



POKÉGNEK YAJDANAWA

THE POKAGONS TELL IT

Nmébne gises March 2014

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Warren Sworn-in as Chairman

John P. Warren took the oath of office as Tribal Council Chairman Saturday, February 8. Warren won the special election on Saturday, January 25. He served as a member-at-large on Council from 2006–2011, and has served as Council Treasurer since 2011, which he resigned before his official swearing-in.

Warren will also assume the position as Chairman and CEO of the Pokagon Gaming Authority Board. Born and raised in South Bend, Ind., Warren has served the Pokagon Band in some capacity for most of his adult life. While on Council prior to federal recognition, he worked with Notre Dame's Law School to create the first draft application that led to the reaffirmation of the Band's sovereignty in 1994. As Treasurer, he directed the implementation of quarterly financial reviews, key performance indicators, and financial policies and procedures for the developing Tribal Government.



Culturally, Warren has traveled the U.S. and Canada educating others about the Pokagon Band and Potawatomi culture. He is a traditional dancer, and a singer and drummer with the Ribbon Town Singers.

He holds an Associate Degree of Applied Science in Business Administration from Ivy Tech Community College and is a veteran of the U.S. Army and Indiana National



Guard. He and his wife of 37 years currently call Granger, Ind. home, and have three children and nine grandchildren.

Pokagon Youth Lock-in Energizes (and Exhausts)

Fifty-seven Pokagon kids shared dinner and then embarked on a night filled with fun activities at the Department of Language and Culture's second annual Youth Lock-in. The event began Friday evening January 3 and continued overnight until January 4 at the Student Activities Center at Southwestern Michigan College.

One of the attendees, Chinodin Atkinson, said he enjoyed the fun activities, especially the sports. "It went well. We made dream catchers, played video games, volleyball, and stayed up all night. I fell asleep in the car on the way home."

"One of the highlights was a team building activity using an energy stick, which is a way to show how when everyone is connected, great things can happen," said Dean Orvis, youth cultural coordinator. "The basketball tournament run by Mark Pompey was fun, and everyone enjoyed making their own personal dream catchers with guidance from Jefferson Ballew. All of the children were happy and active throughout the night. All of the chaperones were exhausted by morning."

The energy stick activity had everyone hold hands in a circle. One participant held one end of the stick and a person next to him or her held the other end of the stick. If everyone in the circle is holding hands, the energy stick lights up. But as soon as someone breaks the circle, it will dim.

The agenda was packed from night to morning with language events, leadership development, a hand drum contest, a volleyball tournament, Native American movies, billiards, a gaming system tournament and, finally, breakfast.

Organizers and youth were deeply honored to have Tribal Police First Sgt. Ben Graves speak at the Lock-in. Sgt Graves lost his son to suicide recently; he spoke about youth suicide prevention and wellness. Native youth have the highest rates of suicide-related deaths, so the group was profoundly grateful that he shared his significant story and perspective.

"Officer Graves' talk was touching and personal. I think it allowed the kids to really see what the effects of suicide are," said Susan Doyle, education associate. "It was also good to see many of the kids have the ability to introduce themselves in Potawatomi. The location at SMC was amazing."

The college allowed the Band to use its facilities free of charge, and supplied four staff throughout the entire evening.

"It was good," said Alycia Atkinson, Chinodin's mom. "The boys I took had fun."

One Story | Ngot Yajmowen Community Reading Project Hosts Two Events

The Pokagon Band is working with the Dogwood Fine Arts Festival Committee, the Dowagiac Area History Museum, the Dowagiac District Library, and Southwestern Michigan College on a reading project called *One Story, or Ngot Yajmowen in Potawatomi*. Everyone in the community is encouraged to read *The Round House* by Louise Erdrich, winner of the 2012 National Book Award for

fiction. Erdrich is a member of the Turtle Mountain Band of Chippewa Indians. The novel tells the story of a family and community nearly undone by violence on a reservation in North Dakota, but also offers a portrait of a community sustained by its traditions, values, faith, and stories. Throughout 2014 several book clubs will meet to discuss the novel, and the committee has planned a variety of events/

activities based loosely on themes from the novel. Below are descriptions of two such events held recently.

Everyone can participate; find event listings at www.onestoryread.com. If you have questions, please contact the Department of Education at (269) 462-4222 and ask for Kristie Bussler.

Pictures Worth a Thousand Years to Pokagon Band By John Eby, reprinted with permission from *The Southwestern*

Every purposeful picture tells a story, recycling and re-energizing symbols.

“We can’t make anything on a whim. It always has to have meaning,” Pokagon Band of Potawatomi cultural specialist Jefferson R. Ballew IV explained January 29 at Southwestern Michigan College.

“We take pride in being able to utilize anything with ingenuity to make it our own,” he said, emphasizing “Injunuity” with air quotes. “Mink and otter from old stoles found at Goodwill.”

“We don’t waste anything,” he said. Deer hide can be leggings or stretched taut across drum heads. Dancers shake deer toenails.

“I try to utilize things in creation that are graceful and agile. I try to emulate how grass moves. As a male traditional dancer, I’m supposed to tell you a story. In May at Rodgers Lake will be the traditional Pokagon Band pow wow. When we can understand one another’s culture, it gives us the opportunity to be part of each other’s lives socially.”

Ballew’s speech is part of a broader One Story | Ngot Yajmowen project involving the Pokagon Band, SMC, Dowagiac Area History Museum and Dogwood Fine Arts Festival.

Community members and college students are reading *The Round House* by Louise Erdrich which won the National Book Award for Fiction.

Before his “Living Arts” talk, Ballew demonstrated making dream catchers at the Student Activity Center in the Charles O. Zollner Building.

He invites his audience onstage in the Dale A. Lyons Building theatre to handle the hand-made objects that are his family’s heirlooms.

“We have seven layers of skin as human beings,” he said. “White birches have seven layers of bark. We are only to take the first four layers. We don’t just go out into nature and start whacking away at trees. There’s a very specific time we can harvest between April and June” to make baskets.

Ballew displays his bear paw turban emblematic of his Bear Clan. It is adorned with wampum, or shell beads, representing his family, clan and nation.

Red, blue and yellow on his dance shield are a guide to his spirituality.

Strawberries appear on its side because “mankind was lowered into a field of strawberries.”

Turtle shell arm bands recall his time as a Montessori teacher with the Saginaw Chippewa tribe in Mount Pleasant and its youth drum, Little Turtle. The 74-member group of boys ages 6-16 sang and danced on the pow wow circuit.

Pink on his arm bands honor cancer survivors; blue signifies lupus which afflicts him and his mother.

“We view our drum as a grandmother,” he said. “That’s why only men sit around her. To have a male-female balance, our women stand behind us and sing.”

Wild blueberries decorate the shield’s bottom.

The Pokagon Band is known for Kee-Boon-Mein-Kaa, the pow wow Labor Day weekend celebrating the end of huckleberry season.

Ballew, who grew up in Los Angeles, met his wife at Kee-Boon-Mein-Kaa 23 years ago at St. Patrick’s Park, so hearts decorate his shield, too.

“My shield tells who I am and where I come from ... for us, a picture is worth a thousand years.”

In the long braid flowing down his back, “Each strand represents a person I will meet or have met. The longer my hair grows, the healthier my community will be.”

Talk on Native Medicines Draws Many from Community

On Saturday, February 8 Andy Jackson of the Pokagon Band spoke to a crowd of 75 attendees at the Dowagiac Area History Museum at the latest event for One Story | Ngot Yajmowen. She described traditional medicines Native Americans use and how she is learning to grow, prepare, and administer those medicines to people who are interested in a natural alternative to pharmaceuticals. The discussion of medicines led to questions about other aspects of Potawatomi culture, and she offered explanations for her turtle drum, rattles, copper pots, wild ricing moccasins, and wild rice. She invited the group to try her bergamot tea, along with refreshments provided by the museum. The Pokagon Band provided several attendees with a copy of the book.

The Dowagiac Area History Museum and the Dowagiac District Library are hosting the next One Story | Ngot Yajmowen event: a book talk on *The Round House* at the museum Wednesday, April 16 at 6:30 p.m.



Tribal Council and Court Meet with Federal Law Enforcement Agencies

Each year Tribal Council and Tribal Court conduct a government-to-government summit with the United States Attorney and staff of federal law enforcement agencies in the Western District of Michigan. Thursday, January 30 Assistant U.S. Attorney Jeff Davis and special agents from the FBI, DEA, Secret Service, and the Bureau of Alcohol, Tobacco and Firearms came to the Community Center for the meeting. Along

with elected leadership and the judiciary, Jason M. Wesaw, government manager, Tribal Police Captain Chris Vancompernelle and victim services manager Casey Kasper discussed case updates, the Tribal Law and Order Act, the Violence Against Women Act reauthorization, and the Sex Offender Registration and Notification Act

Department of Information Technology

Pokégnek Bodéwadmik
POKAGON BAND OF POTAWATOMI



Celebrate Earth Day

Saturday, April 26
10:00 a.m. – 2:00 p.m.

Pokagon Band Administration Building
58620 Sink Road
Dowagiac, MI

Recycle your old electronics.

Join the Pokagon Band to promote environmental responsibility and properly dispose of all unwanted computer-related equipment and electronics.

Hamburgers, hotdogs and cold drinks will be served.

Items Accepted

- Computers
- Laptops
- Monitors
- Printers/Scanners
- TVs
- VCRs
- DVD Players
- MP3 Players

- Gaming Systems
- Cell Phones
- Video Equipment
- Keyboards
- Mice
- Pagers
- Cameras

Items NOT Accepted

- Appliances
- Typewriters
- Auto Stereo Systems
- Non-Cellular phones
- Salon Equipment

For more information, please contact the Information Technology Dept at (269) 462-4269.



WANT TO FIND OUT IF YOU COULD MAKE IT THROUGH ONE DAY OF TRADITIONAL TRAVELING?

**DISCOVER THE ANSWER
MAY 17-18, 2014**

The Pokagon Band Department of Language and Culture youth programs is partnering with our Department of Natural Resources, the Tribal Police and the State of Michigan to offer a Traditional Travel down an eight-mile section of the Manistee River.

This event is open to all Native youth between the ages of 12-24.

We will honor the water, learn the importance and significance of water travel, feast mother earth for the things she provides, camp overnight in a rustic area, and fish in a traditional way.

The participants will learn survival skills and traditional teachings.

Participants will be required to follow all safety guidelines, rules, and regulations.

RSVP by contacting Dean.Orvis@PokagonBand-nsn.gov or by calling the department of language and culture at (269) 462-4325

This event will be limited to the first 15 participants.



Manistee River Sunrise by A Kamphui

Pokégnek Yajdanawa

Pokégnek Yajdanawa is the monthly voice of Pokégnek Bodéwadmik, the Pokagon Band of the Potawatomi. Citizens are encouraged to submit original letters, stories, pictures, poetry and announcements for publication in *Pokegnek Yajdanawa*. Submissions are subject to the established guidelines.

The deadline for citizen submissions for the newsletter is always the fourteenth of each month. Please send items for publication to:

Pokégnek Yajdanawa
Box 180
Dowagiac, MI 49047
Pokagon.Newsletter@PokagonBand-nsn.gov

Fight Dry Winter Skin

By Elizabeth Leffler, community health nurse

No matter what age, most people experience flaky, itchy skin at some point when the weather gets chilly. The culprits may be winter wind, dry indoor air, harsh soaps, low humidity, or even a cold weather sunburn. With all of these seasonal conditions working against us, some tips to help keep your skin healthy and itch free during the winter months might be useful.

Prepare Your Skin by Clearing Away Old Skin Cells

Sloughing away dead cells is the first step to pampering your dry skin, because the clearer the skin, the deeper a moisturizer can penetrate. To shed old skin cells, exfoliating with an over-the-counter or prescription keratolytic moisturizer, one containing lactic or salicylic acid. And whether or not you're dealing with normal, sensitive, or dry skin, it's always a good idea to exfoliate gently. A soft scrub is all you need. If your skin is super dry or irritated, talk to your doctor before starting a new skin care product or regimen.

Once you've got a smooth surface to work with, soothe winter-dry skin with an oil-based moisturizer. Thick, heavy products like these have more staying power, and keep water from evaporating from your skin. If you're not a fan of moisturizers, you can also help dry skin with basic moisturizer ingredients such as coconut or mineral oil, petroleum jelly, or glycerin. Whichever product you choose, be sure to smooth on your preferred moisturizer right after a shower, then pat your skin dry.

Clean the Right Way

Warm showers and baths are the best option. Long, hot showers may feel good, but they can be troublesome for itchy skin, drying it out even further. The solution if you're dealing with dry skin: learn to warm up to short, lukewarm baths and showers, which help your body retain its natural, skin-protecting oils. When you bathe, use soap only on the spots that really need it, since the rest of your body doesn't tend to get very dirty, a simple warm-water wash everywhere else is fine and it helps you retain those vital natural oils.

Use a gentle cleanser, scented, deodorant, and anti-bacterial soaps can be harsh, stripping skin of essential oils. That's why many skin care experts suggest using non-scented, mild cleansers or soap-free products like Aveeno, Cetaphil, Dove,

Dreft, or Neutrogena. Body washes with petrolatum (another name for petroleum jelly) are also a great option for soothing very dry skin, helping to trap in water as you clean.

Be Aware of the Sun

Keep using sunscreen. Though the sun's rays are less intense in winter, those rays can still burn and damage your skin. Snow is an even better reflector than water, bouncing 80 percent of the sun's rays back to us, compared to less than 20 percent for sand and surf. For daily protection, try using a moisturizer with a sun protection factor (SPF) of at least 15, and when heading outdoors for winter fun, use a sunscreen that protects against UVA and UVB rays, with an SPF of 15 or higher. And give your UV protection an even bigger boost by donning sunglasses, a hat, and scarf.

Get Your Diet into the Act

Eat up for better skin. A diet rich in healthy fats can be another crucial element in your fight against dry, itchy skin. That's because essential fatty acids like omega-3s help make up your skin's natural, moisture-retaining oil barrier. Too few of these healthy fats can not only encourage irritated, dry skin, but leave you more prone to acne, too. Give your diet an essential fatty acid boost with omega-3-rich foods like flax, walnuts, and safflower oil, as well as cold-water fish such as tuna, herring, halibut, salmon, sardines, and mackerel.

Hydrate yourself and your house. Dry indoor air can really irritate your skin, so give it a fighting chance by keeping inside air moist. Use a humidifier to increase the moisture, or even surrounding yourself with indoor plants. Don't forget to humidify from the inside out by drinking lots of water. To keep skin optimally hydrated, eight 8 ounce glasses of water daily is recommended.

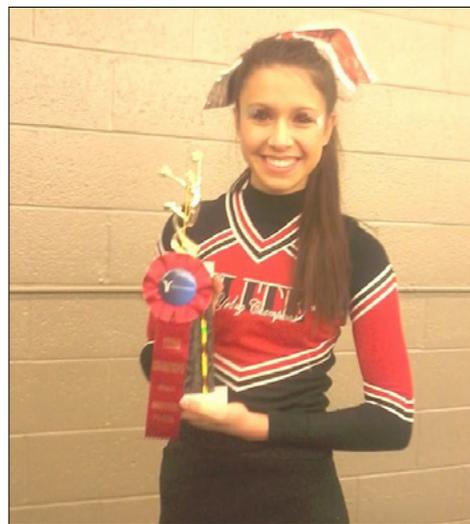
Talk to your Provider

If these tips aren't helping, or if you develop eczema or other skin irritation, it's time to talk to a primary care provider. A provider may be able to prescribe stronger treatments to soothe dry skin. She or he can also help you tailor a skin care regimen that suits your individual needs. Talk to your primary care physician for a recommendation or call Pokagon Health Services at (269)782-4141.

Enrichment Program Helps Pokagon Youth Compete Nationally

Lexis Heineman and her Young Champions Elite Division 6 cheerleading team recently earned second place in Michigan and are headed to the national competition in Las Vegas July 26. Lexis is a junior at Grand Haven High school and the Department of Education's Enrichment Program helped defray some of the costs of the trip.

"We are thankful for this program, and she has been blessed by this great opportunity," said her mom, Marcia Leonard. "Wish her luck! This is the greatest thing I have ever seen in our family and she will represent our tribe with grace."



To learn more about the Enrichment Program, visit www.pokagonband-nsn.gov/departments/education/k-12-programs/enrichment-programs. The program is open to 5th -12th grade students and available all year. You can be reimbursed up to \$500 for academic or extra-curricular programs for youth anywhere in the United States.

 www.pokagonband-nsn.gov/departments/education/k-12-programs/enrichment-programs

7GenAE is First Native American Tribally-Owned Business in Michigan to Receive 8(a) Certification from U.S. Small Business Administration

Seven Generations Architecture & Engineering, LLC (7GenAE), an architecture & engineering firm wholly owned by Mno-Bmadsen, was certified today as an 8(a) program participant by the U.S. Small Business Administration (SBA). 7GenAE is the first Native American Tribally-Owned Business in the State of Michigan to achieve 8(a) status. The SBA 8(a) Business Development program is a nine-year program designed to help small disadvantaged businesses compete in the government contracting marketplace. Participation in the 8(a) program will allow 7GenAE to receive business development assistance from the SBA and to expand its services to federal agencies.

"Securing federal contracts will help us expand our tribal economy which in turn will bring additional investment to our regional economy. The Mno-Bmadsen Board of Directors launched 7GenAE committed to getting the company certified to secure federal contracts," said Eugene Magnuson, Chairman of the Mno-Bmadsen Board of Directors. "Achieving 8(a) certification is a major milestone for both 7GenAE and Mno-Bmadsen," said Troy Clay, CEO of Mno-Bmadsen, the holding company of 7GenAE. "It has been a very difficult process. The 7GenAE staff has put in a lot of work and has done a great job in building a good reputation for the company."

"We are very excited about the 8(a) certification, and we are very optimistic about the future," said Scott Winchester, General Manager at 7GenAE. "Achieving 8(a) status gives our company access to federal contracts designated as small disadvantaged set asides that were previously unavailable to us. This is a huge opportunity for growth, and we are eager and ready to enlist our services in government projects."

Book Review: *To Be an Indian: An Oral History* edited by J. Cash and H. Hoover

By Sarah Eck

This is my first review for the book club recently initiated by the Pokagon Band. I would like to thank the Pokagon Education Department for this program and the opportunity to be a part of it. I have been shown a great level of kindness and generosity, and I sincerely appreciate it. Thank you!

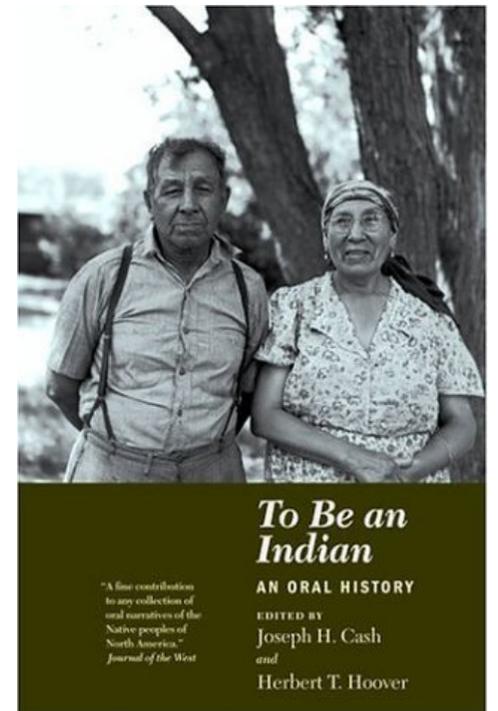
To Be an Indian: An Oral History is a good choice for a Native American centered book club. The book is a collection of interviews conducted between 1968 and 1970. It includes personal stories from people who hail from the Sioux and Winnebago nations living in Nebraska and South Dakota. The book contains supplementary information about the interviewees; although their voice is rarely heard in the book, you can tell they have a great respect for the project and the people being interviewed.

The best way to describe this book is that it reads like a photomosaic picture where a large mural can be seen when you step back, but as you get closer, you notice that the mural is made up of dozens of tiny photographs. Each individual story is relatively short, usually only lasting one or two pages. However, the editors limit the topics to four themes, giving the book some cohesion.

Many of the stories include all of the emotion, prejudice, and experiences of the person telling the story. I am grateful that the editors allowed the stories to be preserved in the same voice that the stories were told; I think it shows how complicated life (and history) really is. For example, some of the people interviewed were grateful towards the government and/or church for sponsoring certain programs, schools and activities. Other people were angry or felt victimized regarding the same topics. I appreciated the diversity of opinions being presented, and I believed that the editors tried to give an equal voice for both sides of the story.

I appreciated this book because it allowed me to see a world I haven't experienced and one that I don't fully understand. My life is different than the lives described in this book. I was born in the 1980s and it's rare for me to experience discrimination or prejudice. The last chapter of the book, Today and Tomorrow, was much easier for me to relate to. The Native American story is complex and there isn't only one story out there. For as many people who feel victimized, there are also people who are taking advantage of opportunities and are looking forward to the future. Life isn't always easy, but there are Native Americans who are overcoming challenges and are leading successful lives. To be an Indian isn't just about holding onto the culture and traditions of our grandparents; it's also about laughing and calling the tribal police when the naked hippies drop by for a dance. (If you missed that story, see page 218.) I'm grateful to the interviewees, editors, and publisher for making this book become a reality. I believe that anyone can pick up this book, and if they listen closely, they will walk away with a greater appreciation and respect about what it might mean to be an Indian.

The book club project is made possible by a grant from the Institute of Museum and Library Sciences.



ELDERS SNOWPLOW MONETARY REQUEST

APPLICANT INFORMATION

Name:		
Current address:		
City:	State:	ZIP Code:
Phone Number		Tribal Enrollment #

SNOWPLOW COMPANY/INDIVIDUAL INFORMATION

Name:		
Current address:		
City:	State:	ZIP Code:
Phone:		

This is for Pokagon elders anywhere in the U.S. to be reimbursed for snowplow services. You are responsible for finding your own service provider. Please complete and send to Petey Boehm, elders specialist, Box 180, Dowagiac, MI 49047. Call (800) 859-2717 with questions, or visit www.pokagonband-nsn.gov/government/elders-council/upcoming-elders-events-and-projects for the online application.

By signing, I affirm that all information provided on this form to be true and correct. I also affirm that I understand that this request is limited to up to \$25 per request, with requester being responsible for any amount greater than \$25 and that the request is limited to \$100 for the 2013-2014 snow season.

Please include invoice or receipt for plowing services with this form.

Signature of applicant	Date
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Sign up for new service or add a line to your account and get a \$100 credit on your bill.

You can receive a \$100 bill credit* for each new, qualified smartphone, tablet, feature phone, and mobile hotspot line of service you add to the nation's most reliable 4G LTE network**. Now, it's more affordable than ever to add a whole new dimension to work and play.

Choose from a wide assortment of 4G LTE compatible devices and begin accessing email, browsing the web, and running the applications that power your life, all at lightning-fast speeds.

15% discount

on qualified monthly services charges from AT&T. For federal government employees, including DoD, military and veterans.

Take advantage of the \$100 bill credit – visit an AT&T retail store or go to att.com/100credit. For details on federal government discount, visit www.att.com/gov/movn.

Veterans, stop by a local store with your DD form 214, military veteran's I.D. card or AmVets membership card. Mention Military Veterans FAN 4085530.

Find us locally at www.att.com/storelocator



IMPORTANT INFORMATION
 *Offer ends March 31, 2014 and is subject to change at any time. Activate a new postpaid line with wireless service and receive a \$100 bill credit. GoPhone® not included. Must maintain service and good standing status for 45 days to receive credit. Credit received within 3 bill cycles. Offer may not be combinable with other credits or offers. Visit att.com/100credit for full requirements. **General Wireless Service Terms:** Subject to Wireless Customer Agreement or applicable Business Agreement. Activation fee \$36/line may apply. Early termination fee up to \$325 may apply. Credit approval required. Geographic, usage, and other terms, conditions, and restrictions apply and may result in service termination. Coverage and services not available everywhere. Taxes and other monthly charges apply.
 **Reliability claim based on data transfer completion rates on nationwide 4G LTE networks. LTE is a trademark of ETSI. 4G LTE not available everywhere.

15% monthly discount: Available to qualified government employees providing proof of current government employment (i.e., valid employee ID card or paystub) and to qualified veterans providing either a Department of Defense Form DD214 indicating an honorable discharge or a valid retired military ID. Eligible individuals must take personal liability for their account. Eligibility for offer ceases when you are no longer a qualified employee or veteran. Service discounts apply only to the monthly service charge of qualified plans. Service discounts not available with any unlimited voice plans. For Family Talk plans, service discount will only apply to the primary line. For Mobile Share plans, service discount applies only to the monthly service charge for the data allotment of eligible plans, not on the additional monthly device charge(s). Discounts may not be combined. Offer subject to change. Additional plan and other restrictions apply.

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Language and Culture Sponsorships Offered

The Department of Language and Culture believes in the importance of allowing Pokagon citizens the opportunity to experience Native American celebrations across the country while also representing the beautiful culture of the Pokagon Potawatomi. L&C is delighted to offer sponsorships for tribal citizens to attend pow wows, demonstrations, and other cultural events. To apply for a sponsorship, please visit www.pokagonband-nsn.gov/departments/language-and-culture or call the office at (269) 462-4325 for applications.



www.pokagonband-nsn.gov/departments/language-and-culture

Volunteer Opportunities for Community Hoop Houses



The Pokagon Band has plans to build hoop houses this year. Hoop houses are like greenhouses, but without the glass and less expensive to build. Hoop houses allow farmers to extend the growing season of crops earlier into the spring and later after the first frosts of fall, possibly adding three or four months. Growing food in hoop houses protects tender plants from winds, heavy rains and blazing sunny conditions.

The hoop houses will serve two distinct purposes: one will be for community fruits and vegetables and one will be for traditional medicines. We are asking for any volunteers to help construct, plant, garden, and harvest the hoop houses. If individuals are not able to participate in the hoop house project, they may request a bucket garden and the youth will provide them with the bucket, soil, and plants of their choice.

There are lots of opportunities to participate and help. If you are an elder, or if you can't participate in the hoop house project but want help with a container garden, contact the Department of Language and Culture for more details at (269) 462-4325.



Pokagon Health Services Announces Extended Hours

The Pokagon Health Clinic will offer extended hours once a week each Thursday evening starting January 9, 2014.

Should extended hours become a big hit, staff will look at adding extended hours on more days of the week.

Thursday night extended hours will go until 7:00 p.m., but transportation won't be offered. Please call (269) 782-4141 for appointments during extended hours, or if you have any questions.

Sewing Class Offered in February and March

Beginner sewing classes will be offered for women in the community. There will be three sessions taught by Christine Daugherty. The first class will cover sewing machine basics, making a basic bag, and taking measurements for a long skirt. During the second class the participants will make a long skirt. During the third class participants will learn how to make ribbon applique for their skirt or a dance shawl.

These classes will take place on February 23, March 9, and March 23 from 1 p.m. - 5 p.m. at the Community Center. You must be able to attend all three sessions to take this course.

You must sign up to participate, as spaces very limited. If you want to attend please call Casey Kasper at (269) 462-4324.

Parade Participants Wanted

If you can sing, dance, drum, rattle, or wave we would like to invite you to participate in one or both of these amazing opportunities.

During the month of May, the Pokagon Band has been invited to partake in two of the areas premier parades:

Blossomtime Parade May 3

The Blossomtime Parade is the oldest and largest multi-community parade in Michigan and travels from Saint Joseph to Benton Harbor on May 3.

Honoring our Veterans Parade May 26

The city of Dowagiac 'Honoring our Veterans' Parade begins on the main street of Dowagiac and ends with a special ceremony at the Riverside Cemetery on May 26.

Language and Culture Seeking Adults to Share Skills with Youth

Do you have skills and energy to share with Pokagon youth? The Department of Language and Culture is compiling a pool of background-screened adults who could be on call to volunteer with our youth programming. If you hunt, fish, garden or gather; if you can teach art, drumming or another cultural talent; if you can coach lacrosse, basketball, or baseball, our kids and our tribe needs you. Some opportunities will be paid, others are volunteer. Contact the Language & Culture department (269) 462-4325 for more information.

2014 North American Indigenous Games



The 2014 North American Indigenous Games is July 20-27 in Regina, Saskatchewan. Native athletes ages 13-19 can compete in 15 different sports. If you'd like more info, visit www.regina2014naig.com or contact Dean Orvis, youth cultural coordinator at (269) 462-4290.



www.regina2014naig.com

2014 Oshke-Kno-Kewéwen Traditional Pow Wow Planned for May 24 & 25



Preparation has begun for the 2014 Oshke-Kno-Kewéwen Traditional Pow Wow, to be held the Saturday and Sunday of Memorial Day Weekend, May 24 & 25, 2014 at the Rodgers Lake pow wow grounds. The Pow Wow is named in recognition of the Pokagon Band community eagle staff carried by the Pokagon Band veterans, and the Pow Wow includes activities to honor all the veterans of the Pokagon Band community, as well as traditional dancing, singing, and crafts.

Volunteers needed for Oshke-Kno-Kewéwen Committee

Initial planning has started, but the Committee is looking for volunteers for the ongoing planning and organizing for the event. If you are interested in becoming a volunteer, feel free to contact Kevin Daugherty at (269) 591-1230.

The Committee meets the second Monday of every month, with a potluck and business at 5:30 p.m. Meetings are at the Administration Building, unless otherwise posted.

Oshke-Kno-Kewéwen logo design contest, two age categories

The Oshke-Kno-Kewéwen Pow Wow Committee seeks submissions for the 2014 logo to be used for t-shirt designs, the flyer, and the program for the upcoming Pow Wow. Again this year, the Committee has two age categories for this contest:

- Pokagon Band youth 12 years of age and younger (hand-drawn preferred)
- Pokagon Band citizens and spouses of any age

The artists who create the winning designs for the pow wow will each be awarded a sweatshirt and a \$100 gift card from the Committee. (please note: the prize amount was incorrectly stated in the last newsletter.) Also, while the Committee wants to support the community's artists, the Committee reserves the right to accept or deny any or all of the designs submitted, and all decisions of the Committee are final.

Please send images to Kevin Daugherty by March 31 by any of the following means:

- Deliver in person at the Administration Building at 58620 Sink Rd, Dowagiac, MI 49047
- By mail or delivery service to the same address
- By e-mail at Kevin.Daugherty@pokagonband-nsn.gov.

The Committee looks forward to many great designs!



Pokégnek Bodéwadmik
POKAGON BAND OF POTAWATOMI

Train Together for the Family Olympics

What: Michigan Indian Family Olympics, something for all ages. All Michigan Tribes participate

When: leading up to Summer 2014



Participate in three of the training events offered and receive a gift incentive. Involvement in one school sport can substitute for one of the three trainings. These events are open to Native Americans and their families, and Pokagon Band staff and their families.

Training Schedule:

January 2014

- ★ January 4 | Community Center | 3:00p.m.-5:00p.m.
- January 25 | Hartford High School | 5:00p.m.-7:00p.m.
- January 26 | Camp Beech Point 3212 125th Ave Allegan MI | 5:00p.m.-7:00p.m.

March 2014

- March 7 | Community Center | 5:30p.m.-7:30p.m.
- March 26 | Hopkins High School | 5:00p.m.-7:00p.m.
- March 29 | Hartford High School | 5:00p.m.-7:00p.m.

April 2014

- ★ April 12 | Hartford High School | 6:00p.m.-8:00p.m.

May 2014

- ★ May 8 | Community Center | 5:30p.m.-7:30p.m.

★ new or rescheduled date



2014 Native American Critical Issues

March 20—22, 2014
Mount Pleasant, Michigan

STRENGTHENING OUR COMMUNITIES THROUGH EDUCATIONAL SELF-RELIANCE

Conference will focus on using our cultural knowledge and tools of today as a means to strengthen our Anishinaabeg communities and generations to come.

WHO SHOULD ATTEND?

Those with an interest in the education of Native American students including leaders in Tribal government, State government, Title VII Directors, School Administrators, Teachers, Parents, Native Elders, Counselors/Career Development specialists, and University staff.

CONFERENCE GOALS:

Introducing the next generation to the technologies that will allow them to succeed in the new economy.
Facilitating the exchange of ideas between educators, agencies, tribal entities, and families for better educational strategies.
To discuss tactics for classrooms and agencies that affect families as a unit to realize the full potential of each.

This conference will feature valuable teachings for improving ourselves, our families, our clans, and our communities.

The Native Youth will have a special youth track designed specifically for our Tribal youth.

This event is open to all Native families and youth. Please RSVP to confirm your registration and stay at the Soaring Eagle Casino and Resort. You may RSVP by contacting:
Dean.Orvis@PokagonBand-nsn.gov or by calling the department of language and culture at (269) 462-4325

Please inquire about attending the Central Michigan annual pow-wow at the conclusion of this event.

"Healing the Scars" Mt. Pleasant Boarding School Trip Planned



The Veterans and Youth Councils will be participating in the annual boarding school remembrance ceremony in Mount Pleasant, Michigan.

This ceremony honors those who were victims of the boarding school and remembers the many children who died while attending the school.

The "Honoring, Healing & Remembering" ceremony happens the same day every year to commemorate the last operational day of the boarding school: June 6, 1934.

If you would like to partake in this healing ceremony please contact one of our veterans or the department of language and culture at: (269) 462-4325



FINANCIAL WELLNESS WORKSHOP

Saturday, April 5, 2014
10:00 am – 2:00 pm

The Community Center
27043 Potawatomi Trail, Dowagiac, MI 49047

Chi Ishobak and the Pokagon Band Department of Housing have collaborated to introduce a new financial education program for Pokagon Band citizens. More than just information, this program is designed to identify financial behaviors and the cultural relevance associated with them. This workshop will cover five key areas that address the basic aspects of personal financial management and provide participants with the tools and processes to take control of their financial health. These areas include: savings, communication, budgeting, debt, and purchase behaviors.

- **Lunch will be provided**
- **There is no registration fee**
- **Please call to confirm attendance**

For more information, please contact Chi Ishobak, Sean Winters at (269) 783-4157 or at sean.winters@chiishobak.org

Pokagon Band of Potawatomi Senior Youth Council

Easter Party



Saturday
April 12, 2014
1:00-4:00 pm

Hartford High School
121 School Street
Hartford, MI, 49057

RSVP: pokagon-band-easter-party.eventbrite.com

3-on-3 basketball tournament to follow the party. For more information, email collin.church@pokagonband-nsn.gov.



Department of Language & Culture
Sacredness



What is it? What does it mean to be sacred, to have sacred items, to be a part of something sacred?

The Department of Language & Culture wants to help define this for our community with an essay contest. The age categories are 18 and under, and 19 and older. A gift card will be awarded, through a drawing, for each category.

Submissions are due March 31. Each essay should be under 500 words.

Submissions may be published in the *Pokégnek Yajdanawa*.

Please submit essays through email to:
 Jefferson.Ballew@pokagonband-nsn.gov
 or mail to:
 Department of Language & Culture
 58620 Sink Road Dowagiac, MI 49047
 For more information call (269) 462-4282.

Pokagon Band of Potawatomi
 Department of Language & Culture

Gwi zisbakwtokemen

WE WILL MAKE SUGAR



March 2014 (tbd by when the sap runs)
 Rodgers Lake campus, Dowagiac MI

Please bring your family to visit and volunteer at our sugar bush camp at Rodgers Lake. This is time for families to work together to honor the first gift from the Creator.

We begin by tapping trees, cleaning up the woods and cutting wood.

Volunteers are needed at all times of the day as the fire needs to burn continuously.

Volunteer opportunities:

- 🌿 Wood crew (cut, split and stack)
- 🌿 Fire keepers
- 🌿 Kitchen (help to clean and cook inside and outside)
- 🌿 Sap collectors, carriers and skimmers
- 🌿 Evaporator tenders
- 🌿 Story tellers greatly appreciated

To volunteer or for more information, contact Jefferson Ballew at (269) 462-4282 or jefferson.ballew@pokagonband-nsn.gov or call Language & Culture office at (269) 462-4290.



Join Pokagon Health Services, Department of Natural Resources,
 the Department of Education and Language & Culture

Family Fishing Tournament

Saturday, May 10, 2014

Check-in begins at 9:30 a.m. at Gage St. Lake

Fish Tales

- 🐟 Registration is required. Onsite registration is available.
- 🐟 You must wear a life jacket! No exceptions. Limited number of personal flotation devices available for those who can't provide their own.
- 🐟 Limited number of canoes (reserve one by pre-registering).
- 🐟 You may use your own boat but the gas tank must be removed. Please note, the launch is very rustic. Limit to 14-foot boats.
- 🐟 Fishing poles and bait available.
- 🐟 RSVP online at Family-Fishing-Tournament.eventbrite.com

For more information, contact Dean Orvis, youth cultural coordinator, at Dean.Orvis@PokagonBand-nsn.gov or call Language & Culture at (269) 462-4325

Prizes • Fun Family Event • Food

Grand Prize Charter Fishing Trip for 4 on Lake Michigan



Nmébne gises

Ne'me gizhek SUNDAY	Ngot gizhek MONDAY	Nizh gizhek TUESDAY	Apta gizhek WEDNESDAY
2	3 L&C Elders Language Class Auricular Acupuncture Zumba GED Evening Lab L&C Gun Lake Adult Language Class	4 GED Morning & Afternoon Labs Lean Lunch L&C Dowagiac Language Class (7) L&C Class Early Start Language (7) Red Road to Recovery Group	GED Evening Lab Zumba L&C Hartford Lan L&C South Bend Drumming L&C Gun Lake You
9 Sewing Class: long skirt	10 L&C Elders Language Class L&C Pow Wow Club Auricular Acupuncture Zumba GED Evening Lab L&C Gun Lake Adult Language Class	11 GED Morning & Afternoon Labs Lean Lunch EDU Career Development and Job Search Assistance L&C Dowagiac Language Class (8) L&C Early Start Language Class (8) Red Road to Recovery Group	GED Evening Lab Zumba L&C Hartford Lan L&C Dowagiac Men L&C Gun Lake You
16 Purple Shawl Workshop	17 L&C Elders Language Class L&C Pow Wow Club Auricular Acupuncture Zumba L&C Gun Lake Adult Language Class	18 Lean Lunch L&C Dowagiac Language Class (9) L&C Early Start Language Class (9) Red Road to Recovery Group	Healthy Lunch Pres Zumba L&C Hartford Lan L&C Hartford Mens L&C Womens Dru L&C Gun Lake You
23 Sewing Class: ribbon applique	24 L&C Elders Language Class L&C Pow Wow Club Auricular Acupuncture Zumba GED Evening Lab L&C Gun Lake Adult Language Class	25 Lean Lunch L&C Dowagiac Language Class (10) L&C Early Start Language Class (10) Red Road to Recovery Group	Zumba L&C Hartford Lan L&C Gun Lake You

March 2014

WEDNESDAY	Nyew gizhek THURSDAY	Nyano gizhek FRIDAY	Odanke gizhek SATURDAY
			1 Health Facility Construction Job Fair
5 Language Class (9) Mens & Boys South Language Class	6 GED Morning & Afternoon Labs Lean Lunch L&C South Bend Language Class (7)	7 Train Together for the Michigan Indian Family Olympics Red Road to Recovery Group	8 Tribal Council Monthly Meeting EDU Career Class
12 Language Class (10) Mens & Boys Drumming South Language Class	13 GED Morning & Afternoon Labs Lean Lunch L&C South Bend Language Class (8)	14 Red Road to Recovery Group	15
19 Presentation Language Class (11) Mens & Boys Drumming Drumming South Language Class	20 GED Morning & Afternoon Labs Lean Lunch L&C South Bend Language Class (9) My Health Support Group	21 Red Road to Recovery Group	22 EDU Career Development and Job Search Assistance
26 Language Class (12) South Language Class	27 GED Morning & Afternoon Labs Lean Lunch L&C South Bend Language Class (10)	28 Red Road to Recovery Group	29 Annual Meeting Train Together for the Michigan Indian Family Olympics

Youth Elders Detroit Tigers Game

Two great events; one great weekend

Where: Comerica Park, Detroit, MI

Date: Saturday, April 5 - Sunday, April 6

Pokagon Band's Senior and Junior Youth Councils invite our Elders to the 3rd annual Pokagon Band Detroit Tigers Getaway.

This year features two options:

Two Days | Attend the U of M pow wow, stay overnight and enjoy the game

One Day | Attend the game

RSVP with your option by **Saturday, March 8, 2014**

We look forward to respectfully promoting and protecting the culture, dignity, education, health, welfare and self-sufficiency of our elders, youth, families and future generation while preserving Mother Earth. We will strive to give our people a better quality of life and fully exercise tribal sovereignty.

To RSVP or for more information, contact Dean Orvis at Dean.Orvis@pokagonband-nsn.gov or Language & Culture at (269) 462-4325.

Pokégnek Bodéwadmik
POKAGON BAND OF POTAWATOMI



3-on-3 Family Basketball Tourney

April 12 2014
4:00 PM tip off

Hartford High School
115 School St. Hartford, MI

This event is open to the whole family. Pre-register for the double elimination bracket by March 15 and receive a free t-shirt. Late registration entries all play single elimination. Registration is free for Native participants. Non-native teams are welcome with a \$20 registration. Trophies for 1st, 2nd and 3rd place teams in each division.



Mens + Womens divisions

15 and under

16-20

21-34

35 and over

To register: pokagon-band-3-on-3.eventbrite.com

Questions? Contact Dean Orvis (269) 462-4290
or email dean.orvis@pokagonband-nsn.gov

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Everyone is invited! If you are interested in learning Neshnabe life ways, then you are welcome to attend. This event is not exclusive to Pokagon citizens.



2ND ANNUAL

ALL TRIBES LACROSSE TOURNAMENT

MAY 31 10:00 AM | RODGERS LAKE, DOWAGIAC

Please join us as we kick off the season with family friendly tribal tournament. Each tribe may bring more than one team. However each team should have a minimum of 7 players and a maximum of 12. This event is for the whole family. Trophies for 1st, 2nd, and 3rd place in each category. There is no registration fee and you receive a free T-shirt if you preregister your team before May 10.

There will be three categories:

A YOUTH TEAM kids under the age of 13

B LEAGUE for beginner level players

C LEAGUE for all adult players (equipment required)

Teams may be co-ed.

Register at NishnabeLacrosse-eventbrite.com

For more information, please e-mail Dean.Orvis@pokagonband-nsn.gov or call (269) 462-4325.

Counselors and Specialty Service Providers Needed for Culture Camp 2014

The Department of Language and Culture is looking for Camp Counselors and specialty service providers for the Summer Youth Culture Camp for the positions of: 1) lifeguard 2) nurse 3) caterer 4) Junior Camp Counselor and 5) Senior Camp Counselor. The lifeguard will only be needed for identified days and times of the camp, but the nurse and caterer are required to be available for the duration of the camp – which is scheduled for June 17 – 27, 2014. All camp staff is required to attend a mandatory orientation and training, date to be announced.

Counselor Requirements:

- At least 18 years of age for Junior Counselors
- Prior experience working with youth for Senior Counselors
- Culturally knowledgeable, sensitive and open minded.
- High school graduate/college preferred
- Experience working with youth, classroom management, and public speaking.
- Must be able to work as a team.
- Physically capable to participate in most camp activities
- Available from June 17 – 27, 2013
- Able to pass a criminal background check, drug screening, and fingerprinting

If you are interested in being a part of the 2014 Culture Camp team, please contact Heather Farver in the Human Resources Department at (269) 462-4267.

Riddle

Mail in your correct answer or email it to susan.doyle@pokagonband-nsn.gov in the Department of Education and you will be entered in a drawing to win a gift card. WAIT... another way to win is to mail or email your own riddle and the person whose riddle is selected for the next newsletter will win a gift card. Last month's riddle winner is Sanda Nead, who answered "Mr. Blue lives in the blue house, Mr. Pink lives in the pink house, and Mr. Brown lives in the brown house. Who lives in the white house?" The answer is "The President." Cameron Taylor submitted a new riddle, so check it out!

“What’s bigger than you, but doesn’t weigh anything?”

Cultural and Activity Presenters Wanted

The Domestic Violence Program is looking for cultural and activity presenters to run monthly presentations. You do not have to be a domestic violence survivor to get involved, however we do ask that you focus your presentation on healthy relationships, respect, and the importance of women in the community. All presenters will be paid for up to two hours of work, in addition to mileage and supply reimbursement.

If you have any additional questions or are interested in getting involved please contact Casey Kasper, victim services manager/case worker at (269) 462-4324 or via e-mail at casey.kasper@pokagonband-nsn.gov.

This Notice was mailed to the Respondent on January 15, 2014 by first class mail. It was returned by the USPS on January 29, 2014 with a Return to Sender label that stated "Not Deliverable as addressed, unable to forward". The Court has approved the publication of this Notice because there is no valid address.

POKAGON BAND OF POTAWATOMI INDIANS TRIBAL COURT	NOTICE BY PUBLICATION	CASE NO. 14-2565-PCDCS
58620 Sink Rd., P.O. Box 355, Dowagiac, MI 49047	Phone (269) 783-0505 Fax (269) 783-0519	

NOTICE OF

(1) ORDER TO STAY DISTRIBUTION OF PER CAPITA PAYMENTS; AND (2) PETITION/AFFIDAVIT TO WITHHOLD PER CAPITA PAYMENTS FOR DELINQUENT CHILD SUPPORT

To: David Christopher Drake
Respondent's Name

1. Notice is hereby given that a *Petition/Affidavit to Withhold Per Capita Payments for Delinquent Child Support* was filed with the Tribal Court on January 14, 2014.
2. Tribal law **mandates** that all, or an appropriate portion of per capita payments due to an enrolled member of the Pokagon Band who is eligible for the per capita distributions, shall be directed so as to satisfy **delinquent** court-ordered child support. See Pokagon Band of Potawatomi Indians *Gaming Revenue Allocation Plan*.
3. Obligations for child support are presumed to be valid unless shown otherwise. See 28 USC § 1738B, *Full Faith and Credit for Child Support Orders Act*.
4. An *Order to Stay Distributions of Per Capita Payments* has been entered by the Court against your payments and may not be lifted until further order of this Court. The *Order to Stay Distribution of Per Capita Payments* has been served on the Revenue Allocation Plan Administrator who is responsible for distributions of per capita payments.
5. **An Order to Withhold and Redirect Per Capita Payments for Delinquent Child Support shall be entered by this Court within fourteen (14) days of the date of publication of this Notice unless you file an objection to the:**
 - a. **RECOGNITION** of the foreign court order based on the grounds listed in Paragraph 6; or
 - b. **ENFORCEMENT** of the foreign court order based on the grounds listed in Paragraph 7.
6. You may file (a) written objection(s) to the **recognition** of the *Order to Withhold and Redirect Per Capita Payments for Delinquent Child Support* with the Court. Objections must be filed within the fourteen (14) day objection period and **MUST** demonstrate that the:
 - a. foreign court lacked personal or subject matter jurisdiction; or
 - b. foreign order was obtained by fraud, duress or coercion.
7. Unless you file an objection to the **enforcement** of the foreign court order, an *Order to Withhold and Redirect Per Capita Payments for Delinquent Child Support* will apply **ALL** of your per capita payments to satisfy the **delinquent** court-ordered child support until such time as the **delinquent** child support obligation is satisfied, or until further order of this Court. Objections must be filed within the fourteen (14) day objection period and **MUST** demonstrate that:
 - a. you do not owe a DELINQUENT child support obligation; or
 - b. redirection of all of your per capita payments would create an EXTRAORDINARY UNDUCE HARDSHIP to your health or general welfare.
8. If you file a written objection based on any of the grounds listed above, a hearing will be scheduled. At the hearing, you will be required to establish grounds why the *Order to Withhold and Redirect Per Capita Payments for Delinquent Child Support* should not be granted by this Court.

Pokagon Band LEGO League Team Invited to Join Edwardsburg Team



The Pokagon Band LEGO League team has been invited to join the Eddy Currents of Edwardsburg at a LEGO League Open House April 26 at Southwestern Michigan College. The teams and their coaches will

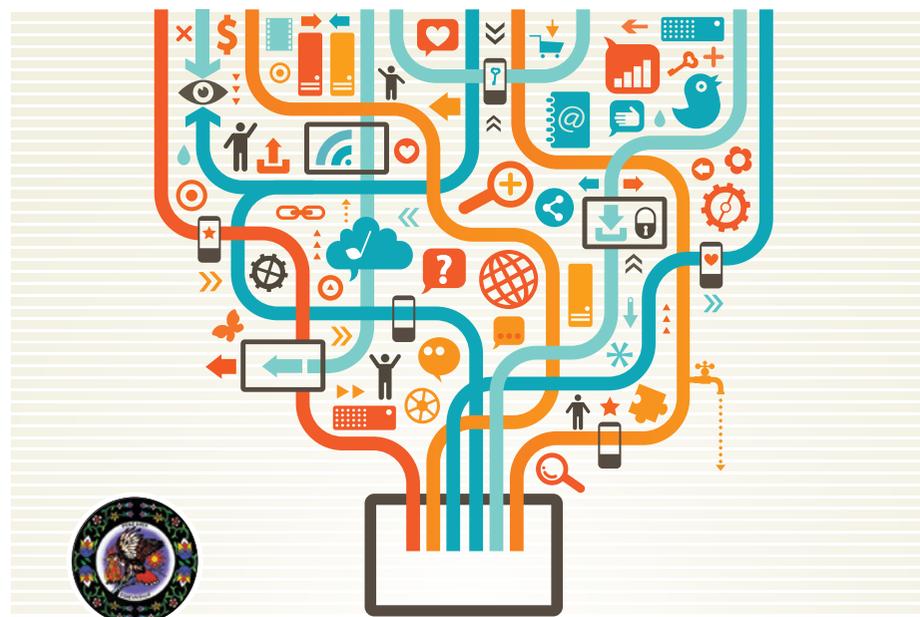
be there to showcase the LEGO League competitions, and provide information to anyone interested in starting or joining a team. If you've ever thought about checking out LEGO League and wanted more

details on the robotics and team building activities, please mark your calendars and check out www.pokagonband-nsn.gov or the April *Pokégnek Yajdanawa* for specific times and location.



Apprentice Program Contact Changed

Carpenters apprentices and those interested in the apprenticeship program: Traci Henslee, workforce training and resource specialist, is the new contact for the apprenticeship program. You can reach her at traci.henslee@pokagonband-nsn.gov or (269) 462-4227.



Pokagon Band of Potawatomi
Department of Education

Computer Classes

Saturday, February 8, 2014 10:00 am – 2:00 pm Microsoft Word	Saturday, April 12, 2014 10:00 am – 2:00 pm Microsoft Excel	Saturday, June 14, 2014 10:00 am – 2:00 pm MS PowerPoint/Publisher
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Adult Pokagon citizens are invited to join instructor Chad Dee in the Education Computer Learning Lab.

Please pre-register by 5:00 p.m. Wednesday (February 5 for MS Word, April 9 for MS Excel and June 11 for MS PowerPoint/Publisher classes) by calling (888) 330-1234 or (269) 462-4220 to receive a gas card and arrange any needed child care for ages 2–14.

This project is made possible by a grant from  INSTITUTE of Museum and Library SERVICES



Pokagon Band of Potawatomi
Department of Education

Career Workshop

Saturday, January 11 10:00 am – 2:00pm	Saturday, March 8 10:00 am – 2:00pm	Saturday, May 10 10:00 am – 2:00pm
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Online Job Search, Resume Submittal & Using Social Networking	Dealing with Barriers to Employment	Interview Skills
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Adult Pokagon citizens are invited to join instructor Lanre Ajayi in the Education Training Room. We will provide adult tribal citizens with child care, gas cards to cover transportation to and from workshop, and a \$30 gift card to the movies. Treat yourself after doing something good for your future!

As space and child care assistance is limited, please pre-register by 5:00 p.m. on the Wednesday prior (Jan 8, Mar 5 and May 7) at (888) 330-1234 or (269) 462-4220.

This project is made possible by a grant from  INSTITUTE of Museum and Library SERVICES

Purple Shawl Workshop Scheduled for March 16



The Department of Social Services is hosting a Purple Shawl workshop on Sunday, March 16, 2014 from 1 PM-5 PM at the Community Center. This project raises awareness for domestic violence in our community. You do not have to be a domestic violence survivor to participate, however we ask that you not share any information about program attendees. You

also do not have to be an experienced seamstress to attend, however if you are, your help is greatly appreciated. Please bring a dish to pass.

If you have any questions please contact Casey Kasper at (269) 462-4324 or casey.kasper@pokagonband-nsn.gov.

2014 Summer Youth Culture Camp

This year's Culture Camp will feature several Neshnabé specialists from the Pokagon Band. The Camp's focus is on our traditional language, customs, and wellbeing while creating a fun and exciting camp experience for everyone. You are invited to partake in this thrilling mix of hands-on activities and interactive learning. Registration is based on a first-serve basis. Stay tuned for registration to open later this spring.

Come learn the traditional way to make moccasins, lacrosse sticks, black ash baskets, rattles, drum sticks, bead work, shawls, bird houses and more.

Campers enjoy a variety of activities like these from past camps: Language lessons, canoeing, kayaking, fishing, physical fitness, traditional games, creating a newsletter, cultural teachings, financial responsibility, summer ceremonies and more.

Session One
2nd - 5th grades
Tuesday, June 17 - Friday, June 20

Session Two
6th - 12th grades
Monday, June 23 - Friday, June 27

Registration opens April 7 online or by request via email or phone.

Updated Contact Information Needed for Efficient Communications

To maintain effective communications, it is critical that citizens keep their addresses—and those of their children—updated. Many addresses currently in our system are out of date or undeliverable. If you move, please let the enrollment office know as soon as possible, and have your and your dependent's address updated. If your bank account is closed, we mail a live check to you in the next Per Capita check run. If your address is undeliverable, you will not receive this check until you have updated your address.

Contact enrollment coordinator Beth Edelberg at (888)782-1001 to change your address.

Per Capita News

The Enrollment Office needs the following individuals to update their addresses so that these payments can be mailed. If there is an X in the column(s) by your name, you have either a Christmas check and /or per capita payments due to you. Please contact Beth Edelberg in the Enrollment Office at (269) 782-1763 or Barb Vincent in the Finance Department at (269) 462-4209.

Enrollment #	Name	Christmas					Monthly Per Cap
		2009	2010	2011	2012	2013	
83	John Dylan Watson	x	x	x	x	x	
202	Jeffrey Morseau					x	x
406	Michael Lynn Hewitt	x	x	x	x	x	x
857	Peter John Ramirez	x	x	x	x	x	
1446	Bobby Marcus Haynes	x	x	x	x	x	
1598	Siloman Askin Temple					x	
1986	Cristian M Cobb			x	x	x	x
2429	Larry Pierce Jr.					x	
2595	James Hamstra				x	x	
4227	Scott Brewer Jr		x	x	x	x	x
4442	Mason Tyler Currey					x	

Please note - you must have a deliverable address on file.

Attention 18- to 20-Year-Olds | Per Capita Information

Attention all high school seniors who are graduating from high school or individuals who may be completing their G.E.D. If you are at least 18 years old and have achieved either of these you are now eligible to receive your monthly per capita checks. All you have to do is send a copy to the Enrollment office. You may either mail or fax this. The address to mail to is:

Pokagon Band of Potawatomi
 Attn: Enrollment Office
 P O Box 180
 Dowagiac, MI 49047
 OR fax to: (269) 782-1964

The document must be received by April 15 in order to make it on the May 2014 check run. Anything received after April 15 will be processed on the check run for July. If you have any questions please call the direct per capita phone line at (269) 462-4209 or (269) 462-4200 or toll free (800) 517-0777.

Per Capita Important Dates

Deadline to receive Changes/updates/additions Received by Finance Department	Checks mailed out on	Check date Direct deposits in accounts
Friday, December 6, 2013	Thursday, December 19, 2013	Friday, December 20, 2013
Wednesday, January 15, 2014	Thursday, January 30, 2014	Friday, January 31, 2014
Friday, February 14, 2014	Thursday, February 27, 2014	Friday, February 28, 2014
Friday, March 14, 2014	Thursday, March 27, 2014	Friday, March 28, 2014
Tuesday, April 15, 2014	Tuesday, April 29, 2014	Wednesday, April 30, 2014
Thursday, May 15, 2014	Thursday, May 29, 2014	Friday, May 30, 2014
Friday, June 13, 2014	Thursday, June 26, 2014	Friday, June 27, 2014
Tuesday, July 15, 2014	Wednesday, July 30, 2014	Thursday, July 31, 2014
Friday, August 15, 2014	Thursday, August 28, 2014	Friday, August 29, 2014
Monday, September 15, 2014	Monday, September 29, 2014	Tuesday, September 30, 2014
Wednesday, October 15, 2014	Thursday, October 30, 2014	Friday, October 31, 2014
Monday, November 3, 2014*	Tuesday, November 25, 2014	Wed, November 26, 2014

* Please note that in December the deadline to receive changes is December 6 and November the deadline to receive changes is November 3, this is due to time limitations on all the events that occur at this time of the year.

Per Capita Direct Deposit & Tax Withholding Forms

For those tribal citizens receiving per capita checks in the mail and who do not have direct deposit, enclosed with your check you will find a direct deposit and a tax withholding form. These will be included with your check every month until we achieve 100% direct deposits.

The tribe is currently having mandatory direct deposit for per capita checks. In the case of individuals not being able to set up a bank account, the tribe is offering a cash card on which the per capita checks will be loaded onto every month. We are making efforts to give everyone a chance to set up a bank account of your choice and on your own.

As always, the tax withholding form is not mandatory although highly suggested as per capita payments are subject to federal and state taxes. The tribe only withholds federal taxes with a completed form, state taxes are the responsibility of the citizen.

If you have any questions, please call the direct per capita phone line at (269) 462-4209 or (269) 462-4200 or toll free (800) 517-0777. The per capita phone line and my extension both have lengthy messages listing various per capita information. Please leave a message and I will return your call as soon as possible. Both of the above stated forms are available online at www.Pokagonband-nsn.gov

Once you turn in a direct deposit form and as long as I receive it by the 15th of the month, the information will be entered into the system and the first month is always a test run to the bank, so the check will still be mailed to you. The following month, as long as I do not receive any errors from the bank, will be direct deposit. As earlier stated, you will continue to receive the two forms in with your checks every month. If you have completed a form, no need to fill out another one.

Tribal Council **March** Calendar of Events

- 3 Tribal Council Special Session, Administration, 10 a.m.
- 4 Gaming Authority Closed, Four Winds New Buffalo, 10 a.m.
- 8 Tribal Council, Community Center 10 a.m.
- 10 Tribal Council Special Session, Administration, 10 a.m.
- 11 Gaming Authority Closed, Four Winds New Buffalo, 10 a.m.
- 17 Tribal Council Special Session, Administration, 10 a.m.
- 18 Gaming Authority Closed, Four Winds Hartford, 10 a.m.
- 24 Tribal Council Special Session, Administration, 10 a.m.
- 25 Gaming Authority Closed, Four Winds New Buffalo, 10 a.m.
- 29 Annual Membership meeting, Dowagiac Middle School, 10 a.m.
- 31 Tribal Council Special Session, Administration, 10 a.m.

Please check the website, www.pokagonband-nsn.gov, or call (888) 782-2426 before attending to confirm that a meeting has not been cancelled.

To hear what is being served for the elders lunches in **March**, please call (269) 782-0765 or (800) 859-2717. Meals subject to change. Meal service begins at 12:00 noon.

Tribal Council **April** Calendar of Events

- 1 Gaming Authority Closed, Four Winds New Buffalo, 10 a.m.
- 7 Tribal Council Special Session, Administration, 10 a.m.
- 8 Gaming Authority Closed, Four Winds New Buffalo, 10 a.m.
- 12 Tribal Council, Community Center, 10 a.m.
- 14 Tribal Council Special Session, Administration, 10 a.m.
- 15 Gaming Authority Closed, Four Winds Hartford, 10 a.m.
- 21 Tribal Council Special Session, Administration, 10 a.m.
- 22 Gaming Authority Closed, Four Winds New Buffalo, 10 a.m.
- 28 Tribal Council Special Session, Administration, 10 a.m.
- 29 Gaming Authority Closed, Four Winds New Buffalo, 10 a.m.

Please check the website, www.pokagonband-nsn.gov, or call (888) 782-2426 before attending to confirm that a meeting has not been cancelled.

Blood Pressure



Native American adults are **1.3** times more likely to have high blood pressure.

120 / 80 normal blood pressure is at or below

Native American adults are almost **2x** more likely to die from diabetes-related complications.

FASTING BLOOD SUGAR SHOULD BE BELOW

↓ 100 mg/dL



Blood Sugar



Cholesterol Levels

TOTAL CHOLESTEROL LEVEL

↓ 200 mg/dL

↑ HDL (GOOD! CHOLESTEROL)

40 mg/dL

↓ LDL (BAD! CHOLESTEROL)

↓ 130 mg/dL

Traditionally, Native Americans were very active.

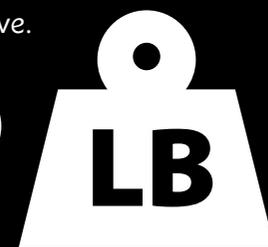
Body Mass Index (BMI)

underweight <18.5

normal weight 18.5–24.9

overweight 25–29.9

obese 30 or greater



30% OF NATIVE AMERICAN ADULTS ARE OBESE.



take action

Know Your Numbers

POKAGON HEALTH SERVICES

Tribal Office Directory

Administration
Information Technology
58620 Sink Rd.
(269) 782-8998
Toll Free (800) 517-0777
FAX (269) 782-6882

Commodities
(269) 782-3372
Toll Free (888) 281-1111
FAX (269) 782-7814

Communications
58620 Sink Rd.
(269) 782-8998

Compliance
58620 Sink Rd.
(269) 782-8998

Chi Ishobak
415 E Prairie Ronde Street
(269) 783-4157

Education and Training
58620 Sink Rd.
(269) 782-0887
Toll Free (888) 330-1234
FAX (269) 782-0985

Elders Program
53237 Townhall Rd.
(269) 782-0765
Toll Free (800) 859-2717
FAX (269) 782-1696

Election
58620 Sink Rd.
(269) 782-9475
Toll Free (888) 782-9475

Enrollment
58620 Sink Rd.
(269) 782-1763
FAX (269) 782-1964

Finance
58620 Sink Rd.
(269) 782-8998
Toll Free (800) 517-0777
FAX (269) 782-1028

Head Start
58620 Sink Rd.
(269) 783-0026/
(866) 250-6573
FAX (269) 782-9795

Health Services /
Behavioral Health
57392 M 51 South
(269) 782-4141
Toll Free (888) 440-1234
FAX (269) 782-8797

Housing & Facilities
27043 Potawatomi Trail
(269) 783-0443
FAX (269) 783-0452

Human Resources
58620 Sink Rd.
(269) 782-8998
FAX (269) 782-4253

Language & Culture
32142 Edwards St.
(269) 782-9602
FAX (269) 783-0452

Mno-Bmadsen
415 E. Prairie Ronde St.
(269) 783-4111

Natural Resources
32142 Edwards St.
(269) 782-9602
FAX (269) 783-0452

Social Services
58620 Sink Rd.
(269) 782-8998
Toll Free (800) 517-0777
FAX (269) 782-4295

South Bend Area Office
3733 Locust Street
South Bend, IN 46614
(574) 282-2638
Toll Free (800) 737-9223
FAX (574) 282-2974
(269) 782-8998

Tribal Council
58620 Sink Rd.
(269) 782-6323
Toll Free (888) 376-9988
FAX (269) 782-9625

Tribal Court
58620 Sink Rd.
(269) 783-0505/
FAX (269) 783-0519

Tribal Police
58155 M-51 South
(269) 782-2232
Toll Free (866) 399-0161
FAX (269) 782-7988

Tribal Council Directory

(888) 376-9988

Chairman

John Warren
(269) 214-2610
John.Warren@pokagonband-nsn.gov

Vice-chairman

Robert Moody, Jr
(269) 783-9379
Bob.Moody@pokagonband-nsn.gov

Acting Treasurer

Tom Topash
(269) 470-3745
Tom.Topash@pokagonband-nsn.gov

Secretary

Faye Wesaw
(269) 782-1864
Faye.Wesaw@pokagonband-nsn.gov

Member at large

Steve Winchester
(269) 591-0119
Steve.Winchester@pokagonband-nsn.gov

Member at large

Thomas Wesaw
(269) 783-6831
Tom.Wesaw@pokagonband-nsn.gov

Elders Representative

Carl Wesaw
(269) 240-8092
Carl.Wesaw@pokagonband-nsn.gov

Member at large

Marie Manley-Harwood
(269) 214-2609
Marie.Manley@pokagonband-nsn.gov

Member at large

Trudy Loeding
(269) 783-6292
Trudy.Loeding@pokagonband-nsn.gov

Member at large

Roger Rader
(269) 783-9039
Roger.Rader@pokagonband-nsn.gov

Executive Secretary

Kelly Curran
(269) 591-0604
Kelly.Curran@pokagonband-nsn.gov

Elders Council Directory

Elders Hall (800) 859-2717 or (269) 782-0765

Chair

Vacant
(269) 462-5139

Vice Chair

Maxine Margiotta
(269) 783-6102

Secretary

Audrey Huston
(269) 591-4519

Treasurer

Clarence White
(269) 876-1118

Member at Large

Ruth Saldivar
(269) 214-1279

Senior Youth Council Directory

Chairman

Collin Church
Collin.Church@pokagonband-nsn.gov

Treasurer

Alex Wesaw
Alex.Wesaw@pokagonband-nsn.gov

Secretary

Cassandra Church
Cassandra.Church@pokagonband-nsn.gov

Member at large

Jenna Huffman
Jenna.Huffman@pokagonband-nsn.gov

Member at large

Skyler Daisy
Skyler.Daisy@pokagonband-nsn.gov

Dean Orvis

Youth Cultural Coordinator
(269) 462-4290

Junior and Senior Youth Council Members Wanted

Both Senior and Junior Youth Councils are open to any Pokagon youngster. Anyone can join, and eventually run for the executive board. Besides the age divisions, there are differences between the two groups. The Junior Youth Council provides a voice for native youth between the ages of 12 and 18. The Council promotes the development of future tribal leaders through educational attainment and Potawatomi language, culture, pride, and identity. The Junior Youth Council also coordinates community service projects and provides opportunities for native youth to interact for fun and friendship.

The Senior Youth Council provides a voice for Pokagon citizens between the ages of 18 and 24. The Senior Youth Council also coordinates community service projects and provides opportunities for Pokagon young adults to interact for fun and friendship. The Council mobilizes members toward positive goals, promotes the development of future tribal leaders and educates native youth about tribal government.

Nmébne Gises March Citizen Announcements



Happy 6th birthday
March 31 **Sydney Ann Morseau-Olson.**

Love, Mom, Dad, Chelsy, and James



Happy 2nd birthday
March 23 **James Andrew Morseau-Olson**

Mom, Dad, Chelsy, and Sydney



Happy 5th birthday, **Ryleigh!**
Love, Mommy and Daddy

Happy 10th birthday February 19 **Kayla!** I am so proud to be your mom! I hope you have the best birthday ever! I can't wait to celebrate your party with all your friends and family!



Ruth Marian Zimmerman
June 16, 1922 – January 21, 2014

She was born in Kalamazoo and has lived her entire life in the area. She married Harold Zimmerman in 1941 and he preceded her in death in 1988. Together they owned and operated R&H Enterprises for more than 30 years. Services were held at the Parchment United Methodist Church, 225 Glendale, of which she was member for more than 50 years. Burial will be in the East Cooper Cemetery. Members of her family include her children: Dan (Pat) Zimmerman, Bonnie (Brian) Spaulding, Steve (Claudia) Zimmerman, and Betti (Ron) Wielenga; 9 grandchildren; many great-grandchildren; a great-great-grandchild; and a sister, Phyllis Taber. Besides her husband she was preceded in death by her brother, Arthur Major and a granddaughter Maj-Britt Ann Spaulding. Please visit Ruth's personal memory page at www.lifestorynet.com where you can read her life story, archive a favorite memory or photo and sign her guestbook online. Contributions may be made to the Shriners Hospital for Children or Hospice Care of Southwest Michigan.

In Loving Memory of...



Hillary DeGraw
March 30, 1990—January 15, 2014

My Sweet Babydoll
They say there is reason for everything in life
I don't understand why you had to go
But I know one day I will see you again
Until then, I will miss you everyday
And carry your memory with me always.
I love you

Love Uncle Bill



Happy birthday to **Gail Lewis Williams** March 5
Love little bro Billy



Happy 26th birthday to niece **Monica Leigh DeGraw**

Love Uncle Bill



Pokégnek Bodéwadmik
POKAGON BAND OF POTAWATOMI

Interns Wanted

Applications are now available for the Pokagon College Summer 2014 Internship Program.

The eight-week program runs from Monday, June 9 through Friday, August 1, 2014.

Pokagon college students will have the opportunity to gain work experience in Pokagon tribal government offices.

Tribal citizens 18 years and older by June 9, 2014 who have completed 12 or more college credits and intend to continue college in the fall 2014 semester are eligible to apply.

Interested? For more information and to download your application visit www.pokagonband-nsn.gov. To have an application sent to you, contact the Pokagon Department of Education at (888) 330-1234 or connie.baber@pokagonband-nsn.gov.

Applications are due by March 10, 2014



FOUR WINDS®

CASINO RESORT
HARTFORD | DOWAGIAC
NEW BUFFALO

POKAGON CITIZENS SUMMER INTERNSHIP

Interested in applying for the summer internship at Four Winds?

This program is open to all Tribal Citizens that are enrolled in college.

• 8 week program (June-July 2014)

• Paid internship, with housing and clothing stipend, and mileage.

• Must be 18 years of age or above, enrolled full time into college for Fall 2014.

For more information, please contact:

Jessica Christner
Director Tribal Placement and Development
269.926.5336

Application deadline April 30, 2014.
Apply online at www.fourwindscasino.com.