



PHS + EDUCATION

10TH ANNUAL!

# A HEALTHY STEP WITH EDUCATION

**Saturday, August 12**

**10:00 a.m. - 12:30 p.m. at PHS**

**Boxed  
lunches served  
11:30 a.m. -  
12:30 p.m.**

The Department of Education and Pokagon Health Services invite you to A Healthy Step with Education.

This day features health education, screenings, PreK-12 program registration, and activities. A Healthy Step with Education is for the whole family, infants to elders. It is open to all tribal citizens, employees, and their families.

**PHS Wellness  
is hosting a  
Minor Mudder  
following A  
Healthy Step  
at 1:00 p.m.**

**We can't wait to see you!**

Questions? Contact Elizabeth Leffler at (269) 462-4406 or Susan Doyle at (269) 782-0887.

