

Pokégnek Yajdanawa

Mzhéwé gises [elk moon] September 2018



Page 3

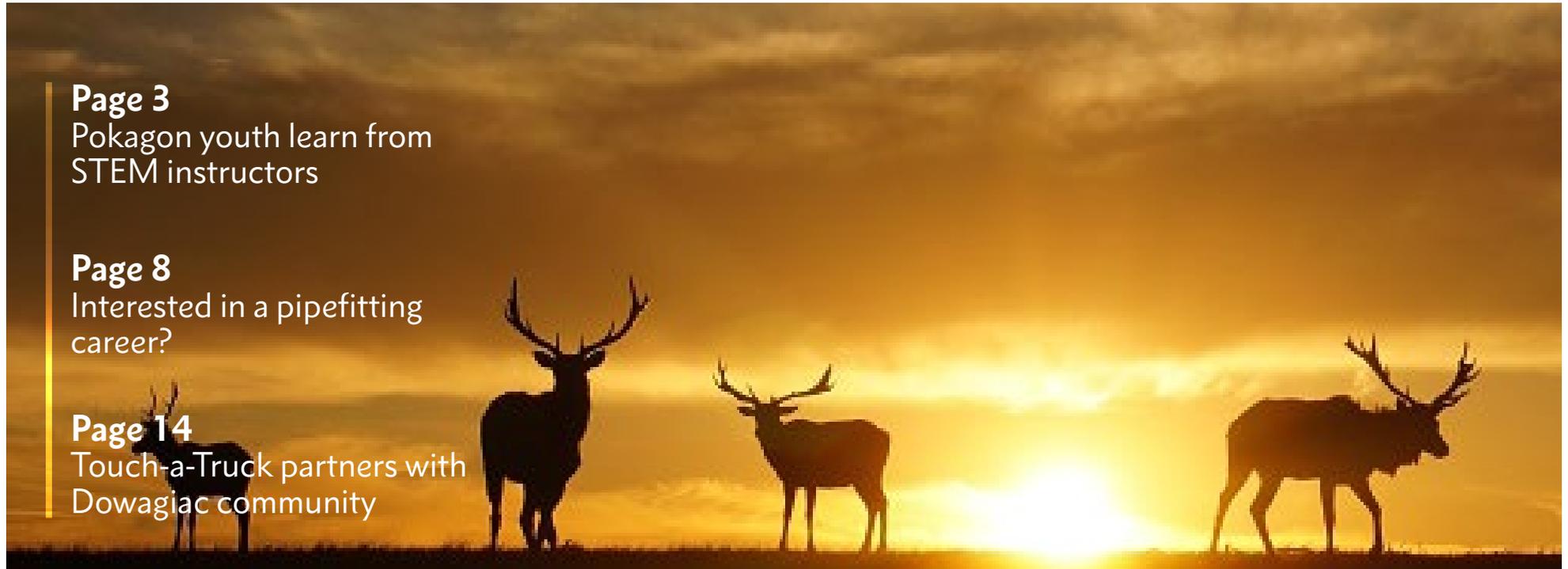
Pokagon youth learn from STEM instructors

Page 8

Interested in a pipefitting career?

Page 14

Touch-a-Truck partners with Dowagiac community



Community gardens yielding food for pickers



The tribe keeps two community gardens on our Dowagiac campuses, one between Pokagon Health Services and the Administration Building, and the other beside the Community Center. These gardens began as a first step in accomplishing food sovereignty, and their fruits continue to feed our community members.

Any community member is welcome to pick from the gardens. Elder Jill Burket is their primary caretaker, weeding, watering, and harvesting each week. Melons, beans, squash, tomatoes, and herbs are just a few of the foods growing in the gardens. Jill often takes the harvested food to Marcy Herbert, PHS's registered dietician, to share with families she serves.

Jill isn't harvesting everything, though. Some plants have been set aside to be used as seed for next year. All the plants are labeled in Potawatomi and English with small, beautifully stitched flags, made by Jill's daughter, Erin Topash Burggraf.

The Food Sovereignty Committee invites and encourages community members to come pick from the gardens and enjoy the healthy foods.

Potawatomi baskets displayed in Epcot exhibit

Baskets woven by Pokagon Band artists are now on display at Disneyland's Epcot Center in the American Adventure Pavilion, as part of the "Creating Tradition: Innovation and Change in American Indian Art" exhibit. The exhibit features creations from 40 different tribes to honor Native American culture.



The exhibit features artwork from our ancestors, as well as modern pieces. We loaned a large black ash hamper from the early 20th century, two smaller baskets made by Agnes Rapp in the '90s, two black ash corn baskets by Jennie Brown, and a black ash basket created by Christine Morseau just this year to the exhibit. Fellow tribes loaned blankets, sculptures, and other items.

Tribal Archivist Blaire Topash-Caldwell worked with Disney on this collaboration, hesitantly at first because of Epcot's history of cultural appropriation, but as she continued to dig into the project, she was reassured by their meaningful collaboration with the Smithsonian's National Museum of the American Indian (NMAI) and individual artists.

"Disney has a world-wide audience, and having our history and material cultural heritage reach thousands of visitors from around the globe is an amazing opportunity," Blaire said. "Our baskets tell the story of our art and our environment which constructs our identity. Having both Agnes Rapp and Christine Morseau's baskets in the exhibit also tells a family history—seeing how generational influences manifest themselves in their individual works."

The exhibition was produced in collaboration with NMAI in Washington, D.C., and the Museum of Indian Arts and Culture in Santa Fe, New Mexico.

PRSRT STD
U.S. POSTAGE
PAID
Mifflord, IN
Permit No. 2

Pokégnek Bodéwadmik • Pokagon Band of Potawatomi
Box 180 • 32487 Moewwé
Dowagiac, MI 49047

Pokégnek Bodéwadmik
Pokagon Band of Potawatomi



Chi Ishobak participates in \$10 million capital pool for tribal communities

Sean Winters, executive director of Chi Ishobak, the Pokagon Band's certified native Community Financial institution (CDFI), announced that they have been selected by First Nations Oweesta Corporation (Oweesta) to participate in a \$10 million capital pool in support of their work in the tribal community.

As one of 13 native CDFI's in the country selected based on their strong lending histories, sound financial management experience, and stable, long-term leadership, Chi Ishobak will use the funds for loan origination.

"Our loan originations have grown consistently over the past three years, equating to more than \$1.7 million in disbursements," said Winters. "This increases our ability in building financial capacity for our citizens."

Oweesta, a national Native CDFI intermediary, will use the capital pool to deploy long-term, low-interest loan products to provide native CDFIs the ability to maximize their loan capital, while keeping financing costs as low as possible. Another product, a loan-grant combination, would allow native CDFI's to make internal capacity investments to support growth and the effective deployment of larger capital amounts.

Chi Ishobak is a 501(c)(3) non-profit organization that was established in 2009 to promote the improvement of the financial capacity of all tribal members by equipping them with the skills, knowledge and confidence that they need to make informed judgments and to make effective decisions with respect to their current and future personal and household circumstances. Chi Ishobak provides tribal citizens with the tools and opportunities needed for meaningful lives and self-sufficiency, whether through employment, self-employment, or traditional life-ways.

By building capacity for tribal citizens, Chi Ishobak is helping rebuild the Pokagon Band of Potawatomi and Indian Country into supportive and nurturing communities, strong in language and culture. For more information: www.chiishobak.org.

New Tribal Council members sworn in



Newly-elected Pokagon Band Tribal Council members take the oath of office from Election Board chair Marcia Glynn at the Pokagon Community Center Saturday, August 11. Left to

right: Matt Wesaw, chairman, Kelly Curran, secretary, Gary Morseau Sr, member at large, Colin Wesaw, Elders representative.

Pokégnek Yajdanawa

Pokégnek Yajdanawa is the monthly voice of Pokégnek Bodéwadmik, the Pokagon Band of the Potawatomi. Citizens are encouraged to submit original letters, stories, pictures, poetry and announcements for publication in *Pokégnek Yajdanawa*. Submissions are subject to the established guidelines.

The deadline for submissions for the newsletter is always the 14th of each month. Please send items for publication to:

Pokégnek Yajdanawa

Box 180

Dowagiac, MI 49047

Pokagon.Newsletter@PokagonBand-nsn.gov

STEM Day Camp enriches community children

The tribe's Department of Education paired up with the Department of Defense (DOD) and Mno-Bmadsen to host another STEM (science, technology, engineering, mathematics) event for community children, grades 4-12. Sixteen youth spent the last few days of July and the beginning of August completing

experiments and learning from DOD instructors. Participants visited Notre Dame's Physics Lab and toured the campus for two of the days of the camp. Ten youth gathered at the Community Center on Saturday, August 4 to learn from Mno-Bmadsen subsidiary staff.



Native radio programming on WVPE 88.1

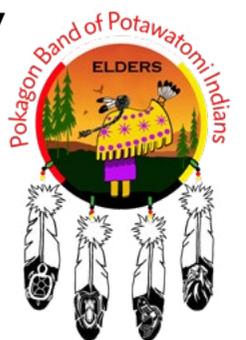


Have you heard Earthsongs or Voices from the Circle on WVPE 88.1? They are both Native shows, focused on storytelling and Native music. Earthsongs recently changed its name to Indigeifi, but the show still shares awesome contemporary music from Native musicians. You

can listen to Indigeifi every Saturday at 9 p.m., followed by Voices from the Circle at 10 p.m. on www.WVPE.org, then select "NEWS2" in the "listen live" bar at the top of the website.

Join the Pokagon Band Elders Community Facebook group

The Elders Council created a Facebook group for Pokagon elders to share information, improve overall communications, and connect to our elders who reside outside of the service area. You can find it and request to join by searching "Pokagon Band Elders Community" on Facebook.



Pokagon Band of Potawatomi
Pokagon Health Services

HEALTHY LUNCH

Join Marci Herbert, Pokagon Band dietician, for a healthy lunch Wednesday, September 19 as she discusses topics around nutrition.

All healthy lunch presentations are 12:00 pm to 1:00 pm in the kitchen of the Commodities Building
58650 Sink Road
Dowagiac, MI 49047

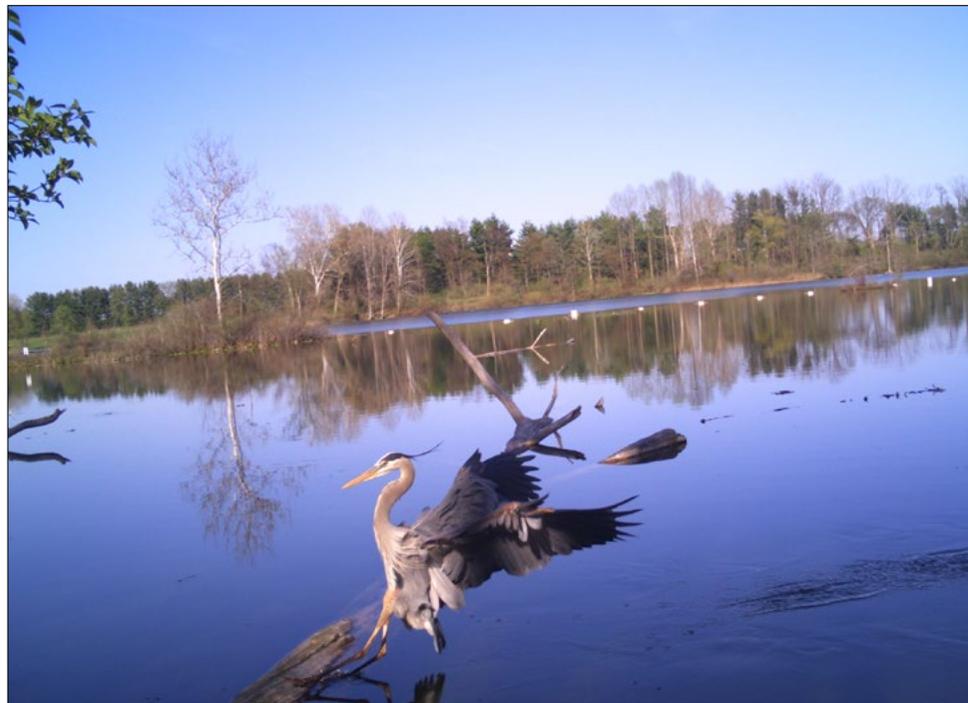
For more information and to RSVP, contact Marci Herbert at (269) 782-2472 or Marci.herbert@pokagonband-nsn.gov.

CYANKOBJEGEMEN
STAY CONNECTED

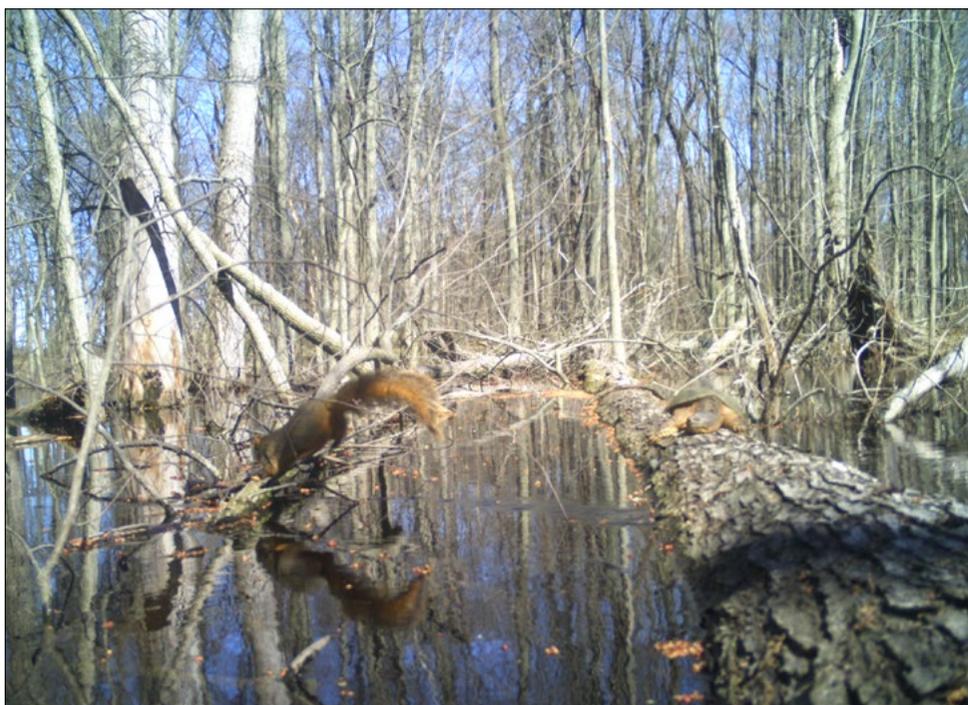
POKAGON.COM

The best trail cam photos of the year shared by DNR

Our Department of Natural Resources (DNR) monitors our tribal lands and captures what goes on with cameras placed around our properties. They're sharing this year's favorites, which include (clockwise from top left) a great blue heron



making his landing, a flock of blackbirds, a juvenile bald eagle, and a squirrel fleeing a snapping turtle. View many more on our website. Just search "trail cam photos" on www.pokagonband-nsn.gov.



Wesaw serving on state advisory board

Ohio Governor John R. Kasich recently appointed Alex Wesaw, Tribal Council member at large, to the state's Historic Site Preservation Advisory Board. The 17-member board advises the State Historic Preservation Officer and the Ohio History Connection Board of Trustees on historic preservation issues, and its statute sets aside at least one seat on the Board for an American Indian. The advisory board evaluates the significance of properties nominated to the National Register of Historic Places and makes recommendations to the State Historic Preservation Officer.

"As a lifelong Ohio citizen, I'm excited to not only serve the 66 Pokagons who live in Ohio, but all Ohio citizens," said Wesaw. "It is an honor to be able to blend my academic studies in City & Regional Planning with my knowledge of Indian Country. I am looking forward to making the native perspective more known in Ohio."



The board includes such professionals such as architects, historians, planners, architectural historians, archaeologists, and public members from around the state who have expertise in Ohio history, architecture, and archaeology. Board members demonstrate a knowledge of and interest in historic preservation. The advisory board reviews National Register nominations for 30 to 50 buildings, sites, structures, objects, and historic districts each year. The advisory board meets four times a year. Wesaw's term will last until January 14, 2021.

Pokagon Band and Four Winds Invitational fund ambulatory equipment

The Pokagon Band and Four Winds Casinos presented a \$115,000 gift to Beacon Health System August 8. The donation represents proceeds from the 2018 Four Winds Invitational which took place June 8–10 at Blackthorn Golf Club in South Bend. The funds will underwrite two patient power-load systems for Beacon Children's Hospital pediatric emergency transport units, as well as four portable radios to be used during MedFlight patient transfers.

This is the seventh year of the partnership between The Pokagon Band, Four Winds Casinos and Blackthorn, with proceeds totaling \$545,000 for Beacon Health System.

"We are incredibly grateful for our long-standing friendship with the Pokagon Band, Four Winds Casinos and Blackthorn," said Kreg Gruber, CEO of Beacon Health System. "In seven years, they have raised over a half-million dollars to fund projects that directly help people in their darkest hours. We're a stronger community because of them."

In years past, the Invitational has helped construct a multi-story building above the Memorial Leighton Trauma Center for the General Pediatrics Unit, Pediatric Intensive Care Unit, Newborn Intensive Care unit, and Pediatric Hematology/Oncology Clinic. The building, part of the hospital's SHINE Campaign, features extended family rooms, single family rooms, playrooms and teen hideout spaces for patients, Family Enrichment Centers, a rooftop garden, and a butterfly room for families grieving the loss of a child. Funds have also allowed Beacon Children's Hospital to purchase a pediatric ambulance, MedFlight incubator and ultrasound, giraffe warmers for the NICU, virtual reality goggles for pediatric patients, and three patient simulators to assist with educating and training area pediatric healthcare professionals.

The Stryker Power Load System lifts and lowers the patient cot into and out of the ambulance, reducing spinal loads and the risk of cumulative trauma injuries. The power load system and the cots are wirelessly connected for easy operation and consistent support for the cot, enhancing the safety of the patient and ambulance



personnel. The APX7000 portable radios allow for more effective communication between the care providers in the field, the pilot and communication center.

The Four Winds® Invitational was established in 2012 as part of the Symetra® Tour - Road to the LPGA®, and is sponsored by the Pokagon Band of Potawatomi Indians and Four Winds Casinos. The tournament features a field of professional women golfers from around the world.

Beacon Health System is the largest, locally owned and operated health care system in the Michiana region. Elkhart General Hospital, Memorial Hospital of South Bend, Beacon Children's Hospital and Beacon Medical Group employ more than 7,000 associates and 1,000 physicians. Beacon is also a research and education organization, guiding clinical research trials and helping train medical residents in the fields of family medicine and hospital pharmacy.

Former Chairman receives key to South Bend



Mayor Pete Buttigieg presented John P. Warren (pictured above with his wife Patrice Warren and Buttigieg) a key to the city of South Bend in appreciation for Warren's collaboration with the city during his recently-ended term in office. Mayor Pete described the demonstration as the greatest honor a city can bestow. This gift's history can be traced to medieval times, when cities were surrounded by walls for protection; being given a key to a city gate showed trust and friendship.



Pokagon Band of Potawatomi
Department of Language & Culture

Join the Department of Language and Culture for

Shishibé

Potawatomi Language Bingo

FRIDAY OCTOBER 12 6:00 PM
COMMUNITY CENTER

Come join us for this fun gathering. Pizza and sides start at 6:00 pm and Shishibé Bingo begins at 7:00 pm. The evening ends at 9:00 pm. Potluck is optional.
Please contact Carla.Collins@PokagonBand-nsn.gov with any questions regarding this event.



Background image is George Winter sketch of Potawatomi traditional gaming gathering.

Suicide Prevention Week is September 9–15

Suicide may be the tenth leading cause of death in the U.S., but in native communities it is much higher. In fact, for natives aged 10–34, suicide is the second leading cause of death. The rate of Post-traumatic Stress Disorder is the same rate among Native American teens as it is for veterans returning from war.

Understanding suicide is especially important in tribal communities, where historical trauma plays a role. Such factors as mental disorders, a sense of isolation, or a family history of suicide, trauma, abuse, or family violence can put an individual at higher risk. Others include lack of health care, a major physical illness, or a significant loss in life.

Please watch for warning signs in your loved ones and yourself: hopelessness, depression, anxiety, mood swings, alcohol or drug abuse, withdrawal from family and friends, talking about wanting to die, buying a gun, or feelings of being trapped or a burden to others.

The Four Pillars of PHS's Healthy Lifestyle campaign can guide you to better your health and reduce your risk of depression and suicidal tendencies:

Sleep: Sleep disturbances are found to be closely associated with suicide and suicide attempts. Do your best to get seven to nine hours of sleep each night.

Stress: Chronic stress can increase your risk of developing depression. Talk with your doctor about ways to cope with stress in your day to day routine, such as deep breathing, exercise, and managing your time.



Exercise: Physical activity is known to improve mental health. A 2015 study found that high school students who exercised at least four days a week had a 23% lower risk of suicidal thoughts and attempts.

Nutrition: People who eat a healthy diet with plenty of fruits, vegetables and fish have lower rates of depression than those who eat more processed meat, fried foods, desserts and high fat foods.

If you feel like someone you love may be at risk, the best thing to do is talk to them directly about the issue. Ask if they are thinking about ending their life. Give them plenty of time to talk and do your best to make them comfortable talking to you. Make sure they are safe. Ask if they have come up with a plan to commit suicide. If you feel like there is imminent danger, call 911.

The National Suicide Prevention Lifeline is a free and confidential crisis center, 24 hours a day, seven days a week. Their phone number is (800) 273-TALK (8255). They are a great resource for anyone going through emotional distress and needing help. Asking for help is a sign of strength.

Pokagon Library invites citizens to browse

If you haven't visited the online Simon Pokagon Memorial Research Library, now's a good time to check it out. Not only a research library, most of the library's collection are e-books on native topics, both fiction and non-fiction. Audio books are available too. These are accessible on the OverDrive website. You can access OverDrive by entering "research library" in the search bar on the Pokagon Band website or by visiting pokagon.overdrive.com/

To check something out, you must login with your birthdate and tribal ID in this format: PB + the 4 digits of your ID (begin with 0 if your ID number is

only three digits). Then you can download the e-book to any e-reader, including Kindles and iPads. The e-book loan lasts for 14 days and you can check out up to three titles.

The only physical books in the library room at the Department of Education now are native themed research volumes, which must be used in the library. The space also offers computers and a printer for citizen use; it is open Monday through Friday, 8 a.m. to 5 p.m.

The library is named for Simon Pokagon, one of our earliest patriarchs and authors. He wrote *Queen of the*

Woods and spoke at the 1893 World's Fair in Chicago, starting a rich tradition of learning and striking a good balance between culture and education.

This project is funded by a grant from the Institute for Museum and Library Services, so citizens can expect to see more digital books and resources available in the future. Any suggestions for titles or topics or for more information, call Education at (888) 330-1234.



Visit the library at pokagon.overdrive.com/



Department of Education
EARLY CHILDHOOD EDUCATION

Débénwéthêk Parent Group



In Potawatomi, Débénwéthêk means the ones who take care of others. The goal of Débénwéthêk Parent Group is to develop opportunities for Pokagon families to spend quality time with one another and create meaningful experiences together.

Débénwéthêk Parent Group is composed of parents and caregivers of children under 8 years of age and meets every third Wednesday of the month.

For more information, please contact Rachel Orvis at drorvis@gmail.com.

2018

February 21	May 16	August 15	November 14
March 21	June 20	September 12	December 12
April 18	July 18	October 17	

5:30–7:30 pm | Head Start

Events may be canceled due to inclement weather. Please refer to the Pokagon Band website or Facebook page for weather related updates.



GYANKOJEGEMEN
STAY CONNECTED
POKAGON.COM

POKAGON BAND OF POTAWATOMI | POKAGON HEALTH SERVICES



"The family is at the heart of the Native American cultures. There is no other work more important than fatherhood and motherhood."
- Albert M. Pooley, Founder & President of Native American Fatherhood and Families Association

Father/Child Art Contest

Projects due by October 31

Even from birth, children who have an involved father are more likely to be emotionally secure, be confident to explore their surroundings, and, as they grow older, have better social connections.

Ages 4-6 Choose an option
Use a provided coloring page or choose your own that represents a memory or hobby you share and color it together OR adult can draw a picture representing memory or hobby and you can color it together.

Ages 7-9, 10-13
Use any drawing tool: pencil, crayon, marker
With your father or adult father figure (grandpa), draw a favorite moment, activity or memory that you share.

See Community Outreach for coloring page. To submit: on the back of the project you must include the child's and adult's names, child's age, address, phone number. Completed projects can be dropped off or mailed by October 31 to PHS Community Outreach, Attn: Amber Gauthier, 26907 Potawatomi Trail, Dowagiac MI 49047. Please contact Community Outreach/Amber Gauthier with any questions at (269) 782-4897.



GYANKOJEGEMEN
STAY CONNECTED
POKAGON.COM

A Healthy Step with Education serves community for its 7th year



The Department of Education and Pokagon Health Services teamed up for another Healthy Step this July. The day was filled with health education, screenings, PreK–12 program registration, various Pokagon Band programs/services and activities

including face painting, massages, crafts, bounce house, and haircuts. Sixty-one people attended.

PHS Expansion and Justice Center under construction



Soon Rodgers Lake will be the site of these two new facilities: the Justice Center and an expansion to Pokagon Health Services. The Justice Center will house the Tribal Court and the headquarters for Tribal Police Department and feature interior and exterior designs more culturally appropriate for traditional peacemaking and native justice proceedings. The PHS expansion will build in more space for dental and behavioral health services, a family activities center, and a café.

Pokagon-owned 7GenA&E designed both facilities, and Wightman and CSM are partnering with the Band on both the construction projects. The projects will likely be completed in late 2019.

Chi Ishobak helps dozens with vehicle purchases

Chi Ishobak may be able help alleviate some car buying stress when it comes time to finance your vehicle. In fact, in June and July alone Chi Ishobak assisted more than thirty Pokagon citizens, Pokagon tribal government employees, and Four Winds Casino employees with consumer lending.

“Chi Ishobak helped me when other banks turned me away,” one of those citizens said. “I work hard! I have two jobs and needed some help with a reliable vehicle to get me to and from work. Chi Ishobak



believed in me, and I am so thankful for that. The loan will help in other ways, too: making my monthly payments will help build my credit score. This will help in the future when I purchase a house for me and my kids. Thank you very much, Chi Ishobak!”

We are here to help! Call us to assist you with your financial needs at (269) 783-4157.

D.A. Dodd offering “proud profession” for citizens



D.A. Dodd joined the Mno-Bmadsen family of companies in 2015, building the tribe's engineering and construction capabilities and providing citizens easy access to the pipefitting-plumbing career path through the Pathways Program.

The company is a union mechanical contractor with licensing in both Indiana and Michigan, providing pipefitting, plumbing, and HVAC services to the community for the past 25 years, three years as a Mno-Bmadsen entity.

The Pathways Program provides citizens with a means of access to tribal resources and tools that help earn gainful employment within the Mno-Bmadsen family of companies, its partners and network. The program offers resources and opportunities for all tribal citizens—regardless of age—entering or re-entering the workforce.

At D.A. Dodd, citizens can apprentice for five years, during which time they'll also study two nights a week at school. Company President Mark McKnight says this is a challenging but equally rewarding time, because once a student completes those five years of training, s/he will earn journeyman status. With that title comes job opportunities, and a base pay of \$32.81 per hour—plus benefits.

“It's a pretty proud profession...an awful good career,” Mark says, sharing about watching his father and grandfather—both pipefitters—drive nice cars, own homes, and always come home on time. Mark is a third-generation pipefitter, but he's taken his career one step further. “I'm the crazy one who started my own [business].”

A Pokagon citizen apprenticed at D.A. Dodd for three years, and he's continuing his apprenticeship at another pipefitting company now. Another citizen has joined D.A. Dodd as a helper, or pre-apprentice, while working on an apprenticeship application.

“It gives them an opportunity to work in the trades to make sure that's the life path they want to take before they apply for the apprenticeship,” said Rhonda Rose, Pathways manager at Mno-Bmadsen.

Mark explained that the financial benefits of a career in pipefitting are more than a reliable paycheck. The apprenticeship program means no debt accumulation, in contrast to a four-year college. Ultimately, following the path that feels right for the individual is the most beneficial action any person can take, which is precisely what Mark did.

“I didn't feel that college was for me,” Mark said. “It wasn't something that I really had an interest in doing. I always worked with my hands...was always building something. When you have that type of a person, the last thing you want to do is stick them in a classroom.”

Pokégnek Bodéwadmik
Pokagon Band of Potawatomi
Department of Education | Early Childhood Education

Neshnabé Mbokén

A children's book club

FIRST WEDNESDAY EVERY MONTH | 4–5 P.M.
ZAGBĒGON AN EARLY LEARNING & DEVELOPMENT ACADEMY

Neshnabé mbokén [nesh-na-bém-bo-kén] is a children's book club, which will focus on Native American books and authors. This program is open to the public (all ages).

Neshnabé mbokén means native books in Potawatomi and includes books about natives, books written by natives, or books having to do with native context.

For more information, please contact
Erin Byrket-Burggraf at topash240512@gmail.com or
Autumn Laraway at Autumn.Laraway@PokagonBand-nsn.gov.

GYANKOBIJEGEMEN
STAY CONNECTED
POKAGON.COM

Débénwéthék
Parent Group

Events may be cancelled due to inclement weather. Please refer to the Pokagon Band website for weather related updates.

Pokagon Band of Potawatomi
Department of Education



Simon Pokagon Memorial Research Library

The Pokagon Band Department of Education has an online library through Overdrive. There are hundreds of Native American titles that are available digitally or by audio. Currently, this is available to Pokagon Citizens (must have enrollment number and birthdate to sign in).

How to use the library:

Go to pokagon.overdrive.com or download the Overdrive App



1. Select the **Sign In** button (top right corner)
2. Enter **enrollment number** (Type the letters PB then enrollment number. You may need to add 0s in front of enrollment number to get to 4 digits.)
3. Enter **birthdate**

If you have questions or need help, please contact Susan Doyle at Susan.Doyle@PokagonBand-nsn.gov or (269) 782-0887.



GYANKOBIJEGEMEN
STAY CONNECTED
POKAGON.COM

Beware bugs!

Scabies, bed bugs, and head lice are highly contagious parasites that easily spread to other people and affect millions of people every year. Pokagon Health Services has seen an increase in these cases at the Clinic, and with school starting up, head lice could be an issue for all families with children in school.

Scabies

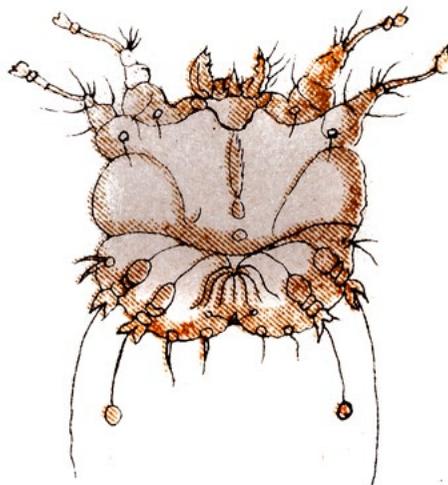
Scabies is a condition where human itch mites burrow into the skin and lay eggs. Symptoms include intense itching and a pimple-like skin rash. Scabies can easily be passed to another person by prolonged skin-to-skin contact. Some people with scabies do not have any initial symptoms and may pass the skin mite on to others unknowingly. In fact, if it is the person's first time contracting scabies, he or she may not have symptoms for the first two to six weeks.

Treatment is recommended for the infected person as well as all household members, sexual contacts, and anyone who has had prolonged skin-to-skin contact with the person who has been diagnosed with scabies. To prevent reinfestation, everyone should be treated at the same time. Bedding, clothing, and towels that have been used by infested persons or the people who have come in contact with them three days prior to treatment should be decontaminated. This can be achieved by washing in hot water and using a hot dryer, by taking them to the dry-cleaner, or by placing the items in a sealed, plastic bag for at least 72 hours. Scabies mites cannot survive more than two or three days without human skin. Medicated lotions called scabicides are prescribed by doctors to treat scabies and are not available over-the-counter.

Bed Bugs

Bed bugs are small insects that feed on the blood of both people and animals while they sleep. Bed bugs can live for several months without eating. They typically live where people sleep, and can be found in apartments, houses, shelters, hotels, dormitories, cruise ships, and even on buses and trains. They hide during the day in mattress seams, box springs, inside cracks or crevices, and in any other clutter that may be around the bed. As annoying as they are, bed bugs are not dangerous, but they do bite and may cause allergic reactions in some people. Bite marks look similar to mosquito or flea bites and may not appear until several days after being bitten. Symptoms include insomnia and anxiety, as well as skin problems that may arise from continuously scratching the bitten area. Bed bugs are usually transmitted as people travel. They can hide in the seams of luggage, bags, clothes, bedding, and furniture. People who travel frequently and share living and sleeping space where other people have slept have a higher risk of spreading bed bugs and being bitten.

Bed bugs bites are treated by applying antiseptic creams and taking antihistamines. Infestations in the home are treated chemically with insecticide spray. If you think that you have a bed bug infestation, contact your landlord or a pest control company right away to have your home treated.



Head Lice

Head lice are insects that are found on the head, eyebrows, and eyelashes of people. They are most common among children ages three to 11 and people who live with infested children. Head lice cannot jump or fly and are spread by direct contact with hair of an infected person. It is very uncommon to spread head lice through clothing contact or other personal items such as combs or hair brushes. Personal hygiene and cleanliness do not affect a person's chances of getting head lice.

Head lice present in three forms: the egg/nit, nymph, and the adult. Eggs/nits take nine days to hatch and are generally yellow or white but may be the same color as the hair they are attached to. The eggs/nits are tiny and often mistaken as dandruff or hair spray residue. The nymph is essentially a baby and matures into an adult within nine to 12 days of hatching from the egg/nit. Finally, the adult form is about the size of a sesame seed and is a tan or grayish-white color. The adults can live for around 30 days on a person's head, but die within 24-48 hours if they fall off. Females can lay about six eggs per day.

Head lice are most commonly found on the scalp near the ears or the neckline. Signs and symptoms of head lice include itching, difficulty sleeping, sores on the head from scratching, or the sensation that something is moving in the hair.

Items that have been worn by the infected person, as well as bed linens and towels should be washed in hot water as head lice and their eggs are killed after five minutes of exposure to temperatures greater than 128.3°F. Items that cannot be placed in the washing machine should be put in a sealed plastic bag for two weeks to kill the lice and their eggs. Floors and furniture should be vacuumed to remove any hair from the infected person.

Please contact Pokagon Health Services if you are experiencing any of these conditions at (269) 782-4141.

Inaugural Indigenous Film Screening

TUESDAY OCTOBER 23 6:00 p.m. – 9:00 p.m.
COMMUNITY CENTER 27043 Potawatomi Trail, Dowagiac, MI

Join the Department of Language & Culture for the **Inaugural Indigenous Film Screening** event. We plan to share a meal with the community and watch Adam Khalil and Zack Khalil's (Sault Ste. Marie Tribe of Chippewa Indians) debut film, **INAATE/SE/**.

Adam and Zack will facilitate a Q+A after the film. Dinner will be from 6:00–7:00 pm, followed by the film screening from 7:00–8:00pm, and Q+A from 8:00–9:00pm.

View the trailer at www.inaatase.com/trailer/ and learn more about the film at its website [www.inaatase.com/] or [facebook.com/inaatase](https://www.facebook.com/inaatase).

Events may be cancelled due to inclement weather.
Please refer to the Pokagon Band website for weather related updates.

GYANKOJJEEMEN
STAY CONNECTED
f t i
POKAGON.COM

Mzhéwé gizes [elk m

Nëm'e gizhëk SUNDAY	Ngot gizhëk MONDAY	Nizh gizhëk TUESDAY	Aptë gizhëk WEDNESDAY
<p>Kee-Boon-Mein-Kaa Pow Wow</p> <p>2</p>	<p>Government offices closed in observation of Labor Day</p> <p>3</p>	<p>Lean Lunch Tone Up! Penothiyëk Language Class Grand Rapids Basics of Potawatomi Class Dowagiak Language Class</p> <p>4</p>	<p>Circuit Training Elders Health and Wellness Circuit Training Neshnabé Mbokén C Znëget 2 Intermediate Men and Boys Drumming</p>
<p>9</p>	<p>Circuit Training Day Language Class Open Language Class Elders Health and Wellness Circuit Training Beginners Yoga Auricular Acupuncture Zumba Znëget 1 + 3, Nithansëk & Penothésëk Language Classes</p> <p>10</p>	<p>Lean Lunch Tone Up! Penothiyëk Language Class Grand Rapids Basics of Potawatomi Class Dowagiak Language Class</p> <p>11</p>	<p>Circuit Training Elders Health and Wellness Circuit Training Znëget 2 Intermediate</p>
<p>16</p>	<p>Circuit Training Day Language Class Open Language Class Elders Health and Wellness Circuit Training Beginners Yoga Auricular Acupuncture Zumba Znëget 1 + 3, Nithansëk & Penothésëk Language Classes</p> <p>17</p>	<p>Cultural Education Day Lean Lunch Tone Up! Penothiyëk Language Class Grand Rapids Basics of Potawatomi Class Dowagiak Language Class</p> <p>18</p>	<p>Circuit Training Cultural Education Day Elders Health and Wellness Healthy Lunch Circuit Training Znëget 2 Intermediate Débénwéthëk Parent Men and Boys Drumming</p>
<p>23</p>	<p>Circuit Training Day Language Class Open Language Class Elders Health and Wellness Circuit Training Beginners Yoga Auricular Acupuncture Zumba Znëget 1 + 3, Nithansëk & Penothésëk Language Classes</p> <p>24</p>	<p>Lean Lunch Tone Up! Penothiyëk Language Class Dowagiak Language Class</p> <p>25</p>	<p>Circuit Training Elders Health and Wellness Circuit Training Znëget 2 Intermediate</p>
<p>30</p>	<p>Circuit Training Day Language Class Open Language Class Elders Health and Wellness Circuit Training Beginners Yoga Auricular Acupuncture Zumba Znëget 1 + 3, Nithansëk & Penothésëk Language Classes</p>		

oon] September 2018

WEDNESDAY	Nyéw gízhék	THURSDAY	Nyano gízhék	FRIDAY	Odankè gízhék	SATURDAY
			Traditional Womens Water Walk		Kee-Boon-Mein-Kaa Pow Wow	1
5 Wellness Talk with an Author Language Class ning	6 PALS (Play and Learn Social) Lean Lunch South Bend Language Class Potawatomi 201 Men's Sweat		7 Circuit Training Elders Health and Wellness Circuit Training PHS Red Road to Wellbriety		8 Tribal Council Meeting Débénwéthék Binder Zoo Trip	
12 Wellness e Language	13 Lean Lunch South Bend Language Class Potawatomi 201		14 Circuit Training Elders Health and Wellness Circuit Training PHS Red Road to Wellbriety		15 Family Wellness 5k Run/Walk and 1-Mile Scavenger Hunt	
19 ay Wellness e Language Group ning	20 PALS (Play and Learn Social) Cultural Education Day Lean Lunch South Bend Language Class Potawatomi 201		21 Government offices closed in observation of Sovereignty Day		22 Sovereignty Day Celebration	
26 Wellness Language Class	27 Lean Lunch South Bend Language Class Potawatomi 201		28 Circuit Training Elders Health and Wellness Circuit Training PHS Red Road to Wellbriety		29	

Please check the website for the latest updates on any cancellations due to inclement weather. Visit www.PokagonBand-nsn.gov/calendar or call (800) 517-0777 for more details on these events.

What's that invasive species? Himalayan Balsam (*Impatiens glandulifera*)



Himalayan balsam (*Impatiens glandulifera*) also known as ornamental jewelweed is an annual plant native to the Himalayan region of Asia. While related to the native species of jewelweed, ornamental jewelweed can grow three to 10 feet tall and tolerates many soil types and low light conditions, which makes this plant more aggressive and able to outcompete native species. Himalayan Balsam was first introduced to the U.S. as an ornamental species, but can now be found in the wild. This plant has been detected in Michigan and can be found in at least 15 other states. Ornamental jewelweed has leaves with serrated edges, hollow stems and flowers from late summer to early fall. The flowers on the plant range from white to purple and are trumpet shaped. Native jewelweeds can be identified by having yellow to orange flowers. Himalayan balsam grows best in wetter soils and is found more often in wetlands and riparian corridors. Like other members of the *Impatiens* genus the ripe seed pods will burst if touched. The seed pod curls quickly back on itself while expelling the seed, sometimes shooting the seed over 20 feet away. Each Himalayan balsam plant produces many seeds meaning it can spread rapidly once it arrives in an area. If found early this plant can easily be manually removed due to having shallow roots. Medium to large patches of Himalayan balsam can be repeatedly cut at the ground over several years to eliminate the patches. If an infestation is very large, chemical treatment may be used to remove this species. If you think you see Himalayan balsam on tribal properties, please either collect a specimen and bring it in to the Department of Natural Resources or take pictures and report the plant's location to the Department of Natural Resources for further investigation.

Status update on Pokagon Census 2018



Since the closing of the Census survey period in the spring, the Band's partner on the project, Big Water Consulting, has been finalizing and analyzing the data received from the responses, such as major topics or interests that emerged from it. The government team is compiling questions for Big Water to reveal insights on how the data can help improve programs and services. There will be more information to come soon—stay tuned.

Share your Discovery Kit photos

Jamie Smith won the \$25 gift card for submitting her 2018 Discovery Kit survey. The Department of Education would love to share photos of your kids using their Discovery Kits. Please email your photos to Susan Doyle at Susan.Doyle@PokagonBand-nsn.gov to share your child(ren)'s joy with the community.

What's that edible plant? Wild Grape (*Vitis riparia*, *Vitis labrusca*)



Riverbank grape (*Vitis riparia*) and northern fox grape (*Vitis labrusca*) are two species of native wild grapes that can be found in Michigan. Wild grapes are a vining plant, meaning that they have no solid upright trunk. Although wild grapes are edible, they can also become a nuisance because they can vine up other native species, covering and smothering them, so take care if you decide to plant them. The leaves of wild grapes can vary in size and shape, but always have serrated edges and a palmate leaf. If the edges are not serrated, you may be looking at moonseed which has berries that are not edible. Wild grapes are best picked after the first frost because this is when the sugar content is the highest. Wild grapes can be used to make jellies and jams, as well as vinegars. Grape leaves can be utilized for cooking, but should be picked in the early summer when they have the most sugar. Leaves are boiled and stuffed with various meats and rice, similar to stuffed peppers. Grapes and grape leaves contain fiber, vitamins A and K, calcium, and iron. Grapes and grape leaves have been used for health ailments including inflammation, circulatory issues, pain, and diarrhea. When harvesting, please make sure to leave plenty for the next person and next generation. As with any new edible, ensure that you have a positive identification before consumption and utilize the edible in small quantities at first to make sure there are no allergic reactions.



Pokagon Band of Potawatomi
Departments of Language & Culture + Early Childhood Education



Tuesdays + Thursdays **October 9, 11, 16, 18 + 23**

5:00 – 8:00 pm

Zagbëgon An Early Learning & Development Academy

Parents, caregivers, and any tribal citizens interested may register to attend on our website. Children are welcome. Dinner will be served.

Space is limited. Kindly **RSVP** at www.pokagonband-nsn.gov or call Language & Culture at **(269) 462-4325**.

Events may be canceled due to inclement weather.
Please refer to the Pokagon Band website or Facebook page for weather related updates.

GYANKOBJEGEMEN
STAY CONNECTED
f t i
POKAGON.COM

New regulations for Michigan hunters take effect

To slow the spread of Chronic Wasting Disease in deer, Michigan is enacting a statewide ban on all-natural, urine-based lures and attractants, except for those approved by the Archery Trade Association. Additionally, a Lower Peninsula ban on baiting will take effect January 31, 2019, with an exception to qualified disabled hunters.

Chronic wasting disease (CWD) is a fatal neurological disease found in deer, elk, and moose. This disease attacks the brain of the infected animal and eventually leads to death. CWD manifests as deer looking thin and lethargic, potentially with drooping ears. Deer may also exhibit such unusual behavior as acting tame near humans. CWD is mainly transmitted to healthy animals when food or water sources become contaminated with saliva, urine, or feces from infected animals.

CWD was first identified in Michigan in free-ranging deer in May 2015; there currently are restrictions on deer carcass movements within a five county CWD Management Zone (Ionia, Kent, Mecosta, Montcalm, and Newaygo counties), and an additional CWD positive deer has recently been identified in Jackson county.

If you think you see a sick deer on tribal properties, please call and report your sighting to the Pokagon Band Department of Natural Resources at (269) 782-9602.

Keep our waters clean | Inspect your septic system regularly

Do you own or rent a home with a septic system? SepticSmart Week is September 17-21 and reminds people to do their part in protecting and preserving water quality. A septic system needs to have proper care in order to maintain its function. Septic systems need to be inspected and pumped as part of regular upkeep and maintenance.

Septic tanks can fail over time and when this happens the wastes within the system can get into waterways. Escherichia coli (E. coli) is a type of fecal bacteria that can contaminate waterways, reduces water quality, and can cause sickness and diseases in humans if ingested or through skin contact.

Regular maintenance helps prevent septic system leaks and protects water quality, allowing everyone to enjoy drinking, swimming, wading, or other forms of water recreation. Would you like to learn more? Join us at the Hartford Healthy Home Fair September 12, 2018 from 3-7p.m. in Ely Park or visit www.epa.gov/septic.



Please visit: www.epa.gov/septic

Pokégnek Bodéwadmik
Pokagon Band of Potawatomi
Department of Education | Early Childhood Education

Neshnabé Mbokén

Cake with an Author

WEDNESDAY SEPTEMBER 5 | 4:00-6:00 PM | COMMUNITY CENTER

Neshnabé mbokén is celebrating its one year anniversary! Meet Aaron Martin, pokagon author, as he shares his new children's book *A Gathering is Happening Today* with the community. Please RSVP online to be entered in a raffle.

Neshnabé mbokén is a children's book club with a focus on Native American books and authors. This program is open to the public (all ages).

For more information, please contact Erin Byrket-Burggraf at topash240512@gmail.com or Autumn Laraway at Autumn.Laraway@PokagonBand-nsn.gov.

Events may be canceled due to inclement weather. Please refer to the Pokagon Band website for weather related updates

Dabénwéthék
Parent Group

FREE!

HEALTHY HOME FAIR

ELY PARK, HARTFORD
SEPTEMBER 12, 3-7 P.M.

- Over \$1,000 in giveaways
- Demonstrations
- Pedal-powered smoothies
- Activities
- Music
- Well water nitrate testing
- Septic system care tips
- Recycling info
- Rain barrel demo & giveaway
- Invasive species tips
- Pet adoption - pending availability
- Drawing for free septic system pump out
- Drawings for \$25 Harding's gift cards

VAN BUREN CONSERVATION DISTRICT

DEQ Michigan's Nonpoint Source Program

Funded in part through Michigan Department of Environmental Quality's Nonpoint Source Program by the United States Environmental Protection Agency.

JENSEN'S EXCAVATING

www.VanBurenCD.org
(269) 657-4030 x5

Débénwéthêk Parent Group partners with Dowagiac Chamber of Commerce for 2nd Annual Touch-A-Truck

The Débénwéthêk Parent Group hosted their second annual Touch-a-Truck on August 18 in Downtown Dowagiac. This year, the group partnered with the Dowagiac Chamber of Commerce and their 28th Annual Rod and Roll Auto Show.

“We wanted to invite the community to be a part of this event,” said Rachel Orvis, Débénwéthêk Parent Group leader. “We thought combining both events would be a great way to give kids an opportunity to be hands-on and get in the vehicles, while also being able to see all the classic cars at the auto show.”

Participating local businesses, fire and police departments, and Pokagon departments including the tribe’s Department of Natural Resources (DNR), Grounds, Zagbègon Early Learning and Development Academy, and Pokagon Band Tribal Police parked their vehicles, opened their doors, and helped the kids inside to explore. The Dowagiac Fire Department, Dowagiac Police, Indian Lake Fire Department, True’s Towing, Ausra Equipment, Spruce Ridge Golf Course, Army National Guard Dowagiac Armory, and Doe Wah Jack’s Canoe Rental also displayed their vehicles. Every child received a card to get stamped after visiting each vehicle, and when they turned in the filled card, they received a prize courtesy of the Débénwéthêk Parent Group.

“My favorite part was moving the ladder on the fire truck and turning on the police sirens,” said citizen Bo Orvis, 5.

All the kids and even the parents enjoyed getting an inside look at the different types of vehicles and how they worked.



“It is nice to get out in the community and show people what the Pokagon Band is doing,” said Dale Keene, natural resources technician. “We love showing off all our equipment and getting to answer questions about what we do.”

Kris Soenen, chair of the Rod and Roll Committee, was proud of this year’s expanded, collaborative event.

“The Touch-a-Truck event was a fantastic addition to this year’s Rod and Roll Classic Car Show,” Kris said. “The Dowagiac Chamber of Commerce was thrilled to work with the organizers from the parent group and enjoyed seeing all the youngsters out there, hands-on and having fun.”

Keep watching the newsletter and the tribe’s website for upcoming Débénwéthêk Parent Group events, including a visit to Love Creek County Park on Sept. 29 and Family Movie Night on Nov. 9.

Pokégnek Bodéwadmik
Pokagon Band of Potawatomi
Department of Natural Resources

QUESTION AND ANSWER



The Department of Natural Resources is seeking citizen input on current and future projects. The session will begin with brief presentations from DNR staff on current projects. After the presentations, the remaining time will be for citizens to voice environmental and natural resource related concerns and for DNR staff to answer any question you may have. Topics to be covered include:

- Hunting, Fishing + Gathering
- Composting + Recycling
- Dowagiac River Re-meander Project
- Climate Change
- Trails
- Prescribed Burns
- Water Quality

Dinner will be provided.

For more information, contact the Pokagon DNR at DNR@pokagonband-nsn.gov or call (269) 782-9602.

WEDNESDAY NOVEMBER 7 5:30 PM–8:00 PM
COMMUNITY CENTER DOWAGIAC, MI 49047

Events may be cancelled due to inclement weather.
Please refer to the Pokagon Band website or Facebook page for weather related updates.



Pokagon Band of Potawatomi | Department of Language & Culture

Mkedékéwen to fast A RITE OF PASSAGE



October 3–8, 2018 | Rodgers Lake Campground

The Department of Language and Culture invites tribal citizens and their families to participate in Mkedékéwen for a rite of passage.

If you or your child is interested in participating, please contact Rebecca Williams at Rebecca.Williams@PokagonBand-nsn.gov or at (269) 462-4325.

Events may be cancelled due to inclement weather.
Please refer to the Pokagon Band website for weather related updates.



Notice of Open Positions

The following Boards, Committees and Commissions are looking to fill open positions. Please see the Pokagon Band website or the **Legislative Edition** for more information.

- Pokagon Rights Board
- Election Board
- Oshke Kno Kewéwen Pow Wow Committee
- Kee-Boon-Mein-Kaa Pow Wow Committee
- Mno-Bmadsen Board
- Curriculum Committee
- Enrollment Board
- Ethics Board
- Land Use Board
- Family Welfare Commission
- Salary Commission
- Tribal Art Review Committee
- Food Sovereignty Committee
- Pokagon Promise Committee

Notice of Open Positions | Tribal Council

AUTHORITY. Under the Pokagon Band Constitution (“Constitution”) there are eleven (11) seats on the Pokagon Band Tribal Council (“Tribal Council”), including seven (7) Council persons. There is a vacancy in a Councilperson position, and the Tribal Council is seeking letters of interest from Pokagon Band Citizens to fill the vacancy. The Constitution is available at the following internet address www.pokagonband-nsn.gov/Government/Constitution.

The Tribal Council is required to “make a good faith effort to fill the vacant Council person position within forty-five (45) calendar days of the vacancy, or as soon thereafter as possible, in manner prescribed by Tribal Council procedures.” Under the Tribal Council Procedures Act (“Procedures Act”), the Tribal Council must post this Notice prior to filling the vacant Councilperson position by appointment. If the Tribal Council is unable to fill the vacant Councilperson position by appointment, the Constitution permits the Tribal Council to waive its authority to make such appointment and refer the vacancy to be filled in an election.

TERM. The vacant Councilperson position has a term that began at 10:00 a.m. on the date of the first Regular Meeting of the Tribal Council in August, 2016 and will expire at 10:00 a.m. on the date of the first Regular Meeting of the Tribal Council in August, 2019. However, as required by the Constitution, the term of the appointment to fill the vacant Councilperson position will continue only until the next General Election.

POSITION DESCRIPTION. The Constitution establishes a system of shared governance, under which the Tribal Council is the governing body of the Pokagon Band with the following duties: “(a) To promote and protect the peace, health, safety, education, and general welfare of the Band; (b) To set policy and direction for the Band; (c) To establish and amend Tribal laws as Tribal Council may find necessary or prudent to serve the community objectives of the Band; (d) To guide and oversee management of the affairs, activities and property of the Band; (e) To oversee the Band’s financial resources; (f) To meet in formal session to conduct the business and affairs of the Band in accordance with the provisions of this Constitution; (g) To enact policies and procedures for conducting the activities of the Tribal Council, to be called the Tribal Council Procedures; (h) To appoint members of committees, boards, and commissions, in accordance with the Procedures of the Tribal Council; (i) To provide information concerning the tribal community and the Band’s affairs to tribal members; and (j) To attend the Membership Meetings described in Article VIII of this Constitution.” Article IX, Section 1, Constitution.

The Tribal Council generally meets on Mondays and the second Saturday each month. The time commitment required to fulfill Tribal Council duties, including preparing for and attending Tribal Council meetings, will be approximately a minimum of 70 hours per month, but will vary. Additionally, Council persons typically are appointed to serve on the Pokagon Gaming Authority, which presently meets on Tuesdays. Apart from time spent at Tribal Council meetings, Council persons may spend additional hours each month engaged in other Tribal Council activities.

COMPENSATION. Councilpersons are compensated at the rate established in the recommendation for Tribal Council Officials made by the Salary Commission in Section V of its 2015 Final Report, including the “Guidelines for Payment of Monetary Compensation to Tribal Council Officials”, which provides that Councilpersons: (a) are paid compensation of \$23,086.31, consisting of base compensation of \$16,222.44 and meeting compensation of \$6,863.87, provided that the meeting compensation will

be reduced by a pro rata portion for each meeting that the Councilperson is absent in the meeting record; and (b) receive fringe benefits consisting of health, vision and dental insurance.

ELIGIBILITY. To serve on Tribal Council, a Pokagon Band Citizen: (a) must be at least twenty-five (25) years of age; (b) must not be incarcerated for any criminal conviction; (c) must not have been convicted within the last ten (10) years of a crime subject to imprisonment for a term of one (1) year or longer, excepting those crimes determined by the Election Board to relate to the furtherance of the Band’s tribal sovereignty rights; and (d) must not be a current Judge in the Tribal Judiciary, or a member of the Election Board, the Salary Commission, the Ethics Board, or any Personnel Committee the Tribal Council may establish, or any employee of the Band. Additionally, a Pokagon Band Citizen must complete an “Authorization to Conduct Criminal Background Check” Form and pass a limited background check performed by the Pokagon Band Police Department to ensure that a Pokagon Band Citizen meets the qualifications to serve on Tribal Council. A copy of the Form can be obtained by contacting Jessica Swisher, Administrative Assistant to the Tribal Council by telephone at (888) 376-9988 or email at Jessica.Swisher@PokagonBand-nsn.gov. Additionally, a copy of the Form is available on the Band’s website at www.pokagonband-nsn.gov/government/tribal-council.

HOW TO APPLY. Pokagon Band Citizens who meet the qualifications, and are willing to be considered for appointment to fill the vacant Councilperson position, must submit to the Pokagon Band all of the following: (a) a written statement of interest; (b) a current résumé; and (c) a completed “Authorization to Conduct Criminal Background Check” Form by one (1) of the following methods:

Mail: Jessica Swisher, Administrative Assistant to the Tribal Council
P.O. Box 180
Dowagiac, Michigan 49047

Fax: (269) 782-9625, Attn: Jessica Swisher, Administrative Assistant to the Tribal Council

Email: Jessica.Swisher@PokagonBand-nsn.gov

All documents must be received by 4:00 PM on September 21, 2018. A potential appointee must be present at the meeting at which the Tribal Council will interview potential appointees to fill the vacant Councilperson position, provided that the Tribal Council may for good cause waive such requirement. The Tribal Council has not yet established the meeting date at which it will interview potential appointees to fill the vacant Councilperson position.

ETHICS REQUIREMENTS. A Councilperson is subject to the Conflict of Interest and Codes of Ethics provisions of Article XVII of the Constitution and is subject to the Pokagon Band Code of Ethics. A copy of the Code of Ethics is available at the following internet address: www.pokagonband-nsn.gov/government/codes-and-ordinances.

monday
3 closed | labor day



10 **language**

Buffalo Chili
Garden Salad
Fruit Salad
Cottage Cheese
Cornbread

tuesday

4

Venison Sloppy Joes
Baked Tator Tots
Green Beans
Garden Salad
Fruit

11

Sea Bass
Sweet Potatoes
French Style Green Beans
Cucumber Salad
Whole Grain Roll

wednesday

5

Spaghetti with Buffalo
Meatballs
Broccoli & Garden Salad
Garlic Bread
Fruit
Birthday Cake

12

Baked Chicken
Mashed Potatoes and Gravy
Spinach
Garden Salad
Crescent Roll

thursday

6 **business meeting**

Grilled Pork Chops
Baked Potato
Baked Beans
Fruit Salad
Birthday Cake

13

Baked Chicken
Stuffing and Gravy
Broccoli
Jell-O W/Fruit
Whole Grain Roll

friday

7

Pizza Day

14

Sausage or Brats on a Bun
Potato Salad
Veggie and Pickle Tray
Yogurt and Granola Cup

17 **language**

Ham in Scalloped Potatoes
Zucchini and Squash Salad
Fresh Fruit
Whole Grain Roll

18

Marinated Pork Chops
Mashed Potatoes and Gravy
Peas
Broccoli and Cauliflower
Salad
Whole Grain Roll

19

Venison Tacos
All the Toppings
Soft Whole Grain Tortilla
Shell or Hard Shell
Black Beans and Rice
Dessert

20 **social**

Buffalo Burgers
All the Toppings
Whole Grain Bun
Black Beans
Baked Chips
Dessert



21 **closed | sovereignty day**

24 **language**

Sliced Turkey in Gravy
Stuffing
Collard Greens
Garden Salad
Whole Grain Roll

25

Beef Roast
Red Potatoes
Carrots
Tomato Salad
Whole Grain Roll

26

Salad Bar

27

Swedish Meatballs
Mashed Potatoes and Gravy
Broccoli
Jell-O With Fruit
Whole Wheat Roll

28

Chicken Wild Rice Soup
Egg Salad Sandwich
Veggie and Pickle Tray
Fresh Fruit

31 **language**

Marinated Rib Eye Steak
Mashed Potatoes and Gravy
Collard Greens
Garden Salad
Whole Grain Roll

september

PLEASE CALL THE DAY BEFORE if you are not a regular attendee for meals. (269) 782-0765 or (800) 859-2717. Meals subject to change. Meal service begins at 12:00 Noon. Note: milk, tea, coffee, water, and Crystal Light beverages served with every meal. Also, lettuce, tomato, and onion served with sandwiches and burgers. Business meetings are held at the Community Center. Business and social luncheons are potlucks. Please bring a dish to pass.

Per Capita News

The Enrollment Office needs the following individuals to update their addresses so that these payments can be mailed. If there is an X in the column(s) by your name, you have either a Christmas check and/or per capita payments due to you. Please contact the Enrollment Office at (269) 782-1763 or the Finance Department at (269) 462-4209.

Name	Christmas 2017	Monthly Per Cap
Scott Brewer, Jr	x	x
Angela Case	x	
Cristian Cobb	x	x
Mason Currey	x	x
Ian Deloach	x	
Brett Gibson	x	x
Bobby M. Haynes, Jr	x	
Jeffery Morseau	x	x
Austin L. Northrup	x	x
Peter J. Ramirez	x	
Skylar Topash		x
John Watson	x	

You can update your address on the PokagonBand-nsn.gov website under Citizens > Enrollment or phone (269) 782-1763 for an address form by mail.

Attention 18 to 20 Year Olds | Per Capita Information

Attention all high school seniors who are graduating from high school or individuals who may be completing their G.E.D. If you are at least 18 years old and have achieved either of these you are now eligible to receive your monthly per capita payments. The following documents are needed to begin processing your per capita payments:

- A copy of your Diploma directed to the Enrollment office.
- Make sure your mailing address is up to date with the Enrollment office.
- Fill out a form for Direct Deposit and send to finance department per capita. You may choose to have your payments either direct deposited in your banking institution or a PNC pay card.

All the forms are available on the Pokagon Band website www.pokagonband-nsn.gov. You may mail, fax or email your documents. The address to mail to is:

Pokagon Band of Potawatomi
Attn: Enrollment Office
P.O. Box 180
Dowagiac, MI 49047
FAX: (269) 782-1964
Email: Enrollment@PokagonBand-nsn.gov

The document must be received by September 14 in order to make it on the October 2018 check run. Anything received after September 14 will be processed on the check run for November 2018. If you have any questions please call the direct per capita phone line at (269) 462-4209 or (269) 462-4200 or toll free (800) 517-0777.

Elders Stipend increments

Elders Stipends increase each five years by \$250 starting at age 65. All elders over 65 receiving the stipend will notice an increase in their amount every five years until the amount caps at \$1,750 for those aged 85 and above. Here are the increments:

Age	Monthly Elders Stipend Amount	Age	Monthly Elders Stipend Amount
55 – 64	\$500	75 – 79	\$1,250
65 – 69	\$750	80 – 84	\$1,500
70 – 74	\$1,000	85 and older	\$1,750

Don't forget the Elders Stipend is taxable income; federal tax withholding forms are available online at www.PokagonBand-nsn.gov.

Per Capita Important Dates

Deadline to receive Changes/updates/additions	Checks mailed out on	Check date Direct deposits in accounts
Friday, January 12, 2018	Monday, January 30, 2018	Wednesday, January 31, 2018
Thursday, February 15, 2018	Monday, February 27, 2018	Wednesday, February 28, 2018
Thursday, March 15, 2018	Thursday, March 28, 2018	Thursday, March 29, 2018
Friday, April 13, 2018	Thursday, April 26, 2018	Friday, April 27, 2018
Tuesday, May 15, 2018	Tuesday, May 28, 2018	Wednesday, May 30, 2018
Friday, June 15, 2018	Thursday, June 29, 2018	Friday, June 29, 2018
Friday, July 13, 2018	Monday, July 30, 2018	Tuesday, July 31, 2018
Wednesday, August 15, 2018	Thursday, August 30, 2018	Tuesday, August 31, 2018
Friday, September 14, 2018	Thursday, September 27, 2018	Friday, September 28, 2018
Monday, October 15, 2018	Tuesday, October 30, 2018	Wednesday, October 31, 2018
Thursday, November 8, 2018*	Tuesday, November 20, 2018	Wed, November 21, 2018
Friday, December 14, 2018	Thursday, December 27, 2018	Friday, December 28, 2018

* Please note the November deadline for changes is November 8. This is due to time limitations on all the events that occur at this time of the year.

Per Capita Direct Deposit & Tax Withholding Forms

The tribe has mandatory direct deposit for per capita checks. This information pertains to citizen not receiving payments by direct deposit or a PNC pay card or making changes to their existing direct deposit information.

Direct Deposit Form Submission

- If your form is received before the deadline date for per capita changes, the information will be entered into the system. If your test-run is error-free, then you will have direct deposit the same month.
- If you submit your direct deposit form after the deadline date; the following month, your check will be direct deposited into your bank as long as the test-run is error-free.

PNC Paycard

- In the case of individuals not being able to set up a bank account, may elect to have a PNC pay card on which the per capita checks will be loaded onto every month.

Federal Tax Withholding

As always, the tax withholding form is not mandatory although highly suggested as per capita payments are subject to federal and state taxes. The tribe only withholds federal taxes with a completed form, state taxes are the responsibility of the citizen. All three of the above stated forms are available online at www.Pokagonband-nsn.gov. If you have any questions, please call (269) 462-4209 or (269) 462-4200 or toll free (800) 517-0777. Please leave a message and we will return your call as soon as possible.

Elders receiving Supplemental Assistance Benefits will also receive this increase; they'll get the additional \$250, but their supplemental assistance will not decrease. Supplemental Assistance Benefits are not taxable.

Elders are eligible to opt in or out of the stipend program during the month they turn 55 years old. Contact the Social Services Department at (269) 782-8998 for help understanding how this increase could impact your particular situation.

To register for Elders Stipend, request a form by calling (269) 782-0765. Return the completed form to the Enrollment Office, 58620 Sink Road, Dowagiac, MI 49047 or Fax: (269) 782-1964. Forms are available online at www.Pokagonband-nsn.gov

Tribal Council September Calendar of Events

- 3 Tribal Government offices closed for Memorial Day holiday
- 4 Gaming Authority Closed Session, Four Winds South Bend, 10 a.m.
- 8 Tribal Council Meeting, Community Center, 10 a.m.
- 10 Tribal Council Special Session Meeting, Administration, 10 a.m.
- 11 Gaming Authority Closed Session, Four Winds New Buffalo, 10 a.m.
- 17 Tribal Council Special Session Meeting, Administration, 10 a.m.
- 18 Gaming Authority Closed Session, Four Winds South Bend, 10 a.m.
- 24 Tribal Council Special Session Meeting, Administration, 10 a.m.
- 25 Gaming Authority Closed Session, Four Winds New Buffalo, 10 a.m.

Please check the website, www.pokagonband-nsn.gov, or call (888) 782-2426 before attending to confirm that a meeting has not been cancelled.

Tribal Council October Calendar of Events

- 1 Tribal Council Special Session Meeting, Administration, 10 a.m.
- 2 Gaming Authority Closed Session, Four Winds South Bend, 10 a.m.
- 8 Tribal Council Special Session Meeting, Administration, 10 a.m.
- 9 Gaming Authority Closed Session, Four Winds New Buffalo, 10 a.m.
- 13 Tribal Council Meeting, Community Center, 10 a.m.
- 15 Tribal Council Special Session Meeting, Administration, 10 a.m.
- 16 Gaming Authority Closed Session, Four Winds South Bend, 10 a.m.
- 22 Tribal Council Special Session Meeting, Administration, 10 a.m.
- 23 Gaming Authority Closed Session, Four Winds New Buffalo, 10 a.m.
- 29 Tribal Council Special Session Meeting, Administration, 10 a.m.
- 30 Gaming Authority Closed Session, Four Winds South Bend, 10 a.m.

Pokégnek Bodéwadmik
Pokagon Band of Potawatomi
Departments of Education + Social Services

HARVEST DAY

SATURDAY OCTOBER 6 10:00 A.M.–1:00 P.M.
DOWAGIAC MIDDLE SCHOOL

The Early Childhood Education program and the Domestic Violence program welcome citizens and staff to a day of family fun, including movies, crafts, activities, pumpkins, and more!

Wear your costume for a chance to win a prize. There will be a pumpkin carving contest, as well.

Lunch is provided.

DV education and awareness will also be offered to participants at this event.

Please register online at www.pokagonband-nsn.gov by October 4 to be entered in several raffles. Must be present to win.

For more information, contact Autumn Laraway at (269) 462-4327 or Casey Kasper at (269) 462-4324.

Events may be cancelled due to inclement weather. Please refer to the Pokagon Band website for weather related updates.



CYANKOJEGÉMEN
STAY CONNECTED

f t i

POKAGON.COM

Pokégnek Bodéwadmik
Pokagon Band of Potawatomi
Department of Education | Early Childhood Education

Reptiles and Amphibians of Southwest Michigan



WEDNESDAY SEPTEMBER 29 | 10:30 AM | LOVE CREEK COUNTY PARK

Join the Dèbénwéthèk Parent Group learning about reptiles and amphibians of southwest Michigan at Love Creek County Park. Bring your own picnic lunch. Program begins at 11:00 am and after you can enjoy a variety of hiking and mountain biking trails (bring your own bikes).

Dèbénwéthèk Parent Group will pay the fee for each vehicle of Pokagon families who register by September 26. Limited availability, please RSVP online at our website.

Love Creek County Park
9292 Huckleberry Rd
Berrien Center, MI 49102



Events may be cancelled due to inclement weather. Please refer to the Pokagon Band website for weather related updates.

Tribal Office Directory

Administration

Information Technology
58620 Sink Rd.
(269) 782-8998
Toll Free (800) 517-0777
FAX (269) 782-6882

Commodities

(269) 782-3372
Toll Free (888) 281-1111
FAX (269) 782-7814

Communications

58620 Sink Rd.
(269) 782-8998

Compliance

58620 Sink Rd.
(269) 782-8998

Chi Ishobak

27043 Potawatomi Trail
(269) 783-4157

Education

58620 Sink Rd.
(269) 782-0887
Toll Free (888) 330-1234
FAX (269) 782-0985

Elders Program

53237 Townhall Rd.
(269) 782-0765
Toll Free (800) 859-2717
FAX (269) 782-1696

Elections

58620 Sink Rd.
(269) 782-9475
Toll Free (888) 782-9475

Enrollment

58620 Sink Rd.
(269) 782-1763
FAX (269) 782-1964

Facilities

57824 East Pokagon Trail
(269) 783-0443
FAX (269) 783-0452

Finance

58620 Sink Rd.
(269) 782-8998
Toll Free (800) 517-0777
FAX (269) 782-1028

Zagbëgon

58620 Sink Rd.
(269) 783-0026/
(866) 250-6573
FAX (269) 782-9795

Pokagon Health Services

58620 Sink Road
(269) 782-4141
Toll Free (888) 440-1234

Housing & Community Development

57824 East Pokagon Trail
(269) 783-0443
FAX (269) 783-0452

Human Resources

58620 Sink Rd.
(269) 782-8998
FAX (269) 782-4253

Language & Culture

59291 Indian Lake Rd.
(269) 462-4325

Mno-Bmadsen

415 E. Prairie Ronde St.
(269) 783-4111

Natural Resources

32142 Edwards St.
(269) 782-9602
FAX (269) 783-0452

Social Services

58620 Sink Rd.
(269) 782-8998
Toll Free (800) 517-0777
FAX (269) 782-4295

South Bend Area Office

3733 Locust Street
South Bend, IN 46614
(574) 282-2638
Toll Free (800) 737-9223
FAX (574) 282-2974
(269) 782-8998

Tribal Council

58620 Sink Rd.
(269) 782-6323
Toll Free (888) 376-9988
FAX (269) 782-9625

Tribal Court

58620 Sink Rd.
(269) 783-0505/
FAX (269) 783-0519

Tribal Police

58155 M-51 South
(269) 782-2232
Toll Free (866) 399-0161
FAX (269) 782-7988

Tribal Council Directory

(888) 376-9988

Chairman

Matthew Wesaw
(517) 719-5579
Matthew.Wesaw@pokagonband-nsn.gov

Vice-chairman

Robert Moody, Jr
(269) 783-9379
Bob.Moody@pokagonband-nsn.gov

Acting Treasurer

W. Alex Wesaw
(269) 462-1170
Alex.Wesaw@pokagonband-nsn.gov

Secretary

Kelly Curran
(269) 591-0604
Kelly.Curran@pokagonband-nsn.gov

Member at large

Steve Winchester
(269) 591-0119
Steve.Winchester@pokagonband-nsn.gov

Member at large

Becky Price
(269) 783-6212
Becky.Price@pokagonband-nsn.gov

Member at large

Andy Jackson
(269) 783-9340
Andy.Jackson@pokagonband-nsn.gov

Member at large

Gary Morseau
(269) 259-1554
Gary.Morseau@pokagonband-nsn.gov

Member at large

Vacant

Member at large

Vacant

Elders Representative

Colin Wesaw
(269) 259-1555
Colin.Wesaw@pokagonband-nsn.gov

Executive Secretary

Vacant

Elders Council Directory

Elders Hall (800) 859-2717 or (269) 782-0765

Chair

Maxine Margiotta
(269) 783-6102

Vice Chair

Julie Dye
(269) 462-1004

Secretary

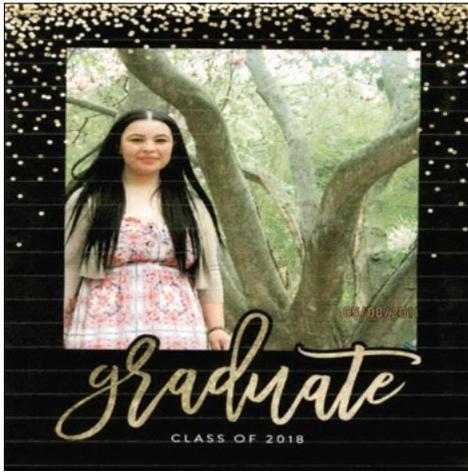
Judy Augusta
(269) 783-6304

Treasurer

Clarence White
(269) 876-1118

Member at Large

Cathy Ford
(269) 783-9380



Congratulations on your high school graduation **Kay Kay Miller!** From Mom, Dad, and Grandparents



Happy birthday **Jaquson (Jax) Grubb!**
From your family
Happy birthday **Derrick Grubb!** From Mom and Grandparents



Happy 10th birthday on August 13 to our beautiful **Briann!** We love you so much!
Love, Mom, Dad, Matthew and Riley



Happy 9th birthday to **Matthew** on August 3!
You make us so proud!
Love you bigger than the world!
Love,
Mom, Dad, Brie and Riley

Shirley Linn
We, (Bobby, Kelli and Marci Linn) would like to sincerely thank each and every person for everything. All the thoughts and prayers helped us in ways we could never explain. We dearly appreciate our coworkers and are so very grateful to work for/with loving, compassionate people. Losing our sweet precious Momma was the absolute hardest thing in the world for us. We thank god we had all of you sending us strength! Special thanks to our directors, for allowing us to focus on our Momma during her last few days. We are forever grateful for that opportunity.



24TH ANNUAL
**SOVEREIGNTY DAY
CELEBRATION**

**SATURDAY
SEPTEMBER 22**

COMMUNITY CENTER GROUNDS :: DOWAGIAC, MI :: NOON-5 PM

