

POKÉGNEK BODÉWADMİK POKAGON HEALTH SERVICES



# Cooking Matters

**Join us** at the Commodities Kitchen by Social Services for a chef-taught cooking demonstration.

After the demonstration, each family will be sent home with a grocery bag filled with the items to make that same dish at home!

Presented by Community Outreach  
and Michigan State University  
Extension Programs

April 22 & 29  
May 6, 13, & 20  
11:00 a.m. - 1:00 p.m.  
Commodities Kitchen

**Space is limited**, and you must register. First come, first served.

**Please register in advance** with Heather Hollenbeck at Heather.Hollenbeck@PokagonBand-nsn.gov or at (269) 462-4300.

