



POKÉGNEK YAJDANAWA

THE POKAGONS TELL IT

Nmébné gises March 2015

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Pokagon Youth Share Native American Experience with Secretary of Education

By Jennifer Klemm-Dougherty

During the sixth White House Tribal Nations Conference, President Obama announced that members of his Cabinet would visit Indian Country to hear directly from native youth on how to improve the lives and opportunities for the next generation. This year, Obama Administration Cabinet Secretaries will hold listening sessions with native youth across the country.



“It was exciting for the students to educate the director about their experiences,” said Stohrer. “They also had the opportunity to share stories with other Native American students from all over the country, including Alaska and Hawaii.”

“The biggest takeaway from this event was that it gave

these students confidence in their voices,” explained Stohrer.

Two Pokagon youth were selected to attend a listening session with the Secretary of Education, Arne Duncan. They traveled with a male and female chaperone to Washington D.C. in January.

“The students, ages 15 and 13, were selected to go to this event,” said Dan Stohrer, youth services coordinator with the Department of Language and Culture. “Both of these students attended a listening session in Lansing. They each had an opportunity to speak about education and being a Native American.”

Statistically, native children are more likely to have substance abuse problems than any other racial group. Suicide is the leading cause of death among native youths, and many native children grow up in communities with higher rates of drugs, violence and poverty. Hearing the voices of the youth is critical to developing plans to improve their lives and the lives of future generations.

A month after the session in Lansing, Stohrer received a call asking the Pokagon students to come to Washington D.C. Youth Services Connection sponsored trip.

Sugar Bush Season Brings New Equipment, Smoother Process

The Department of Language and Culture purchased new equipment for this year's sugar bush season to ensure a smoother, less wasteful process.

Call Language and Culture at (269) 462-4325 to volunteer and start using this new equipment. More traditional methods of sugar bushing are also available.

The new evaporator replaces one from previous years that was worn out from use. The new evaporator is modern, but still derives heat from a wood fire.



We have 100 new taps and buckets that will catch the sap. The bags hung from the trees during previous seasons were prone to freezing and breaking. The new buckets have lids and will be easier to dump into the storage container.



After we dump the sap from the buckets into the large storage container, the sap will flow through the float and into the evaporator. From there, we will pour the sap into the finisher and then into the bottles.



The float is a brand new piece of equipment for the Band. It connects the storage container and the evaporator. It allows only the maximum of 30 gallons of sap to flow into the evaporator, closing off when the evaporator is full. This will prevent sap from burning or running over.

After the sap is boiled in the evaporator, it will be filtered, cleaned, and brought to bottling temperature in the finisher, another piece of equipment the Band has never used. This will also ensure the syrup will not be burned and wasted.

The final new item we are using this season is a syrup hydrometer. This is a thermometer made just for use with syrup, so we can be sure the syrup is at the correct temperature for bottling.

Circuit Healing Program Brings Improved Health for Citizens Struggling with Addiction

By Jennifer Klemm-Dougherty

The Pokagon Band's Behavior Health program will launch a circuit healing program in March. The goal of the program is to establish a better spiritual equilibrium between individuals and their universe. This translates into an improved physical and mental state.

Circuit healing encompasses a form of touch therapy and/or massage, auricular acupuncture, and breath and energy work through motivational interviewing and cognitive reframing counseling.

"We are so excited to bring this program to the tribe," said Daun Bieda, Behavioral Health program supervisor. "We are excited to help others establish a better spiritual equilibrium. The goal is to decrease the symptoms of participants and create better wellness."

The program last for 12 weeks, and symptoms are monitored monthly. "We don't want people dependent on circuit healing, and we aim to eventually move them into a counseling or therapy setting," explained Bieda.



To qualify for this program, participants must be at least 18 years of age and have a history or current struggle with alcohol and/or drug use, and have symptoms of depression, anxiety or stress. Participants must be willing to enroll in the Access to Recovery program. All individuals will be asked to participate in all three thirty minute circuits (massage, counseling and acupuncture) on a weekly basis for 12 weeks.

A licensed massage therapist will provide the touch therapy. The massage will include Native American healing practices such as smudging, aromatherapy, drumming and/or music, and deep breathing.

A licensed professional counselor will be conducting the therapeutic counseling sessions. A staff member certified by the National Acupuncture Detoxification Association will provide the acupuncture circuit.

There are currently more than a dozen citizens on the waiting list for Circuit Healing. Others interested in learning more about the program should contact Jessica in Behavioral Health at (269) 462-4459.

Understanding Purchased/Referred Care Program Requirements

By Priscilla Gatties, PHS business manager

Purchased/Referred Care, or PRC, used to be known as Contract Health Services, and is a program that is open to Pokagon Band citizens who reside in the ten county service delivery area (Allegan, Van Buren, Cass and Berrien counties in Michigan, and La Porte, St Joseph, Elkhart, Starke, Marshall and Kosciusko counties in Indiana). PRC assists with payment of medical bills when these services have been referred out by one of our Pokagon Health Services Providers.

To register and stay eligible for the program, you will need to do the following:

1. Provide Pokagon Health Services with the following documents:
 - a. Your Pokagon Band tribal ID or a letter of enrollment
 - b. Your current state driver's license or state ID, or one piece of mail (not personal or tribal government mail) i.e. a recent utility bill with your name and address
2. Call in to update your information on file every year during your birthday month, and provide updated documentation as requested.
3. Change your Primary Care Provider to Pokagon Health Services:
 - a. Schedule an appointment with a Pokagon Health Services Primary Care Provider to establish your care
 - b. Keep your PHS Provider as your Primary Care Provider and have at least one follow up appointment every three years. Make sure to keep your scheduled appointments.
4. If you have no other insurance, you will need apply for other health coverage programs such as Medicaid. Our staff can help you apply. If you are denied for a valid reason, you will still be eligible for PRC.

In order for your services outside of PHS to be covered, you will be assigned to a Referral Specialist. Your services must be referred from PHS and approved ahead of time:

1. A referral can come from your PHS Provider or in some cases from your Referral Specialist.
2. Your Referral Specialist will help you set up your appointments with approved providers.
3. You must report all your appointments to you Referral Specialist ahead of time. You will be given a confirmation number when you report your appointments.
4. Your Referral Specialist can approve your appointment, or will let you know if your visit will need to be taken to our Medical Care Review Committee for approval.

In some emergency situations, you will need to go to the ER or a Walk In clinic and will not be able to get authorization for your visit ahead of time. For those situations, please remember:

1. You have 72 hours to report your emergency visit to Pokagon Health Services. If you are over 65 years of age, or legally disabled, then you have 30 days to report your emergency visit.
2. Only use the emergency room in situations where you feel your life or limb is in danger, i.e. if you are having difficulty breathing, or you have broken your leg in an accident.
3. Before you use a walk in facility, you must attempt to use the PHS Clinic. If there are no appointments, a nurse will advise you where to go and your Referral Specialist can authorize your walk in visit.

Things to remember:

1. When you become eligible, you will get a Purchased/Referred Care Card with your own unique ID number. Make sure to give that card

along with all other insurance cards to your outside provider's office when you have an appointment. Our billing address is on the card, and your provider will know where to send your claims.

2. If you do receive a bill for a service that should be covered by PRC, please call the provider's office right away to make sure they send your claims to Pokagon Health Services. If the provider continues to bill you, bring your bill to the PRC department and we will assist you.
3. If PRC has paid on your claim and your provider sends you a bill for the balance, bring your bill to PRC right away. Your provider should not bill you for any balance once PRC has paid your claim.
4. If PRC denies your claim, you will get a denial notice in the mail. If you wish to dispute the denial, you can write an appeal letter. Instructions on where to send the appeal letter will be on the denial notice.

Contact Numbers:

To register for PRC or update your information for your birthday month: (269) 782-4141

To report your emergency appointments after-hours: (269) 782-4141

For assistance with your Medicaid application: Carlos Aguayo, (269) 462-4418

To report and get authorization for upcoming appointments:

(269) 462-4421 – Shawnee Owen (A-L)

(269) 462-4407 – Coralee Graham (M-Z)

To call about a bill you received: (269) 462-4411 – Carlee Maddox

For any other questions about the PRC program: (269) 462-4403 – Priscilla Gatties

March is National Nutrition Month

By Marcy Herbert, PHS registered dietician

The Academy of Nutrition and Dietetics is urging us to get on board and bite into a healthy lifestyle. This involves regular physical activity and an eating pattern that meets individual nutrient needs within calorie limits, which is vital to maintaining good health and quality of life.

Making small changes based on Dietary Guidelines will help you get started.

- Enjoy your food, but eat less
- Avoid oversized portions
- Make half your plate fruits and vegetables
- Switch to fat-free or low-fat (1%) milk
- Compare sodium in foods like soup, bread, and frozen meals, and choose the foods with lower numbers.
- Drink water instead of sugary drinks.

The Dietary and MyPlate Guidelines combined will help you:

- Find balance between food and physical activity to manage your weight
- Reduce food and food components linked to increased health risks
- Increase food and nutrients that promote health while staying within your calorie needs
- Build a healthful eating pattern

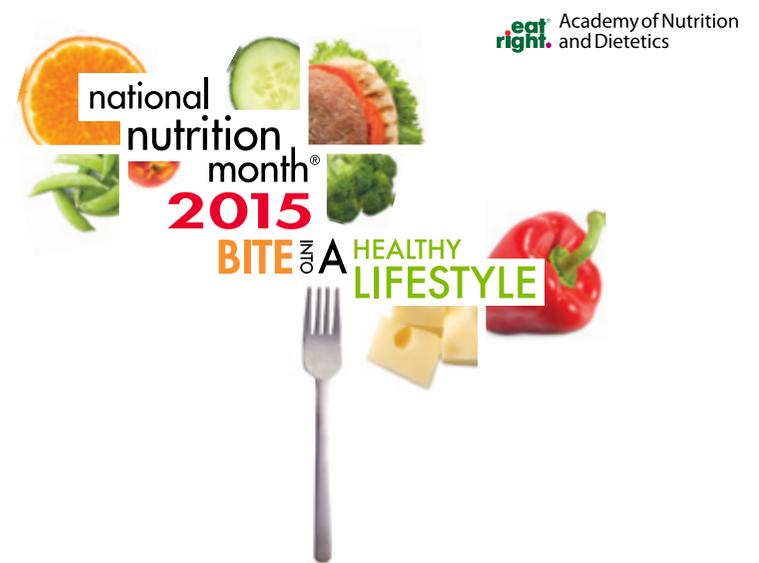
Log in and take this quick quiz to see where you can start to make changes.

www.eatright.org/nnm/games/quiz/index.html

Please contact Marcy Herbert, registered dietitian at Pokagon Health Services at (269) 782-4141 to set up an individualized plan to meet your lifestyle, preferences and health-related needs.



www.eatright.org/nnm/games/quiz/index.html



March is Colorectal Cancer Awareness Month

By Liz Leffler, community health nurse

Colorectal cancer is cancer that occurs in the colon or rectum. The colon is the large intestine or large bowel. The rectum is the passageway that connects the colon to the anus. Sometimes called colon cancer, this is the second leading cancer killer in the United States. If everyone aged 50 years or older had regular screening tests, at least 60 percent of deaths from this cancer could be avoided.

Anyone can get colorectal cancer. It is most commonly found in people over the age of 50, and the risk increases the older you are. Characteristics that increase your risk of colorectal cancer include: having a close relative that had colorectal polyps or colorectal cancer, having inflammatory bowel disease, or having a genetic syndrome such as familial adenomatous polyposis (FAP) or hereditary nonpolyposis colorectal cancer. People at high risk for colorectal cancer may need earlier or more frequent tests than others. Talk to your doctor about when to begin screening and how often you should be tested.

If you are over the age of 50, getting colorectal cancer screening test could save your life.

- Colorectal cancer usually starts from polyps in the colon or rectum. A polyp is a growth that shouldn't be there.
- Over time, some polyps can turn into cancer.
- Screening tests can find polyps, so they can be removed before they turn into cancer.
- Screening tests also can find colorectal cancer early. When it is found early, the chance of being cured is good.

Some people think that they would have symptoms of colorectal cancer and this is not necessarily true. Early stage colorectal cancer does not always cause symptoms, especially at first. This means that someone could have polyps or colorectal cancer and not know it. That is why having a screening test is so important. There are several types of screening tests used to find polyps or colorectal cancer.

Some symptoms you might have are listed below:

- Blood in or on your stool (bowel movement).
- Stomach pain, aches, or cramps that don't go away.
- Losing weight and you don't know why.

If you have any of these symptoms, talk to your doctor. These symptoms may be caused by something other than cancer.

Many insurance plans and Medicare help pay for colorectal cancer screening tests. Check with your plan to see which tests are covered for you.

Pokégnek Yajdanawa

Pokégnek Yajdanawa is the monthly voice of Pokégnek Bodéwadmik, the Pokagon Band of the Potawatomi. Citizens are encouraged to submit original letters, stories, pictures, poetry and announcements for publication in *Pokégnek Yajdanawa*. Submissions are subject to the established guidelines.

The deadline for citizen submissions for the newsletter is always the fourteenth of each month. Please send items for publication to:

Pokégnek Yajdanawa

Box 180

Dowagiac, MI 49047

Pokagon.Newsletter@PokagonBand-nsn.gov

One Story Project Hosts Walking In Two Worlds, MockUps Workshop

What does it mean to “walk in two worlds” or to “walk in multiple worlds?” The One Story Reading Project participants met at the Pokagon Band Community Center on February 12 to explore these ideas through art. They designed MockUps, which are miniature models of shoes created by the multicultural artist Louie Gong to show unique aspects of themselves.

If you weren't able to attend the workshop, it is not too late to participate; the Department of Education still has materials available. We ask that all MockUps be completed by April 14 and given to the Department of Education to display when

Louie Gong is here as a special guest. He will be presenting at two local events in April: a One Story presentation open to the public at Southwestern Michigan College, and also a speaking engagement at the Michigan Tribal Education Directors Conference in New Buffalo.

If you want to make MockUps or have any questions, please contact Kristie Bussler at (269) 462-4222 or Kristie.Bussler@Pokagonband-nsn.gov.



Your love shelters our children. Pokagon Band families foster.

Neshnabe teachings say that caring for the children is everyone's responsibility. Traditionally, extended family and clan family members would take responsibility for their children if parents couldn't.

Today many Pokagon children need your help. Becoming a tribal foster parent isn't difficult. Besides getting a background check and a license, all you need is patience, caring and commitment. Licensing classes are free; many counties reimburse for child care while you take classes.

“I would suggest anybody give it a try, the process is nothing like what you might imagine,” says one foster parent. “The need was greater than what you'd expect.”

For this parent, one of the best parts of fostering has been seeing how happy the children are. “It opens your eyes and helps you become more involved in your own culture, and how important it is for the whole community to be a family.”

To learn more about fostering Pokagon children, please contact the Department of Social Services at (269) 462-4216.

Regalia Class Draws Largest Ever Attendance

The Regalia 101 Class on Sunday, February 15, drew 53 members of the community of all ages, creating the largest ever attendance.

“Regalia is for the community,” said Patty Jo Kublik, cultural activities coordinator. “It’s good medicine to be together.”

Young ones raced about the Community Center and made crafts, while others glued, sewed, and beaded at tables. People were creating regalia for themselves—some for the first time—and for our little ones. Elders Cathy Ford, Kathy Grant,

and Margaret Rapp worked on regalia for children at Head Start. Across the room, tribal spouse Susan Magnuson started her first regalia, to be entirely made from buckskin.

Citizens of the Huron, Gunn Lake, and Prairie Bands joined the Pokagon Band at the class. Madeline Big Bear and Jefferson Ballew presented.

The next class is Sunday, March 8 from 1:00 p.m. to 5:00 p.m. You can bring food to share, and other snacks will be provided.



Pokagon Wellness Center Member Spotlight: Lorraine K. Grewett

Why do you use the Pokagon Band Wellness Center?

It’s become part of my daily routine. Every morning before work I walk/jog on the treadmill. At lunch time two to three times a week I lift weights. Makes me feel great and energized for the day.

What do you like most about the Pokagon Band Wellness Center?

Convenience. I don’t have any excuse to not use it. The equipment is so user friendly and there’s always someone to assist if you have any questions.

What would you say to someone who has never been to the Pokagon Wellness Center?

TRY IT. You’ll only feel better.

Do you have any specific goals or events you are training to accomplish?

I started out wanting to lose some weight for my daughter’s wedding in May, but now I utilize the Center for myself. It makes me feel great every day.

What would you like others to know about you or the facility?

I love working for the Pokagon Band and serving the Native American community. My father and both of his parents were full-blooded Anishnabe and I feel blessed to have had them as my family and fell blessed to now work with our people.

Mishkowze | Be strong. Do well.

Join the staff at Pokagon Health Services of each month at the Pokagon Health Center to better understand your health, take steps to improve your wellness, and support others in their efforts. We’ll meet at 5 p.m. on the second Thursday of each month at the Pokagon Health Center to hear from experts on health topics of the month, to share a meal and to give prizes.

March 12

Colorectal Cancer Awareness
Nutrition Month

April 9

Alcoholism Awareness
Every Kid Healthy
National Addictions

May 14

American Stroke Awareness
Sports Fitness
National Blood Pressure Awareness
Women’s Health Care Month

Wesaw Appointed to U.S. Civil Rights Commission Committee

Matthew J. Wesaw, director of the Michigan Department of Civil Rights (MDCR), has been appointed to serve on the United States Civil Rights Commission's (USCCR) Michigan Advisory Committee. The two-year appointment was effective as of January 29.

Wesaw has been MDCR director since November 2013. Prior to joining the department, he served as member, vice chairman and past chairman of the

Pokagon Band Tribal Council. Wesaw worked 26 years for the Michigan State Police and six years with the Michigan State Police Troopers Association.

The USCCR was created by the Civil Rights Act of 1957 as an independent, bi-partisan federal agency whose mission is to inform the development of national civil rights policy and enhance the enforcement of federal civil rights laws. The USCCR is comprised of eight commissioners, half of whom

are appointed by the President and half of whom are appointed by Congress. Fifty-one State Advisory Committees (representing all 50 states and the District of Columbia) are made up of citizen volunteers who are appointed by commissioners to assist with fact-finding, investigation and information sharing.

Dreamcatchers Applications Coming Soon



Although it may be hard to imagine, July is just around the corner. The Department of Education is busy preparing for Dreamcatchers 2015, which will run from July 6 – July 30. Dreamcatchers is an excellent opportunity for Pokagon Band youth to learn about native culture while also growing in the areas of STEM (science, technology, engineering, and mathematics). Every week, the students will participate in classroom activities and will also travel to fun and educational places to enrich their learning experience.

Once again, the program will be open to students entering Kindergarten through 12th grades. Stay tuned for more Dreamcatchers details.

Riddle

Last month's riddle winner is **Caitlin Williams** who answered, "Why do melons need to be married in churches?" The answer was "They cantaloupe."

Collin Church won a gift card for his riddle being selected. Check it out:

"What does a Native American Biologist live in?"

Mail or e-mail your correct answer to susan.doyle@pokagonband-nsn.gov and you will be entered in a drawing to win a gift card. Mail or e-mail your own riddle and the person whose riddle is selected for the next newsletter will also win a gift card.

Language & Culture Seeking Workshop Presenters

Language and Culture is in need of presenters and volunteers for workshops, sugar season and seasonal story telling. If you have a talent, stories to share, workshop ideas, gardening, sugar bush ideas, teachings to pass on and would like to be part of our traditions and culture, please contact Language and Culture at (269) 462-4325.

Elders Engage with Social Media, E-Readers

Several Elders attended the February workshop on social media and its many uses. The next Elders training on March 5 will concentrate on:

- Accessing Facebook (FB)
- Creating a FB account
- Downloading a FB Photo
- Updating/creating FB Status
- FB do's and don'ts

The E-Reader workshop will be April 15 at 4:00 p.m. at the Silver Creek Event Center at Four Winds New Buffalo during the Michigan Tribal Education Directors Association Conference April 14–16.



Please pre-register at www.pokagon.com/form/elders-kindle-workshop to receive a Kindle at the workshop.



Pokagon Band of Potawatomi
Department of Language & Culture

DRUM CLASSES

South Bend Drum Class

3733 Locust Road
South Bend, IN 46614
6:00 pm–8:00 pm

2015

March 4 June 3
April 1 July 1
May 6

Dowagiac Drum Class

Department of Language and Culture
586853 Sink Road, Dowagiac, MI 49047
6:00 pm–8:00 pm

2015

March 11 June 10
April 8 July 8
May 13

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For more information, please contact Nicole Holloway at (269) 462-4325 or nicole.holloway@pokagonband-nsn.gov.

Chi Ishobak Welcomes New Team Member

Chi Ishobak recently hired Eric Stovern of Dowagiac as the new financial services manager. Eric started with Chi Ishobak on February 16 and will manage all aspects of Chi Ishobak's loan program and individual development account (IDA) program.

"We are very excited to have Eric as part of the team." Sean Winters, Chi Ishobak's executive director stated, "With his background and vision, he will definitely be an asset for our organization and we are fortunate to have him on board."

Eric moved to Dowagiac in 1979 and has been an active member of the community ever since. He is a graduate of Dowagiac Union High School. He received his Bachelors of Business Administration from Western Michigan University and a Master's of Business Administration from Bethel College. His professional experience includes small-business ownership, international non-profit administration, and college professor.

Chi Ishobak is a Community Development Institution (CDFI) that provides financial products and services to the Pokagon Band of Potawatomi Indians. If you would like to learn more about Chi Ishobak's programs, services, or to greet our newest team member, please contact Eric Stovern at the information listed below.

Chi Ishobak, Inc.
P.O. Box 766
27043 Potawatomi Trail
Dowagiac, MI 49047
(269) 783-4157
eric.stovern@chiishobak.org
www.chiishobak.org



DEPARTMENT OF EDUCATION
THE EARLY CHILDHOOD EDUCATION PROGRAM

Gwikwé'amen Introduction to Program Services Workshop



March 21, 2015
9:00 am–2:00 PM
Community Center
27043 Potawatomi Trail | Dowagiac, MI 49047

The Early Childhood Education program offers quarterly workshops named Gwikwé'amen (gweek-way-ah-min). The verb Gwikwé'amen talks about us wrapping up a child with a blanket as a symbol of love and devotion. This comes from our hearts and the desire to take care of each other. It is our job to look out for one another, especially our children. These workshops extend information on various topics, such as positive parenting, prenatal/infancy care, early literacy, school readiness, and cultural teachings. Gwikwé'amen will be held at the Community Center from 9:00 am to 2:00 pm on Saturdays:

- March 21** Gwikwé'amen workshop focuses on "Introduction to Program Services"
- June 6** Gwikwé'amen workshop focuses on "Honoring Our Children"
- September 26** Gwikwé'amen workshop focuses on "Positive Parenting Techniques"
- December 5** Gwikwé'amen workshop focuses on "Pokagon Holly Fair"

For a description of the full meaning behind Gwikwé'amen, please see www.pokagonband-nsn.gov/government/departments/education



2015 FINANCIAL WELLNESS WORKSHOPS

Chi Ishobak is introducing an updated financial education program for Pokagon Band citizens, families, and employees. More than just information, this program is designed to identify financial behaviors and the cultural relevance associated with those behaviors. This workshop will cover six components that address the basic aspects of personal financial management and provide participants with the tools and processes to take control of their financial health. These areas include: savings, communication, budgeting, debt, and credit building.

Saturday, February 7	10:00 am – 2:00 pm
Saturday, May 2	10:00 am – 2:00 pm
Saturday, August 1	10:00 am – 2:00 pm
Saturday, November 7	10:00 am – 2:00 pm

The Community Center
27043 Potawatomi Trail, Dowagiac, MI 49047

- Lunch will be provided
- There is no registration fee
- Please call to confirm attendance

For more information, please contact Sean Winters at (269) 783-4157 or at sean.winters@chiishobak.org

Apply for a Summer College Internship with the Pokagon Government

All Pokagon college students interested in participating in the Pokagon College Internship are invited to apply here: www.pokagon.com/form/summer-college-internship-application. This program is a paid, eight-week summer internship program for tribal citizens attending college. Job placements will be in various tribal offices in Dowagiac, Michigan. Possible placements include the following departments: Housing, Health Services, Information Technology, Social Services, Human Resources, Education, Natural Resources, Tribal Court, Communications, Tribal Police, Finance, and Language and Culture. If you have any questions please call the Department of Education (269) 782 -0887.



www.pokagon.com/form/summer-college-internship-application

Mno-Bmadsen Establishes Seven Generations Construction Director of Construction Joins Company

Mno-Bmadsen recently announced the establishment of Seven Generations Construction, LLC (7GenConstruction) and that Robert J. Farkas has joined the firm as director of construction. 7GenConstruction, LLC is wholly owned by Mno-Bmadsen, the holding arm of the Pokagon Band of Potawatomi Indians. 7GenConstruction will provide design/build, general construction, construction management services throughout the Midwest and eastern seaboard states. 7GenConstruction will function primarily in the federal, corporate/commercial, tribal and education markets from offices in South Bend, Indiana and Kalamazoo, Michigan.

Farkas is responsible for the ground-up development of construction project delivery systems across all vertical markets and all in-house performance contracting entities. 7GenConstruction, in tandem with Seven Generations Architecture & Engineering, LLC (7GenAE), provides comprehensive building solutions by offering architecture, engineering and construction services.

“Bob’s addition to our team is huge as it represents a significant expansion of our services and capabilities,” said Troy Clay, chief executive officer at Mno-Bmadsen. “He has a depth of experience in the design/build delivery model that will enable us to add a valuable dimension to 7Gen’s overall operation. The company will now include design/build, construction management at risk, general construction and self-performing general trades as client offerings.”

Farkas will lead all phases of design-bid-build and design/build project delivery. He attended Ball State University before settling in at Purdue University to pursue a degree in civil engineering. Before joining 7GenConstruction, Farkas served as project executive and the manager of field operations for Wight & Company in Darien, IL. He was responsible for corporate safety and field logistics in addition to his project and program roles throughout the operational geography of the construction group. Farkas contributed to all business segments and holds a diverse project history spanning several key vertical markets including K12, higher education and federal contracting. Mr. Farkas led Wight’s Indiana business, maintaining a constant presence on projects throughout the state for more than a decade. Prior to that, Bob spent eight years in progressive roles with Walsh Construction before establishing Terra Group, Inc., as a general construction and construction management entity based in New Buffalo, MI. Terra Group, Inc. provided construction services to local government and private business entities throughout Northwest Indiana and Southwest Michigan.



DEPARTMENT OF EDUCATION

Wild Kratts Live!

**Saturday, April 25, 2015
2:00 PM
Lake Michigan College
Mendel Center Mainstage**

In collaboration with Lake Michigan College, the Early Childhood Education program is offering free tickets (5 ticket limit per household) to Wild Kratts Live! on Saturday, April 25, 2015 at 2 p.m. at the Mendel Center Mainstage! Select tickets will be raffled at Gwíkwé’amen: Introduction to Program Services on Saturday, March 21, 2015 from 9 a.m. to 2 p.m.

Pokagon families may also register online at the Pokagon website starting March 25.

A PBS Kids favorite is coming to the Mendel Center Mainstage! Animated Kratt Brothers, Martin and Chris, come to “real life” in a classic Wild Kratts story. Off to the Creature Rescue, the Kratt Brothers activate some fan-favorite creature power suits to confront a comic villain. Through hilarious pratfalls and amazing animal wow facts, the Wild Kratts team rescues a helpless animal friend and returns her home “living free and in the wild!”

Great for ages 3 to Grade 5!

<http://lmcmainstage.org/kratts/>

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FOUR WINDS®
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POKAGON SUMMER INTERNSHIP

Interested in applying for the summer internship at Four Winds?
Please see the requirements below for participation in this program.

- A Pokagon Band Citizen or Spouse of Pokagon Band Citizen
- Paid internship, with housing* and clothing stipend, and mileage.
- 8 week program (June 8 - July 30, 2015)
- Enrolled full time in college for Fall 2015.
- Must be 18 years of age or older

For more information, please contact:

Duane Meyers
Manager of Tribal Placement and Development
269-926-5249 or dmeyers@fourwindscasino.com

Application deadline April 17, 2015.
Apply online at www.fourwindscasino.com.

*Certain restrictions apply.

3282-4.01.2015

Team Sees Positive Changes at Accu-Mold

By Jennifer Klemm-Dougherty

In an effort to learn more about the businesses owned by Mno-Bmadsen, Chairman Warren recently visited Accu-Mold. Accu-Mold is a plastic engineering and tooling company located in Portage, Michigan. They have been in business for more than 40 years, and were acquired by Mno-Bmadsen, the economic development company chartered by the Pokagon Band.

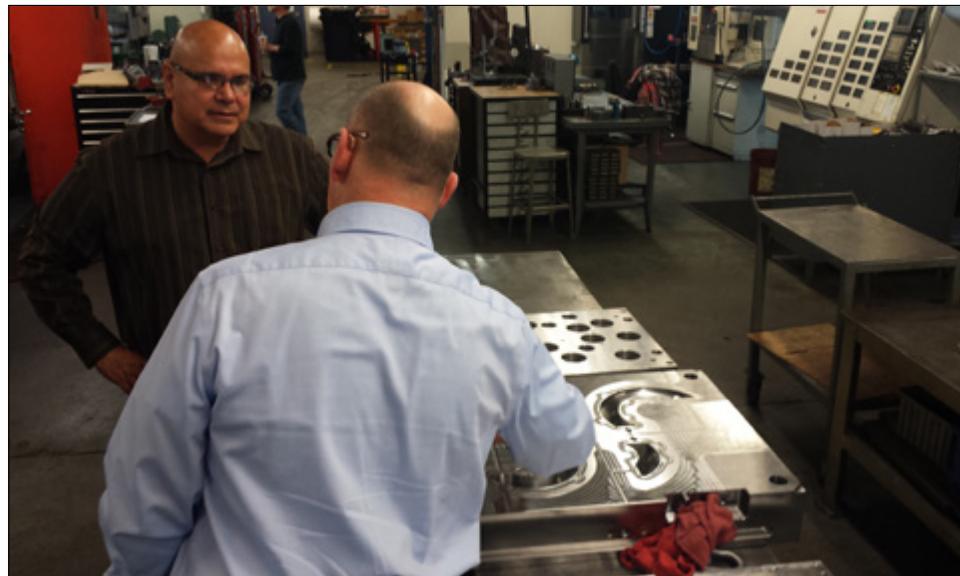
“Chairman Warren has a background in machining,” said Larry Gildea, president of Accu-Mold. “He enjoyed seeing the changes, equipment, and the level of technology that we have here.”

Since Mno-Bmadsen acquired Accu-Mold, they have made a significant investment in equipment. This advanced equipment requires extensive training, and Gildea reports that they are about 40 percent through the learning curve. This new equipment has brought in a new level of customer.

“After these customer toured our facility and saw firsthand our commitment, we were able to build trust with them,” said Gildea.

One benefit of being a tribally-owned business is gaining access to grant money through the MEDC. Accu-Mold received a \$500,000 matching grant that went toward purchasing the new equipment.

In addition to purchasing new equipment, Accu-Mold has transitioned to more of a team-oriented approach. They focus on each employee having a diverse skill set, and they are creating a culture of humility and team play. “Our goal is to have employees who are passionate about their role and competent in their job,” explained Gildea. “We are about 90% through this transition, and we continue to communicate our expectations to our team.”



The team at Accu-Mold has put a high priority on keeping promises to their customers, making good on delivery times, and reducing lead times. This has led to customer satisfaction that builds trust.

The employees of Accu-Mold are excited about their upcoming move. “We have a purchase agreement for a property one mile north of our current location. This is a \$1.5 million dollar project that will increase our square footage threefold,” said Gildea. They expect to be in their new location by late summer.

Pokagon Band of Potawatomi
Pokagon Health Services

HEALTHY LUNCH

Join Marcy Herbert, Pokagon Band dietician, for a healthy lunch every third Wednesday as she discusses topics around nutrition.

All healthy lunch presentations are 12:00 pm to 1:00 pm in the kitchen of the Commodities Building
58650 Sink Road
Dowagiac, MI 49047

The menu for the **March 18 Healthy Lunch** is **stuffed green peppers with a healthy dessert**. Mark your calendar for the next lunches on April 15 and May 20.

For more information and to RSVP, contact Marcy Herbert at (269) 782-2472 or marcy.herbert@pokagonband-nsn.gov.

Pokagon Band of Potawatomi
Department of Language & Culture

REGALIA 101 CLASSES

Have you ever wanted your own regalia to dance at powwows but didn't know how to make one or don't have the ability financially? Then this is your program!

We are inviting individuals who want to learn basic sewing, beading or other skills to start and finish their own unique regalia.

March

Sunday, March 8
Sunday, March 22

April

Sunday, April 5
Sunday, April 19

May

Sunday, May 3
Sunday, May 17

All classes are 1:00 pm to 5:00 pm at the **Community Center**
27043 Potawatomi Trail
Dowagiac, MI 49047

For more information, contact Nicole Holloway at (269) 462-4325 or nicole.holloway@pokagonband-nsn.gov.

Nmébné gises

Ne'me gizhek SUNDAY	Ngot gizhek MONDAY	Nizh gizhek TUESDAY	Apta gizhek WEDNESDAY
1	2 Body Pump Booty Boot Camp L&C Elders Language Class (8) Fit Kids Auricular Acupuncture Zumba L&C Gun Lake Adult Language Class	3 Beginners Pilates Zumba Gold Lean Lunch Fit Kids L&C Youth After School Program Red Road to Recovery Group L&C Dowagiac Language Class (7) L&C Early Start Language Class (9)	Body Pump Healthy Eating Cardio Boxing Fit Kids Zumba L&C Hartford Language Class L&C Gun Lake Youth L&C South Bend Men
8 L&C Regalia 101 Class MIFO Training Hopkings	9 Body Pump Booty Boot Camp L&C Elders Language Class (9) Fit Kids Auricular Acupuncture Zumba L&C Gun Lake Adult Language Class	10 Beginners Pilates Zumba Gold Lean Lunch Fit Kids L&C Youth After School Program Red Road to Recovery Group L&C Dowagiac Language Class (8) L&C Early Start Language Class (10)	Body Pump Healthy Eating Cardio Boxing Fit Kids Zumba L&C Hartford Language Class L&C Gun Lake Youth MIFO Training Har
15	16 Body Pump Booty Boot Camp L&C Elders Language Class (10) Fit Kids Auricular Acupuncture Zumba L&C Gun Lake Adult Language Class	17 Beginners Pilates Zumba Gold Lean Lunch Fit Kids L&C Youth After School Program Red Road to Recovery Group L&C Dowagiac Language Class (9) L&C Early Start Language Class (11)	Body Pump Healthy Eating Cardio Boxing Fit Kids Zumba Zumba L&C Hartford Language Class MIFO Training PH L&C Gun Lake Youth
22 L&C Regalia 101 Class One Story The Elements of Story Telling Concert	23 Body Pump Booty Boot Camp L&C Elders Language Class (11) Fit Kids Auricular Acupuncture Zumba L&C Gun Lake Adult Language Class	24 Beginners Pilates Zumba Gold Lean Lunch Fit Kids L&C Youth After School Program Red Road to Recovery Group L&C Dowagiac Language Class (10) L&C Early Start Language Class (12)	Body Pump Healthy Eating Cardio Boxing Fit Kids Zumba L&C Hartford Language Class L&C Gun Lake Youth
29	30 Body Pump Booty Boot Camp L&C Elders Language Class (12) Fit Kids Auricular Acupuncture Zumba L&C Gun Lake Adult Language Class	31 Beginners Pilates Zumba Gold Lean Lunch Fit Kids L&C Youth After School Program Red Road to Recovery Group L&C Dowagiac Language Class (11) L&C Early Start Language Class (1)	Body Pump Healthy Eating Cardio Boxing Fit Kids Zumba L&C Hartford Language Class L&C Gun Lake Youth L&C South Bend Men

March 2015

WEDNESDAY	Nyew gizhek THURSDAY	Nyano gizhek FRIDAY	Odanke gizhek SATURDAY
4 Language Class (7) n Language Class s & Boys Drumming	5 Lean Lunch EDU Elders Social Media Workshop L&C South Bend Language Class (7) L&C Potawatomi Language Talking Circle Circuit Training	6 National Wear Blue Day (National Nutrition Month) Body Pump Red Road to Recovery Group	7 Zumba
11 Language Class (8) n Language Class rtford	12 Lean Lunch Mishkowze: Colorectal & Nutrition L&C South Bend Language Class (8) L&C Potawatomi Language Talking Circle Circuit Training	13 Body Pump Red Road to Recovery Group Wild Game Dinner	14 Tribal Council Meeting L&C Black Ash Basket Workshop Zumba
18 Language Class (9) S th Language Class	19 One Story Relentless Tour Lean Lunch L&C South Bend Language Class (9) L&C Potawatomi Language Talking Circle Circuit Training	20 Body Pump Red Road to Recovery Group	21 Spring Ceremonies EDU Gwikwe'amen: Introduction to Program Services EDU Early Childhood Education Workshop Native Justice Community Advisory Group Meeting Zumba
25 Language Class (10) n Language Class	26 Lean Lunch L&C South Bend Language Class (10) EDU Family Fun Night L&C Potawatomi Language Talking Circle Circuit Training	27 Body Pump Red Road to Recovery Group	28 Annual Citizens Meeting Zumba
April 1 Language Class (11) n Language Class s & Boys Drumming	April 2 Lean Lunch L&C South Bend Language Class (11) L&C Potawatomi Language Talking Circle Circuit Training	April 3 Tribal Government offices Closed	April 4 Zumba

Elders Council Swears in New Member at Large



Cathy Ford was sworn in as Elders Council Member at Large on Monday, February 16.

Free Legal Aid For Pokagon Band Citizens Starting November 4, 2014

Do you need advice or assistance with a legal issue? The Pokagon Band of Potawatomi Indians arranged for Michigan Indian Legal Services (MILS) to provide legal services to Pokagon Band citizens (and in some instances, spouses of Pokagon Band citizens) regarding certain types of legal issues, such as:

- Criminal Matters in Pokagon Band Tribal Court (if you are indigent).
- Power of Attorney (Medical and/or Financial)
- Simple Wills
- Guardianship and Conservatorships
- Real Estate Matters
- Landlord Tenant Matters
- General legal advice regarding Michigan law
- General legal advice on Pokagon Band law

Except for criminal matters in Pokagon Band Tribal Court, there are no asset or income restrictions applicable to Pokagon Band citizens receiving free legal services from MILS. Not all legal services provided include representation in court, in some instances the available legal services are limited to document review, document preparation, and/or providing legal advice. The attorney from MILS is licensed to practice law in the State of Michigan only and therefore, the advice and legal services provided will be limited to Michigan law and Pokagon Band law.

An attorney from MILS will be at the Pokagon Band Community Center, located at 27043 Potawatomi Trail in Dowagiac, Michigan, two days per week to provide legal services. The schedule may vary, so please call MILS to determine availability.

WHEN MEETING WITH THE ATTORNEY, PLEASE MAKE SURE TO BRING ALL THE PAPERWORK RELATED TO YOUR LEGAL ISSUE.

If you have any questions or would like more information, please call MILS at 1 (800) 968-6877.

Pokagon Band of Potawatomi

Let's Play Hoops

Hartford 3-on-3 Tournament

TBA

Spring Basketball League | April 18–May 24

For youth 12–18

Play two games per week for five weeks at the Kalamazoo Courthouse Athletic Center.

Native American Basketball Invitational | June 30–July 4

If you are interested in participating in any of these programs or for more information, please contact Dan Stohrer at (269) 462-4225 or daniel.stohrer@pokagonband-nsn.gov.

One Story (Ngot Yajmowen) The Absolutely True Diary of a Part-Time Indian by Sherman Alexie Events/Activities 2015

One Story is a grassroots, community-based program designed to build awareness of contemporary issues. One Story partners currently include The Pokagon Band of Potawatomi, Dowagiac Area History Museum, Dowagiac District Library, Dogwood Fine Arts Festival, Dowagiac Union Schools, and Southwestern Michigan College.

This year's book selection is *The Absolutely True Diary of a Part-Time Indian* by Sherman Alexie. Alexie is a Spokane/Coeur d'Alene Indian who grew up in Wellpinit, Washington on the Spokane Indian Reservation. The novel is based on Alexie's own experiences and utilizes words and pictures to tell the story of a young Indian boy who leaves his school on the reservation to attend an all-white school. The 2015 One Story events are based on various themes explored in Alexie's semi-autobiographical book.

onestoryread.com

DOWAGIAC AREA HISTORY MUSEUM + DOWAGIAC DISTRICT LIBRARY **Book Discussion**

February 18 | 6:30 pm | Dowagiac Area History Museum

The Dowagiac Area History Museum will host a book talk about *The Absolutely True Diary of a Part-time Indian*. The discussion will be facilitated by Steve Arseneau, director of the museum, and Kristie Bussler, Pokagon Band educational resource specialist.

SMC **Rising Voices Art Exhibit Opening Reception**

March 11 | 12:30 pm | SMC Lyon's Building Art Gallery

Southwestern Michigan College will host the opening reception and gallery show of *Rising Voices*. The show celebrates the connection between the visual arts and the written word.

DOWAGIAC AREA HISTORY MUSEUM **Black Ash Basket Workshop**

March 14 | 10:00 am–2:00 pm | Dowagiac Area History Museum

Basket-makers of the Pokagon Band will lead this interactive workshop and show how a basket is created from tree to product. This program will cost \$10 to participate and make a basket (limited to 20 registrants), but community members can enter and observe for free. Pre-register to make a basket in-person at the museum or mail in check with your contact information.

POKAGON BAND + DOWAGIAC MIDDLE AND HIGH SCHOOLS **Relentless Tour Anti-Bullying Awareness with Anthony Ianni**

March 19 | All Day Event | Dowagiac Middle School Auditorium and Dowagiac High School Gymnasium

Anthony Ianni, former Michigan State University basketball player, will share his personal story of having autism and being bullied to Dowagiac middle and high school students during two school-wide assemblies. He will be available for meet and greet immediately following.

POKAGON BAND + SOUTHSORE CONCERT BAND **The Elements of Story Telling Journey through Song & Dance**

March 22 | 2:00 pm | Lake Michigan College Mendel Mainstage

You are invited for a memorable trip through time accompanied by music performed by the Southshore Concert Band and drumming and dancing provided by the Pokagon Band.

POKAGON BAND + SMC **Louie Gong Presents: Walking In Two Worlds/MockUps**

April 14 | All day event | TBA

Southwestern Michigan College will host artist and speaker Louie Gong for a public presentation of "Walking In Two Worlds" followed by a luncheon/meet and greet. Mr. Gong is looking forward to seeing and discussing the *MockUps* created by our community during One Story 2015. For more information about Louie Gong, visit www.eighthgeneration.com.

DOWAGIAC AREA HISTORY MUSEUM **To Honor and Comfort: Native Quilting Traditions**

May 21 | 1:00 pm | Dowagiac Area History Museum

The museum will host Dr. Marsha MacDowell and Dr. Kurt Dewhurst from Michigan State University who will present "To Honor and Comfort: Native Quilting Traditions," a collaborative project between the National Museum of the American Indian and Michigan State University Museum.

DOGWOOD FINE ARTS FESTIVAL **From Stereotype to Superhero: The History of Native Americans in Comic Books**

May 21 | 6:30 pm | Dowagiac Area History Museum

Who gets to be a superhero? Does it matter? Scott Topping, comic book enthusiast, will guide the audience through an exploration of Native Americans in comic books and graphic novels, focusing on the shift from commercial, non-Native storytelling to personal Native storytellers.

Oshke-Kno-Kewéwen Traditional Pow Wow Held May 23–24

Honoring the Community Eagle Staff

Preparation has begun for the 2015 Oshke-Kno-Kewéwen Traditional Pow Wow, to be held the Saturday and Sunday of Memorial Day Weekend, May 23 and 24 at the Rodgers Lake pow wow grounds. The Pow Wow is named in recognition of the Pokagon Band community eagle staff carried by the Pokagon Band veterans, and the Pow Wow includes activities to honor all the veterans of the Pokagon Band community, as well as traditional dancing, singing, and crafts.

Volunteers needed for Oshke-Kno-Kewéwen Committee

The Oshke-Kno-Pow Wow Committee is open for new members and volunteers for the on-going planning and organizing of the event. The Committee intends to designate its official Members and Alternates at its February 9 meeting. If you are interested in becoming an official Committee member, or just want to volunteer and participate, feel free to attend this meeting. For more information, contact Kevin Daugherty at (269) 591-1230 or Marchell Wesaw at (269) 462-5303.

The Committee meets the second Monday of every month, with a potluck at 5:30 p.m. and start of business at 6:00 p.m. Meetings are at the Administration Building, unless otherwise posted. As the Pow Wow nears, the Committee may meet more often. Committee members are also expected to be available to the weekend of the Pow Wow.

Oshke-Kno-Kewéwen Logo Design Contest

The Oshke-Kno-Kewéwen Pow Wow Committee is now seeking submissions for the 2015 logo to be used for t-shirt designs, the flyer, and the program for the upcoming Pow Wow. The proposed logo should focus on the focus of the Pow Wow: the community eagle staff. There are two age categories for this contest:

1. Pokagon Band youth 12 years of age and younger (Hand-drawn preferred; and
2. Pokagon Band citizens of any age.

The artists who create the winning designs for the Pow Wow will each be awarded a sweatshirt and a \$25.00 gift card from the Committee. Please note: while the Committee wants to support the community's artists, the Committee reserves the

right to accept, deny, or alter any or all of the designs submitted, and all decisions of the Committee are final.

Please send images to Marchell Wesaw by March 31, 2015 at 5 p.m. by any of the following means:

- Deliver in person at the Administration Building at 58620 Sink Rd, Dowagiac, MI 49047
- By mail or delivery service to the same address
- By e-mail at Marchell.Wesaw@pokagonband-nsn.gov.

The Committee looks forward to many great designs!

Medicare Part B Information for Elders

If you wish to be reimbursed for Medicare Part B, please send Beth Warner, Elders Specialist, a copy of your Social Security Statement. Statements can be mailed to:

Elders Program
PO Box 180
Dowagiac MI 49047

Or they can be faxed to (269) 782-1696. If you have any further questions, feel free to contact Beth Warner at (269) 782-0765.

Parent Meeting to be Held During Junior/Senior Youth Council Meetings

The Junior and Senior Youth Councils meet Saturday, March 14 at the Community Center. Junior Council will meet from 10:00 a.m.–11:45 a.m. in the conference. Senior Youth Council meets immediately following from 12:00 pm–1:45 p.m.

Parents will meet in the lobby of the Community Center beginning at 10:00 a.m. through 1:45 p.m.

For more information, contact Rebecca Williams, youth cultural coordinator, at (269) 462-4296 or rebecca.williams@pokagonband-nsn.gov.



Pokagon Band of Potawatomi
Department of Language & Culture

YOUTH AFTER SCHOOL PROGRAM

EVERY TUESDAY
4:00 PM - 6:00 AM
LANGUAGE & CULTURE OFFICE
58653 Sink Road | Dowagiac, MI

Pokagon youth middle school to high school are invited to participate in Language & Culture's after school program. Get assistance with homework, if needed, play video games, try cultural outdoor activities and crafts in a fun and safe environment.

For more information, please contact Daniel Stohrer at (269) 462-4225
or daniel.stohrer@pokagonband-nsn.gov

GYANKOJEGEMEN
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POKAGON.COM

Notice of Open Position | Curriculum Committee

POSITION DESCRIPTION. The Pokagon Band Tribal Council is seeking letters of interest from Pokagon Band members to fill a vacancy on the Pokagon Band Curriculum Committee. The Alternate position is vacant. The Curriculum Committee is responsible for establishing a tribally operated daycare and school(s) with culturally based academics and extracurricular activities. The Curriculum Committee meets once per month on the second Monday of each month at the Language and Culture building. Including meeting preparation, other Curriculum Committee business, and time spent at meetings, members will spend approximately 6 hours per month to fulfill their responsibilities. The responsibilities of the Alternate include:

- Read and review all documents and other information provided to Committee members;
- Attend Committee meetings;
- Actively participate in the work of the Committee;
- Provide thoughtful input to the deliberations of the Committee;
- Work towards fulfilling the Committee's purpose and Work Plan;
- Execute and return to the Tribal Council Chairperson, the Committee Member Commitment Pledge attached hereto as Exhibit E; and
- Perform such other duties as may be specified by the Committee or the Tribal Council.

COMPENSATION. Alternates may be compensated as independent contractors for service to the Curriculum Committee at rates established by the Tribal Council, only if seated at a Curriculum Committee meeting in the absence of a Curriculum Committee member. In addition, Alternates are entitled to reimbursement for mileage when using their personal vehicle to attend meetings and for other Curriculum Committee business in accordance with the Pokagon Band's Travel Policy. High School Diploma/GED.

ELIGIBILITY. To serve as a member of the Curriculum Committee, a Band member must:

- Be a high school graduate
- Be willing to travel
- Passionate about educational issues

APPOINTMENT PROCESS. Curriculum Committee members are appointed to office by the Tribal Council. There is currently one vacant Alternate seat on the Curriculum Committee that will be filled by Tribal Council appointment for a 3 year term of office.

HOW TO APPLY. Please submit letters of interest along with a current résumé to:

Kelly Curran, Tribal Council Executive Secretary
P.O. Box 180
Dowagiac, Michigan

Questions concerning the Curriculum Committee or this Notice may be directed to Michaelina Martin at micky.martin@pokagonband-nsn.gov. This position shall be open until filled.

ETHICS REQUIREMENTS. As a Public Official, Curriculum Committee members are subject to the Pokagon Band Code of Ethics. A copy of the Code of Ethics may be obtained by contacting Kelly Curran, Tribal Council Executive Secretary at (888) 376-9988 or by visiting the Band's website, www.pokagonband-nsn.gov.

Pokégnek Bodéwadmik
POKAGON BAND OF POTAWATOMI

Train Together for the Family Olympics

What: Michigan Indian Family Olympics, something for all ages. All Michigan Tribes participate

When: leading up to Summer 2015



Participate in three of the training events offered and receive a gift incentive. Involvement in one school sport can substitute for one of the three trainings. These events are open to Native Americans and their families, and Pokagon Band staff and their families.

Training Schedule

January 2015

January 28 | Pokagon Health Center | 6:30p.m.-8:00p.m.

February 2015

February 8 | Hopkins High School | 5:00p.m.-7:00p.m.

* February 11 | Hartford High School | 5:30p.m.-7:00p.m.

February 18 | Pokagon Health Center | 6:30p.m.-8:00p.m.

March 2015

March 8 | Hopkins High School | 5:00p.m.-7:00p.m.

* March 11 | Hartford High School | 5:30p.m.-7:00p.m.

March 18 | Pokagon Health Center | 6:30p.m.-8:00p.m.

June 2015 Mini Olympics

* June 7 | Rodgers Lake sports court | 2:00p.m.-4:00p.m.



* new or rescheduled date



Pokagon Band of Potawatomi
Pokagon Health Services

Wild Game Dinner

March 13 | 6-8 pm
Community Center

Pokagon Health Service invites fathers and their families to join them for a wild game dinner and an evening of crafting, a presentation and other fun activities.

Please RSVP by February 20 to Elizabeth Leffler at (269) 462-4406 or elizabeth.leffler@pokagonband-nsn.gov.

GYANKOBJEGÉMEN
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POKAGON.COM

Elders Lunch Menu | Nmébné gises March

monday

2 **language**

Buffalo Meatballs in Spaghetti
Green Beans
Garden Salad
Garlic Bread
Tiramisu

9

language

Baked Chicken Stuffing
Mashed Potatoes & Gravy
Garden Salad
Roll
Dessert

tuesday

3

Chicken Breast in Gravy
Baked Potato
Broccoli & Cauliflower
Garden Salad
Roll
Dessert

10

Pork Roast
Potatoes
Corn on the Cob
Garden Salad
Roll
Dessert

wednesday

4

Tilapia Fillet w/ Basil Pesto
Parmesan Risotto (Rice)
Corn
Garlic Bread
Jell-O w/ Fruit
Roll

11

Buffalo Stroganoff
Asparagus
Broccoli & Cauliflower Salad
Roll
Dessert

thursday

5

business meeting

Shredded Pork BBQ Sandwich
Potato Salad or Italian Pasta Salad
Veggie Tray
Fruit
Birthday Cake

12

Turkey, Mushroom, & Swiss Burger
Baked Fries
Tomato Salad
Berries

friday

6

Marinated Beef Ribeye Steak
Mashed Potatoes & Gravy
Carrots
Cucumber Salad
Roll
Dessert

13

Lemon Herb Glazed Pollock
Baked Potato
Green Beans
Coleslaw
Roll
Dessert

16 **language**

Buffalo Stew
Cottage Cheese & Sliced Tomatoes
Peaches
Crescent Roll
Cupcake

17 **st patrick's day**

Corned Beef
Red Potatoes
Carrots, Onions, & Cabbage
Green Jell-O w/ Fruit
Rye Bread

18

BBQ Chicken
Mashed Potatoes & Gravy
Broccoli
Veggie Tray
Roll
Dessert

19 **social**

Bring your Famous Chili or Soup Dish for the Cook Off Contest

20 **first day of spring**

Salmon Patty
Mac & Cheese
Corn on the Cob
Garden Salad
Roll
Dessert

23 **language**

Salad Bar with all the Fixings

24

Pork Chops
Mashed Sweet Potatoes
Spinach
Garden Salad
Roll
Dessert

25

Sea Bass
Sweet Potato
Brussel Sprouts
Garden Salad
Banana Pudding w/ Nilla
Wafers

26

Chicken A La King over Biscuit
Butternut Squash
Garden Salad
Angel Food Cake & Strawberries

27

Buffalo Goulash
Asparagus
Garlic Bread
Garden Salad
Dessert

30

Vegetable Soup
Ham & Cheese Sandwich
Veggie & Relish Tray
Blueberry Pie

31

Beef Roast
Potatoes
Carrots
Garden Salad
Roll
Dessert



Photo by Rebecca Sims

march

PLEASE CALL THE DAY BEFORE if you are not a regular attendee for meals. (269) 782-0765 or (800) 859-2717. Meals subject to change. Meal service begins at 12:00 Noon. Note: milk, tea, coffee, water, and Crystal Light beverages served with every meal. Also, lettuce, tomato, and onion served with sandwiches and burgers. **Business meetings are held at the Community Center. Business and social luncheons are potlucks. Please bring a dish to pass.**

New Christmas Check Procedure Adopted

Effective December 15, 2014 Tribal Council has adopted a procedure regarding Undeliverable Gifts (Resolution 14-12-15-01). These procedures will be applied to old Christmas checks the Department of Finance has been unable to deliver to the respective Pokagon citizen. These Christmas checks will revert to the Band after one year should they remain unclaimed, similar to the practice of holding on to Per Capita checks for 12 months. For those citizens listed below, for whom a Christmas check is still outstanding from November of 2013 or prior, you have until March 31, 2015 to update your address with Enrollment, otherwise the funds will be forfeited as allowed under the new procedures.

Per Capita News

The Enrollment Office needs the following individuals to update their addresses so that these payments can be mailed. If there is an X in the column(s) by your name, you have either a Christmas check and/or per capita payments due to you. Please contact Beth Edelberg in the Enrollment Office at (269) 782-1763 or Deidre Ecker in the Finance Department at (269) 462-4209.

Enrollment #	Name	Christmas						Monthly Per Cap
		2009	2010	2011	2012	2013	2014	
83	John Dylan Watson	x	x	x	x	x	x	
202	Jeffrey Morseau					x	x	x
406	Michael Lynn Hewitt	x	x	x	x	x	x	x
857	Peter John Ramirez	x	x	x	x	x	x	
1446	Bobby Marcus Haynes	x	x	x	x	x	x	
1986	Cristian M Cobb			x	x	x	x	x
4227	Scott Brewer Jr		x	x	x	x	x	x
4442	Mason Tyler Currey					x	x	

Please note - you must have a deliverable address on file.

Attention 18- to 20-Year-Olds | Per Capita Information

Attention all high school seniors who are graduating from high school or individuals who may be completing their G.E.D. If you are at least 18 years old and have achieved either of these you are now eligible to receive your monthly per capita checks. All you have to do is send a copy to the Enrollment office. You may either mail or fax this. The address to mail to is:

Pokagon Band of Potawatomi
 Attn: Enrollment Office
 P O Box 180
 Dowagiac, MI 49047
 OR fax to: (269) 782-1964

The document must be received by March 15 in order to make it on the April 2015 check run. Anything received after March 15 will be processed on the check run for May 2015. If you have any questions please call the direct per capita phone line at (269) 462-4209 or (269) 462-4200 or toll free (800) 517-0777.

Per Capita Important Dates

Deadline to receive Changes/updates/additions Received by Finance Department	Checks mailed out on	Check date Direct deposits in accounts
Friday, December 5, 2014	Thursday, December 18, 2014	Friday, December 19, 2014
Thursday, January 15, 2015	Thursday, January 29, 2015	Friday, January 31, 2015
Friday, February 13, 2015	Thursday, February 26, 2015	Friday, February 28, 2015
Friday, March 13, 2015	Monday, March 30, 2015	Friday, March 28, 2015
Wednesday, April 15, 2015	Wednesday, April 29, 2015	Thursday, April 30, 2015
Friday, May 15, 2015	Thursday, May 28, 2015	Friday, May 30, 2015
Monday, June 15, 2015	Monday, June 29, 2015	Tuesday, June 27, 2015
Wednesday, July 15, 2015	Thursday, July 30, 2015	Friday, July 31, 2015
Friday, August 14, 2015	Thursday, August 27, 2015	Friday, August 29, 2015
Tuesday, September 15, 2015	Tuesday, September 29, 2015	Wednesday, September 30, 2015
Thursday, October 15, 2015	Thursday, October 29, 2015	Friday, October 31, 2015
Monday, November 2, 2015*	Tuesday, November 24, 2015	Wed, November 26, 2015

* Please note that the deadline to receive changes for December 2014 is December 5. In 2015, the November deadline for changes is November 2. This is due to time limitations on all the events that occur at this time of the year.

Per Capita Direct Deposit & Tax Withholding Forms

For those tribal citizens receiving per capita checks in the mail and who do not have direct deposit, enclosed with your check you will find a direct deposit and a tax withholding form. These will be included with your check every month until we achieve 100% direct deposits.

The tribe is currently having mandatory direct deposit for per capita checks. In the case of individuals not being able to set up a bank account, the tribe is offering a cash card on which the per capita checks will be loaded onto every month. We are making efforts to give everyone a chance to set up a bank account of your choice and on your own.

As always, the tax withholding form is not mandatory although highly suggested as per capita payments are subject to federal and state taxes. The tribe only withholds federal taxes with a completed form, state taxes are the responsibility of the citizen.

If you have any questions, please call the direct per capita phone line at (269) 462-4209 or (269) 462-4200 or toll free (800) 517-0777. The per capita phone line and my extension both have lengthy messages listing various per capita information. Please leave a message and I will return your call as soon as possible. Both of the above stated forms are available online at www.Pokagonband-nsn.gov

Once you turn in a direct deposit form and as long as I receive it by the 15th of the month, the information will be entered into the system and the first month is always a test run to the bank, so the check will still be mailed to you. The following month, as long as I do not receive any errors from the bank, will be direct deposit. As earlier stated, you will continue to receive the two forms in with your checks every month. If you have completed a form, no need to fill out another one.

Tribal Council March Calendar of Events

- 2 Tribal Council Special Session, Administration, 10 a.m.
- 3 Gaming Authority Closed, Four Winds New Buffalo, 10 a.m.
- 9 Tribal Council Special Session, Administration, 10 a.m.
- 10 Gaming Authority Closed, Four Winds New Buffalo, 10 a.m.
- 14 Tribal Council Meeting, Community Center, 10 a.m.
- 16 Tribal Council Special Session, Administration, 10 a.m.
- 17 Gaming Authority Closed, Four Winds Hartford, 10 a.m.
- 23 Tribal Council Special Session, Administration, 10 a.m.
- 24 Gaming Authority Closed, Four Winds New Buffalo, 10 a.m.
- 28 Annual Membership Meeting, 10 a.m.

Please check the website, www.pokagonband-nsn.gov, or call (888) 782-2426 before attending to confirm that a meeting has not been cancelled.

Can't Get to Elders Council Business Meetings? Participate Via Webcast

Business meetings are held the first Thursday of every month at the Community Center in Dowagiac. For your convenience the meetings are now broadcast on the internet to listen in on what is going on with the Elders. If you are able to take advantage of this—please do!—Elders business meetings are called to order at 11:00 a.m. Visit the Pokagon website to access the webcasting: www.pokagonband-nsn.gov/citizens/web-casting. Any questions, please call Stanley Morseau, Elders Chairman, (269) 783-6828.

Tribal Council April Calendar of Events

- 6 Tribal Council Special Session, Administration, 10 a.m.
- 7 Gaming Authority Closed, Four Winds New Buffalo, 10 a.m.
- 11 Tribal Council Meeting, Community Center, 10 a.m.
- 13 Tribal Council Special Session, Administration, 10 a.m.
- 14 Gaming Authority Closed, Four Winds New Buffalo, 10 a.m.
- 20 Tribal Council Special Session, Administration, 10 a.m.
- 21 Gaming Authority Closed, Four Winds Hartford, 10 a.m.
- 27 Tribal Council Special Session, Administration, 10 a.m.
- 28 Gaming Authority Closed, Four Winds New Buffalo, 10 a.m.

Please check the website, www.pokagonband-nsn.gov, or call (888) 782-2426 before attending to confirm that a meeting has not been cancelled.

Don't forget our social lunches held every third Thursday of the month. On these days we may have holiday parties, special events, or games. Every weekday a hot lunch is served at the Elders Hall. You are welcome to come to meet new elders you may not know or visit your friends.

Pokagon Band of Potawatomi ELDERS SNOW REMOVAL MONETARY REQUEST

This program reimburses Pokagon elders anywhere in the U.S. for residential snow removal services. You are responsible for finding your own service provider. This program does not cover shoveling or snowblowing, or elders living at the Pokégnek Édawat village or complexes where this service is already provided for you. This is for residences, not businesses. Call Elders Hall at (800) 859-2717 or (269) 783-6102 with questions.

Name: _____ Current Address: _____
City: _____ State & ZIP Code: _____
Phone Number: _____ Tribal ID #: _____

SNOW REMOVAL SERVICE PROVIDER INFORMATION

Name: _____ Current Address: _____
City: _____ State & ZIP code: _____
Phone Number: _____ Business Name: _____

Please complete the above application and send it, along with your service provider's invoice or receipt, to Elders Council P.O. Box 180, Dowagiac, Michigan 49047. No hand written, unofficial receipts will be accepted.

Signature of Applicant: _____ Date: _____

By signing, I agree that all information provided on this form to be true and correct. I verify that I am the head of household of this residence. I understand this request is limited to up to \$25 per request, and that I am responsible for any amount greater than \$25. I understand that the request is limited to \$150 one time use throughout winter 2015.



To download a PDF of this application, visit pokagon.com/citizens/milestones/55-and-over

4TH ANNUAL

A Healthy Step with Education

Saturday, July 25, 2015

10:00 a.m. – 3:00 p.m.

Health Services Building



Save the Date

The Department of Health Services and the Department of Education invite you to the fourth annual **A Healthy Step with Education**. This day will be filled with health education, screenings, PreK-12 program registration and activities. This event is for the whole family, birth to elder. It is open to all tribal citizens, employees and their families.

Please come and join in the fun.

Questions? Contact Liz Jeffler at (269) 462-4406 or Susan Doyle at (269) 782-0887.



Children must be accompanied by an adult.

Pokégnek Bodéwadmik
POKAGON BAND OF POTAWATOMI

Tribal Office Directory

Administration
Information Technology
58620 Sink Rd.
(269) 782-8998
Toll Free (800) 517-0777
FAX (269) 782-6882

Commodities
(269) 782-3372
Toll Free (888) 281-1111
FAX (269) 782-7814

Communications
58620 Sink Rd.
(269) 782-8998

Compliance
58620 Sink Rd.
(269) 782-8998

Chi Ishobak
27043 Potawatomi Trail
(269) 783-4157

Education
58620 Sink Rd.
(269) 782-0887
Toll Free (888) 330-1234
FAX (269) 782-0985

Elders Program
53237 Townhall Rd.
(269) 782-0765
Toll Free (800) 859-2717
FAX (269) 782-1696

Elections
58620 Sink Rd.
(269) 782-9475
Toll Free (888) 782-9475

Enrollment
58620 Sink Rd.
(269) 782-1763
FAX (269) 782-1964

Finance
58620 Sink Rd.
(269) 782-8998
Toll Free (800) 517-0777
FAX (269) 782-1028

Head Start
58620 Sink Rd.
(269) 783-0026/
(866) 250-6573
FAX (269) 782-9795

Health Services
58620 Sink Road
(269) 782-4141
Toll Free (888) 440-1234

Housing & Facilities
57824 East Pokagon Trail
(269) 783-0443
FAX (269) 783-0452

Human Resources
58620 Sink Rd.
(269) 782-8998
FAX (269) 782-4253

Language & Culture
58653 Sink Rd.
(269) 462-4325

Mno-Bmadsen
415 E. Prairie Ronde St.
(269) 783-4111

Natural Resources
32142 Edwards St.
(269) 782-9602
FAX (269) 783-0452

Social Services
58620 Sink Rd.
(269) 782-8998
Toll Free (800) 517-0777
FAX (269) 782-4295

South Bend Area Office
3733 Locust Street
South Bend, IN 46614
(574) 282-2638
Toll Free (800) 737-9223
FAX (574) 282-2974
(269) 782-8998

Tribal Council
58620 Sink Rd.
(269) 782-6323
Toll Free (888) 376-9988
FAX (269) 782-9625

Tribal Court
58620 Sink Rd.
(269) 783-0505/
FAX (269) 783-0519

Tribal Police
58155 M-51 South
(269) 782-2232
Toll Free (866) 399-0161
FAX (269) 782-7988

Tribal Council Directory

(888) 376-9988

Chairman

John P. Warren
(269) 214-2610
John.Warren@pokagonband-nsn.gov

Vice-chairman

Robert Moody, Jr
(269) 783-9379
Bob.Moody@pokagonband-nsn.gov

Treasurer

Eugene Magnuson
(269) 783-9297
Eugene.Magnuson@pokagonband-nsn.gov

Secretary

Faye Wesaw
(269) 782-1864
Faye.Wesaw@pokagonband-nsn.gov

Member at large

Steve Winchester
(269) 591-0119
Steve.Winchester@pokagonband-nsn.gov

Member at large

Thomas Wesaw
(269) 783-6831
Tom.Wesaw@pokagonband-nsn.gov

Member at large

Michaelina Martin
(269) 783-9260
Micky.Martin@pokagonband-nsn.gov

Member at large

Andy Jackson
(269) 783-9340
Andy.Jackson@pokagonband-nsn.gov

Member at large

Roger Rader
(269) 783-9039
Roger.Rader@pokagonband-nsn.gov

Elders Representative

Carl Wesaw
(269) 240-8092
Carl.Wesaw@pokagonband-nsn.gov

Executive Secretary

Kelly Curran
(269) 591-0604
Kelly.Curran@pokagonband-nsn.gov

Elders Council Directory

Elders Hall (800) 859-2717 or (269) 782-0765

Chair

Stanley Morseau
(269) 462-5797

Vice Chair

Maxine Margiotta
(269) 783-6102

Secretary

Audrey Huston
(269) 591-4519

Treasurer

Clarence White
(269) 876-1118

Member at Large

Cathy Ford

Senior Youth Council Directory

Chairman

Collin Church
Collin.Church@pokagonband-nsn.gov

Treasurer

Alex Wesaw
Alex.Wesaw@pokagonband-nsn.gov

Secretary

Cassandra Church
Cassandra.Church@pokagonband-nsn.gov

Member at large

Michael Gamache
Michael.Gamache@pokagonband-nsn.gov

Member at large

Skyler Daisy
Skyler.Daisy@pokagonband-nsn.gov

Nicole Holloway

Interim Youth Culture Coordinator
(269) 462-4325

Junior and Senior Youth Council Members Wanted

Both Senior and Junior Youth Councils are open to any Pokagon youngster. Anyone can join, and eventually run for the executive board. Besides the age divisions, there are differences between the two groups. The Junior Youth Council provides a voice for native youth between the ages of 12 and 18. The Council promotes the development of future tribal leaders through educational attainment and Potawatomi language, culture, pride, and identity. The Junior Youth Council also coordinates community service projects and provides opportunities for native youth to interact for fun and friendship.

The Senior Youth Council provides a voice for Pokagon citizens between the ages of 18 and 24. The Senior Youth Council also coordinates community service projects and provides opportunities for Pokagon young adults to interact for fun and friendship. The Council mobilizes members toward positive goals, promotes the development of future tribal leaders and educates native youth about tribal government.

Nmėbnė gises March Citizen Announcements



Happy 1st Birthday **Chelsey Marie Morseau**.

Love Mom, Dad, Brothers and Sister



Happy 3rd Birthday **James Morseau-Olson**

Love, Mom, Dad, Sydney, and Chelsy



Rachel, we are all so proud of you and love you so much!!

Love, Daddy, Mommy, Jannyca, Fishy Fish and all of your Aunties, Uncles and Cousins Gabby, Addison, Poppy, Teddy, Buckwheat, Darla, Thor, Bella and Chili!!

Happy 7th Birthday **Sydney Morseau-Olson**

Love, Mom, Dad, Chelsy, and James

GYANKOBJEGEMEN
STAY CONNECTED
f t i
POKAGON.COM

Celebrating New Life

Welcome new life at the Pokagon Band's second annual baby celebration. Join us for food, craft activities, giveaways, and joyous beginnings. Blankets will be presented to all babies born between May 31, 2014 and April 3, 2015.

April 18, 2015
9:00 am — 3:00 pm
Community Center

Kindly RSVP JT Laraway at (269) 462-4282

This celebration is a collaboration between the Pokagon Band of Potawatomi, Project LAUNCH, Pokagon Band Department of Education and PHS Community Health.

POKAGON BAND OF POTAWATOMI +
SOUTHSHORE CONCERT BAND
PRESENT

The Elements of Storytelling

A Journey through Song & Dance

MARCH 22 2:00—4:00 PM
LAKE MICHIGAN COLLEGE
MENDEL CENTER MAINSTAGE
SUNDAY

The Pokagon Band of Potawatomi, the Southshore Concert Band and Lake Michigan College cordially invite you for a memorable trip through time accompanied by music performed by the Southshore Concert Band and drumming and dancing provided by the Pokagon Band. **This event is free to the public.** LMC's Mendel Center Mainstage 2755 E. Napier Avenue, Benton Harbor, MI.

For more information visit www.pokagonband-nsn.gov/calendar/event/elements-story-telling

This program is made possible, in part, by the support of the Pokagon Band of Potawatomi, Southshore Concert Band, Lake Michigan College and 1st Source Bank.