 58620 Sink Rd. (269) 782-0887 Toll Free (888) 330-1234 FAX (269) 782-0985	Social Services 58620 Sink Rd. (269) 782-8998 Toll Free (800) 517-0777 FAX (269) 782-4295
Elders Program 53237 Townhall Rd. (269) 782-0765 Toll Free (800) 859-2717 FAX (269) 782-1696	South Bend Area Office 310 W. McKinley Ave. Ste. 300 Mishawaka, IN 46545 (574) 255-2368 Toll Free (800) 737-9223 FAX (574) 255-2974 (269) 782-8998
Election 58620 Sink Rd. (269) 782-9475 Toll Free (888) 782-9475	Tribal Council 58620 Sink Rd. (269) 782-6323 Toll Free (888) 376-9988 FAX (269) 782-9625
Enrollment 58620 Sink Rd. (269) 782-1763 FAX (269) 782-1964	Tribal Court 58620 Sink Rd. (269) 783-0505/ FAX (269) 783-0519
Finance 58620 Sink Rd. (269) 782-8998 Toll Free (800) 517-0777 FAX (269) 782-1028	Tribal Police 58155 M-51 South (269) 782-2232 Toll Free (866) 399-0161 FAX (269) 782-7988
Head Start 58620 Sink Rd. (269) 783-0026/ (866) 250-6573	
FAX (269) 782-9795 Health Services / Behavioral Health 57392 M 51 South (269) 782-4141 Toll Free (888) 440-1234 FAX (269) 782-8797	

## Tribal Council Directory

(888) 376-9988

### Chairman

**Matthew Wesaw**  
(517) 719-5579  
Matthew.Wesaw@  
pokagonband-nsn.gov

### Vice-chairman

**Butch Starrett**  
(269) 591-2901  
Butch.Starrett@  
pokagonband-nsn.gov

### Treasurer

**John Warren**  
(269) 214-2610  
John.Warren@  
pokagonband-nsn.gov

### Secretary

**Faye Wesaw**  
(269) 782-1864  
Faye.Wesaw@  
pokagonband-nsn.gov

### Member at large

**Steve Winchester**  
(269) 591-0119  
Steve.Winchester@  
pokagonband-nsn.gov

### Member at large

**Michaelina Magnuson**  
(269) 591-5616  
Michaelina.Magnuson@  
pokagonband-nsn.gov

### Elders Representative

Vacant

### Member at large

**Marie Manley**  
(269) 214-2609  
Marie.Manley@  
pokagonband-nsn.gov

### Member at large

**Trudy Loeding**  
(269) 783-6292  
Trudy.Loeding@  
pokagonband-nsn.gov

### Member at large

**Tom Topash**  
(269) 470-3745  
Tom.Topash@  
pokagonband-nsn.gov

### Executive Secretary

**Kelly Curran**  
(269) 591-0604  
Kelly.Curran@  
pokagonband-nsn.gov

## Elders Council Directory

Elders Hall (800) 859-2717 or (269) 782-0765

### Chair

**Ken Rader**  
(517) 755-7755

### Vice Chair

**Maxine Margiotta**  
(269) 983-7217

### Secretary

**Audrey Huston**  
(269) 591-4519

### Treasurer

**Clarence White**  
(269) 876-1118

### Member at Large

**Ruth Saldivar**  
(269) 214-1279

## Senior Youth Council Directory

### Chairman

**Collin Church**  
Collin.Church@pokagonband-nsn.gov

### Treasurer

Vacant

### Secretary

**Cassandra Church**  
Cassandra.Church@pokagonband-nsn.gov

### Member at large

**Jenna Huffman**  
Jenna.Huffman@pokagonband-nsn.gov

### Member at large

**Shandiin Church**  
Shandiin.Church@pokagonband-nsn.gov

### Conrad Church

**Youth Cultural Coordinator**  
(269) 462-4254

## Tribal Council March Calendar of Events

- 4 Tribal Council Special Session, Community Center, noon
- 5 Gaming Authority, Four Winds New Buffalo, noon
- 9 Tribal Council Session, Community Center, 10 a.m.
- 11 Tribal Council Special Session, Community Center, noon
- 12 Gaming Authority, Four Winds New Buffalo, noon
- 16 Annual Citizens Meeting, Dowagiac Middle School, 10 a.m.
- 18 Tribal Council Special Session, Community Center, noon
- 19 Gaming Authority, Four Winds Hartford, noon
- 25 Tribal Council Special Session, Community Center, noon
- 26 Gaming Authority, Four Winds New Buffalo, noon

Please check the website, [www.pokagonband-nsn.gov](http://www.pokagonband-nsn.gov), or call (888) 782-2426 before attending to confirm that a meeting has not been cancelled.

# Nmébne Gizes March Citizen Announcements

Happy belated birthday to the greatest daughter and mom in the world!

Happy birthday **Melissa!** Love, Mom, Michael, Richard and your husband Tony



Happy Birthday, **Todd Miller!** You're a good son, like your dad.

Love, Waubnimkiqua and family and Charity



Happy 45th Anniversary, Mom and Dad, **Bob and Shirley Linn**, on March 29. You are the best parents anyone could ever have. You both taught us how to love and be loved, unconditionally. What a wonderful blessing to have been raised by two of the most beautiful people on this earth! We love and appreciate both of you, more than we could ever tell you!

Your kids, Bobby, Kelli and Marci

Congratulations to **Kenneth Antisdel!**

So very proud of you for your hard work and dedication in attaining your promotion to hotel director at Four Winds New Buffalo.

Love from all your family



Happy 18th birthday March 17, **Karli Malott**

Love, Mom, Don and Kyle

Mno Dbeshkam shna (Happy Birthday!) **Kadyn** (7) minè **Devin** (4) March 21

Gdebangom, (we love you guys)

Jayek gdenwèmagnedèk (your relatives)



Happy Birthday, **Audie and Brianna Morseau-Mares** March 15. I'm very proud of you! Keep up the good work.

Love, Waubnimkiqua and family



Happy Birthday to my beautiful nieces **Adrianna and Brianna Morseau-Mares!**

All our love, Rhonda and Devin



I can't believe it's been a decade since you joined our family. Happy 10th birthday to our favorite Packer's fan. You are the best son and big brother a family could ask for!

Love you, Mommy, Daddy, Tade and Charlie.



Happy belated August birthdays to my sons **Alex, DJ** and granddaughter **Sophia!**

Happy belated January birthday to my daughter-in-law **Brianna!**

Happy 7th Birthday, **Azhanay!** March 28

From Daddy



Happy 5th birthday March 31 **Sydney Ann Olson**

Love,

Mom, Dad, Chelsy, and James



**Thaddieuss Arnold** is turning 14! Happy Birthday.

We love you kid,

Mom, Dan, and Lilly and Mawgy!



Happy 1st birthday March 23 **James Andrew Olson**

Love,

Mom, Dad, Sydney, and Chelsy